

CEFN & DEE VALLEY NEWS

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To celebrate Rhosymedre resident Mrs. B Cox's special birthday milestone, Cefn Community Council Chair Mr. Phil Vaughan delivered a beautiful bouquet of flowers from Maypole florist to mark her special day. We hope she enjoyed a wonderful day and had a lovely meal with her amazing family!

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NATIONAL SLALOM SUCCESS FOR TOM

Well another slalom season comes to an end, and another great season for Tom Kearsley representing North Wales Slalom/Llangollen. A string of wins and podium finishes earlier in the season saw him promoted into the Men's National Division 1 league, and a strong performance in October at the Welsh Championships saw him securing under 13s and under 14s Welsh Champion titles.

Tom has recently had confirmation from *Canoe Wales* that he is again chosen as 1 of 12 paddlers from across Wales selected for the Welsh Talent Development programme.

Now for a few weeks of downtime before the Winter training programme kicks off!

No 9 HIGH STREET, RUABON LL14 6NH

TESCO IN THE COMMUNITY

Hello All,
it has been a lovely summer supporting so many groups, schools and charities in our community. We supported Cefn Community Agent Donna with her launch of the *Cefn Soup Kitchen*, Rhos Community Agent Michelle with her *Community Bingo*, regular visits supporting Donna - *We are Plas Madoc* and charity donations to

Trevor Coffee Morning, Chirk Hospital, The Rainbow Trust Boat Trip and many more.

We have recently started our new *Stronger Starts* groups at Tesco Cefn Mawr, so please make sure you collect your blue voting token on your shopping trip and vote for your favorite group..

If any local groups, schools or charities would like to apply for the Stronger Starts please visit:

tescostrongerstarts.org.uk or get in touch with me by email 6450@tesco.com or tel: **07763 204982** for more support around this

As Christmas approaches, I will be out and about supporting our community in different ways as well as instore dealing with donation requests.

If any community groups, schools or charities need any support over the Christmas period, please do get in touch so that I can support where needed.

From Tesco Cefn Mawr and I, Have a lovely Christmas and a Happy New Year.

David - Community Champion



EDITORS COMMENTS

Well can't believe how quickly the year has flown as we see the clocks going back and the first signs of winter approaching. Looking around we have so many events taking place over the next couple of months and there is a list on page 9 for you. Once again Cefn Community Council will be holding the civic Service of Remembrance on November the 10th as will all our communities. Then we will be gearing up for Christmas with the school concerts to look forward to and the Christmas Fairs, so please do support them and our local small businesses. Work on St John's Graveyard has resulted in an amazing transformation there, thanks to the incredible volunteers. Coleg Cambria students working with Cefn Community Council have been involved in a wide range of projects, from supporting charitable organisations to revitalising public green spaces such as Rhosymedre Churchyard and the iconic Ty Mawr Country Park, located near the world-famous Pontcysyllte Aqueduct. Their efforts have been remarkable, turning neglected areas into vibrant, welcoming spaces that benefit the entire community, a big thank you to them for their dedication to helping.. Please do get in touch with me on **07532 780007** or email me at: tyger@tygertactics.com



Stay safe and look after yourselves, Tyger.



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PARKING



WEBSITE



THE TOWERS DAY NURSERY

Firstly, we would like to send best wishes to the children who have left to start school.

The children have been busy in the nursery garden lately; harvesting and eating the produce that we have grown. We also entered the local garden competitions and have won prizes with Trevor/Garth area and Cefn Mawr area.

In October, we had some new resources that gave children and staff the chance to enjoy more outdoor activities.

For Halloween, children came to nursery in fancy dress for our celebrations. Pumpkin carving, spooky biscuit baking and painting were carried out alongside lots of art and craft.



For Children in Need week in November Children can wear a fancy-dress costume of their choice or pajamas in return for a donation to the charity.

The children are really looking forward to Christmas and we will be busy making some lovely cards and decorations. We are delighted that Father Christmas sent one of his Elves to whisper that he will bring some presents on the day of our Christmas party! If you are interested in a nursery place, please get in touch on **01978 822446** or contact us via Facebook to arrange a viewing.



GARTH & TREVOR OVER 50S GROUP

We meet between 2 - 4pm at the **Trevor Community Centre**, Heol Penderyst, Trevor, Llangollen LL20 7UD on the 2nd and 4th Wednesday of each month. The Centre is fully accessible and we arrange a wide variety of social activities along with a cuppa and piece of cake. As the cold, miserable winter days are starting don't sit at home alone, we welcome new members to come along and give it a try and meet and make new friends in a warm and friendly space.

POLICE SCAM NOTICE Text/Whatsapp scams

Have you received an unusual request on WhatsApp from a family member or friend? If you receive a strange message, always call the person outside of WhatsApp to confirm their identity. Report spam messages or block a sender within WhatsApp. Press and hold on the message bubble, select 'Report', and then follow the instructions.



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**Christmas Fair Sunday 1st December
Evening Christmas Party with Rebecca Royal
Saturday 7th December**



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contact@chapeltearoom.com

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Q&A

With GHP Legal's
Claire Parfitt

We think Mum died due to hospital negligence. Can we claim compensation?

Q: My mother was hospitalised after seeing her GP due to heart problems. She had been diagnosed with heart failure a couple of years ago but when she saw her GP her symptoms were severe and an ECG carried out at the surgery was abnormal. The GP told my dad to take her by car to hospital, as it would be quicker than waiting for an ambulance. At the hospital she was waiting in a chair for 3 days and 3 nights, because no beds were available.

When she was eventually seen we were told by the Consultant that her heart failure had become advanced and they put her on different medication. However, my mother went into cardiac arrest a week later and died, and I believe the hospital are to blame. Could we make a claim for compensation on her behalf?

A: Where a patient has passed away due to medical negligence their family can take legal action on behalf of their estate against the facility or healthcare professional whom it is believed was negligent. Medical negligence claims can however be complex so you should seek legal advice from a solicitor who specialises in such claims and who can guide you through each step of the claims process.

The claim would need to be brought by the administrator or executor of your mother's estate and would include general damages for pain and suffering endured by your mother prior to her death, financial losses on behalf of the estate, including probate fees, and funeral expenses. In addition to this, any family members who had a financial dependency and relationship with your mother may have a right to claim for any losses of their own that occurred due to her death, and your father may be entitled to a bereavement award. You should gather as much evidence as possible to support your claim before making an appointment to see a medical negligence solicitor who can assess your chances of success.

This question has been answered by Claire Parfitt, a Solicitor with GHP Legal. If you would like to speak to someone about this or any other legal matter, please visit our website www.ghplegal.com and use the contact us form, or call us on: Wrexham 01978 291456, Llangollen 01978 860313, Oswestry 01691 659194

HECTORS GREYHOUND RESCUE

We are a small, passionate rescue with a dedicated group of volunteers devoted to saving and rehoming ex-racing greyhounds/other sighthounds have had a busy summer! We work to rescue greyhounds from the racing industry that are no longer wanted or that have been abandoned, as well as other sighthounds who need us. We work to rescue and rehome these dogs into loving, forever homes however we have noticed a definite slow-down in adoptions perhaps due to people struggling financially?

40 greyhounds are looking for forever homes but as they are staying with us longer, and those awaiting our help continues to grow, fundraising has been our focus throughout the summer.

With 10 Collections, Tesco, Morrisons, Charlie's & Percy Throwers, the Aberystwyth 'meet & greet', 3 dog shows, 2 Greyhound Walks Aberystwyth & Chirk and a group of supporters and hounds did a theatrical ghost tour of Liverpool.

The staff and customers of Tesco gave us a warm welcome and incredible generosity when we were there, people are so giving! These Store and Street collections are important to us, raising awareness of the rescue, the greyhounds, and what fantastic pets they make, whilst fundraising to help Hector's Greyhound Rescue. To help or adopt one of our beautiful dogs please call us on **0300 011 011 9** and leave a message if we are unable to answer immediately or visit our website <https://hectorsgreyhoundrescue> and fill in the online form, thank you.



PHANTASMAGORIA 2024

A Horror Lover's Haven brought horror enthusiasts to the George Edwards Hall in Cefn Mawr for a two-day celebration filled with film premieres, live music, and special guest panels. Opening with

Children of the Night and cult classics like *Killer Klowns from Outer Space* and *Critters*, as well as the premiere of *Slasher House 3*.

Beyond the films, guests enjoyed live hip-hop performances by Professor Elemental and insightful Q&As with figures like Robin Ince, Jeremy Dyson, and filmmakers Michael Fausti and Kemal Yildirim, closing with the Welsh premiere of *Cursed (AKA "Malditas")*. Organisers Marc and Helen Brimfield, helped create a welcoming atmosphere that turned strangers into friends. With plans to expand next year, they have set a new standard for Phantasmagoria the beloved grassroots festival.

CINEMA CRYPT COMMUNITY CINEMA PROGRAMME

Cefn Mawr LL14 3AE

Sat 2nd November *Rear Window* - 1954

Sat 14th December *National Lampoons Christmas Vacation* - 1989, doors open 3.30 for 4pm start, tickets £3 at the door, refreshments available, we take cash or card, free car parking at the rear of the hall, disabled accessible. See our Facebook page for information .

MAELOR BOXING CLUB SHOW

Saturday 16th November at the George Edwards Hall, Cefn Mawr LL14 3AE. Doors open at 12 noon and boxing starts at 2pm. Pay on the door Adults £15 and U16s £10, any inquiries please call **07776 444191**.

SPONSORS

We are seeking sponsors for our Boxers for this event, if you would like to support us through sponsoring one of the lads either speak to one of the boxers who will have sponsorship forms or call us on **07776 444191**. Thank you.

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LLANGOLLEN LIBRARY

Castle Street, Llangollen LL20 8NU Tel 01978 869600

Rhymetime - Free to attend. Phone for details
Llangollen Library Reading Group - 1st Friday of the month at 7pm. Cost £2 to cover refreshment's
Cymraeg Darllen Cymraeg - please phone for details.

Talking Points Thursdays 10 to 12:30 for Denbighshire residents to find out what help and support is available in their local area, to help improve their health and well-being.

Working Denbighshire - helping you back to work here: 3rd Wednesday of the month

Hearing aid support every 2nd Friday monthly from 10am to 12 noon. They clean and re tube aids and give out batteries.

Barclays Bank Thursday and Fridays 10am to 3:30pm (closed for lunch 1-1:30pm).

Our opening time are-

Closed Mon and Tues

Open Wed 2-5pm Thurs & Fri 10am-1pm & 2pm-5pm and Saturdays 9:30am-12:30pm

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Castle Street, Llangollen. Tel: 01978 860828

E: Llangollen.TouristInformation@denbighshire.gov.uk

Come and browse our fantastic display of local Welsh Artists and Crafters with Cards, local scenes in Art and Scenic Photos, Jewellery, Sewn Crafts, Books, Maps, Pottery, Glass and Woodwork. Find out what's on in the area, events, activities and places to stay, pick up timetables for bus and railways, buy or book tickets for upcoming events too. Check our Facebook page for the latest on what is on in and around Llangollen, with places you can visit, where to stay, things to do and what seasonal events and activities are on here and also other areas of North Wales. We are open **Mon, Tues, Wed, Fri and Sat 9.30 to 4.30pm Closed Thursday and Sunday**

1st LLANGOLLEN BROWNIES

The Brownies have completed their explore stage 2 *Skills Builder Badge* working on map reading, country code, keeping themselves safe, learnt about a female explorer along with some UMA's. The girls enjoyed an evening where they all completed their collectors badge by bringing in their collections for a show and tell. We are finishing off the term with pumpkin carving and activities around Halloween. There is a funday for the girls being held at Chirk Scout and Guides HQ, where a memorial bench for our past leader Snowy Owl will be revealed. Is your daughter between 7-10 and, wants to meet new friends, have fun and learn new skills then why not give brownies ago. We currently has spaces available for girls aged 7-10 years. We meet every Wednesday in term time If you would be interested in your daughter joining please registered on the following link www.girlguiding.org.uk/joinus

Or contact Alison Fenn on 07872924888

1st LLANGOLLEN RAINBOWS We currently have space for girls aged 4-7 years with a fun packed programme and would love for more girls to join in the fun. please register your interest on the link <http://www.girlguiding.org.uk/joinus>

LLANGOLLEN COUNTRY MARKET



Winter dates are Friday the 8th & 29th November & 13th December. With many new and unusual things for you to come and buy we hope you like what

we have been busy working so hard on.

