

IN & DEE VALLEY NEW

From Cefn Mawr, Acrefair, Cefn Bychan, Plas Madoc & The Dee Valley Delivered free for over 15 years. Issue 77 Autumn 2023



HELP CREATE THE CEFN POPPY WATERFALL

For the Remembrance Day service this year Cefn Community Council are going to create a poppy waterfall, similar to The Royal British Legions one in Bolton, Could you help create this? We welcome any crafters who would like to make their own poppies and drop them off at the council office. We would welcome any empty plastic bottles with round bottoms of all sizes. These will be used to create the poppies at our Community Agent hub at the Hall. To get involved please call 07925 048711 or email agent@cefncommunitycouncil.gov.uk



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EDITORS COMMENTS

Happy Autumn, for it is the season of mists and mellow fruitfulness. As we see the nights drawing in its time to get ready for winter with work to be done in the garden and around the house, but don't forget to take some time to enjoy this lovely season with its unexpected summer like days, changing colours, stunning sunsets, and gathering the last of the harvest from our gardens as nature gets ready to slow down and hibernate or even fly away to warmer climes.

There are lots of interesting activities going on locally and it means you don't have to feel isolated as the days start to shorten, it's a chance to relearn forgotten skills, make new friends and have a natter over a cuppa! We had a security marking session up at the George Edwards Hall last month and I know our PCSO Lara is keen to do another one so check the Community Council Facebook page for dates. Do you have a friend or relative in the community with a big milestone birthday or anniversary coming up? If so let Cefn Community Council know, call Natalie on 01978 821298 or email

admin@cefncommunitycouncil.gov.uk Please do get in touch with me on 07532 780007 or email me at: tyger@tygertactics.com

Stay safe and look after yourselves, Tyger.



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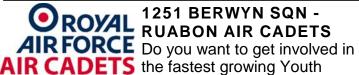
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HAPPY 90TH BIRTHDAY

Congratulations to Acrefair resident Len Salisbury who celebrated reaching this milestone earlier this month. Cefn Community Council Chair, Phil Vaughan was delighted to pop round with a card, a gift and to wish him 'Happy Birthday' from us all.



adventure sports?

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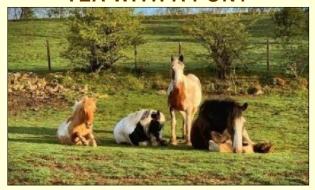
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TEA WITH A PONY



Would you like to spend some time with some lovely friendly horses? Jubilee Beau Equine Project CIC is based in Acrefair and our mission is to help anyone in the community.

Horses are very therapeutic and help lots of people with mental health, loneliness, learning difficulties, disabilities and more.

Come and meet the horses, feed carrots and maybe give them a groom.

Or perhaps you would just like to surprise someone with a lovely birthday treat and a cup of tea and biscuit.

No experience needed, any age! Our volunteers will be here to help. Contact Jo 07776313335 or jo_overleigh@yahoo.co.uk for more information and to book



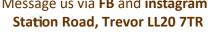


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TREVOR BASIN VISITOR CENTRE

Let's Fish sessions from 5th August to 2nd September were fully booked every time with a great turn out come rain or shine. This FREE annual event by Canal and River Trust Angling, taught how to fish with a team of professionally qualified licensed angling coaches. All bait, equipment, permits, and licence are provided. Covering the basics of fishing tackle, how to correctly hold a pole, bait the hook, recognise bites, land and unhook fish and more. They advise on best value for money equipment to help get started on your own and point you in the direction of a suitable local club when you are ready for it. Stay tuned to our Facebook page for when these dates are released as well as dates listed in the Cefn & Dee Valley News. Let's Play ran from 25th July to 30th August, with 10

children at the first session playing outside and learning water safety for Safety By Water Campaign Day, this grew as more and more families joining in the fun, with wonderful feedback from all who took part. The sessions include educational play with 'Build a Canal', water play (weather dependant), giant connect 4, mini golf, snakes & ladders, and lots more. Following the feedback we received, further dates are already being planned for Summer 2024. Follow our Facebook page for updates. Government funding for the Canal and River Trust -Keep Canals alive. The charity is set lose almost half its funding after 2027 amounting to more than £300 million in real terms. Climate change bringing more drought and extreme storms, is taking a heavy toll on the 250-year-old infrastructure, so the loss of funding will have a potentially devastating impact on its ability to maintain the 2,000-mile network of waterways. The Trust have ambitious plans for continued growth in income from donations, investments and other funding streams and are also growing volunteer numbers to help with the work. Canal and River Trust Chief Executive Richard Parry said: "Our industrial canal heritage is as vital today as it was in the past, and will continue to be in the future, by bringing the benefits of green space

Fund Raiser onsite. The Canal and River Trust have a new fundraiser starting on site from the 19th August, his name is Craig and he is local to the area. He will very much be part of our team while on site and we hope he receives a warm welcome from the local community, why not say hello or stop for a chat. Craig's aim is to interact with visitors to the Pontcysyllte Aqueduct and Canal World Heritage Site, to make them aware of who the Canal and River Trust are and what they do as well as to help raise funds for the future of the Charity.

infrastructure, and its decline would impact communities

and nature corridors into urban areas, as well as contributing to flood defences and transferring water to

areas of shortage. A critical part of our national

across the country."

Opening Hours. We will continue our summer hours til the end of October then from the 3rd November the Trevor Basin Visitor Centre will have its winter opening for long weekends only. Friday - Sunday 10-3pm We are currently looking for Volunteer Weekend Destination Assistants. Find out more on the Trust's main website - Canalrivertrust.org.uk/volunteer,

email: Trevorvisitor.centre@canalrivertrust.org.uk, Call 01978 822 912, or just pop along to the visitor centre for a chat with the team.











