

RUABON NEWS LETTER 495

PRESS RELEASE

Ken Skates MS | Clwyd South



15/10/23

for immediate publication

**Senedd Cymru
Welsh Parliament**

Online cowards show: ‘hatred still hides in all parts of Wales’, says MS

Clwyd South MS Ken Skates has called out ‘cowards’ who ‘spread their poison’ online.

During a Senedd discussion for “National Hate Crime Awareness Week”, Mr Skates said ‘hatred still hides in all parts of Wales’ and highlighted recent abuse aimed at S4C presenter Ameer Davies-Rana.

He also called for social media companies to be more responsible and proactive in stopping the spread of hatred on their platforms.

Deputy Minister for Social Partnership, Hannah Blythyn, opened by saying: “National Hate Crime Awareness Week encourages people from all walks of life and communities to work together to tackle hate crime. It's an opportunity to highlight the help that is available and to show how important it is to report crimes like this. It is also an opportunity to educate and to support those who have been affected.”

Mr Skates said: “Minister, thank you for your statement. It is hugely important at this moment in time. I’m pleased that the theme for this year’s “Hate Crime Awareness Week is faith hate, and especially antisemitism, which have no place whatsoever in our society.

“Whilst we regularly talk about Welsh ‘hiraeth’, we must also face up to the fact that there is still too much hate here in Wales.

I was astonished and appalled by the hatred recently targeted at the S4C presenter Ameer Davies-Rana.

“I think it illustrates that hatred still hides in all parts of Wales, in English and in Welsh-speaking communities, but social media gives racist, homophobic and faith-hating cowards a keyboard to spread their poison.

Online media platforms must be more responsible and indeed proactive in stopping hate crime.

“And finally, Minister, would you agree that, through the new curriculum, diversity in all its forms must be promoted and celebrated, and that young people should not be deprived of the right to be whomsoever and whatever they wish to be, free of fear, intolerance and hatred?”

The Deputy Minister said: “Every young person should have the right to be who they are and be themselves.” She highlighted some of the work the Welsh Government is doing to tackle the epidemic, concluding: “One hate crime is one too many, but we must keep going with the positive things we're doing to make a difference to people's lives.”

-Ends-



Training and Events eBulletin



Are you having trouble viewing this email? [View the content as a web page.](#)

January training courses from HSE

Start the new year by enhancing your knowledge and boosting your professional learning and development with training from HSE.



View our available training courses for January below:

16 January 2024	Creating a Safety Culture of Excellence	£675
16 January 2024	NEBOSH HSE Certificate in Health and Safety Leadership Excellence	£595
17 January 2024	NEBOSH HSE Certificate in Manual Handling Risk Assessment	£545

18 January 2024	<u>Machinery Series: PUWER</u>	£545
18 January 2024	<u>Site and Transport Safety</u>	£545
23 January 2024	<u>DSEAR: Hazardous Area Classification for Gases and Liquids</u>	£675
23 January 2024	<u>Machinery Series: Risk Assessment Essentials</u>	£545
23 to 24 January 2024	<u>Human Factors in Accident and Incident Investigations</u>	£1,325
24 January 2024	<u>HSE Inspector's Guide to Risk Management</u>	£545
25 January 2024	<u>Machinery Series: UK Machinery Regulations</u>	£545
25 January 2024	<u>NEBOSH HSE Award in Managing Risks and Risk Assessment at Work</u>	£545
30 to 31 January 2024	<u>NEBOSH HSE Introduction to Incident Investigation</u>	£545
31 January 2024	<u>Data-driven Health and Safety Management: Understanding Why, What and How to Measure</u>	£545
31 January to 1 February 2024	<u>DSEAR: Gases and Liquids</u>	£675

You can get all the latest news and updates from HSE across a range of industries and topics.

