

RUABON NEWS LETTER 518

Welsh Government
News



Llywodraeth Cymru
Welsh Government



First Minister Vaughan Gething announces new Welsh Government Cabinet

Vaughan Gething said:

I'm incredibly proud to bring together a government drawn from all parts of Wales to serve the whole of our nation, with progressive politics at its heart. In particular, I am pleased to appoint a Minister for Mental Health and Early Years to ensure we deliver in the first 1,000 days of the life of every child.

This Ministerial team will answer the call of the generation in waiting, to create a stronger, fairer, greener Wales. We will take action to strengthen our economy by providing opportunities for everyone and being steadfast in our commitment to a just transition to net zero. Our goal to deliver green prosperity is reflected by the creation of a new Cabinet Secretary for Economy, Energy and Welsh Language.

I believe in a Wales that recognises that we can celebrate our differences and take pride in all those things that draw us together and make us who we are.

While there will be many challenges ahead, there are even greater opportunities. I am ambitious about the work this team will do to make Wales an even better place.

- First Minister - Vaughan Gething
- Counsel General-designate - Mick Antoniw MS
- Cabinet Secretary for Economy, Energy & Welsh Language - Jeremy Miles MS
- Cabinet Secretary for Health & Social Care - Eluned Morgan MS
- Cabinet Secretary for Finance, Constitution & Cabinet Office - Rebecca Evans MS
- Cabinet Secretary for Housing, Local Government & Planning - Julie James MS
- Cabinet Secretary for Education - Lynne Neagle MS
- Cabinet Secretary for North Wales and Transport - Ken Skates MS
- Cabinet Secretary for Climate Change & Rural Affairs - Huw Irranca Davies MS
- Cabinet Secretary for Culture and Social Justice - Lesley Griffiths

- Chief Whip & Trefnydd - Jane Hutt MS
- Minister for Social Partnership - Hannah Blythyn MS
- Minister for Mental Health & Early Years - Jayne Bryant MS
- Minister for Social Care - Dawn Bowden MS

First Updated 21st March 2024 / Last updated 21st March 2024

Getting Workplace recycling sorted

From today, it will become law for all businesses, charities and public sector organisations to sort their waste for recycling.

First published: 6th April 2024. Last updated: 6th April 2024

The changes will increase recycling and reduce the amount of waste sent for incineration and to landfill.

The **Workplace Recycling Regulations** will require all business, public and third sector workplaces to separate key recyclable materials in the way that householders already do across most of Wales.

The following materials will need to be separated for collection, and collected separately:

- Food
- Paper and card
- Glass
- Metal, plastic and cartons
- Unsold textiles
- Unsold small waste electrical and electronic equipment

Putting the recycling in different bins will improve its quality, making it more likely the materials can be used by Welsh businesses instead of being exported.

There will also be a ban on:

- Sending food waste to sewer (any amount)
- Separately collected waste going to incineration and landfill
- All wood waste going to landfill

Cabinet Secretary for Climate Change, Huw Irranca-Davies said:

“Wales is already the best in the UK for domestic recycling and third best in the world” .

We now want to improve the quality and quantity of recycling from workplaces. This is an important step towards reaching zero waste, reducing our carbon emissions and tackling the climate emergency.

We want to keep materials in use for as long as possible. With the costs of materials rising, keeping high quality materials in use will help our economy and support our supply chains.

It will also improve the quality and quantity of recyclable materials collected from workplaces, which will in turn capture important materials to be fed back into the Welsh economy.

First published 6th April 2024. Last updated 6th April 2024



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A Healthier Wales
Health and social services news

BMA Pay Disputes – Junior Doctors, Consultants and Specialist Doctors.

The Welsh Government and BMA Wales' three national committees representing consultants, SAS doctors and junior doctors have today agreed to formal negotiations about pay.

First published: 9th April 2024 Last updated: 9th April 2024

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Planned industrial action will be suspended during the negotiations.

A mandate is being developed for the talks with all three BMA branches of practice with the aim of resolving the disputes over pay for 2023 to 2024.

In the context of the most challenging financial position the Welsh Government has faced since devolution, a significant amount of work has been undertaken to identify funding to support the negotiations.

First Minister Vaughan Gething said:

We recognise the strength of feeling among BMA members and that industrial action is never taken lightly.

This is a government that listens and engages to find solutions. I prioritised a meeting with the BMA directly alongside the Cabinet Secretary for Health to reinforce our commitment to that partnership approach.