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Can I claim compensation for undiagnosed break to scaphoid bone?

Q: In April I tripped and fell onto stone paving. I put my hand out to save myself and badly damaged my wrist and knee. At my GP surgery I saw a nurse who said they just seemed to be badly bruised.

I was quite surprised that she didn't suggest an x-ray as I was in tremendous pain but didn't want to cause a fuss. The knee swelling went down, but the wrist pain just got worse. I saw the nurse again with the same complaint, but she repeated the same advice.

Being the hand that I write with, the pain was preventing me from doing lots of things, so I asked to have it x-rayed. It transpires that I had fractured the scaphoid bone which has now set incorrectly, and I need surgery. The damage is likely to cause permanent problems, even after the surgery. Can I claim compensation?

A: Delayed diagnosis of a scaphoid fracture can indeed cause significant long- term problems and you may well have a valid case for claiming compensation.

A thorough examination should have been conducted when you saw the nurse. Often, swelling and pain at the base of the thumb is a good indicator of a scaphoid fracture. This type of fracture is also commonly associated with a fall onto an outstretched hand, as you describe.

Due to the risk of serious consequences from a delay in diagnosis of this type of fracture, it may be considered that you should have been sent for an x-ray, if only to eliminate this as a potential diagnosis.

Treatment may include the need for open surgery and bone graft. Unfortunately, sometimes, there can be long term problems, including arthritis in the wrist joints, which can greatly impact on quality of life.

As you can see, there are a number of angles to consider when putting together a claim, so you should make an appointment to see a good local injury lawyer as soon as possible.

This question has been answered by Claire Parfitt, a Senior Solicitor with GHP Legal. If you would like to speak to someone about this or any other legal matter, please visit our website www.ghplegal.com and use the contact us form, or call us on: Wrexham 01978 291456, Llangollen 01978 860313, Oswestry 01691 659194









A E Roberts

♠ Crane Street, Cefn Mawr, Wrexham, LL14 3AB € 01978 821863

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DORY

Life Drawing Classes will resume on the 16th Oct at the Dory Gallery, Regent Street, Llangollen LL20 8HL

Classes on **Mondays**, £12 per session from **10:30am-12:30pm**. Artist on hand to give guidance. Boards supplied, bring your own pads and pencils. Limited space, booking recommended. Professional model, all levels welcome. Also there will be an opportunity for your work to be selected for our Life Drawing Exhibition

Printmakers Pushing the Boundaries Exhibition 13th Oct - 5th Nov. Thursdays - Sundays, 10am-4pm.

Private View: 14th Oct 2-4pm

Ghost of a Room. A re-imagining of the dark oak carved panels at Plas Newydd by local artist Jan Wallis. 14th Oct - 17th Dec.

Saturday and Sunday, 10am-4pm.

In the Womb of the World. 21st Oct - 17th Dec. Saturday and Sunday, 10am-4pm. Local artist Jan Wallis will be working on her new installation.

Life Drawing Exhibition. 11th Nov - 17th Dec. Saturday and Sunday, 10am 4pm. Private view, 10th November 6-8pm.

All artworks will be for sale and has been selected from work produced in our classes. Opportunities for Christmas presents.

Exhibition from the permanent collection of Dory's work. 14th Oct - 17th Dec. Saturday and Sunday, 10am-4pm.

Check our website (www.dorygallery.com) and Instagram (@the_dory_gallery) for details, exhibitions and gallery events. Entry is free for everyone, dogs are welcome inside and kids can have fun with our Art Trail quiz! Email: thedorygallery@gmail.com

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LLANGOLLEN LIBRARY Castle Street, Llangollen LL20 8NU Tel 01978 869600

Bilingual Reading Group for Years 4,5 and 6 please phone for details Wednesdays 3:15-4:30pm Rhymetime - now on Wednesday morning 10am for babies upwards, bilingual. Free to attend.

Llangollen Library Reading Group -1st Friday of the month 7pm Cost £2 to cover cost of refreshment's Books to be discussed October "Giving Up the Ghost" Hilary Mantel, November "Lessons in Chemistry" Bonnie Gamus

Cymraeg Darllen Cymraeg 18/9 Ffoniwch am

Green Dragon Reading Group 3rd Monday of the month 2pm Contact Dennis Richards 07588 563143

Open Mon to Wed: 9am to 1pm and 2pm to 5pm. Thurs: closed. Fri 9am to 1pm and 2pm to 5pm & **Sat**: 9am to 12.30pm.



LLANGOLLEN TOURIST INFORMATION CENTRE

Castle Street, Llangollen.

Tel: 01978 860828

E: Llangollen.TouristInformation@denbighshire.gov.uk Come and browse our fantastic display of local Welsh Artists and Crafters with Cards, local scenes in Art and Scenic Photos, Jewellery, Sewn Crafts, Books, Maps, Pottery, Glass and Woodwork. Find out what's on in the area, events, activities and places to stay, pick up timetables for bus and railways, buy or book tickets for upcoming event too. Check our Facebook page for the latest on what is on in and around Llangollen, with places you can visit, where to stay, things to do and what seasonal events and activities are on here and also other areas of North Wales. Open Monday, Tuesday, Wednesday, Friday and Saturday from 9.30 to 4.30pm.