[Review and update your topic choices](#)



Subscriber services:

[Manage Preferences](#) | [Unsubscribe](#) | [Disclaimer](#)
 Email was sent to brenner.milhouse@btinternet.com

www.hse.gov.uk



www.dsonline.co.uk
Telephone: 0333 220 5050
Text Local: 07786 200 547
144 London Road, Northwich, Cheshire, CW9 5RH



www.dsonline.co.uk
Telephone: 0333 220 5050
Text Local: 07786 200 547
144 London Road, Northwich, Cheshire, CW9 5RH



Nam ar y Clyw a Llesiant

@ Hwb Llesiant Wrecsam



Hearing Loss and Wellbeing

@ Wrexham Wellbeing Hub

Ymgynghoriad Grŵp

31 Hydref 2023
10am - 12pm

Rydym yn eich gwadd i ymuno â ni am drafodaeth anffurfiol ynglŷn â sefydlu grŵp cymorth newydd.

Mae'n cael ei redeg gan Fyfriwr Therapydd Galwedigaethol, Hannah o Brifysgol Coventry, sydd ar leoliad gyda'r Deafness Support Network ar hyn o bryd.

Nod y grŵp yw defnyddio dull Datblygu Cymunedol Seiliedig ar Asedau i greu cefnogaeth gynaliadwy yn y gymuned ar gyfer unigolion sydd wedi'u effeithio gan Nam ar y Clyw sy'n gysylltiedig ag oedran.

Digwyddiad Grŵp Cymorth a Llesiant Iaf

14 Tachwedd
10am - 12pm

Grŵp cymorth anffurfiol gyda siaradwyr gwadd. Stodinau gwybodaeth gan fusnesau a sefydliadau lleol sydd yma i'ch cefnogi i fyw'n dda gyda Nam ar y Clyw sy'n gysylltiedig ag oedran.

Group Consultation

31st October 2023
10am - 12pm

You are invited to join us for an informal discussion about the set up of a new support group.

Run by Student Occupational Therapist, Hannah from Coventry University, currently on placement with the Deafness Support Network.

The group aims to use an Asset Based Community Development approach to create sustainable support within the community for individuals who are affected by age related Hearing Loss.

1st Support Group + Wellbeing event

14th November
10am - 12pm

Informal support group with guest speakers.

Information stands from local businesses and organisations who are here to support you to live well with age related Hearing Loss.

Am ragor o wybodaeth neu i gofrestru eich diddordeb neu fynychu digwyddiadau eraill, cysylltwch â Hannah trwy e-bost - hyoung@dsonline.co.uk

For more information or to register your interest or attendance for either events, please contact Hannah via email - hyoung@dsonline.co.uk

Deafness Support Network is registered in England & Wales as a Registered Charity No. 506781 and a Company Limited by Guarantee No. 1223762.

Deafness Support Network is registered in England & Wales as a Registered Charity No. 506781 and a Company Limited by Guarantee No. 1223762.

Dear all,
Please see Hannah's message below:

"If you are interested in joining in on the day and have a stand, please email Hannah directly. If you have any clients who would like to come, it would be great if you could email Hannah so she gets an idea of how many people to expect.

Also, don't forget to have a look at my padlet and perhaps add information about your service/training/drop it etc.

Thank you

Cofion /Regards

Anna Kepinska

Swyddog Ymgysylltu / Engagement Officer



rhif ffôn • phone 07732415679 e-bost • e-mail: Anna.Kepinska@wales.nhs.uk



Bordd gwybodaeth rhithiol ein Fforwm / Forum virtual information board:

[Fforwm Ymarferwyr Ymgysylltu Sir Y Fflint a Wrecsam / Flintshire & Wrexham Engagement Practitioners Forum - Padlet](#)



Strike impact update

As you may be aware, Unite the Union intend to continue the current period of industrial action until 24th November, 2023. With this in mind we have been working to come up with a plan for waste and recycling collections over the coming weeks.

Other things to note

From Monday, 9th October, there will be a temporary change to the collection schedule whilst the ongoing industrial action is taking place.

The new, temporary collection schedule (from 9th October) means your collections will be split in a three-week cycle where we will attempt to collect.