We have lots of locally, handmade crafts, home baked goods including cakes, jams, chutneys and honey and home grown seasonal garden produce. We are open the second and last Friday of the month from 11am to 2pm in the **Memorial Hall**, Market Street, Llangollen.

Refreshments are available and a warm welcome awaits you. Come and meet friends for a chat or find that extra special gift. *We will close for our winter break after the 13th December and reopen in March 14.*

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THE DORY GALLERY,
Regent Street, Llangollen.
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A one day workshop with artist **Karl Smith** - make your own personalised sketch book great for Christmas presents. Saturday 7th Dec. 10am - 5pm. £65.

Community Exhibition from *Llangollen Art Group*, free to enter, all work for sale.

Half a Life Drawing - a selection of Life drawing sketch by *Sue Wallis Hargreaves* unframed and available to take away for a donation to the Gallery.

Edward Bell Exhibition - a chance to view the wonderful works from Edward. Exhibition of artist **Paul Munroe** wax, oil and collage - sea scapes and boats November to January.

Ghost of a Room. On-going. A re-imagining of the dark oak carved panels at Plas Newydd by local textile artist Jan Wallis. Hand stitched quilting. Come and meet our Artist in residence, Jan Wallis, who will be developing her new installation.

Exhibition from the permanent collection of Dory's work, on going. Keith Robert's new installation,

Notes from a Bell Tower now in the White Gallery.

Life Drawing Classes at the Dory Gallery, Classes on Mondays excluding bank holidays, £12 per session from 10:30am-12:30pm. Boards supplied, bring your own pads and pencils. Limited space, booking recommended. Professional model, all welcome. Last class before the Christmas break will be the 9th Dec.

Classes will resume on the 6th January 2025

All exhibitions, Saturday and Sunday, 10am-4pm.

Check our website (www.dorygallery.com) and Instagram [@the_dory_gallery](https://www.instagram.com/the_dory_gallery) for details, exhibitions and gallery events. Entry is free for everyone, dogs are welcome inside and kids can have fun with our Art Trail quiz! Email: thedorygallery@gmail.com

LLANGOLLEN FOOD, CRAFT & GIFT MARKET

30th Nov & 14th Dec at St Collen's Community Hall LL20 8PL 12.30pm to 4.30pm.

BARCLAYS BANK – Here to help



BARCLAYS

Based at Llangollen library every
Thursday and Friday from 10am – 3.30pm. Walk ins welcome. We have

Account support and online banking services available. Please note this is a Cashless site so we will not be able to take cash.

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BARNARDO'S CHARITY SHOP

15 Castle Street, Llangollen LL20 8NY Tel **01978 861410**. Open daily, donations welcome.

UPCOMING LOCAL SEASONAL EVENTS

Wed 13th - Sat 16th Nov Llangollen 20 Club presents 'Allo Allo 2 The Camembert Caper' at Llangollen Town Hall tickets £14, conc £12 call **07745 262689**.

Sat 30th Nov *Christmas Fair* at Canolfan Ceriog Centre Glyn Ceriog, LL20 7HE 10am to 2pm call **01691 718200** or info@canolfanceriog.org

Sat 30th Nov *Llangollen Christmas Festival and Christmas Lights Switch on.* Market from 10am, Parade at 1pm, Sion Corn's Grotto, stalls, events, choirs, activities, fireworks and much more! For information please email chemshouts@gmail.com

Sun 1st Dec Llangollen Young Farmers Club have the *Llangollen Illuminated Tractor Run 2024*, leaving at around 5pm and passing through Llangollen, Trevor, Plas Madoc, Rhos, Wrexham, Johnstown, Ruabon, Chirk, Fron and back to Llangollen, raising money for the Wrexham Maelor Children's Ward. For more information or to join in please email

llangollenilluminatedtractorun@gmail.com

Fri 6th Dec Cefn Community Council *Christmas Fair* with Santa's Grotto at the George Edwards Hall, Cefn Mawr LL14 3AE from 5pm - 7pm call **01978 821298** or email admin@cefncommunitycouncil.gov.uk

Fri 6th – Tues 31st Dec *Cinderella Winter Wonderland* at the Stiwt, Rhos. Tickets: opening night offer £11, other nights £17.50, conc £15.50, family package £59 - 2 x adults, 2 x U16s from stiwt.com or box office **01978 841300**.

Fri Dec 6th - Sun Dec 8th *Christmas Craft Fair* at the Ebenezer Gallery, Cefn Mawr, with craft stalls, food, mulled wine, winter themed exhibition and more. For information email

Ebenezergallerycefnmawr@gmail.com

Sun 8th Dec *Christmas Frost Fayre* at the Wynnstay Arms, Ruabon LL14 6BL from 1pm - 4pm for more information email info@friendsofruabon.co.uk

Thurs 19th - Sat Dec 21st To the Stage Productions present *Cinderella Christmas Panto* at Llangollen Town Hall tickets £11 for U16 and adult £13, for more information email info@tothestageproductions.co.uk

Thurs 16th - Sun 19th Jan Llangollen Pantomime Group present *Beauty and the Beast*, AKA *Bella and the big hairy fella* at Llangollen Town Hall. Tickets £9, conc £6 call **01978 960297**.

Wed 26th - Sat 1st Mar Chirk Pantomimics present *Jack and the Beanstalk* at Chirk Parish Hall tickets £6 available January call **07473 228568**.



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CEFN COMMUNITY COUNCIL

The George Edwards Hall is available to book for parties and events, as well as the main hall we also have the Lower Room with fully equipped kitchen for smaller

parties and the Council Chamber for those requiring smaller space for meetings, here we can offer a Teams or Zoom facility. The Clerk can be contacted on **01978 821298** for any enquiries. Currently we have: *Slimming World* on Tues 5pm - 8pm & Wed 9am - 11am. *DanceZone* on Mon 5pm - 8.30pm and Thurs 5.30pm - 8.30pm. *Line Dancing* on a Wed from 7.30pm - 10pm. *Community Hub* Thurs from 9am - 11.30am. *Dog Training* every Fri from 7pm to 10pm. Please check to see if groups are taking a break over the summer, thanks.

Our **12 Children's Play Parks:** are open, we ask that you please take your rubbish home with you if there is no available bin, thank you.

Street lights: If you notice any street lights out please can you report them with the number off the lamp post to the Office on **01978 821298** thank you.

Birthdays: know someone who is going to celebrate their **90th** or **100th** birthdays? Please email

admin@cefncommunitycouncil.gov.uk

Wedding Anniversaries: If you know any couples in our community who will be celebrating their **Diamond 60th** or **Platinum 70th Anniversaries** please let us know on **01978 821298** or email:

admin@cefncommunitycouncil.gov.uk

Trefynant Cemetery: we respectfully ask when visiting the Cemetery to please dispose of your rubbish in the bins provided.

Youth Club: our Community Council funded youth club in the George Edwards Hall is open every **Monday and Wednesday** from 6 - 8pm during term time with a great range of activities including Wi-Fi. We also welcome the *Young Carers Group* at this facility.

Cefn & Acrefair Playwork Project: our popular Community Council funded playwork project runs in

The Community Hub: on Thursdays 9.30am - 12pm in the lower room at George Edwards Hall. Would you like to meet people from the community? Make some friends? Do you feel lonely? Come for a cup of tea, biscuits, meet new friends, do crafts, puzzles or just have a chat. We have a stairlift if you have mobility issues, all are welcome!

Community Litter Picks: we do regular litter pick throughout the community from spring to early winter. Our litter pickers are local volunteers giving up some of their free time for a good cause. We are also a litter pick hub and can long term, loan equipment and keep you supplied with bags etc. Call **01978 821298** or email: admin@cefncommunitycouncil.gov.uk

Period Hub Free sanitary products now available at the George Edwards Hall, in the reception area, please take what you need. Courtesy of WINGS Wrexham who believe no woman or girl should be without free period products.

School Uniforms To support families during the back-to-school season, Cefn Community Council, with the help of Tesco Cefn Mawr and Community Champion David Roden, have a Free School Uniform

Shop. The initiative, offers free school clothing to local families on Tuesday 9am to 10am and Thursday from 1pm to 2pm. The shop will be closed during half-term but will be open on the Friday of that week, ensuring ongoing support for families as the school year progresses.

Cefn Community Councils Civic Remembrance

Service Join us at the Cenotaph, Plas Kynaston Lane, Cefn Mawr on Sunday, November 10th, 2024 starting at 10:35am. Everyone is welcome to attend and lay wreaths and Crosses as we honour those who served. After the service, please join us at George Edwards Hall for a buffet and a special performance by *the Raise the Roof Choir*

Cefn Community Council **Christmas Fair** Friday 6th Dec from 5 - 7pm at the George Edwards Hall. Santa's Grotto, Stalls, Refreshments, all welcome.



CEFN COMMUNITY AGENT

UPDATE Supporting Our Community:

Hello! My name is Donna Thornley, and I'm your local community agent, here to help connect you with the services and support

you need. My role is to guide residents to the right resources and assist with practical tasks like bus passes and form filling. I'm also dedicated to helping people build connections within the community.

How I Can Help You As your community agent, I can assist in several key areas:

Signposting to Services: Unsure where to turn for help? I can direct you to the right organisations, whether you need support with health, social care, or financial advice.

Bus Pass Assistance: If you need help applying for or renewing a bus pass, I'm here to guide you through the process and keep you connected to the wider area.

Form Filling: Struggling with paperwork? I can help and signpost people to relevant groups to complete important forms for benefits, services, and other essential documents.

Connecting People: Looking to get more involved or meet new people? I can help connect you with local groups and activities.

WHEN AND WHERE TO FIND ME

George Edwards Hall: Every Wednesday morning from 10:30am to 11:30am. Drop by for help with signposting, bus passes, or forms.

Soup Kitchen at CRNCA: I'm also available at the CRNCA Soup Kitchen from 12 noon to 3pm, where you can find support and community spirit.

UPCOMING COMMUNITY EVENTS

Choir & Christmas Party (Saturday, November 30th, 1pm - 4pm): Join us for a festive afternoon with music, dancing, and the chance to meet new people. Everyone is welcome to enjoy the holiday cheer! Tickets are on sale now.

Trip to Bury Market Saturday, Nov 23rd: Explore the vibrant Bury Market. Tickets £15 per person.

Stay Connected If you need help with signposting to services, bus passes, or form filling, feel free to reach out. You can find me at *George Edwards Hall* or at the *CRNCA Soup Kitchen* call me on **07925 048711** or email agent@cefncommunitycouncil.gov.uk.

Let's work together to strengthen our community connections. See you all soon,

Donna.

Crane Medical Centre

Crane St, Cefn Mawr, LL14 3AB;
Tel: 01978 810844

News Update



Welcome to the Nineteenth edition of Crane News.

We hope you are all well.

Antibiotics They do not work against viral infections, and in some instances can make matters worse e.g. lead to fungal infections such as thrush. Unless you are immunocompromised or suffering from a severe chronic condition such as kidney or heart disease then there is no need for antibiotics to treat self-limiting conditions such as coughs, colds, sore throats etc which are likely to get better all by themselves.

Treating conditions with antibiotics that really do not need them could and does lead to antibiotic resistance. So, when we really need antibiotics for a severe infection they will not work. We are already seeing infections for which we have no antibiotic answer.

Our local hospitals are under a lot of pressure already this winter so please try and not attend emergency departments for minor problems. Consider attending a local pharmacy or dialling 111 for advice. This will free up staff and time to deal with true emergencies. Please help the NHS by helping reduce the burden on it by using it wisely.

If you are eligible for a flu vaccine or covid vaccine or both we would strongly recommend that you have them this winter. Not only will this protect you but also those people you come into contact with. Please contact the surgery to make an appointment.

There is now a new vaccine called **RSV which** helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill. If you are between 75 yrs and 79 yrs old you will be eligible to have this but not at the same time as other vaccines. Please contact the surgery to make an appointment. Remember that simple hygiene measures like washing your hands thoroughly after visiting the toilet and before preparing or eating food is very effective at reducing spread of infection in particular norovirus or winter vomiting virus.