1st LLANGOLLEN BROWNIES

On 5th November 1923, 1st Llangollen Brownies opened its doors to girls aged 7-10, offering friendship, adventure and life skills to girls in the local area. This year we will be celebrating our 100th birthday If you or any family members have ever been involved in Llangollen brownies we would love to hear your memories, stories and share any photos you may have. If you would like to share you can email us at 1stllangollenbrownies@gmail.com

Is your daughter between 7-10 years old, want to meet new friends, have fun and learn new skills then why not give brownies ago. We currently has spaces available for girls aged 7-10years. We meet every Wednesday in term time. If you would be interested in your daughter joining please registered on the following link https:// www.girlguiding.org.uk/information-for-parents/ register-your-daughter

Or message/contact Alison Fenn on 07872924888. **LLANGOLLEN RAINBOWS**

Rainbows have re opened with space for girls aged 4-7 years. They have a fun pack programme and would love for more girls to join in the fun. If you would like you daughter to join rainbows please register your interest on the link below: https://www.girlguiding.org.uk/ information-for-parents/register-your-daughter





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Health Newydd, Llangollen! After school and FREE drop-in family activities at Plas

during the holidays - Parents stay and play! Tuesday 19th September, 3:30 - 5 PM

Tree inspired painting!

Tuesday 17th October, 3:30 - 5 PM

Create mandalas from autumn leaves!

Tuesday 31st October, 1 - 4 PM Orienteer around the grounds and make your own badge!

For more information, please contact:

our.picturesque.landscape@denbighshire.gov.uk

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VALE OF LLANGOLLEN ROTARY

Currently we have our Scarecrow Rotary (%) Competition with the winner being the one with the most likes on our Facebook page so don't forget to like! We are looking forward to the *Illuminated Tactor Run* on 3rd December from the Pavilion which will be even better this year and we will be helping out with the Christmas Festival on 25th November. If you want to help with any of our projects get in touch with Kurly our Secretary on: secretary.llangollenrotary@gmail.com

We have partnered with a local organisation and *Dog* Poo-Bag Dispenser boxes have been produced that are being installed across the area to help locals and visiting dog walkers to keep the lovely environment clean and hygienic. The club held it's second Community Evening last month entitled Food for Thought with speakers from Llangollen Food Share and St Collen's Community Hall who provide meals or food parcels to those in need or suffering from the cost of living crisis. Operation Pollination saw one more bug hotel made by 1st Enable in Deeside put into the grounds of The Old Vicarage Care Home, Llangollen by our members. Our bra recycling is still active just drop your old / unwanted bras off at the collection bank in the Health Centre



BARCLAYS BANK - Here to help

We will be based at Llangollen library every Tuesday and Friday from 9.30am – 2.30pm.

Walk ins welcome. We have Account support and online banking services available. Please note this is a Cashless site so we will not be able to take cash.



LLANGOLLEN COUNTRY MARKET

A warm welcome awaits you at Llangollen Country Market If you are

coming to browse our large variety of quality hand-crafted items, home-baked cakes and pastries, our jams, honey and chutneys, home-grown plants and garden produce, or just for a catch-up with friends over a cup of tea or coffee, call in and see us at the Memorial Hall on Market Street (opposite the Main Car Park).

We open the last Friday of every month until Christmas between 11am and 2 pm. So why not use the opportunity to come and do some early Christmas shopping?

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YOUR MUSEUM NEEDS YOU

For nearly 25 years Llangollen Museum has been collecting preserving and displaying objects, documents and photographs that tell the history of Llangollen and the surrounding area and the people that live and have lived there.

We have worked with schools, groups and the local community, as well as visitors, to encourage everyone to discover more about the history of this unique area. Now this iconic building needs a new roof and, under the terms of our lease with the Council we have to pay the cost! What we would like to be able to do is buy the



Museum building off the Council, replace the roof and ensure that this fantastic resource is available to future generations.

But we need your help. It is very simple – if we don't get funding the Museum will close within a few years at most. We are applying to a number of different sources for grants, but they need to know why the Museum is important to the whole community. So we need your voices. Let us (and so them) know why you want to keep the Museum in Llangollen and why it is important to your community. You can do this by:-Writing to us at Llangollen Museum, Parade St, Llangollen LL20 8PW.

Posting on our Facebook page - Llangollen Museum https://www.facebook.com/profile.php? id=100057657969751.

Filling in the survey – in the Museum or online at the address that will be posted soon on our Facebook page.

Llangollen Museum - It's your history. Please help us keep it alive.

We have some exciting events coming up over the next few months – do keep checking our Facebook page for the dates of the following:-

Roman Day at the Museum. All of the Roman items that we have in store will be out on display and there will be a chance to handle genuine Roman artefacts, as well as reproduction tools and utensils that we have. There will also be Roman Centurions showing off their armour and weapons.

Finds Day at the Museum. Do you have any old or interesting archaeological objects and wondered what they were? Now is your chance to find out. Finds liaison officer Susie White will be holding a finds surgery at the Museum to identify any items and record them for the Portable Antiquities Scheme.

A dissemination/feedback event for people to discover and comment on our proposals to buy the Museum, repair the roof and make other improvements. Come along and find out more about what we are planning and have your say about what you think we should do.

Peter Dickinson's talk earlier this month proved once again a popular event, with the Museum being full. There will be no talk in September. On October 25th, Suzanne Evans will give a talk about the history of St Collen's Church and show some of the proposed re-ordering work (The Genesis Programme) that is planned, to enable the Church to become a space that can be used by the whole community.

On November 29th Dave Crane will give an illustrated presentation looking at the history of the many Pandys and Cloth mills that have been in and around Llangollen over the centuries. All talks will be at the Museum, starting at 7.30pm. Entrance will be £3 which includes a hot drink and a biscuit.