- Your black/blue bins and food waste one week
- Your dry recycling and food waste one week
- No collection for one of the weeks.

It's important to note that your collections won't necessarily be in this order e.g. your black bin collection may not take place in the first week, it may happen in the second or third week, which is why it's really important to always [check your bin day](#) first.

During this period, the best way to stay up to date on when your collections are taking place is to enter your postcode in the [check your bin day section on our website](#).

Please share this info with your friends, family and neighbours who may not have seen our latest updates, or may need some support checking their revised collection dates.

Extra support to check updated collection dates is also available by calling the Contact Centre on 01978 298989 or emailing contact-us@wrexham.gov.uk or you can drop into [your local housing estate office](#).

We've had to make these changes as we continue to balance the resources we have across the collection rounds, and at present we can only offer a managed frequency of collections.

These changes take place from Monday, 9th October and override any previous communication you have received.

Other things to note

- Winter weather may impact on our ability to deliver the proposed schedule
- Extra caddy liners and blue sacks can be picked up at [various locations across Wrexham](#)

We know this disruption is frustrating, but we're working hard to try and manage services, and would like to thank everyone for their continued patience.

While we've outlined our intentions, we're working through a period of industrial action and we need to assess available resources on a daily basis – as well as balancing demand for other critical services (for example, responding to adverse weather).

[CHECK MY BIN DAY](#)



Spooky Stories Night at Cefn Mawr Library

Join us for Spooky Stories and Crafts at Cefn Mawr Library on Friday 27th October. There are two sessions available, for children age 2-6 the session is 3.15-4.15pm and for children aged 7-10 the session is 4.30-5.30pm. They are free of charge but you must reserve a place, call the library on 01978 820938.

Come and join us if you dare!



Hickory's Smokehouse Wrexham

📌 NOW TAKING ONLINE BOOKINGS! 📌

The day is finally here folks, you can now book a table from Monday 20th November!

- Thank you for all your support so far, we can't wait to open our doors & welcome you all to Hickory's Wrexham!
- Who's joining us on opening week?
- Head here to book: www.hickorys.co.uk
[#hickoryssmokehouse](#) [#hickorys](#) [#wrexham](#)
[#texasbbq](#) [#smokehouse](#)
- (this information taken from Dawn Hughes Loydd)

Llyfrgell Rhiwabon

Library

Be sy 'mlaen! What's on!

Pob Wythnos/Weekly...

Dydd Llun/Monday

- Chwarae a Darllen Duplo/Duplo Play & Read 1.00 – 2.00
- Siarad Cymraeg 1.45 – 2.45
- Clwb Lego Teulu/Family Lego Club 3.30 - 4.30

Dydd Iau/Thursday

- Quiet Hour 9.15 - 10.15

Dydd Gwener/Friday

- Gwau a Sgwrs/Knit & Natter 2.00 - 4.00
- **Ail** ddydd Mercher y mis - **2nd** Wednesday of the month –

- **Crefftau Creadigol /Creative Crafts 2.15**
 - **Trydydd** dydd Mercher y mis - **3rd** Wednesday of the month
 - **Amser i Gofio /Time to Remember 2.00**
 - Dydd Mercher **olaf** y mis - **Last** Wednesday of the month –
 - **Ruabon Readers**
2.00 - 3.00
- *****

Llyfrgell Rhiwabon Library

Duplo Play and Read

Chwarae a Darllen Duplo



Dydd Llun/Monday **1 – 2**
(amser tymor / term time)
Babanod a phlant bach hyd at 5.

Babies and toddlers up to 5.



There are no results for Pick Your Own Pumpkins

e.g.:

What are the ground conditions and what should I wear?

We are a working farm so the ground can be uneven and muddy. Sensible footwear is required and wellies and raincoats are advised. The pumpkin plants can be prickly so children should have their legs and arms covered.

Is it accessible for prams/wheelchairs?