We currently face the most severe financial situation in the devolution era which makes our task far harder. Despite this

backdrop, we have worked to identify a way forward that I hope will lead to the successful resolution of this dispute and ensure that doctors can return to work in NHS Wales.

Health Secretary Eluned Morgan added:

Even in these very challenging circumstances, we have worked in social partnership with the BMA and NHS to maintain patient safety during industrial action.

But the strikes have been very disruptive to the delivery of NHS services – none of us want to see doctors on strike. I am pleased the three BMA committees have agreed to pause further industrial action and begin formal talks with Welsh Government and hope we can bring an end to this dispute.

First published 9th April 2024 / Last updated 9th April 2024



Crews attend two further tumble dryer fires in 24hrs

Posted 10th April 2024 17:31

North Wales Fire and Rescue Service is reiterating an appeal for residents to ensure they use tumble dryers safely and have working smoke alarms fitted **after another two fires involving tumble dryers in a 24 hour period.**

Crews were called to a fire involving a tumble dryer in an outhouse in Caernarfon at 2:06 yesterday morning (9th April)

and then to a fire involving a tumble dryer in Mynytho yesterday afternoon at 16:51.

Severe damage was caused to the house in Mynytho, where two of the residents also required precautionary checks at the hospital following the fire.

This follows on from a fire in Broughton which damaged two properties on the 25th March, a fire in Denbigh on the 6th of March, in Buckley on the 3rd of March and in Ruthin on the 28th of February.

They all involved tumble dryers.

Paul Kay, Head of Fire Safety for North Wales Fire and Rescue Service said: "A fire can be devastating for all involved - causing damage and disruption and in the worst cases, loss of life.

"We're appealing to residents to follow some simple steps we should all be taking when using our tumble dryers to help everyone stay safe."

These steps include:

- Don't overload plug sockets - the high wattage for a tumble dryer means that it needs its own 13-amp socket. Keep an eye out for any scorching or burn marks, including checking any visible electrical wires.
- Don't leave appliances unattended – don't turn the tumble dryer on before you leave the house or go to bed. Tumble dryers contain powerful motors with fast moving parts that can get very hot.
- Keep your dryer well ventilated, make sure the vent pipe is kink free and not blocked or crushed in any way.
- Always clean out the filter after using your tumble dryer.

- Always allow each drying programme, including the 'cool down cycle', to complete fully before emptying the machine. If you stop the machine mid cycle, the clothing will still be hot.
- Don't ignore the warning signs – if you can smell burning or clothes feel hotter at the end of the cycle, stop using your appliance and have it checked out by a professional.

Paul added: "Most importantly of all – make sure you have a working smoke alarm and test it regularly – we recommend once a week.

"You should also ensure you have an escape plan for you and your family should a fire occur – and once you're out of the house, you should always stay out, and never go back in.

"No trend had been identified as yet with make / models - the most important thing is for all residents to follow our safety advice when using all tumble dryers.

"We're undertaking an internal review of all incidents to better understand if there is any correlation."



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All Wales Continuous Improvement Community

AcademiWales




Cymuned Gwelliant
Parhaus Cymru Gyfan
All Wales Continuous Improvement Community

Menopause - for Men Supporting Women

22/05/2024 | 10:00 - 11:00

Men and women do not live and work in isolation – this menopause session will help you support those you love, care about and work with.

Menopause may not directly affect you, but it is very likely to indirectly affect you.

CIPD research carried out in 2021 established that 6 in 10 working women who were experiencing the menopause said that it currently had a negative impact on them at work.



One in ten women in the UK leave their jobs completely because of menopausal symptoms, one in five women do not seek the promotions they deserve – this could be your colleague or someone who is close to you personally.

Benefits to the delegates for engaging:

- Facts and figures which illustrate the current menopause situation.
- Explanation of the menopause, the related symptoms and potential solutions.
- Case studies.
- How to have positive menopause conversations.
- What you can do to support those you love and care about: practical tips.

Menopause Awareness for Senior Leaders

11/06/2024 | 14:00 - 15:00



Senior leaders might consider prioritising their attendance at a menopause awareness session as an integral part of fostering a supportive and inclusive workplace culture.

Menopause, a natural phase of life, often coincides with the peak of many professionals' careers. Despite its prevalence, the topic is frequently shrouded in silence, leading many to navigate its challenges without support.