The summer exhibition in the Janet Wakefield Gallery at the Museum was staged by the Llangollen Art Group, and proved very popular. September features the Pen y Cae Art Group's display of paintings and drawings by group members. In October offer an exhibition of photographs by Emma and Jane, two students who have recently graduated with degrees in photographic art from Chester University. November's gallery will see a display of watercolour prints by wildlife artist **Trish Shiel** and *December* will feature an exhibition about The histories of houses and shops in Llangollen, similar to the one that we recently held for Pentred r. Please keep checking our Facebook page for exact dates. From September 16th to October 8th the Picturesque Landscape Project will be having an art exhibition at the **Dory Gallery** based on the landscape and creativity of the Dee Valley. The exhibition will feature a collection of over 100 postcards from the Museum collection depicting over 100 years of scenery from the Dee Valley. In addition we will be loaning a number of artefacts from the Museum collection to be arranged into an artistic interpretation of heritage in the area by local artist **Tracey Simpson**. Hopefully next year parts of the exhibition will also be mounted in our own gallery at the Museum – watch this space and online for news. For the last ten years we have had in store a small collection of Roman coins that we purchased off a local metal detectorist. Images of these have now been sent to the National Museum of Wales by local finds liaison officer Susie White for identification, and when we receive the details the coins will be put out on display in the Museum. Contact us on 01978 862862 or email: enquiries@llangollenmuseum.org.uk

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THE MEDICAL CENTRE RUABON

We will be vaccinating for Influenza (Flu) and hopefully Covid as from Saturday 23rd September for all eligible patients: Over 65s, Immunosuppression, those At Risk with chronic diseases such as Diabetes, COPD, Asthma, Pregnant Patients, Learning disabilities and severe mental health, care home residents, frontline staff, carers and children aged 2 and 3 years of age to name just a few. Clinics will mostly be Saturdays to avoid disrupting our day-to-day service delivery, we shall possibly offer other days too.

We will contact patients first to see who would like one or both of their vaccinations so we can plan, organise and ensure our clinics are booked with those patients who wish to have their vaccinations booking them in to the most appropriate clinic. We are looking to vaccinate as quickly as possible all our eligible patients and we hope to see everyone soon for their vaccinations. We are getting in touch this week so if patients wait until they receive a text message or letter and we will send them a link to book in (if via text) directly or they can then contact the surgery to book an appointment (if via letter). We will only be inviting eligible patients and urge them to attend the surgery for their vaccinations rather than going elsewhere.

We are equipped to deliver this vaccination programme quickly and ask patients to kindly wait for their invitations as we are hoping to have completed this by the end of October to mid-November.

We have had a new feature installed on our phone system whereby patients can request a call back and be kept in the gueue which is our way of improving service delivery. Feedback so far has been great and we strive to keep improving and making positive changes.

We would like to thank all our patients for their lovely positive feedback and say it really does mean so much to us all to hear such lovely kind words thank you. The team at Ruabon Medical Centre all work extremely hard and are so happy when we receive nice feedback. We have experienced staff sickness and cannot thank the team enough for all helping and support to ensure service delivery is not impacted as best we can. Tel: 01978 823717



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CEFN COMMUNITY COUNCIL NEWS

The George Edwards Hall is available to book for parties and events, as well as the main hall we also have available the Lower Room with fully equipped kitchen for smaller

parties and the Council Chamber for those requiring smaller space for meetings here we are also able to offer a teams or zoom facility. The Clerk can be contacted on **01978 821298** for any enquiries. Currently we have:

Slimming World on Tuesday 5pm - 8pm & Wednesday 9am - 11am.

DanceZone on Mondays 5pm - 8.30pm and Thursdays 5.30pm - 8.30pm.

Line Dancing on a Wednesday from 7.30pm - 10pm. Community Agents Hub on Thursdays from 9am - 11.30am

Dog training every Friday from 7pm to 10pm

Our **Children's Play Parks:** are open, we ask that you please take your rubbish home with you if there is no available bin, thank you.

Street lights: If you notice any street lights out please can you report them with the number off the lamp post to the Clerk on **01978 821298** thank you.

Birthdays: If you know someone in our community who are going celebrate their **90th** or **100th** birthdays please email **admin@cefncommunitycouncil.gov.uk**

Wedding Anniversaries: If you know of members in our community who are going to be celebrating their *Diamond, 60 years or Platinum, 70 years*Anniversaries please let us know on 01978 821298 or email admin@cefncommunitycouncil.gov.uk

Trefynant Cemetery: we respectfully ask when visiting the Cemetery to keep your distance as we know some visitors are still concerned. **Polite Notice** - Please use the one-way system, no turning around by the brick cabin, thank you.

Youth Club: the Community Council funded youth club in the George Edwards Hall is open on **Mondays and Wednesdays** from 6-8pm during term time with a great range of activities including WiFi.

Community Litter Picks: We had a litter pick around the Top of Cefn in July In June the pick was on Coed Richard, and we were pleased to report that there wasn't too much litter. We do monthly litter picks please keep a look out on our Facebook / Twitter page and website or call **01978 821298** for more info. All equipment provided.



COMMUNITY AGENTS UPDATE

Hi everyone. Autumn is already upon us and the darker nights will soon be here. We have plenty of exciting sessions to keep you uplifted at the *Community Agents Hub* on Thursday mornings in the George Edwards Hall. Please see Cefn



Community Councils Facebook page, or myself, for the timetable of upcoming events including our *She Shed* 3rd Thursday of the month. We have a range of activities running through to December with free refreshments and breakfast, A small fee of £2 is payable to help towards the cost of resources, thank you. Come along and learn new skills or rediscover old ones! In addition to this, please feel free to drop in if you have any questions or would just like to catch up with myself; you will find me there between 9am to 11:30am. I also run drop-in sessions at **Cefn Library** every Wednesday between 1:30pm and 3pm.

Do you fancy doing something different for a couple of hours? I am holding an Afternoon Tea Dance with a 40's & 50's theme on Thursday 21st September from 2 to 4pm. Tickets are available from the George Edwards Hall or myself, with a suggested donation of £2. All proceeds are going towards a worthwhile charity within our community, the CRNCA. For our *Remembrance Service* this year, we are looking to create a poppy 'waterfall'. This is an intergenerational project if you would like to get involved, or want more information, then please contact either myself on my details below, or pop into the George Edwards Hall. You can contact me on **07925 048711** or email:

agent@cefncommunitycouncil.gov.uk

See you all soon. Marie - Claire.