ROWLANDS PHARMACY - CEFN MAWR
Medical Hall, Crane Street, Cefn Mawr LL14 3AD
Open: Mon to Fri 9am to 1pm and 2 to 5.30pm.
Sat 9am to 1pm. Tel: 01978 822600

L ROWLANDS & CO - RUABON
The Medical Centre, Ruabon, LL14 6NH
Open: Mon to Fri 10am to 12pm then 2pm to 6pm
Sat 10am to 1pm Tel: 01978 821802

L ROWLANDS & CO - LLANGOLLEN
Bishop's Walk, Health Centre, Llangollen LL20
8RZ **Open: Mon to Fri** 8.30am to 6pm **Sat** 9.30am
to 1pm Tel: 01978 860657

ROWLANDS PHARMACY - CHIRK
Colliery Road, Wrexham LL14 5DH **Open Mon to**
Fri 8.30 to 6.30. **Sat** 9am to 1pm. Tel: 01691 772439

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with the GDC (General Dental Council)



Peter Harling
Mob: 07712 894479

1 hour service, weekend and evening repairs.

HEARING AID SUPPORT

Did you know that the *Wrexham Maelor Audiology Department* have monthly Drop In sessions at the following places.

Llangollen Library, Castle Street, Llangollen LL20 8NU on the **2nd Friday** of every month between 10am and 12 noon, find us upstairs in the Tourist Information building on Castle Street and there is a lift to the library on the first floor.

Corwen Family Practice, Green Lane, Corwen LL21 0DN on the **3rd Friday** of every month from 10am to 12 noon.

Chirk Community Hospital, St John's St, Chirk LL14 5LN on the **2nd Wednesday** of every month from 10am to 12 noon.

We clean and re tube aids and give out batteries. No appointment needed.

ALEXANDERS PHARMACY - ACREFAIR

52-53 Peris, Acrefair, Wrexham, LL14 3LF
Do ask about our free prescription delivery service.
Open: Mon to Fri 9am to 6pm. **Closed Sat.**
Tel: 01978 810272



LLANGOLLEN MUSEUM NEWS

Work on our roof is still ongoing, the old roof has been removed and disposed of, but what you cannot see is that the steel frame for the new roof is now in place. Contractors, Team Roundhouse Ltd, are slightly ahead of schedule and plan to begin installing the new roof decking. Check our Facebook Page for further news.

Our next talk on the **27th November** at 7pm is in the Council Chambers, Gill Smith will present *Brenig, Landscape of the Living and the Dead*. Looking at the prehistory of Brenig and interpreting what may have been taking place at the Bronze Age cemetery, through illustration and reconstruction. Immediately prior to Gill's talk at 6pm in the Council Chambers, will be the Museums AGM. If you wish to find out about everything that is happening with the Museum, and are interested in what we do to keep the heritage of Llangollen alive, do come along.

Our next **Finds Day** is **Saturday 9th November**, from 10:30 until 1:30 at the Tourist Information Centre. This has proved to be a major success, with members of the public bringing wonderful archaeological items for identification by Dr Susie White from the Portable Antiquities Scheme. At the last event a large fragment of prehistoric pottery and a loom weight stone found near Cefn wood, along with metal detecting items were brought in for appraisal. With each item brought to us, we can unlock more of the secrets of the past, so please do bring along all of your finds for identification.

During the closure Manager *Gill Smith*, is organising a series of heritage/storytelling walks to different locations. The walk to Alderley Edge in August, attracted around 40 people. The group walked around prominent heritage/legendary sites on the trail such as the Bronze Age copper mines. At each point Gill talked about the history and legends of the sites. Storytelling took place around the sites and was much enjoyed by all. A future return visit is planned. There is a full programme of walks for the next 6 months. Details will be made available when we have firm dates. Everyone is very welcome. Anyone who is interested can follow Gill's Facebook page at

<https://www.facebook.com/gillian.smith.182940/> or email her for details at gilliansmith2@hotmail.co.uk.

Setting up the **Llangollen Museum Young Archaeologists'** group continues through the period of closure. Although there have been a few delays, we are hoping to have a full programme in place by the end of 2024. YAC members take part in all sorts of exciting, hands-on activities, such as excavation, working with artefacts, visiting historical sites and undertaking experimental archaeology. As a YAC member, you will also have access to the YAC Pass, giving free or discounted entry to hundreds of heritage sites across the UK, including those run by English Heritage, Historic Environment Scotland and Cadw.

Anyone wanting to join our mailing list for updates please email cdv.yac@gmail.com.

For all of the latest information about what is happening at the Museum, do keep an eye on our Facebook page at <https://www.facebook.com/p/Llangollen-Museum-100057657969751/>.

CEFN AND DISTRICT MUSEUM & HISTORICAL SOCIETY

The museum continues to open regularly on Mondays, Wednesdays and Fridays from 10am to 12.30pm, with the exception of Bank Holidays. We look forward to welcoming you when you visit us. Currently we have a Special Exhibition on Childhood in Cefn, describing what it was like to be a child living in Cefn decades ago. We have recently received a Tesco Community Grant which enables us to pay for a Performing Rights License to continue playing music in the Museum. Many people find that music from their early years helps them to look back and remember their lives as children in Cefn as much as seeing objects and photos does. For more information contact Alan Tiltman the Archivist on a.tiltman@icloud.com or **07753 251768**.

Meanwhile, Cefn Mawr Historical Society continues to meet on the last Friday of the month, except for August and December. We have a talk lined up for us by Peter Reed on Friday 25 October at 2pm, and then on Friday 29 November there will be a very special meeting to mark the Museum's 10th Anniversary — It was actually opened to the public on 28 November 2014. Further details about it will be publicised before long.

Do come in and see us when you're passing, we'd love to welcome you whether your visit is long or short.

Welcome to Clwyd Family History Society

The Clwyd Family History Society was founded in 1980 to encourage the study of genealogy and family history in North-East Wales, and to provide a forum for people who are interested in these subjects to meet, and to help each other. It now has approximately 500 members worldwide.

Unit C15, Community Enterprise Centre, Well Street, Cefn Mawr, Wrexham LL14 3YD. Tel: **01978 822305**. (Answerphone - messages will be responded to as soon as possible). www.clwydfhs.org.uk

BINGO AT THE ROYSTON CLUB ACREFAIR

Thursday is Bingo night every week in the bar at the Royston Club. Doors are open at 7pm and Bingo is from 8 to 10pm. All welcome, good parking.

SANTA SLEIGH VILLAGE TOURS 2024

By The Friends of Ruabon dates for your diaries.

Sat 7th December **Ruabon Part 1** from 4.30pm

Sun 8th December **Ruabon Part 2** from 5pm

Mon 9th December **Black Park & Rhosymedre**

Thurs 12th December **Plas Madoc**

Sat 14th December **Tesco Cefn Mawr** 2pm - 4pm
then a tour of **Cefn Mawr** from 4pm

Sun 15th December - **Cefn & Acrefair Part 2**

All details about the routes will be posted on our Facebook page.





1st TREVOR SCOUTS NEWS

Recently we held our Annual General Meeting. Thanks for great parent attendance as usual. Every Beaver and Cub received a certificate and badges. Daisy and Seth both received a Trophy for jointly designing our brand new Necker badge and Shelby had a Trophy for being the best fundraiser. Our elected officers are Noeleen Thelwell and Natalie Brewin. The Beavers have been out canoeing and working on their Money Skills, they are now starting their International Badge, learning about Scouts around the World and flags. Beavers also had a busy sleepover, going on a Bat walk, singing and toasting marshmallows around the camp fire and the next day they hiked to Ty Mawr. Cubs have been learning about keeping pets with Squirtle the turtle and have been creating Diwali Lanterns, in November a visitor from Refugee Kindness will be coming along to talk about the challenges that refugees face. Also a visit to Llangollen fire station is booked. Cubs attended a weekend Cub camp in October joining up with Connah's Quay Group. We will have our special Halloween party and also are attending the Remembrance Day Service in Garth. For Xmas the children will be enjoying a popcorn and movie night. As A Group we are booked into a number of Xmas Fairs in the area to raise much needed funds, with our Trash and Treasure plus produce stall, please support us. Anyone who is interested in their child becoming a group member or if you would like to volunteer yourself to help in any way at all please contact myself **Elaine Anderson** on **07939 476208**.

LADS N DADS

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OPENING TIMES

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Wednesday 9am - 2pm

Thursday 9am - 6pm

Friday 9am - 5pm

Saturday 9am - 2pm

LADIES any day by appointment only



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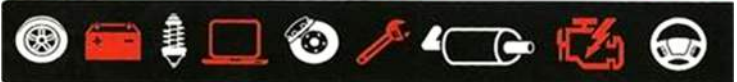
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NORTH WALES POLICE BICYCLE EVENTS

North Wales Police are promoting their Bicycle Watch Scheme. Registration is FREE and forms are available on the day or from your local Police Station. Register on the day and have your bike marked for FREE. Other marking types are available, along with security tips and advice.

Free Bike Marking

Wednesday 6th November 2024

Cefn Mawr Library

Plas Kynaston LL14 3AT

3pm - 4.30pm

www.northwales.police.uk/
www.BikeRegister.com



CRNCA COMMUNITY UPDATE

Tel: 07531 310335. Bro Gwilym,
Cefn Mawr LL14 3PA

Registered Charity Number 1122422



Tuesday Cefn Soup Kitchen: Come along between 12pm to 3pm for the winter Cefn Soup Kitchen. Enjoy a hot bowl of soup, fresh bread roll, and a drink in a welcoming, warm space. Perfect for those affected by reduced Winter Fuel Payments. We are delighted that our Community Agent Donna will also be here, she is able to help with forms and it's a chance to have a chat with her so do come along.

Tuesday Changing Seasons Over 50's Club: Our Changing Seasons Over 50's Club is thriving, thanks to the wonderful support from our community. Join us every Tuesday from 12:30pm to 3pm for engaging activities and refreshments. Subs £1 new attendees are always welcome!

Wednesday Games Club: Come join our Wednesday Games Club from 2pm to 4pm! Play board games, jigsaws, card games, and even snooker if requested. Engage in friendly competition refreshments. Subs £1 per session.

Wednesday Luncheon Clubs: Our Wednesday Luncheon Clubs continue to be a resounding success, providing a warm and nourishing two-course meal plus tea or coffee for just £3.50. We are thrilled to support up to 25 residents over the age of 50 each week. However, there are still places available! To secure your spot, please contact Krissy on **07532 484470** no later than Tuesday night before the event. We also welcome more volunteers to help make this event even more special.

Wednesday Woolies Knit and Knatter, Knitting & Crochet Club: Join us every Wednesday from 2pm to 4pm for our Woolies Knitting & Crochet Club. Whether you're a beginner or experienced, create your next designer item in a welcoming environment. Learn and enjoy a cuppa. Subs £1 per session.

Thursday Men's Shed: Our Men's Shed is a place where is good to talk about DIY, men's health, life, the universe and all that! Join us every Thursday from 9:30am to 12:30pm. Subs £1 per session, snacks are provided along with a refreshing drink. We encourage more attendees to join this enriching session.

Volunteer Opportunities: We are seeking volunteers to support various activities including garden maintenance, food provisions, general indoor support and maintenance. Any spare hours you can offer would be greatly appreciated and make a significant impact on our community. Your support is invaluable and together, we can continue to foster a vibrant and caring community here in Cefn and surrounding areas.

CAN COOK / WELL FED MOBILE FOOD VAN

On **Tuesdays** we visit **Plas Kynaston Football Field LL14 3PU** from 10.30am-11.45am **Plas Madoc**

Leisure Centre LL14 3HL from 12 noon-1pm

Ruabon Village Hall LL14 6AD from 1.15pm-2.15pm

and **Rhosymedre Primary School LL14 3EG** from 3pm-4pm. Meals are available to purchase on the day and can be pre-ordered for the following week.

Microwave meals, slow cooker bags & much more from toiletries and food cupboard items. Also selling bread, milk, eggs, household items and much more.

See our **Facebook page** and message us if you need more information.

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Payment Plans available—Subject to T&Cs

CEFN LIBRARY UPDATE

Autumn Drop in Craft for kids Friday 1st November between 10am - 4pm. No need to book but adult Supervision required. For age 3-10+
*We are having an **Adult Book** sale this November. Hardbacks will be £1, paperbacks 50p, come and stock up with books to cosy up with during this wet, cold and windy season!*

MONDAYS: Knit, Knatter & Craft group meet every Monday from 1-3.30pm.

Integrated Autism Service 1-3pm Support and advice for you and your family on the third Monday of the month.