Visitors with very sturdy prams/wheelchairs have accessed our fields in previous years. However, we can't promise that it will be possible as it depends on the conditions underfoot on the day.

Are there toilet facilities available? Toilets will be located near the field but unfortunately baby change facilities are only available in the Garden Centre.

Will the pumpkins last until Halloween if bought early?

If you look after your pumpkin it will last for weeks **UNCARVED**. Store them somewhere frost free with plenty of fresh air e.g. a shed, garage or outside. Once carved your pumpkin will last 3-5 days outside.

Are dogs allowed? Sorry no dogs are allowed on the pumpkin fields. Well behaved dogs on leads are allowed on the car park field.

Do you provide wheelbarrows?

Wheelbarrows will be available for your use on a first come first served basis. We suggest you bring a large 'bag for life' just in case all of our wheelbarrows are being used.

Do you have a cafe onsite? We will have a catering trailer down in our pumpkin fields which will be open most days. You can

also visit our Strawberry Fields Restaurant in the main Garden Centre which is on the same site.

CHECK OUT OF THE BLUE **OR TOO GOOD TO BE TRUE** **STOP / CHALLENGE / CHECK/ THINK FRAUD!**

Introduction

Welcome to the North Wales Police fraud prevention booklet. In it you will learn about the current scams we are seeing in the area, as well as practical advice on how you can best protect yourself from criminals intent on getting their hands on your money.

In 2021 North Wales Police created a new Economic Crime Unit, bringing together financial investigators, financial safeguarding officers, specialist fraud investigators and cybercrime officers, to reduce the harm caused to our residents by fraudsters.

Over £10 million is lost to fraud every year in North Wales alone, and with a significant number of criminals operating from outside the UK, investigation and recovery of lost funds can prove challenging. As such, we believe that preventing fraud and raising awareness is the key to protecting everyone in our community. If you can recognise fraud when it happens, you can stop yourself becoming a victim.

Fraudsters are constantly formulating new ways to deceive their victims and will use modern technology to hide their identity or convince you they are genuine. This means that spotting a scam isn't always easy but generally, if something sounds too good to be true, or if the contact you receive is unexpected, then it is likely to be fraudulent.

We hope you find the information in this booklet useful, and that it increases your awareness of fraud so that you can avoid any financial loss. We would also ask that you share this information with your friends and family so that everyone in North Wales becomes fraud aware.

Telephone scams 4

The telephone is the most common method fraudsters use to make contact with their victims.

Criminals may claim to be from a wide variety of organisations such as a bank, a government agency, a utility company, a computer software

provider or even the police and will attempt to manipulate you into acting on their instructions.

They may ask you to provide your personal information, including your bank details, to receive a refund or pay for something. This information can be collected by the criminals and used to steal your identity, opening accounts or accessing existing accounts in your name. This is also known as 'vishing'.

They might request remote access to your computer to fix a fault or try to persuade you to transfer money from your account into another safer account. Criminals may also offer to send a courier to your home to collect cash or other valuables, or ask you to post your bank cards or cash in the mail. All of these requests are likely to be fraudulent.

The number that appears on your caller ID may look familiar or match the number on the back of your bank card, but this can be faked and even if the caller already has some of your personal information, this does not guarantee they are a genuine caller. Scammers can keep a telephone line open even if you have ended the call. The line can be kept open for up to ten minutes, so if you need to verify a suspicious call, we recommend that you use a different line, a mobile phone or ask a friend or family member to check the validity of the call using their phone. A common tactic used by criminals is to ask for gift vouchers as payment. This kind of request will always be an indicator of fraud as no legitimate payment can ever be made using vouchers.

Although spotting a fraudulent call can be tricky, be aware of any request that is unexpected or unusual and trust your instinct. Fraudsters will often want you to act quickly, putting you under pressure to act without thinking.