Senior leaders set the tone for the culture of their organisations, participation in a menopause awareness session will send a powerful message that the wellbeing of all employees is a priority, promoting a culture of understanding and respect. This not only benefits those experiencing menopause but also enhances the overall workplace environment, which can lead to increased job satisfaction, loyalty and productivity. In today's competitive business landscape, companies that champion diversity and inclusion, including age diversity, position themselves as an employer of choice, attracting and retaining top talent.

Benefits to the delegates for engaging:

- Enhances Understanding: attending a menopause awareness session provides senior leaders with an understanding of the possible physical and psychological challenges associated with menopause.

- Promotes Inclusivity: By understanding menopause senior leaders can help cultivate a workplace culture that is inclusive and supportive of all employees.
- Guides Policy Development: Knowledge gained from a menopause awareness session can help inform the creation of workplace policies and practices that accommodate the needs of those experiencing menopause.
- Breaking Down of Stigmas: Senior leaders' participation in menopause awareness sessions demonstrates a commitment to open dialogue about health issues, helping to dismantle any existing stigmas, encouraging a more understanding workplace environment.
- Improves Organisational Health: Recognising and addressing the needs of employees experiencing menopause can lead to improved job satisfaction, lower turnover rates and enhanced productivity, contributing to the health and success of the organisation.



We're pleased to now be able to share this work with you which includes the draft December 2024 timetables.

On Thursday 11th April we launched a review of our future timetables with you, our key stakeholders, and encourage you to provide your feedback via the form available.

Our future planning is based on a number of evidence-based factors including demand and growth trends, as well as social and economic factors. Our long-term strategy was developed by giving careful consideration to all of these.

In the wake of the Covid-19 pandemic, the way people use public transport for work, education and leisure has changed significantly.

We have changed too, becoming a public railway in the truest sense of the word.

Nearly every service we run requires some form of public subsidy at a time where budgets are increasingly stretched. Every penny we make above and beyond our operating costs, goes back into reducing the subsidy we receive. As a responsible operator it is imperative that we balance the needs for a regular, robust and reliable service within our budgets and against our targets to deliver more sustainable transport.

We have developed our future timetable to better align with the new travel habits and requirements of customers, whilst becoming a truly multimodal operator. That means we're looking at demand and the opportunities for growth across bus and rail together.

On the railway, some routes will see little change, others will see slightly different calling patterns better targeted to current needs, but in other areas we have had to make some tough decisions in order to ensure we provide capacity where most needed, grow revenue and ultimately reduce public subsidy. Regular stakeholder feedback on our timetables has fed into this, alongside passenger counts and close consideration of alternative travel options.

Wrexham AFC has Sealed Back-to-back Promotions after an Historic Afternoon at the Racecourse



Wrexham have sealed back-to-back promotions after an historic afternoon at the Racecourse. The Red Dragons will be

playing League One football next season, after a 6-0 win against Forest Green Rovers.

Wrexham have achieved successive promotions for the first time in their 159-year history and return to League One for this first time since the 2004/5 season.

'No words' as Wrexham AFC seal back-to-back promotions after an historic afternoon at the Racecourse

**The Red Dragons will be playing
LEAGUE ONE FOOTBALL
NEXT SEASON!**

Northwales

Wrexham are promoted from League Two after beating Forest Green (Image: Wrexham AFC)

Wrexham have sealed back-to-back promotions after an historic afternoon at the Racecourse. The Red Dragons will be playing League One football next season, after a 6-0 win against Forest Green Rovers.

Wrexham have achieved successive promotions for the first time in their 159-year history and return to League One for this first time since the 2004/5 season.

Hollywood stars Ryan Reynolds and Rob McElhenney took over the club in November 2020 and after losing in the play-offs in their first full season at the club, ended their 15-year absence from the EFL by edging out Notts County to clinch promotion with a record-breaking 111 points last spring.

Newyddion Llyfrgelloedd Library News



Newyddion Llyfrgelloedd am yr wythnos yn dechrau 14
Ebrill

Library News for the week beginning 14th April.



Wrexham Carnival of Words

With just over a week to go until we start this year's Carnival of Words we're busy putting the final touches to the festival! We have best-selling authors Catherine Isaac [aka Jane Costello], Joanne Harris with her #Stortime Band, Suzan Holder [wife of Noddy Holder of Slade], Tik Tok sensation Evie Meg – This Trippy Hippy and crime writer Vaseem Khan. These are supported by many other wonderful events including authors Mike Parker, Philippa Holloway, Alis Hawkins and Irish poet Elizabeth McGeown. Tickets and event details are available from www.wrexhamcarnivalofwords.com or Wrexham library.