WREXHAM CITIZENS ADVICE IS NOT CURRENTLY AVAILABLE AT CEFN LIBRARY.

Your nearest session is Plas Madoc Leisure Centre on Thursdays 9:30 -12 noon. For advice or to book an appointment please ring **080 278 7931** or email wrexhamcab@googlemail.com.

WEDNESDAYS Cylch Ti a Fi 1:00-2:15pm during term time. Free bilingual craft, songs and play for under 4s.

Lego Club runs every Wednesday all year round from 3:15-4pm. Suitable for children age 4+ with some building blocks for younger siblings if needed.

THURSDAYS: Cefn Remembers on the First Thursday of the Month 2-3pm. The next meeting is November about Maps and the Archive Department are attending this session, they will be bringing a selection of local maps to explore. Do bring along anything to share.

Adult book club is on the last Thursday of the month from 2-3pm.

FRIDAYS: Drop In For Parents Fridays Term Time 8:45-9:45am. Pop in for a cuppa and a chat.

What else do we do?

Come along anytime for a chat, read a book or newspaper. We provide photocopying, free WIFI, iPads, computers and laptops. Wireless printing is available: 20p per page Black & White, 40p per page for colour. You can also get blue **recycling** sacks and green caddy bags. We have a dedicated **quiet** corner and also **quiet library time** from 4:30 - 5:30pm on **Thursdays**.

Please return or **renew your books every three weeks** by phone, in person or online www.wrexham.gov.uk/libraries and follow the online services link. **No more fines!** We'd still love our books back if you've finished with them. Now if you've had a book for more than 90 days **anyone over age 11 will be asked to repay the cost of the book if you do not return it.**

Don't forget we have audio books on CD, large print books plus quick reads for those who haven't a lot of time and with the **Borrowbox** app you can read inline, Just download it to your phone or laptop. Can't find the book you want? Ask in the library, online or by email and we will try to find it for you.

Call us on: **01978 820938**

Email: Cefnmawr.library@wrexham.gov.uk

We're open Mon 1-5:30pm, Closed Tues, Wed & Thur 1-5:30pm, Fri 9-5:30pm.

Plas Kynaston Lane, Cefn Mawr LL14 3AT



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Celtic COMPUTERS

ROB PARRY 07512 416453 / 01978 810639

5A Crane Street Cefn Mawr LL143AB

CHURCH NEWS



Another year behind us, and as I write this mid-October, we will soon be approaching Christmas 2024! I don't know if you feel the same, but I'm still waiting for the summer months of warm sunshine which seemed to have passed us by this year!? We have certainly had our fair share of rain, unless the opportunity arose to escape to sunnier climates! However, now the colder, darker days and nights are closing in on us! Perhaps you like to get out walking on frosty days? Then later to close the curtains and snuggle up in front of a fire with family or friends? But maybe the thought of the long, lonely days and nights and expensive heating bills are something you dread, and are fearful of, but you don't like people to know, and you don't like to seek help?

Within the communities we live in, we are all different people, from different walks of life, with different circumstances happening in all of our lives, but this winter let us draw closer together and try to be more aware and available to support and help others in need when we can, because we know that there are many around us who really do need that help in different ways. This Christmas period are we willing to provide a meal for someone living on their own? Or to check if our neighbours are alright if we've not seen them around? An act of kindness, a smiling face and a few kind words can be a priceless gift to someone, especially this time of the year! What does Christmas mean to you, why do we celebrate it, and why do we give gifts? Do we believe in the birth of Jesus? **He is the reason we celebrate Christmas!** God's gift of love to us all. Jesus grew into a man teaching about love and care for others. He shared it in His actions with all those around Him. He is our example and encourages us to do the same. His love for us took Him to the cross! So, if you'd like to know more, Café Church is held in the Old Canteen in Cefn Mawr on the 1st Sunday of every month at 10.15 with free cakes and cuppas. Our Social Evening is on Thursday, 11 days later at 7pm, with free food and drinks. Our Carol Service this year will be held on Dec 12th at 7pm. You are all very welcome, and we would love to have you join us. Or call us for more information, Colin or Rowena on **01978 824785** or leave a message and we will get back to you. May God bless you all richly with a Very Happy Christmas!

RHOSYMEDRE METHODIST CHAPEL

Chapel St, Rhosymedre LL14 3YF. **Sunday** worship at **11am** and every 2nd Sunday of the month we worship in Ruabon Methodist Chapel at 10:30am.

RUABON METHODIST CHURCH

Henry St, Ruabon LL14 6NS

Sunday worship at 10:30 am, every 4th Sunday of the month we worship in Rhosymedre Methodist Chapel at 11:00am.

Carol Service Sunday 22nd December at 2.30pm

Christmas Day Service Wednesday 25th December at 10:30am

LLANGOLLEN METHODIST CHURCH

Princess Street, Llangollen LL20 8RD

Sunday Worship at 11am

Tel: **07927 144822** or visit our Facebook page.

LLANGOLLEN GROUP OF ANGLICAN CHURCHES UPDATE

All Souls' Service: Sunday 3rd November, 3pm at *St Tysilio's*, Llantysilio. A time to remember and honour the lives of our loved ones who have passed away.

Heritage Open Day: at *St Collen's*, Saturday 9th November, 11am-1pm. Hands on activities, refreshments and historical re-enactments. Come learn more about our Genesis Project!

Remembrance Sunday: 10th November. A United Service (for our 3 churches) will take place at *St Collen's* at 9.30am followed by the Civic Act of Remembrance by the War Memorial in town.

St Collen's Christmas Fayre: Saturday 7th December, 11am - 2pm. Enjoy a day of seasonal fun with delicious treats, festive drinks, stalls, tombola and Grand Raffle! See Nesta, for raffle tickets.

The Collen Players Christmas Show. Friday 13th December, 6.30pm, *St Collen's Community Hall*. Join us for a merry medley of marvellous melodies and magnificent merriment! Secure your seats for a night of unforgettable yuletide enchantment and endless entertainment. Tickets £15 (includes buffet supper).

Carols by Candlelight: *St Collen's Church* (with Cytûn: Churches Together in Llangollen), Sunday 15th December at 6pm. *This service will be recorded by BBC Radio Wales for a Christmas Eve broadcast.*

Carols by Candlelight: *St Tysilio's Church*, Sunday 22nd December at 3pm.

Family Crib Service: Christmas Eve, *St Collen's Church*, 4pm.

Midnight Mass: Christmas Eve, *St Collen's Church*, 11.30pm.

Christmas Day Mass: *St Collen's Church* at 11am.

Celtic Eucharist: The first Sunday of each month (9.30am) at *St Tysilio's*. Rediscover the sacred rhythms of ancient worship in a modern world!

Trip to Iona: *Pam Powell* is organising on a 'first come' basis. 11th-18th July 2026. Tel: **01978 721083** for more information.

ST COLLENS PARISH CHURCH

Weekly **Mass and Communion** in *St Collen's* on **Sundays 11am**, When there is a 5th Sunday there will be a united service for all four churches.

St Collen's Church Opening Times for Prayer and Visiting: Sunday: 10am - 12 noon. Monday to Saturday 10am - 3pm.

TREVOR PARISH CHURCH

Trevor LL20 7TL
Sunday Morning Prayer at Trevor Church every Sunday at 9.30 am. We have Holy Communion on the 4th Sunday of each month. When there is a 5th Sunday we have a combined service in *St Collen's Llangollen* at 11am.

Our **Christmas Tree Festival** is on **December 14th and 15th**.

CITY CHURCH LLANGOLLEN

Brook Street, Llangollen LL20 8LS.

We meet on Sundays at 10am for 10:30am, come and join us, we are a united church family, where you will experience a church full of freedom and love.

Tel: **07957 728473**

email: church@citychurchllangollen.org.uk

ST MARY'S CHURCH IN WALES RUABON

Sunday Nov 3rd *Holy Eucharist* 9.30am. *All Souls Service* 6pm. **Sunday Nov 10th** *Remembrance Service* 10.45am. **Sunday Nov 17th** *Morning Prayers* 9.30am. **Sunday Nov 24th** *Holy Eucharist* 9.30am. **Sunday Dec 1st** *Advent 1 Eucharist* 9.30am and *Christingle Service* 4pm. **Sunday Dec 7th** *Christmas Tree Festival* Church doors open 10am. *Nativity Procession* from Ruabon village hall at 3pm to St Mary's church, on arrival, mulled wine and mince pies. Santa will be at church to receive donations for children (age and sex of child to be labelled on gift) and foodstuffs for Foodbank. **Sunday Dec 8th** *Advent 2 Eucharist* 9.30am. **Sunday Dec 15th** *Advent 3 Eucharist* 9.60am. *Carol Service* 6pm. **Sunday Dec 22nd** *Advent 4 Eucharist* 9.30am. **Christmas Eve** 4pm *Crib Service*, 8pm *Christmas Eve Eucharist*. **Christmas Day** *Christmas Service* 11am at Pen y Lan Church. **Sunday Dec 29th** *Eucharist* 9.30am.

ST. JOHN'S RHOSYMEDRE

Church Street, Rhosymedre LL14 3EA.

Our regular **Sunday Services** are at 11am.

Bible study every Wednesday at 1.30pm.

St John's is open to any school or group who wishes to visit. We also have an upstairs room for people/groups to use for meetings or get togethers. Contact

Beulah Griffiths Church Warden on **07539 229228**



St John's Church Rhosymedre are very grateful to all the *Friends of St John's Graveyard Volunteers* and the families who have been coming together to tend the graveyard over the

last four months. thank you all for the tremendous difference you have made over the last four months.

CATHOLIC CHURCHS

St. Richard Gwyn Parish

Chirk, Llangollen & Ruabon

Parish Priest: 3 The Villas, New High Street, Ruabon, LL14 6NW **Office :** 01978 821 568 **_Website:**

www.strichardgwynparish.co.uk

Email: priestruabon@rcdwxm.org.uk

Weekend Mass times:

Saturday 6pm Holy Cross, Llangollen

Sunday 9am Sacred Heart, Chirk & 11am St Mary's, Ruabon

Weekday Masses:

Tuesdays, Sacred Heart, Chirk - 10am

Wednesdays, Holy Cross Llangollen - 10am

Thursdays, St. Mary's Ruabon - 10am.

Holy Day of Obligation:

Vigil Mass, Holy Cross, Chirk - 6pm

Day of Obligation, Holy Cross, Llangollen - 10am

St. Mary's , Ruabon - 7pm

Shared Christmas events:

Christingle 1st December 4pm, St Mary's, Ruabon

Tree Festival from 7th December - St Mary's, Ruabon

Community Carol Service 15th December 5pm St Mary's Ruabon

Christmas Services:

Christmas Eve 24th December, 6pm, St Mary's, Ruabon

Christmas Day 25th December, 9am, Sacred Heart, Chirk and 11am, Holy Cross, Llangollen.

CHIRK COMMUNITY HOSPITAL WOUND CARE CLINIC

Chirk Community Outpatients are running Wound Care Clinics which are available for patients to contact for dressing changes following surgery or injury, removal of sutures, leg ulceration etc., and who may have previously been referred to a District Nursing Clinic. Please note this is NOT a minor injuries unit. They also carry out Doppler Assessments.

For appointments please call 03000 850003 and press 2 when instructed then ask for the Outpatient Wound Care Clinic you will then be given an Appointment.

Please do not cold call or attend either the Wound Care Clinic of the District Nurse Clinic without an appointment as you will not be seen. Thank you.

RUABON MEDICAL CENTRE

We have salaried GPs x 3. We have Partner GPs

We have invested in a phone system call back whereby patients who are in a queue and are number 2 or beyond can select a number (I think it is number 8) and they will hold their position in the queue and a member of staff will ring them back when free (save them holding on).

Mental Health Support Service Just to make patients aware of the service available 24/7 called 111+2 by contacting Telephone Number 111 and choosing option 2 you will be put through to a member of the Mental Health Team to offer support to patients experiencing mental health. Also there is an excellent Community Programme offering support to patients at George Edwards Hall, Cefn Mawr every Thursday from 9:30am - 3pm offering support to patients and the community with mental health and well being issues. They have an excellent team of therapists, counsellors, support and also a drink too. Everyone is welcome to just come along and have a chat with no referral needed.



If you live in the Wrexham region the Welsh Blood Service is looking for new and existing donors to support us in the coming weeks.