Remember

- **Be wary of offers that look too good to be true.**
 - **If you are selling an item, double check that you have received full payment before sending or handing over your possessions.**
 - **Just because something looks genuine it doesn't mean it is.**
 - **Don't accept an email as proof of payment- if you are expecting a payment. check your account your account by logging in directly.**
- PROTECT..STOP/CHALLENGE**

Don't make payment direct into a seller's bank account -use the the payment method recommended by the auction site you are using such as Pay Pal.



As Chief Constable of North Wales Police my aim is to make North Wales the safest place to live, work and visit. This booklet designed and prepared by officers from the

Economic Crime Unit gives information and advice to prevent you, your friends and family becoming victims of fraud. I would ask that you consider the information carefully and take action to look after your finances and your assets.

We need to work together to make it as difficult as possible for fraudsters to commit these crimes. Personal awareness around the type of crimes committed and how they occur is the first step to stopping fraud from happening and this booklet provides this in respect of the crimes we see in North Wales annually.

Message from the PCC

As your Police and Crime Commissioner I want to help the people of North Wales to become more resilient and resistant to the threats posed by fraud.

Andy Dunbobbins North Wales Police and Crime Commissioner another person and is now the most commonly experienced crime in Wales.

The impact of fraud can be devastating, ranging from unaffordable personal losses suffered by vulnerable victims to impacting on the ability of organisations to stay in business.

We work with partners from across the public, private and third sectors to pursue serious and organised fraudsters and make individuals and businesses safer from fraud and other economic crimes.



We invite you to use the information and advice in this booklet to protect yourself and those you care for.

More of this information will be available in next week's News Letter



TEST IT TUESDAY

Make sure you test your smoke alarm every week.

If you don't have an alarm, or your alarm doesn't work - contact us

Call
0800 169 1234

Text
07507303678

The graphic is a red rectangular box with white and yellow text. At the top, it says 'TEST IT TUESDAY' in large, bold, white letters with a yellow outline. Below this, there are two lines of white text: 'Make sure you test your smoke alarm every week.' and 'If you don't have an alarm, or your alarm doesn't work - contact us'. To the right of this text is a white icon of a smoke alarm. Below the text and icon, there are two lines of yellow text: 'Call' followed by '0800 169 1234' and 'Text' followed by '07507303678'.

YOUR RUABON COMMUNITY AGENT



Supporting over 50's in our local communities with:



improving your health and wellbeing applications and claims to access services



income maximisation (benefit & debt support)



signposting to appropriate services



reconnecting you with your local community



connecting with others using digital technology



establishing local clubs & activities

I am here to help you, so please do not struggle in silence.

Angie Cunningham

Hi, I'm Angie, the Community Agent for Ruabon. I am really excited to be supporting the people in and around our local community.

If you think I can support you, your family, friends or your neighbours then please contact me today at:



01948 830730 or 07947 530140















angie.cunningham@therainbowfoundation.org.uk



The Rainbow Foundation, Rainbow Centre, Whitchurch Road, Penley, Wrexham, LL130GB
Tel: 01948 830730 | www.therainbowfoundation.org.uk

Charity number: 1100479

HOW I CAN HELP

-  Would you like any help and support finding new hobbies and activities within your local area?
-  Do you struggle with loneliness or the loss of a loved one?
-  Are you caring for another person and would like support?
-  Do you struggle with mobility issues around your home and would like a home visit to see if a community agent can help?
-  Have you fallen more than once in the last 3 months and would like a visit from Wrexham falls team?
-  Do you have any transport issues?
-  Do you have a medical diagnosis you are concerned about and feel you would like extra help and support?
-  Do you suffer with anxiety and depression and feel you need help to manage your symptoms?
-  Are you worried about money?
-  Are your bills getting out of control or do you think you might be entitled to extra benefits and would like advice?
-  Do you need additional support due to Covid 19?
-  Are you struggling with other areas of day to day living?

If you have answered yes to any of these questions, please **contact me today** on 01948 830 242 or mobile number 07947 530140 or via email at Angie.Cunningham@therainbowfoundation.org.uk



Applications to Join Ysgol Rhiwabon Are Now Open

The link below will take you to the admissions process to join us – this is the quickest and easiest way to apply.