Our **Gardening Competition** took place on 13th July this year. Numbers have been steadily declining in recent years, but this year after an appeal to the public to get involved there were more than 20 applicants, we would like to thank all who entered and also the staff and students from Derwen

College who came to judge all the beautiful gardens. The award presentation will be held on the 21st of September at the George Edwards Hall and those who entered will be invited. There will be a buffet and entertainment will be provided by performing art students at Derwen College.

Remembrance will be on 12th of November 2023 at the Cenotaph in Cefn Mawr, commencing at 10.40am refreshments afterwards at GE hall.

The Christmas Fair at George Edwards hall will be held on Friday the 1st of December from 5pm-7pm there will be stalls and Santa!



PCSO Contacts

Lara.Shiers@nthwales.pnn.police.uk 07814 075602 Kelvin.Evans@northwales.police.uk 07974 240306 Rhys.Yaxley@nthwales.pnn.police.uk 07974 243270 Please call 101 to report non emergencies.

CEFN AND DISTRICT MUSEUM & HISTORICAL SOCIETY

Cefn Mawr and District Museum is open every Monday (except Bank Holidays), Wednesday and Friday from 10am to 12.30pm. We are located in the Waterloo Room at the rear of the



George Edwards Hall, and display a wide range of objects, photos and documents associated with the history of the local community. We have regular exhibitions on Village Life, Churches and Chapels, Schools, Industry, Transport, Sport, Music and Arts. A current Special Exhibition is the Cefn Mawr Division of the St John Ambulance Brigade. If you've not yet been in to see us, we look forward to welcoming you in the near future.

Cefn Mawr Historical Society meets regularly at 2pm in the George Edwards Hall on the last Friday of the month (except August and December). We enjoy a wide range of speakers about aspects of our local history. Our next Meeting will be on Friday 29th September when Peter Dickinson will give a talk entitled 'The Arrival of the Railway in the Dee Valley'. Admission is free to Society Members, and £2 to non-members. Please join us for the next meeting! Annual Society membership is £5, which grants you free admission to meetings, while non-members pay £2 at the door. There are always refreshments and a raffle. You can contact me on

a.tiltman@hotmail.com or through our Facebook page, thanks Alan Tiltman, Archivist.

Welcome to Clwyd Family History Society

The Clwyd Family History Society was founded in 1980 to encourage the study of genealogy and family history in North-East Wales, and to provide a forum for people who are interested in these subjects to meet, and to help each other. It now has approximately 500 members worldwide.

Unit C15, Community Enterprise Centre, Well Street, Cefn Mawr, Wrexham LL14 3YD. Tel: **01978 822305**. (Answerphone - messages will be responded to as soon as possible). www.clwydfhs.org.uk

PLEASE LIKE AND FOLLOW OUR FACEBOOK PAGE CEFN & DEE VALLEY NEWS.

We post an electronic version of the newsletter there which you can download and share with friends and family who live away. We update this page with news and information from our Advertisers and their services, together with local events and activities.

We also post an album of photos that includes the ones we could not fit in to this edition of the newsletter for you.



LADS N DADS

BARBERSHOP
OPEN Appointments Only

OPENING TIMES

Tuesday 9am - 5pm Wednesday 9am - 2pm Thursday 9am - 6pm

Friday 9am - 5pm

Saturday 9am - 2pm

LADIES any day by appointment only

Please phone to book in 01978 822400







OFFICE TO LET - CEFN MAWR

First floor office with shared use of kitchen and toilet.

Accessible space 33.5m² or 367ft² with lift and car park.

Call Mark on 07768 661367 or email mark.lacey@deevalleytrust.org.uk





M.O.T'S WHILE-U-WAIT £40.00

Diagnostics Exhausts Tyres Batteries Brakes



Steering Suspension Wheel Alignment Servicing



Crane Medical Centre

Crane St, Cefn Mawr, LL14 3AB; Tel: 01978 810844

News Update



Welcome to the Fourteenth edition of Crane News.

Hello everyone. Hope you have all been keeping safe and well. Autumn has arrived and so its now time for the flu vaccination clinics to start. We expect to be able to offer appointments at the end of September. If you have a mobile telephone number, please ensure that the surgery has the up to date number. It is easier and quicker for us to invite you for your appointments via text.

This year only those individuals aged 65 and above will be offered the flu vaccinations on the NHS unless you suffer from a chronic illness such as diabetes, asthma, heart disease or kidney disease. If you are unsure whether you are entitled to the flu vaccination, please contact the surgery.

Covid-19 vaccinations will be offered to those eligible by the health board. For any queries regarding the covid vaccines please contact the health board. If there are individual queries please call the contact centre on the **03000 840004**

Please continue to exercise good hand hygiene especially through the winter season. It really does make a difference in reducing the spread of many infections and so in turn reduce the burden on the NHS which is always under pressure during the winter months.

Help us to help you by having all vaccinations that you are eligible for.

If you are not currently registered with us and are struggling to access healthcare services for whatever reason, please contact us today at Crane Medical Centre on **01978 810844** or visit our website at **www.cranemedicalcentre.co.uk** We are happy and excited to accept new patient registrations and welcome you to our practice. As always, we look forward to updating you in the next addition so until then please stay safe and well.