It only takes 45 minutes to give blood, for someone in need, that blood can last a lifetime. Book today -

<https://wbs.wales/CefnAndDeeValleyNews>

USEFUL NUMBERS

Gas Emergencies 0800 111 999
Dee Valley Water 01978 833200
Dee Valley (Leak Line) 0800 298 7112
MANWEB / Scottish Power 0845 2722424
Welsh Water 0800 0520130
Cefn Community Council 01978 821298
ACAS 0300 123 1100
Age UK: 0800 169 6565
Alzheimer's Society 0300 222 11 22
CALL Community Advice & Listening Line
0800 132 737 or text 'help' to 81066
Cambrian Credit & Loans 01978 266843
Caritas Surgery Cefn Mawr 01978 720450
Childline: 0800 1111
Citizens Advice Wrexham (CA) 0300 330 1178
CA Consumer Helpline 0808 223 1133
CA National Grid line 0300 330 1178
CA local office please leave your name and number for a call back 01978 364639
Community Fire Safety 01745 352693
Consumer Direct Wales 08454 04 05 06
Crane Medical Centre 01978 810844
Crime Stoppers 0800 555 111
Dementia Help Line Wales 0808 808 2235
District Nurses Plas Madoc 0300 084 9777
DAN 24/7 Drug & Alcohol Help Line 0808 808 2234 or text 'DAN' to 81066
Domestic Abuse Safety Unit (DASU)
01978 310203
Domestic Violence Hotline: 0808 2000 247
Floodline 0845 9881188
Home Fire Safety Checks 0800 169 1234
Live Fear Free 0808 8010 800
Macmillan 0808 808 00 00
Men's Advice Line 01823 334244
MIND 0300 123 3393 or text 86463
National Drugs Helpline 0800 776600
No Panic Don't suffer alone, pick up the phone.
0844 967 4848
RNIB 020 73881 266
Ruabon Medical Centre 01978 823 717
Samaritans: 116 123
SHOUT 24/7 free (on major networks) text service for anyone in crisis any time. Text **85258**
The Mix Young Peoples Helpline 0808 808 4994
Universal Credit 0800 328 5644
Wales Domestic Abuse Helpline 0808 8010800
Working Families 0300 012 0312
Wrexham Care & Repair 01978 268120
Wrexham Dog Warden 01978 298989
Dog Warden Out of Hours 01978 292055.
Acorn Kennels 01948 662931
Wrexham Communities for Work
07976 200414 or 07976 200413
Wrexham Maelor Hospital 01978 291100

USEFUL WCBC NUMBERS

OUT OF HOURS EMERGENCY NUMBERS

WCBC Out of Hours 01978 298989
Emergency Council Housing Repairs
01978 298993
Social Services 0345 053 3116
Emergency duty team
Highways 01978 292055
Telecare 01978 292055
Adult Social Care 01978 292066
Social care services for adults & older people
Children's Social Care 01978 292039
Social care services for children & families
Business 01978 298990
Business rates & licensing
Education 01978 298991
School admissions, term dates, free school meals, school transport
Finance 01978 298992
Council tax account queries, Council tax support, payments, benefits
Housing 01978 298993
Housing repairs
Planning & Building Control 01978 298994
Planning permission, advice & guidance
Pride in Your Streets 01978 298989
Waste collection, street cleanliness & lighting
Transport 01978 298996
Blue Badges, bus passes
Welfare Rights 01978 298255
Wrexham Family Information Services
01978 292094
More services 01978 298997
Including births, deaths & marriages, voting and job vacancies
Text relay To use the Text Relay service prefix any number with **18001** or call our switchboard on **01978 292000.**

CEFN AREA DEFIBRILLATOR

24/7 LOCATIONS

Llys Y Craig Sheltered Housing, Rock Road, Rhosymedre LL14 3YH *By the main entrance.*

Henry Williams & Son (Roads) Ltd, Unit 1, Park Road Industrial Estate, Rhosymedre LL14 3AX. *On the railing to the right of their yard gate.*

Ty Mawr Country Park, Cae Gwilym Lane, Cefn LL14 3PE.

Hinds Shop, Bro Gwilym, Cefn LL14 3PA

CRNCA Activity Centre, Bro Gwilym, Cefn LL14 3PA
On wall to left of front door.

The George Edwards Hall, Well St, Cefn LL14 3AE
On the wall to left by front door planter.

The Eagles, Llangollen Road, Acrefair LL14 3RP
On the wall facing King Street near pedestrian crossing.

Plas Madoc Housing Office, 50 Peris, Acrefair LL14 3LF

All equipment is accessible 24/7 and is regularly checked.

COMMUNITY SUPPORT

LLANGOLLEN FOOD SHARE HUB

Castle Street end of Market Street Car Park. If you have queries call **07538 894449** contact us on Facebook or email: llangollenfoodshare@gmail.com Open for food parcels **1-2pm Wed**, for donations **10-11am Tues**. Open for **Community Fridge** sharing free surplus food **Mon & Thurs 9-11am**. For **Crisis or Emergency support**: we can help out of hours: to talk in confidence, message us on Facebook or text **07538 894 449**. If you know of anyone struggling, please share details for them to contact us. We can deliver to those unable to collect. *We share supermarket surplus to stop food waste, check our Facebook page for updates. Food Share is for everyone. If you can support us by donating food or money, please get in touch for with us.*

WREXHAM FOODBANK PLAS MADOC

Provide emergency food parcels and toiletries to those in financial crisis. You need a referral from someone that helps you with other support such as your housing officer, social worker, health visitor, Community Agent, School or Citizen's Advice Wrexham. You can also call **Help Through Hardship** free on **0808 208 2138**. We have 8 centres for parcel collection, and someone can collect on your behalf, or you can request a home delivery. **Plas Madoc Leisure Centre** foodbank is open **Thurs 10.30-12 noon**. Donations welcome on Tues and Fri between 10am -3pm at **Unit 3 Edwards Enterprise Park, Rhosddu Industrial Estate, Wrexham LL11 4YZ**. To volunteer please email ifo@wrexham.foodbank.org.uk or call **07538 547971**. Find us on Facebook and Twitter, visit www.wrexham.foodbank.org.uk

THE COMMUNITY CAFE & FOODBANK RHOS

Supports families and individuals in the community with our foodbank, please get in touch to organise a food parcel. Generally here midday on Tuesday, Wednesday and Thursday but please call **01978 447477** or message our **Facebook** page before coming up to see us.

CITIZENS ADVICE WREXHAM Free independent impartial, confidential advice on **Thurs at Plas Madoc Leisure Centre 9.30am to 12 noon**. Need advice before then? Call **0300 330 1178** between 10am and 2pm or leave your name, number and brief description of your issue on the general advice line answer machine **01978 364639** and they will call you back.

COMMUNITY FOOD, FRIENDSHIP AND COMPANY

Free weekly sessions at **St Collen's Hall, Regent Street, Llangollen LL20 8HL**. **Friday** Community Lunch 12 noon to 1.30pm. **Saturday** Community Breakfast 9am to 11am. No need to book, just turn up, We look forward to seeing you.

COMMUNITIES FOR WORK DIGITAL SUPPORT

Do you need access to IT equipment to help with your job search applications, online courses and completing your online journal? Weekly Digital Drop-in sessions, with Communities for Work Plus team member to offer you support on **Mon from 9.30 to 11.30am** at the Opportunities Centre, Plas Madoc LL14 3US

VETERAN'S DROP-IN SESSION At the Memorial Hall Wrexham from 10am -12 noon the last **Saturday** of the month. Contact **Graham Jones**: at graham@woodyslodge.org

FRIENDS OF PARKIES The charity is based in St Martins next to Stan's Supermarket, offering support for those diagnosed with Parkinsons, carers and families, meet every **2nd Wed** of the month at Call **Elaine** on **07760 685447**. See our Facebook page **friends of parkies**.

NEW PATHWAYS provide specialist support to adults, children and young people who have been affected by rape, sexual violence or abuse. Phone **01685 379310**, email enquiries@newpathways.org.uk or visit our webpage www.newpathways.org.uk

NORTH WALES FIRE AND RESCUE SERVICE

contact us for a free **Safe and Well** check, call **0800 169 1234** or visit <http://ow.ly/4zS950GUfr>

VETERANS' GATEWAY Information and support for veterans and families call 24/7 for help **0808 8021212**, text **81212** or email support@veteransgateway.org.uk

WCBC BENEFITS ADVICE / WELFARE RIGHTS

Telephone advice for all Wrexham residents on Social Security entitlements including Universal Credit, Jobseekers Allowance and disability benefits. Call **01978 298255 9.30am - 12pm, Monday to Friday**.

WREXHAM FAMILY INFORMATION SERVICE

Here to help and support with a range of family issues or concerns. Call **01978 292094** or email: fis@wrexham.gov.uk to check our Facebook page for updates resources, events, activities and courses.

WREXHAM KIDNEY CAFÉ At *The Wellbeing Hub, 31 Chester Street, Wrexham LL13 8BG*

Popham Kidney Café meets **1st Wed** of the month from **10am - 12 noon**, supporting people, families and carers living with kidney disease. To book call **0333 2001285** or email: support@pophamkidneysupport.org.uk or visit www.pophamkidneysupport.org.uk

COMMUNITY CONNECTION & WEEKLY WELLNESS

If you or someone you know is in need of connection and support in day-to-day life - you're invited to join us for a warm welcome, friendly chat and free refreshments at Community Wellness Cefn Mawr. We offer a weekly timetable of group activities to support your journey to wellness including: Storytelling, Writing for wellbeing, Mindfulness, Meditation and breathing practices, what makes and breaks our sense of wellness, root cause coaching, creativity and more. We aim to help build resilience, confidence and a sense of purpose. Empowering communities with natural but effective tools to last a lifetime. Not only this, we can signpost you toward other courses and support with life skills and employment. Our team are a magical mix of friendly and skilled practitioners in their field, among our champions - those with lived experience of homelessness, addiction and varying challenge, whom have come through our programmes. Our champions are a living testament to what we can achieve when we work together. Come and talk to us and see how we can support you and your community. We meet on Thursday from 9.30 - 3pm, at the George Edwards Hall, Cefn LL14 3AE All welcome. Call **07470 222046** or email: hello@community-wellness.co.uk

PLAS MADOC UPDATES

What's on in Plas Madoc & The Land

MONDAYS

Coffee Morning at Plas Telford from 10 to 11.30am.

Parent Forum at kettle club hub 1pm-3pm a group based around giving parents a voice, parent support and advice. The focus of the group is that parents can choose to have external speakers, informal chats, discuss child's health worries or any challenges/problems we face as being a parent/carer.

'It's OK to talk' 6.30pm to 8pm at Kettle Club Hub meet new friends, enjoy a bite to eat or just chill free to attend.

Street Football (under 13's) 4.30 – 5.30pm
Rounders 5.30 – 6.30pm Street Football (aged 13+) 6.30 – 7.30pm. All street sports are on the big field)

TUESDAYS

Playschemes at the Land for children aged 5-15 – please contact @Land Plasmadoc for more information or call 01978 813912.

WEDNESDAYS

Breakfast & Brews from 9am to 11am in the Kettle club hub come join us for a hot drink and breakfast, free to attend.

Total Knitness free knitting and crochet group every Wednesday from 1pm-3pm at the Kettle Club hub.

Youth Club @ The Land 5.30 – 7.30pm for young people aged 10+

Playschemes at the Land for children aged 5-15 please contact @Land Plasmadoc for more information or call 01978 813912.

THURSDAYS @ Kettle Club

The Pantry will be open between 9am-6pm and will offer 10 items of non-perishable food for £3.

A Community Drop-in from 9am-12pm – where we can help with foodbank referrals and other support or just join us for a brew, hot food, and good company! Free to attend.

For Plas Madoc residents trips to Aldi/Tesco are run between 10-12pm - £1 return which includes drop off at your home. If you need more Info, please call **01978 813912**.

Form Filling at Kettle Club Hub 1pm-3pm, Do you find form filling challenging, over whelming or could do with support, pop along.

Pg Sips at Kettle Club Hub 3 - 5pm at the kettle club hub a parent, guardian group to discuss all things parenting.

Playschemes at the Land for children aged 5-15 please contact @Land Plasmadoc for more information or call 01978 813912

FRIDAYS

'Thank Me It's Friday' 10am-12pm at Plas Telford a group for adults that focusses on supporting wellbeing in a relaxing, calming environment.