The poster for the Open Evening at Ysgol Rhiwabon features the school's crest and name at the top, followed by the event title and date. It includes a photograph of the school building and a 'Winner' award certificate. Testimonials from parents are listed on the right side, and contact information is provided at the bottom.

YSGOL RHIWABON
- Sef. 1575 / Est. 1575 -

OPEN EVENING
Wednesday, 4 October 2023 | 6pm - 8pm
Making the right choice for your child

WINNER
Secondary School of the year
Building success based on five foundations

- "The induction helped my daughter to integrate gradually into lessons."
- "Knowing the students are closely watched made the transition easier for me as a parent."
- "Nice to see and hear what she has been doing in her first weeks at secondary school."

Ysgol Rhiwabon
Pont Adam, Ruabon
Wrexham, LL14 6BT

X @ysgolrhiwabon
01978 822 392
www.ysgolrhiwabon.co.uk

You will also get an email letting you know your application has been received. Places are open to children who will have reached the age of 11 by August 31st, 2024. The closing date for applications is 6th November 2023.

<https://www.wrexham.gov.uk/service/school-admissions/secondary-admissions>

We are looking for
Volunteers to help in our
Miners Rescue Cafe.
Pop in or call 01978 664832
or 07703360081
3 Maesgwyn Road Wrexham
LI12ap



CHOIRS FOR GOOD.

FEEL **GOOD**. DO **GOOD**. FOR **GOOD**.

Community wellbeing choirs rehearsing weekly near you! No experience necessary!

**FIRST
SESSION
FREE!**

Mondays 6:30pm - 8pm
singing starts at 7pm
Plas Pentwyn, Coedpoeth
email: hello@choirsforgood.com
for more info.



**SCAN
ME!**



VISIT OUR WEBSITE TO FIND OUT MORE

www.choirsforgood.com/join



Whole School Nasal Flu Vaccinations – 16.11.23

Friday, 20th October 2023

Download the letter to parents, from the Betsi Cadwalader University Health Board, re flu vaccination, [here](#).

More information about flu vaccination:-The NHS recommends that your child has a flu vaccination every year.

Please follow the link below to complete the consent form by 12pm, 15.11.23

<https://forms.office.com/e/vZMsu9Rp0x>

Mae Brechu yn achub bywydau
Vaccination saves lives

Flu

Protect children and young people with a simple nasal spray

Information about the flu vaccination for children and young people in 2023/24

GIG CYMRU NHS WALES

The poster features a teal and white color scheme. At the top left is a teal shield with a white heart. Below it, the text 'Mae Brechu yn achub bywydau' and 'Vaccination saves lives' is written in teal. The central part of the poster shows three circular images: a group of three diverse children smiling, a young girl with a rainbow, and a young man smiling. At the bottom, the word 'Flu' is written in large teal letters, followed by the text 'Protect children and young people with a simple nasal spray' and 'Information about the flu vaccination for children and young people in 2023/24'. The NHS Wales logo is at the bottom left.



Lissa's Drops Of Encouragement

Those we love don't go away. They walk beside us every day. Unseen unheard but always near. Still loved, still missed, and very dear. 🦋



**C.W.
COMPUTER
SERVICES**

CHRIS WILLIAMS
I. T. Consultant & Support

- 01978 846 967
- 07815 478 664
- chris@cw-cs.co.uk
- www.cw-cs.co.uk

- Business User Support
- Home User Support
- Networking Solutions
- PC Repair
- I.T. Consultancy



**C.W.
COMPUTER
SERVICES**

Based in Rhos, Wrexham

- Business User Support
- Home User Support
- Networking Solutions
- PC Repair
- I.T. Consultancy

01978 846 967 or 07815 478 664
chris@cw-cs.co.uk www.cw-cs.co.uk

Good morning everyone and best wishes, Sybil (Bremner)