ROWLANDS PHARMACY CEFN MAWR Medical Hall, Crane Street, Cefn Mawr LL14 3AD Open: Mon to Fri 9am to 1pm and 2 to 5.30pm. Saturday 9am to 1pm. Tel: 01978 822600

ALEXANDERS PHARMACY ACREFAIR 52-53 Peris, Acrefair, Wrexham, LL14 3LF Do ask about our free prescription delivery service. *Open:* Mon to Fri 9am to 6pm. Closed Saturday. Tel: 01978 810272

L ROWLANDS & CO RUABON The Medical Centre, Ruabon, LL14 6NH Open: Monday to Friday 10am to 12pm then 2pm to

6pm Saturday 10am to 1pm Tel: **01978 821802**

BCUHB'S NHS 111 PRESS 2 SERVICE

Now available 24/7. The health board is encouraging those with urgent mental health needs to **call 111** and select option 2, where they will be put through to a dedicated wellbeing practitioner. The number is free to call from a landline or mobile, even when the caller has no credit left. In life threatening situations, people should always call 999 or attend their nearest Emergency Department (A&E).

L ROWLANDS & CO LLANGOLLEN

Bishop's Walk, Health Centre, Llangollen LL20 8RZ *Open:* Monday to Friday 8.30am to 6pm Saturday 9.30am to 1pm Tel: **01978 860657**

HEARING AID SUPPORT

Did you know that the *Wrexham Maelor Audiology Department* have monthly Drop In sessions at *Llangollen Library, LL20 8NU*. These are held on the 2nd Friday of every month between 10am and 12 noon. We clean and re tube aids and give out batteries. No appointment needed. Find us upstairs in the Tourist Information building on Castle Street and there is a lift to the library on the first floor.

DENTURES REPAIRED

By a Qualified Dental Technician registered with the GDC (General Dental Council



Peter Harling Mob: 07712 894479

1 hour service, weekend and evening repairs.



BLOOD DONATIONS - WE NEED YOU

There are several blood donation sessions in the Wrexham area with appointments available to book. Please help if you can, to book visit https://wbs.wales/CefnCommunityNews



Keep your home safe with a professional sweep

NACS Certificate with every sweep

Registration: 10/691

Stoves and liner installer

Pots, cowls, bird guards

Flue and stack repairs

Fire and stove maintenance

CCTV camera inspection

01691 770916 07803 005278 Vic Cooke & Sam Cooke

21 Oaklands Road Chirk Bank Chirk Wrexham LL14 5DP

k

Email: stackitsweep@gmail.com

Web: www.chimneysweepwrexham.co.uk

NHS WALES & URGENT MEDICAL OUT OF HOURS SERVICE 111

Are you ill or injured and need helpful advice? Are you looking for trusted information on a specific health condition, how to stay well or find your nearest healthcare service? This number is **free to call** from *landlines and mobiles* and provides access to both **GP Out of Hours Services** and health advice from **NHS Wales**

Remember its free to use and open 24/7

CEFN AREA DEFIBRILLATOR 24/7 LOCATIONS *Ty Mawr Country Park*, Cae Gwilym Lane, Cefn LL14 3PE.

Hinds Shop, Bro Gwilym, Cefn LL14 3PA CRNCA Activity Centre, Bro Gwilym, Cefn LL14 3PA The George Edwards Hall, Well Street, Cefn LL14 3AE Llys Y Craig Sheltered Housing, Rock Road, Rhosymedre LL14 3YH

Henry Williams & Son (Roads) Ltd, Unit 1, Park Road Industrial Estate.Rhosymedre LL14 3AX.

The Eagles, Llangollen Road, Acrefair LL14 3RP **Plas Madoc Housing Office**, 50 Peris, Acrefair LL14 3LF All equipment is accessible 24/7 and is regularly checked.

THE CAST IN CEFN DISPLAY AT THE EBENEZER CENTRE, CEFN MAWR

Is about all the wonderful iron work around the UK made in Cefn 200 years ago and is on display for another month. If any schools or parties would like to see this before we take it down at the end of September, please let us know at the **Holly Bush Inn**. We will arrange an opening time for you. We will be taking it down at the end of the month in preparation for the Johnny Garret exhibition which we will be featuring in October.

ACS Technology Computer & IT Services

We offer Remote Support for customers who do not want to leave their home or business or have us visit them.

Sales, Repairs & Upgrades
Home and Business customers
Telecoms, both traditional and VoIP
Internet, Wi-Fi and Networking
Backup & Security Solutions
Custom PC Building,
Data Recovery,
CCTV

Please call us on 01978 822135

www.acstechnology.co.uk
Unit G1A Wheatsheaf Workshops, High Street,
Rhosymedre, LL14 3YE

KIDDIES WORLD ACREFAIR

We hope you have all had a lovely summer break. Our Baby/Toddler group back Monday's and Friday's 9am - 10.45am £2 per adult/child 50p for additional children, snack included. Please contact **Kiddies World** on **01978 810242**.

USEFUL NUMBERS

Gas Emergencies 0800 111 999

Dee Valley Water 01978 833200

Dee Valley (Leak Line) 0800 298 7112 **MANWEB / Scottish Power** 0845 2722424

Welsh Water 0800 0520130

Cefn Community Council 01978 821298

ACAS 0300 123 1100 Age UK: 0800 169 6565

Alzheimer's Society 0300 222 11 22

CALL Community Advice & Listening Line

0800 132 737 or text 'help' to 81066

Cambrian Credit &Loans 01978 266843

Caritas Surgery Cefn Mawr 01978 720450

Childline: 0800 1111

Citizens Advice Wrexham (CA) 0300 330 1178

CA Consumer Helpline 0808 223 1133

CA National Grid line 0300 330 1178

CA local office please leave your name and

number for a call back 01978 364639

Community Fire Safety 01745 352693

Consumer Direct Wales 08454 04 05 06

Crane Medical Centre 01978 810844

Crime Stoppers 0800 555 111

Dementia Help Line Wales 0808 808 2235

District Nurses Plas Madoc 01978 812163

DAN 24/7 Drug & Alcohol Help Line 0808 808 2234

or text 'DAN' to 81066

Domestic Abuse Safety Unit (DASU)

01978 310203

Domestic Violence Hotline: 0808 2000 247

Floodline 0845 9881188

Home Fire Safety Checks 0800 169 1234

Live Fear Free 0808 8010 800

Macmillan 0808 808 00 00

Men's Advice Line 01823 334244

MIND 0300 123 3393 or text 86463

National Drugs Helpline 0800 776600

No Panic Don't suffer alone, pick up the phone.