Playschemes at the Land for children aged 5 to 15 –



please contact @Land Plasmadoc for more information or call 01978 813912.

The Land a provision for children & young people facilitated by The Land team will run Monday – Friday. We will be running services for children aged 0-16 and their families on the Land, Adventure Playground and within the community.

All play provision is free to attend – for more details please contact Claire.pugh @avow.org or find us on Facebook @Land Plasmadoc

Bingo every 1st Friday of the month 6pm eyes down 6.30pm at Plas Telford. £3 per book, inbox WAPM for more details and to book your tickets. Children welcome accompanied by an adult £1 for Children's bingo.

Plas Telford Treasures a tabletop sale every 1st Saturday of the month, 12pm-3pm an opportunity to sell your unwanted items. Tables £5 to sell items.

We Are Plas Madoc have a website so if you'd like to learn more about the group head over to

www.weareplasmadoc.co.ukhttp://

LITTLE SUNFLOWERS

Open to Flying start Families and Rising 4's. Please contact **Sharon** on **01978 813914** for information on all services available, or message Little Sunflowers Avow Facebook page thank you.

Little Sunflowers Community Book Swap

If you have any donations of books for our book swap please get in touch. We are asking for donations of adult and children's books. Please contact Sharon on 07922 288252 or email sharon.evans@avow.org if you can help.

We have some exciting news to share....

WAPM have secured the lease on 51 Peris (the old GP Surgery)! The aim is to develop a community centre/hub - a space for residents of all ages to gather, feel safe, provide mutual support, access

specialist support and take part in a wide variety of activities. The building will become a welcoming space for the community, run by the community! Although it's early days and we've got some work to do both inside/outside the space it's hoped that we'll be up and running within the next month or two and will be hosting a launch event in which everyone will be invited.



PLAS MADOC POST OFFICE & TOP SHOP
Shop open Mondays to Saturdays 7am to 10pm. Sundays 8am to 9pm. **Post Office** open Monday to Friday 9am to 5.30pm and Saturday 9am to 12.30pm
Tel: 01978 820729

CEFN AND DISTRICT INVITATIONAL MONDAY DARTS LEAGUE

Unfortunately we have lost 2023/24 league winners the Rhos Snooker Club and the Sun Rhos who have decided to concentrate on other darting projects. The 2 Pubby McPubface teams have merged to create one team, but we do welcome the return of the Jolly Masons to the league and early indications suggest they will be a strong addition to the league. We are already 4 games into the new season and the Black Lion Rhos and Cons Club occupy the top spot.

There were a number of changes to the league this year during the AGM but the standout change is the introduction of an **Under 23 Singles Knockout** at the end of the season, open to all signed on players under the age of 23. This is to attract younger players to the game and to the league. It should be an exciting tournament, and we are looking forward to it. Next big date for the league is the annual *Turkey Shoot* in the *Cefn Social Club* on the 16th December. Always a good night for players and fans of darts with some raffle prizes available. Anyone looking to join a team in the league should contact a team in the league, **Rob Pugh** or visit the **Cefn & District Invitational Monday Dart League** Facebook page.

THE NEWBRIDGE ANGLING ASSOCIATION

Has game and coarse fishing on the River Dee. Game fishing is for Salmon. Sewin (sea trout) and Brown Trout. Coarse for Greyling, Roach, Pike, Perch, Chub and Dace.

The fishing methods allowed depend upon the species and the season. Contact **Alan Garston**. 77 Llay New Road, Llay LL15 0PS
Tel 07933 033666

WREXHAM FUTSAL FEMALE SECTION



Player Recruitment
Wrexham Futsal Female Section are looking for committed new players to join and strengthen our current squads – U14s / U16s, U14 school years 8 & 9. U16s school years 10 & 1.1 We have weekly training on a Tuesday from 5.15pm to 6.45pm at Plas Madoc Leisure Centre, Llangollen Road, Acrefair LL14 3HL. If you are interested in trialing or would like more information please call: Coach Paul on **07999 402991** or Coach: Sian **07519 828323**

2024/25								
Cefn & District Invitational Monday Darts League								
	Team	GP	W	L	D	PD	Points	Legs
1	Black Lion (Rhos)	4	4	0	0	0	8	24
2	Cons Club (Ruabon)	4	4	0	0	0	8	21
3	Royston Club (Acrefair)	4	3	1	0	0	6	20
4	Cefn Social Club (Cefn Mawr)	4	3	1	0	0	6	19
5	Delph B (Acrefair)	4	2	1	1	0	5	18
6	Pubby McPubface (Newbridge)	4	2	1	1	0	5	17
7	Jolly Masons (Rhosymedre)	4	2	2	0	0	4	13
8	Chirk AAA (Chirk)	4	1	2	1	0	3	18
9	Vaults (Ruabon)	3	1	1	1	0	3	14
10	Queens (Cefn Mawr)	4	1	3	0	0	2	12
11	Johnstown Legion (Johnstown)	4	1	3	0	0	2	11
12	Delph A (Acrefair)	4	0	3	1	0	1	12
13	Aqueduct (Froncysyllte)	4	0	3	1	0	1	9
14	Eagles (Acrefair)	3	0	3	0	0	0	8

MOTORCYCLE SOS



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Or call: 07516 673489



PLAS MADOC LEISURE CENTRE

Acrefair LL14 3HL Tel: 01978 821600

Halloween Party – Thursday 31st

October - £3.00p/head 1.30pm – 2.30pm

– Halloween Disco – Fancy Dress optional
– Bouncy Castle, Spooky Arts and Crafts,
Games and prizes to be won!

Tea with Santa – Friday 6th December – £5.00 p/head

Session 1 – 4.30-5.30pm. Session 2 - 5.30-6.30pm

Ring to book – 01978 821600

Pool Timetable: Our Term Time Timetable and Christmas Closure is available on our website and Facebook page <https://www.facebook.com/PlasMadocLC>

Family Fun Swim: Every 2nd Friday of the month. Free for Welsh residents – Next Dates are: **08/11/2024; 13/12/2024; 10/01/2025** (proof of address may be requested)

Free swimming:

Under 16's - Saturdays 3pm – 4pm

Over 60's – Tuesday 10am – 11am and Thursday 9am – 10am (Term Time only – proof of address may be requested)

Gym: Open Monday to Friday 9.00am – 9.00pm and Saturday and Sunday 9.00am – 4pm.

Induction required before first use

Our friendly Gym team offer programmes/personal training and helpful support and advice. Pay as you go or membership options are available.

Fitness Classes: We have something for everyone from Zumba to Kettlebells, see our full class timetable here; <https://www.plas-madoc.com/fitness-classes>

Sports Hall & Dry activities:

Our Sports Hall is available for block bookings for Football/Roller Hockey etc. We also offer Badminton, Netball, Table Tennis and Squash.

Café and Soft Play: NEW Opening Times:

Term Time

Tues and Thurs – 10.30am – 3pm and 3.30pm – 6pm

Wednesday - 4pm – 6.30pm

Sat - 11am – 3.30pm

Sun – 10.30am – 3.30pm

PMLC 50+ Luncheon Club:

Every Monday (Term Time Only) 12.15pm

Two course meal with Tea & Coffee **only £3.50**

Booking is essential call in or Tel: 01978 821600.

Tuesday Breakfast Club:

Every Tuesday (Term Time Only) 9.30am – 11.30am

Adults Only **£2.00** for 3 Breakfast items plus Tea or Coffee.

Children Only **£1.50** for 2 Breakfast items with a glass of squash. **FREE SOFT PLAY INCLUDED!**

Birthday Parties and Private Hire: Bookings are now available for Soft Play/Swimming Pool/Bouncy Castle/Football Parties /Roller skating (1 activity per party). Hot Food can be provided from our café. Private hire of our Pool and Sports Hall is also available. Pirate Ship inflatable or floats and rafts available for Private Hire Parties | plas-madoc

Climbing Wall: We are now offering courses following NICAS guidelines. Contact the centre to register your interest.

Swim Teachers/ Lifeguards Wanted! We are hiring, competitive rates of pay. Level 1 and 2 Swim teachers and qualified lifeguard positions available

PLAS MADOC
Leisure Centre

Conference and Meeting rooms: We have a number of different size areas available to hire for meetings and conferences. Catering available.

Community Support Hub:

Residents can access advice and practical support from Citizens Advice, Wrexham Foodbank, Kim Inspire, Caniad, WCBC Tenancy Support, Cambrian Savings and Loans, Communities for Work, Advance Brighter Futures and The Wallich to name just a few!

Let us know what you want from your Community Hub! Volunteers always welcome.

KIM4HER Women's Wellbeing & Mental Health Group Every Tuesday 10am – 11.30am in term time.

ASNEW – Drop-In Thursdays 1pm – 3.30pm

Advocacy Services North East Wales specialises in providing a range of advocacy services to individuals facing various challenges, primarily but not limited to healthcare & social services. Our dedicated team of experienced advocates is committed to standing alongside you and helping you articulate your needs and preferences. Free, Independent and open to anyone over the age of 18

Social/Craft Group COME & TRY!

Every Wednesday 9.30am – 11.30am.

Do you enjoy Arts & Crafts? Want to meet new people or learn a new skill? Come along and meet our friendly volunteers and have a go at our easy-to-follow Arts & Craft sessions. FREE Tea & Coffee with everything you need provided!

Citizens Advice Every Thursday 9.30am – 12 Noon

Wrexham Foodbank

Every Thursday 10.30am – 12 Noon

WCBC ESTATE OFFICE UPDATE

The Plas Madoc Office is open for all queries and advice, our Kiosk is open for payment of rent and council tax by card only as we no longer accept cash.

Reception open to the public

9am–4.30pm Monday–Thursday, 9am–4pm Friday.

It is important that tenants have Home Contents Insurance, please call **01978 292061** for advice on this as we no longer provide this service or email us on PlasMadoc.EstateOffice@wrexham.gov.uk

Are you missing out on any benefits? Here are two quick and confidential ways to check your eligibility on-line: www.entitledto.co.uk

www.benefits-calculator.turn2us.gov.uk

If you have **URGENT** Out of Hours housing repairs contact housing on **01978 298993**.



Dog Treats

We have a variety of all natural dog treats, scan the QR code to visit our website



Our Service

Dog Walking
Pet Pop Ins
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Scan to visit our Facebook page!

Please contact me for more information

Phone: 07719 473629

E: karinasdogwalking@outlook.com

1251 BERWYN SQN - RUABON AIR CADETS

The Green, Ruabon, LL14 6DP

Do you want to get involved in the fastest growing Youth Organisation in the UK and get the opportunity to try your hand at the multitude of activities on offer, such as flying, shooting and adventure sports? For information call **01978 821191** Mon & Thurs Evenings. or email OC.1251@rafac.mod.gov.uk

LOCAL CHOIRS

THE FRON MALE VOICE CHOIR

We meet at *Ysgol Acrefair Primary* on Mondays and Thursdays, 7pm until 9pm during term time and post on our Facebook page other rehearsal venues. We have vacancies in all four sections so please email fron.choir@gmail.com for further details. Choral experience and singing experience, although helpful, is not necessary. You do not need to read music; you simply need to be open to embracing a fantastic new hobby and having a lot of fun on the way! Follow us on Facebook.

RHOS MALE VOICE CHOIR

We are a friendly and welcoming choir so why not come to one of our practices either on a Monday or a Thursday and see what you think. No experience necessary, we will give you advice and guidance. We are Cor Meibion Rhosllanerchrugog /Rhos Male Voice Choir. Ring me, **Mike** on **07944 386550** for a chat. Practices - *The Stiwt, Rhos* at 7.15pm Mondays and in *Capel Bethlehem, Hall St, Rhos, LL14 2LF* at 7.15pm Thursdays.

RAISE THE ROOF COMMUNITY CHOIR

Raise the Roof Community Choir meets most Thursdays at 7pm in St John's Church, Rhosymedre for a singing practice. Anyone interested in singing with us is very welcome just to turn up and join us then. We have a wide-ranging programme of popular songs which we take with us to community homes and groups around the area, as well as a few further afield. Most of our singing engagements begin at 2pm and in the coming weeks we have quite a busy programme. If you would like to get in touch with us to join the Choir or book a possible engagement, please ring our Choir Director, **Nova Evans**, on **07857 078491**.