Magazine of the Week

Magazine of the Week is Gardener's World, which you can borrow free of charge from our Libby app. All you need is a valid library card and you can access over 250 magazines free of charge. Titles cover a huge range of topics including photography, keeping fit, craft, current affairs plus many of the popular best-selling magazines such as Radio Times, TV Times, Cosmopolitan, Hello!, New Scientist and Auto Express. To download Libby go to www.wrexham.gov.uk/libraries and follow the online services link.

Groundworks Training Courses

Groundwork North Wales are offering a new set of free courses at Wrexham Library over the next couple of months. These include Wellbeing, CV support, Interview Support, Confidence Building and Digital Employability. If you would like to know more about these sessions or would like to enrol on them, please contact them directly on training@groundworknorthwales.org.uk or phone 01978 757524.

April is “Stress Awareness Month”

Have you ever found yourself in a situation where your to-do list seems endless, deadlines are fast approaching and you find yourself saying ‘Eek! I feel stressed!’? But what is stress really, and how does it affect us? If you would like to know more, then Ruabon library has an exhibition with lots of information relating to stress and how to manage it. They also have a collection of books for you to borrow which include Breathe In Breathe Out by Stuart Sandeman, The Little Book of Calm by Dr Aaron Balik, The Self-care Project by Jayne Hardy, Calm by Fearne Cotton and many more.

Magazine of the week

Magazine of the Week is Gardener’s World, which you can borrow free of charge from our Libby app. All you need is a valid library card and you can access over 250 magazines free of charge. Titles cover a huge range of topics including photography, keeping fit, craft, current affairs plus many of the popular best-selling magazines such as Radio Times, TV Times, Cosmopolitan, Hello!, New Scientist and Auto Express. To download Libby go to www.wrexham.gov.uk/libraries and follow the online services link.

Learning Welsh?

An inspirational talk by two fascinating Welsh learners will be held in Wrexham Library on 18th April.

Stephen Rule, otherwise known as 'Doctor Cymraeg' to his 58,000 Instagram followers, will be joining Lingo Newydd columnist, Francesca Sciarrillo, for an informal Q&A session on all things Welsh. Both Stephen and Francesca speak more than one language, both are Welsh learners who have become fluent, and both have an interesting story to tell about the impact languages - and the Welsh language in particular - have had on their lives.

They are coming to Wrexham for a one-off event, held by Lingo Newydd magazine, to inspire everyone who feels Welsh to start learning the

language. 'Why learn the lingo (and fun tips on using your Welsh in the wild!)' will be held at 5pm on Thursday 18th April 2024 at Wrexham Library. The talk will be mostly in English



1.



2.



3.



- !. I forgot to ask how much you Charge !!!!
- 2. Please watch carefully as I am the best and dangerous!
- 3. Welcome and turn to the right.
- 4. We are very busy so please don't interrupt.
- 5. Be very careful – I am much stronger than I look!

4.

5.



Above shows part of the

open evening for

“Little Sunflowers” on Facebook

To contact see: friendupdates@facebookmail.com”

You will see for yourselves just how hard these ladies work to give the children so much pleasure. (Sybil Bremner).

John Short is at Bradley Gardens,
TeaRooms.



The Adventures of Mr Brodie

Last stop before going home and let me recommend Bradley Gardens at Wylam.

One of the nicest places we've been to locally for lunch.

Highly recommended although doggies have to eat outside .

If EVER you need a person who is Extremely Clever at finding out what is wrong with your computer, then I can honestly recommend:

Mr Chris Williams.

(Who is also a VERY kind and considerate Gentleman)



- Business User Support
- Home User Support
- Networking Solutions
- PC Repair
- I.T Consultancy



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Just one more item comes from a person who accepts a copy of the Ruabon News Letter and who has pointed out that I have been sending him more than one copy of the Ruabon News Letter on a weekly basis.

I am afraid that this must have occurred when I adjusted a list of recipients which had become too large and needed to be 'split'.

Over the years I have had to shorten lists several times so I have no doubt that this mistake could have happened more than once.

If anyone else has this problem please don't hesitate to let me know so that I can right this annoyance.

Best wishes to EVERYONE.

Sybil (Bremner).