0844 967 4848

RNIB 020 73881 266

Ruabon Medical Centre 01978 823 717

Samaritans: 116 123

SHOUT 24/7 free (on major networks) text service for anyone in crisis any time. Text **85258**

The Mix Young Peoples Helpline 0808 808 4994

Universal Credit 0800 328 5644

Wales Domestic Abuse Helpline 0808 8010800

Working Families 0300 012 0312

Wrexham Care & Repair 01978 268120

Wrexham Dog Warden 01978 298989

Dog Warden Out of Hours 01978 292055.

Acorn Kennels 01948 662931

Wrexham Communities for Work

07976 200414 or 07976 200413

Wrexham Maelor Hospital 01978 291100

USEFUL WCBC NUMBERS

OUT OF HOURS EMERGENCY NUMBERS

WCBC Out of Hours 01978 298989

Emergency Council Housing Repairs 01978 298993

Social Services 0345 053 3116

Emergency duty team

Highways 01978 292055

Telecare 01978 292055

Adult Social Care 01978 292066

Social care services for adults & older people

Children's Social Care 01978 292039

Social care services for children & families

Business 01978 298990

Business rates & licensing

Education 01978 298991

School admissions, term dates, free school

meals, school transport Finance 01978 298992

Council tax account queries, Council tax support,

payments, benefits

Housing 01978 298993

Housing repairs

Planning & Building Control 01978 298994

Planning permission, advice & guidance

Pride in Your Streets 01978 298989

Waste collection, street cleanliness, street lighting

Transport 01978 298996

Blue Badges, bus passes

Welfare Rights 01978 298255

Wrexham Family Information Services

01978 292094

More services 01978 298997

Including births, deaths & marriages, voting and job

vacancies

Text relay To use the Text Relay service prefix any number with **18001** or call our switchboard on

01978 292000.

MY ACCOUNT REPORTING

Is that pothole dangerous or annoying you? Did the Council miss your bins this week? Is that street lamp out or lit up all day? Dangerous tree? Fly tipping? Blocked gully? Overflowing culvert? Noisy neighbour? Abandoned vehicle? Who ya gonna call?

Set up a 'My account' with Wrexham Council at:

https://myaccount.wrexham.gov.uk/en

Report it and track it online in half the time.

STREET LIGHTING FOR CEFN CC AREA

These lamp posts will be numbered and should be reported to the Clerk of the Community Council. The Clerk can be contacted on **01978 821298** or by email: admin@cefncommunitycouncil.gov.uk

WCBC STREET LIGHTING REPORTING

Usually these are on main roads, please use the facility online, if you type in the post code it will take you to a map where you can identify the light or road sign:https://www.wrexham.gov.uk/service/street-light-reporting

COMMUNITY SUPPORT

LLANGOLLEN FOOD SHARE HUB At the Castle Street end of Market Street Car

Park. If you have queries or trouble finding us

please call 07538 894 449 or contact us on Facebook or email: Ilangollenfoodshare@gmail.com Open for food parcels for people experiencing financial difficulty 1-2pm each Wednesday. Open for donations 10-11am every Tuesday. Open for Community Fridge - sharing of free surplus food to reduce food waste **Monday and Thursday 9-11am**. **Crisis / Emergency support: if you are in crisis or** need some emergency support, we can help out of hours: please get in touch. To talk in confidence about how we can help, message us on Facebook or text 07538 894 449. If you know of anyone struggling, please pass on our details for them to contact us. We can deliver to those unable to collect.

We also share supermarket surplus to stop food waste, check our Facebook page for updates as we usually post details of our Community Food Share when there is more than we need, help us save food from going to landfill. Food Share is for everyone. If you are in position to support us by donating food or money, please get in touch for more information about how to do this.

WREXHAM FOODBANK PLAS MADOC

Providing emergency food parcels and toiletries to those in financial crisis. To receive a food parcel you need a

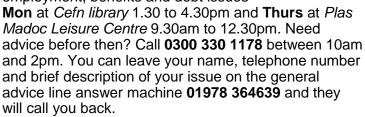
referral from somewhere that helps you with other support such as your housing officer, social worker, health visitor, Community Agent, school or Citizen's Advice Wrexham. You can also call **Help Through** Hardships free helpline on 0808 208 2138. We have eight centres for parcel collection, if you are unable to get there someone can collect on your behalf, or you can request a home delivery. Plas Madoc Leisure Centre foodbank is open Thursdays from 10.30-12 **noon**, use the red fire exit door by the main car park. Foodbank donations welcome at Ruabon Rd warehouse on Tuesdays and Fridays between 10am -3pm, or in most supermarket stores. For information visit www.wrexham.foodbank.org.uk Follow us on Facebook and Twitter. To volunteer please contact info@wrexham.foodbank.org.uk or 07538 547971.

THE COMMUNITY CAFE & FOODBANK RHOS

We support families and individuals in the community with our foodbank, please get in touch to organise a food parcel. Generally we are here midday on Tuesday, Wednesday and Thursday but please do contact us on 01978 447477 or message our Facebook page before coming up to see us.

CITIZENS ADVICE WREXHAM

Offering free independent impartial, confidential advice on any topic, including employment, benefits and debt issues



FRIENDS OF PARKIES Is a charity based on the border of North Shropshire and South Clwyd in St Martins next to Stan's Supermarket, offering support for those diagnosed with Parkinsons, their carers and families. We meet every 2nd Wednesday of the month at 11am to share information and to help/support one another. We offer support for people recently diagnosed with Parkinsons who don't know where to turn for help and information. Call us for an informal chat and more information. Tel: Elaine on 07760 **685447**. See our Facebook page friends of parkies.