THE JAMES LAMBERT SINGERS

We have just celebrated our 50th anniversary and are currently rehearsing for another concert in November. We will soon be preparing for the festive season and if you would like us to sing for you, or would like more information about the choir, please phone **07774 850677**

Our weekly practices are on Thursdays from 7.30 to 9.30pm at the *Brymbo Sports Club*. If you would like to know more, you'd be welcome to come and meet us and hear us practise.

We welcome your News, Photos and Information on Events for inclusion in the next edition of the newsletter.

Please email: tyger@tygertactics.com

To advertise please call **Tyger** on **07831 542872**, message the **Cefn & Dee Valley News** Facebook page, or email: tyger@tygertactics.com Thank you.

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Acrefair LL14 3RU



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Friday 9am to 6.30pm

Saturday 8am to 2pm

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Workshop Tel/Fax 01978 822665

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Email chapelbedrooms@btinternet.com

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RUABON LIBRARY

High Street, Ruabon, LL14 6NH Tel: **01978 822002**.

Email: ruabon.library@wrexham.gov.uk

Mondays Amser Stori Story Time 2pm- 2.30 (during term time for babies & toddlers up to 4 years old).

STARTING FROM 11th NOVEMBER *Croeso i Siarad Cymraeg/Welcome to Speak Welsh*: 1.45pm – 2.45pm. Giving Welsh learners and speakers the opportunity to socialise, use and practice their Welsh language skills in a fun and informal way. *Family Lego Club*: 3.30pm - 4.15pm. Suitable for ages 4+. Come and get creative every Monday (except bank holidays).

2nd Wednesday of the month: Adult Creative Crafts: 2.15pm. An informal and varied craft session. Bring your own project or share and do something new or different with others.

3rd Wednesday of the month: Time to Remember: 2 - 3pm. Sharing memories and reminiscence. Individuals, families and carers welcome.

Last Wednesday of the month: Ruabon Readers Reading Group: 2 - 3pm. Friendly, informal book group. Books provided and new members very welcome.

Thursdays: Quiet Time: 9.15am -10.15am. Autism/ Dementia friendly. We have designated quiet spaces available at all times for anyone who may need it, and we are a designated Safe Place.

1st Thursday of the month: Ruabon Community Agent drop-in session 11am -12 noon.

Fridays: Knit & Natter: 2pm - 4pm. Whether you knit, crochet, sew or just natter, all welcome.

Half term Activities

Wed 30th Oct 2pm - 3pm **Autumn Crafts**.

Fri 1st Nov 2pm – 4pm **Family Lego**

Spooky Craft Pack to make & take (just ask staff)

Author Event – David Ebsworth ‘Murder & Mayhem’

Wed 27th Nov 2.15pm An hour-long performance in which the author reveals some of the “stranger than fiction” true stories which helped him find original ways to kill off some of his characters and create the background to his various historical thrillers and crime novels. Not for those of a nervous disposition! Free event but booking required. *Contact the library to reserve your space for this fascinating talk.*

Free Wi-Fi available, as well as free computer and iPad access. Printing facilities, including Wi-Fi printing, and photocopying is available with a small charge. We have lots of space to study if you wish to bring your own device. We have monthly, varied exhibitions in our exhibition space, ranging from local art exhibitions from local art groups and artists, to historic artefacts and crafts. Penrycae Art group will be returning to exhibit their talented artwork during November and December. The space is free to use. We have availability in 2025 so all potential new exhibitors are always welcome, just contact the library for availability and details.

Pick up your blue recycling bags and green caddy sacks from us, and there is a free Contact Wrexham (access) telephone available during library opening hours. You can browse our great collection of books, perhaps find a new hobby or interest in our non-fiction section, or catch up with your favorite author or read, from historical fiction, crime thrillers, cozy crime and much, much more. We have a large and varied stock of fiction and non-fiction books, audiobooks and large print, Welsh language books for adults and children, Young Adult, local interest and reference. A welcoming

children’s library where you are always welcome to come and share a story or two. If you want to enjoy a quiet, mindful activity, why not come and sit awhile helping to complete our ‘community jigsaw’. Did you know that doing a jigsaw is good for you? It can sharpen your brain, can help improve short-term memory, as well as improving mood and concentration. **Open: Monday, Wednesday & Friday 12.00 – 5.00; Thursday 9.00 – 1.15; Tuesday CLOSED**

FRIENDS OF RUABON UPDATE

The next monthly meetings are Wed November 6th at 7pm in *St Marys Church Hall Ruabon*. and Sat November 30th at 10am in *The Bridge End Inn Ruabon*. **Santa Sleigh Ruabon** Sat December 7th 5pm, **Frost Fayre** Sun December 8th 1pm – 4pm at the Wynnstay Arms Ruabon. Stalls, North Wales Blood Bikes, Santa and sleigh and collection point for Wrexham Food Bank. **Santa Sleigh Christmas Tour** of surrounding villages please check our Facebook page for updates. For volunteering, meetings and events please contact **Sarah** on **07957 628551**, follow us on Facebook or email: info@friendsofruabon.co.uk

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RUABON COMMUNITY AGENT

Supporting over 50s, helping improve health & wellbeing and signpost to appropriate services, Providing easy access to information enabling you to make informed choices about present and future needs helping you feel more independent, secure and cared for and have a better quality of life. If you live in the Ruabon why not pop and see me at Ruabon library on the 1st Thursday of the month, 11am-12pm, for an informal chat. I can help with claims & applications for services, benefits & debit support No appointment needed. I work Tues 9-2, Wed 9-3 and Thurs 9-2. Call **07947 530140**, or e; ruaboncommunityagent@avow.org



RUABON AGE CONCERN CHARITY SHOP

Central Buildings, John Street, Ruabon. Open **Tuesday to Friday 10am to 3pm**. Bric-a-brac donations welcome.



YSGOL RHIWABON NEWS

An amazing effort from all our students who competed in the school cross country! A huge well done to everyone, and a special congratulations to the top 10 in each age group, who will compete in the Wrexham Schools Cross Country in November.

Partners for Learning

This October saw the beginning of a new initiative at Ysgol Rhiwabon, 'Partners for Learning', which aims to overcome barriers which are detrimental to the well-being and academic success of our young people by supporting families to be better equipped in supporting our students at home. The first session for parents was focused on how to access and use Maths Watch, our online platform for Maths homework, exam preparation and extended Maths work at home, delivered by Mrs Beveridge, Curriculum Leader for Maths. Mr Paddy Bingham, Assistant Headteacher said, *"All in attendance described it as excellent and left feeling more confident in supporting their child to use the platform. One parent commented, 'Informative, very useful session I will be back for more'."*

The next session was on Steps to Improving your Child's Reading with the Accelerated Reader.



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PLEASE LIKE AND FOLLOW OUR FACEBOOK PAGE: CEFN & DEE VALLEY NEWS.

We post an electronic version of each edition of the newsletter there which you can download, share with friends or send to family who live away. We update this page with current news and information from our Advertisers and their services, together with local events and activities. We also post an album of photos that includes the ones we could not fit in to this edition of the newsletter for you to enjoy.





Holly Bush Inn, Cefn Mawr

Live Music – November 2024

Your venue for live entertainment with a wide selection of well-priced beers.



Saturday, 2nd, 8pm

Carl Joseph's soulful renditions of classic American tunes bring a unique blend of folk, rock and blues to the Holly.

Saturday, 9th, 8pm

Spi Rock is known for their high-octane performances and a mix of rock and indie music.



Saturday, 16th, 8pm

The outrageous drag artist **Shagger** is back with their eccentric makeup and flamboyant performance.



Saturday, 23rd, 8pm

Rebecca-Royal dazzles audiences with her powerful renditions of Motown, Disco and pop hits.



Saturday, 30th, 8pm

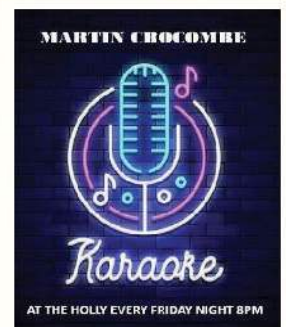
The Tramps are a powerhouse soul band known for their energetic performances and a dynamic mix of soul, Motown, rock and funk that gets everyone dancing.



Every Wednesday **Jazz & Blues**, or **Acoustic Guitar & Open Mic** please see the Holly Bush Inn Facebook page for dates.

Every Friday **Mr C Karaoke**, 8pm to 1am raises the roof, come along, sing your song, and enjoy the free shots!

Every Sunday evening from 8pm till midnight, the **Steve Daniels Disco**, well worth coming along to see and hear this gifted DJ, a winner of the coveted Carlsberg DJ Awards.



Function Rooms available for parties, anniversaries, weddings and wakes, all at reasonable rates with a wide range of food provision available, as well as lots and lots of **good beer!**

The **Holly Bush Inn**, Cefn Mawr, at the centre of the **Pontcysyllte World Heritage Site**.



www.change.org/Duty-Free-Keg-Beer

www.pkcggroup.wales

Holly Bush Inn, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham LL14 3AE, Tel 01978 449 814





TREVOR VISITOR CENTRE NEWS

We've had an amazing summer, it's been wonderful welcoming so many overseas visitors back to the aqueduct. We would like to thank our wonderful volunteers for their hard work and support over this busy season.

As we head into Autumn and the winter months ahead our opening times will be changing, we will continue to be open daily 10am – 4pm until the end of October then we change to long weekends Fri-Sun from 10am – 3pm from November 1st to December 15th. The visitor centre will then be closed until March 2025. But you can still contact us via email

Trevor.Visitorcentre@canalrivertrust.org.uk

Please note the Pontcysyllte Aqueduct will be fully closed for its annual maintenance from the January 6th 2025 until the March 14th 2025.

TY MAWR COUNTRY PARK NEWS

The Park is open all year round so do come and enjoy the countryside. Check our Facebook page **Ty Mawr Country park friends group** where we post pop up events and activities over the winter months.

Looking for an unusual Christmas Gift? Did you know you can sponsor your favourite animal? The sponsorship scheme has been running since 2006 and has proved to be hugely popular. Money from sponsorship helps towards the upkeep of the animals, including housing, feed, and veterinary bills. For just £10 per year for small animals and £15 for larger animals, you'll receive a personalised certificate, and a chance to meet your chosen animal on a chosen day! Don't miss out on this incredible opportunity to make a difference and connect with the amazing animals at Ty Mawr. To sponsor an animal go to WCBCs website <https://www.wrexham.gov.uk/.../ty-mawr-country-park> and follow the details given and become a proud sponsor today!

Christmas Event on Sunday 8th December 12 till 4pm, Craft workshop, fun and games, Trail, Santa letters, stalls and come and see Santa!



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ERDDIG NORDIC WALKERS

We were established in 2015 and reconstituted in 2016 to its present form. Our purpose is to provide opportunities to engage in Nordic Walking and accrue the benefits from that exercise form including health and wellbeing, mindfulness and battling loneliness. Make and develop new friendships and relationships with like minded people whilst having fun in a safe secure, non-threatening environment. Join us on our weekly sessions for a fun way to get fit with a friendly group of people whilst enjoying the great outdoors. We walk in a variety of locations featuring some of the most beautiful scenery and surroundings in the Wrexham area. Members regularly tell us how energised they feel after a Nordic walking session. Exercise boosts your fitness and mood, which contributes to overall health and well-being. If you're not a fan of the gym or don't have time for classes, then Nordic walking is the answer. All walks are followed by a social, offering a great chance to meet with like minded people and make new friends.

We look forward to many enjoyable walks with you. The first Saturday in every month is our training day in Erddig Hall and the training is given by our British Nordic Walking trained instructors.

Following your training you can then join one of the weekly walk groups to practice what you have learned with the support of the walk leaders who accompany all walks. All this for just £1 a walk, no membership charge and free training, why not come along and give it a go. Whatever your age, come and discover the benefits of Nordic walking and improve your quality of life whilst enjoying the great outdoors. Please contact us to book on our next training day through our Erddig Nordic Walkers website. www.erddignordicwalkers.co.uk

BONFIRE/FIREWORKS Night

- Giant bonfire
- Firework display
- Fair rides (only £2 a ride)
- Fairground stalls
- Food/drinks

Friday, 8th Nov

4-8pm

 **Opportunities Centre
car park LL14 3US**









THE DEE VALLEY FEDERATION OF SCHOOLS Made up of Froncysyllte, Garth and Pentre Church in Wales (CIW). All three schools host weekly sessions for babies and toddlers. Please contact the schools directly to find out more about the sessions or to arrange a tour. **National Professional Enquiry Project (NPEP)**. Following the success of last year's projects, staff from across the Federation are delighted to be part of this project again this year. It is an honour for all three schools to be involved once again. Project leads will be collecting data, conducting research on focus areas and implementing specific improvement plans. This work will be completed in collaboration with Glyndwr University and we are sure that our exciting projects will lead to our pupils making progress in specific areas of their learning.

Froncysyllte CP

The whole school enjoyed a magical trip to St Fagans Museum in Cardiff to see the Dee Valley Quilt and the original Wrexham Tailor's Quilt too.

Call **01691 773310** or email

Froncysylltemailbox@froncysylltepri.wrexham.sch.uk
Garth CP

The whole school enjoyed a sponsored walk and raised money for our school. Class 2 & 3 walked to Llangollen and back and met class 1 in Garth Woods. It was a fantastic day and everyone had a wonderful time despite a little rain. Call **01978 820582** or email

mailbox@garth-pri.wrexham.sch.uk



Pentre CIW

Harvest festival day was completed at the Church where we looked at Christian Values, discovered the story of Ruth and Rev Matt and Val led a Harvest service.

Pentre also achieved the Bronze Award for My Happy Mind. This is an award which we are really proud of. Call **01691 773322** or email

mailbox@pentre-pri.wrexham.sch.uk

GLYN CEIRIOG & CEIRIOG UCHAF COMMUNITY

AGENT Christina Brewin works with all over 50s, in the areas of **Llansantfraid, Glyn Ceiriog, Nantyr, Pandy, Tregeiriog & Llanarmon DC**.

Offering free advice and information and connecting you with key local services. Phone or text: **07908 373003**

email: glynceiriogcommunityagent@gmail.com

She works Wed and Thur 10am - 6pm. Sat morning

9am - 1pm. Available for phone calls Monday and

Tuesday evenings between 6pm - 8pm. Here to help!

RHOS COMMUNITY AGENT



Working for Rho Community Council I work with residents, over the age of 50, in **Rhos, Johnstown and Ponciau** signposting to groups, clubs and activities, helping completing forms and signposting to services supporting local people. My Facebook page gives up to date information on current events, activities and advice, is '**Rhos, Johnstown, Ponciau community agent**'. There is a reminiscence group at Rhos library the third Friday of each month 11am-12pm for those living with dementia and their carers. As an Alzheimer's Society Dementia Friends Ambassador I am able to deliver Dementia friends sessions. These are free interactive sessions where you learn more about dementia, how it affects a person and what you can do to help people affected by dementia in your community.

As well as being able to issue Food bank vouchers for those in need I now have a number of free mobile SIM cards from Good Things Foundation. This is to help people who need it most, the SIM cards being donated by Virgin Media, O2, Vodafone and Three. There is an eligibility criteria.

Please contact me for information on local support available via phone on **07851798630** or email:

rhoscommunityagent@gmail.com

Thank you. **Michelle Wynne**



COMMUNITY SOCIAL PRESCRIBING

Hi, I'm Sarah. One of two **Rainbow Foundation Community Social Prescribing Practitioners**. I deliver community outreach services, providing consistent support beyond

Enhanced Social Prescribing to enable you to remain independent, build resilience and make informed choices. This service is free to all Wrexham residents who are aged 18 and above. Supporting you with a range of issues that may be impacting on your health and wellbeing, we can help you to complete forms and applications, access the right support, help you navigate through services, or advocate on your behalf so that you get the help you need.

The Rainbow Foundation been tackling loneliness and isolation whilst promoting good health and wellbeing since 1994. Delivering a range of interventions including Day Opportunities, Home Care & Support, Rainbow Meals, Social Prescribing, Community Outreach, Social Groups, Transport and Volunteering. Our mission is to help older people to regain their sense of worth, and to provide access to support, services and facilities that can empower people of all ages to retain as much independence as possible. You can find out more about The Rainbow Foundation on our website at

www.therainbowfoundation.org.uk or contact us on **01948 830730**.



GLYNTRAIAN COMMUNITY AGENT

Davina Davies supports all over 50s with free advice and Information to improve your quality of life, health and wellbeing in **Dolywern, Pontfadog, Llechrydau,**

Llwynmawr parts of **Castle Mill** and **Brongarth**. We have **Brunch Club** every Tuesday, Brunch served 10 till 12 noon, and everyone is encouraged to stop and chat afterwards at the Oliver Jones Memorial Hall, **Computer Club** every other Wednesday and **Coffee & Cake** every other Thursday. My working hours are every afternoon from 12.30pm and all day Tuesday. You can contact Davina on **07496 597894** or email: communityagentGT@glyntraian.org.uk

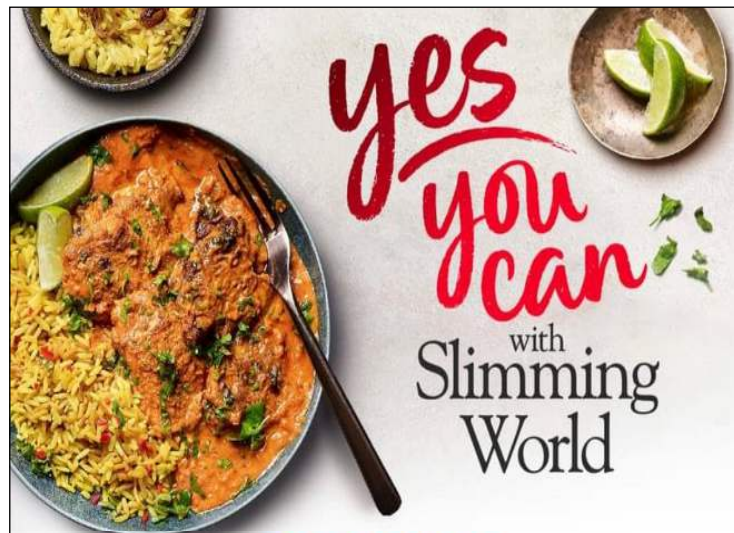
CHIRK GARDENERS' CLUB

We're a friendly, informal group with about 60 members. Meeting in the Parish Hall, Chirk on the last Monday of the month at 7.15pm with a talk or demonstration followed by refreshments. This is a good time to swap gardening knowledge and tips with other gardeners. Annual membership is £12 or £3 per visit. If you would like more information please contact the Chair, **Dawn** on **07538 418421** or **dawngough60@gmail.com** New members and visitors always welcome. Our last meeting for this year is on **25th Nov** with **Advolly Richmond - A Short History of Flowers**. Advolly Richmond from Gardeners' World will take us through her new book on flowers. Have you ever wondered where your favourite garden flowers came from? Where their names derived? Or why some cultivars go in and out of favour? Every flower in your herbaceous border has a story and in this book Advolly takes you on a tour of the most **intriguing, surprising and enriching** ones. Books will be for sale at £16.99 pay cash or card and can be signed. We will also have our Christmas Raffle. We then take our winter break, back on Monday 24th Feb with Richard Lewis on **Waking Up Your Garden in Spring**, Richard will take us through the jobs to do in spring, his talks tend to be audience interactive and can turn into an informative question and answer session not to be missed!



FRIENDS OF ST JOHN'S GRAVEYARD

What a difference in 4 months, it's the first time in years the graveyard has had a full cut. This has been achieved because a dedicated group of volunteers are spending as much of their free time as they can to achieve this in all weathers working together making an amazing difference. There is still a lot of work to do with anthesis to flattening out, graves to be uncovered, areas to be levelled, brambles, twigs and branches to be removed and paths to be cleared ready for next spring. We would like to say a huge thank you to the wonderful owners of **A E Sewing Machines** for their very generous donation, we are extremely grateful! Also to Andy and Aron from **ARA Garden Services** who came and strimmed after doing a full days work, again a big, big thank you. We have had £822.20 in donations for the graveyard a mix of fundraising and individual donations –thank everyone who has donated its goes along way and the volunteers are very grateful. We would like to assure you that every penny donated is going back into the graveyard and has bought fuel, strimmer wire, some badly needed tools and equipment for the volunteers and big thanks to those who are bringing their own equipment. We post on our Facebook page to let you know when we are going to be there and hope you will join us as family graves are now easier to find.



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A project by the Canal and River Trust.



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Y BONT SY'N CYSYLLTU



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Flyniant Gyffredin drwy Gyngor Bwrdeistref
Sirol Wrecsam.





YSGOL ACREFAIR NEWS

It's been a brilliantly busy first half term at Acrefair! We've been settling into our new classes beautifully. Our whole school theme for the first few weeks of the term was 'No Outsiders in our school' where we've celebrated the diversity in our school community and learned about the importance of making everyone feel welcome. Following on from this we've all embarked on our own class inquiries which include Year 1's- Does everyone have food? And Year 6's inquiry into good health and wellbeing which started off with the question 'What is blood made from?' and included lots of interesting investigations. Our Year 3 class have started an inquiry into the different ways that we can attract visitors to the aqueduct. They are working with the Arts Council of Wales on the project which began with the children enjoying a walk down to the canal and aqueduct where they had lots of fun and generated lots of questions which will lead their learning. We are looking forward to our Autumn disco which will take place before we break up for half term and also lots of fun once we return to school in November.



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Gogledd Cymru diogelach
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PCSO Contacts

Lara.Shiers@nthwales.pnn.police.uk 07814 075602
Kelvin.Evans@northwales.pnn.police.uk 07974 240306
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A E Roberts

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01978 821863



Dear All, we hope you have noticed how clean our village centre is (Mike Burke) and how well the Ebenezer is looking (team effort). We are continuing our efforts to establish the Ebenezer as the Pontcysyllte World Heritage Site Visitor Centre. This will give our community a major tourist attraction at the very centre of our village and help with our local economy. We have and are running a series of Exhibitions, Malcom Glover's Photography (2022), Simon O'Rorke's Wood Sculptures, OPL, Our Picturesque Landscape Exhibition, Celtic Connections, Welsh Lives in Art and many more up coming such as Chris Goodwin's Wild Wood – Pagan Earth solo exhibition. All these fine exhibitions at the centre of our community are free to enter. Furthermore, we have been and are looking to promote local performing arts and artists. To date Rebecca Royal as Celine Je Suis, Twisted Spirit, Dr T Bone Blues Band, Dai Alex's Jazz & Blues Band and Drop Leg Steppers Reggae Band have all played at the Ebenezer. We will be holding the Purple Zone again next year on Cefn Square and hope that you can all come along for an excellent performance by Steve Daniels. Our Criminals and Buskers Day went well, and we raised **£420.00** for **Brogan's Sands Charity** helping bereaved families. Thank you to all that joined in.

We have been working on our social media to raise the profile of both the Ebenezer and our Community. The rule is simple and the same as for the Holly Bush Inn. Our pub The Holly Bush Inn and the Ebenezer will only do as well as the community around it, therefore it is in our interests to help our community. We will and are doing all we can along these lines which will benefit our whole community including all our sister pubs and venues. The Cefn including all villages and both community councils represents the largest community in the Pontcysyllte World Heritage Site outnumbering the combined populations of Chirk and Llangollen. This is a fact believe me and given such we should be a major player in the World Heritage Site. Therefore, we need to start taking an active and leading role in such and setting up the Ebenezer as the Pontcysyllte World Heritage Site Visitor Centre is a most appropriate task for our community. We hope you all agree, as this is something for our people, by us, the people who live here.

To this end we will now be running exhibitions and performances over the winter, something we have not been able to do until now. The program of events will be shown on our social media sites and on our new display screens at the front of the Ebenezer which we hope you approve of. We will be starting our *Coffee & Wine Bar* soon and hope to see you there. Watch out for posts on our social media.

We are looking forward to Christmas and putting the tree up again for everyone. Carl Holland will be arranging the lights, and we are looking to work with both Cefn and Wrexham Councils. We want to ensure we have an excellent visitor centre ready for when WCBC has finished the new car park for the aqueduct on Queens Street. This is what we call a true application of Sustainable Tourism Development where our community is involved. We owe it to our children and grandchildren to take the lead and do what we can for them.

Regards to you all, Dave Metcalfe.

www.pkcgroup.wales

The Ebenezer, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site,
Wrexham, LL14 3AB, Tel 01978 449 814