WCBC BENEFITS ADVICE / WELFARE RIGHTS

Our Welfare Rights Unit provides telephone advice to all Wrexham residents (Homeowners and Tenants including all in Private Rental) on all matters relating to Social Security entitlements including advice on Universal Credit, Jobseekers Allowance, disability benefits and so on. Please call 01978 298255 between 9.30am and 12pm, Monday to Friday.

VETERANS' GATEWAY information and support for veterans and their families. We are the first point of contact for you and your loved ones. Contact us 24/7 for help across housing, mental wellbeing, finances and more. We can also refer you directly to our Referral Partners. Get in touch with our friendly helpline team call 0808 802 1212, text 81212 or email support@veteransgateway.org.uk Use the Self Help on our website to find veteran specific resources across all welfare categories. Our guides contain expert advice from our partners to help you at: http://bit.ly/309Dcvk or find us on Facebook.

NEW VETERAN'S DROP-IN SESSION

At The Memorial Hall Wrexham from 10am to12 noon the last Saturday of the month. A place for Veteran's to find support, camaraderie and resources tailored to their needs. This aims to foster a sense of community, providing a safe space to share experiences. connect with fellow veterans and access various support services should they need to. These are organised by Woody's Lodge and Wrexham Council, with a collaboration of local organisations, including veterans' associations, support groups, and community partners. For more information please contact Graham Jones graham@woodyslodge.org

COMMUNITY FOOD, WARMTH AND COMPANY Free weekly sessions at **St Collen's Hall, Regent** Street, Llangollen LL20 8HL. A welcome space where people can enjoy refreshments and connect with each other. Friday Community Lunch 12 noon to 1.30pm. Saturday Community Breakfast 9am to 11am. No need to book, just turn up, We look forward to seeing you.

CAN COOK / WELL FED MOBILE FOOD VAN At Plas Kynaston Football Field LL14 3PU on Tuesdays 10.30am-12 noon, then The Community Centre, Froncyllte LL20 7RH from 12.15pm-1.45pm then Rhosymedre School Carpark LL14 3EG from 2.30pm-3.30pm. Meals available to purchase on the day and can be pre-ordered for the following week. Microwave meals, slow cooker bags & much more from toiletries and food cupboard items.

Wrexham

PLAS MADOC UPDATES What's on in Plas Madoc MONDAYS

Coffee Morning at *Plas Telford* from 10 to 11.30am.



Volunteer Drop-in at *Kettle Club Hub* 12.30pm to 1.30pm come and find out about Volunteering roles in the community and all the amazing training we can support you with.

TUESDAYS

Crafty Brew Health & Wellbeing Group from 9.30 to 11.30am at Plas Telford. The group supports mental health through crafts and peer support. All welcome - come along and do some crafts whilst having a cuppa.

The Land is open for play from 3.45 to 5.45pm. **WEDNESDAYS**

Breakfast & Brews from 9 to 11am in the *Opportunities Centre*, join us for a hot drink and breakfast, free to attend.

The Land is open for play from 3.45 to 5.45pm 'Suppa n a Cuppa' 6.30pm to 8pm at Kettle Club Hub meet new friends, enjoy a bite to eat or just chill free to attend.

Youth Street Football. Under 13's 6.15pm - 7.15pm and Over 13's is 7.30pm - 8.30pm currently on the Leisure Centre field. The times and possibly venue will change as we head into Winter.

THURSDAYS

Kettle Club Hub from 9 am to 12.30pm join us for a brew, hot food, and good company! Free to attend. For Plas Madoc residents trips to Aldi/Tesco are run between 10-12pm - £1 return which includes drop off at your home. If you need more info, please call **01978 813912**.

Citizens Advice from 1- 4pm at *Kettle Club Hub* to provide free, independent, confidential, and impartial advice on any issue brought to them. It is a sit and wait service, no appointment needed.

The Land is open for play from 3.45 to 5.45pm. **FRIDAYS**

Thank Me It's Friday 10am-12pm *Opportunity* Centre carpark a chance to unwind a learn all about Self-healing.

Mates Crates every fortnight food project at *Kettle Club Hub*, lots of food at a low cost, pop us a message on Facebook or call **07394 465113** more information or to order.

The Land is open for play from 3.45 to 5.45pm **Bingo** every 1st Friday of the month 6pm eyes down 6.30pm at *Plas Telford*. £3 per book, inbox WAPM for more details and to book your tickets. Children welcome accompanied by an adult £1 for Children's bingo.

SUNDAYS

Community Litter Pick every 1st Sunday of the month from 3 to 4pm, meet at the *Leisure Centre carpark* by the field.

We Are Plas Madoc have a website so if you'd like to learn more about the group head over to www.weareplasmadoc.co.uk

LITTLE SUNFLOWERS

Open to Flying start Families and Rising 4's. Please

contact **Sharon** on **01978 813914** for information on all services available, or message Little Sunflowers Avow Facebook page thank you.

WCBC ESTATE OFFICE UPDATE

We are open for all queries and advice, our Kiosk is open for the payment of rent and council tax by card only as we no longer accept cash.



Reception open to the public

9am–4.30pm Monday–Thursday, **9am–4pm Friday**. It is important that tenants have Home Contents insurance which we can provide at a reasonable rate. Please call **01978 292061** for a form and advice on this to protect your personal belongings.

We are doing **Annual Visits** again this year and we will write to confirm appointments before we arrive. Tenants are now Contract Holders with the new *Renting Homes Wales Act* in place and they can ring if they need any information on the changes. We are doing some **Skip Days** and leaflets will be delivered to all areas before hand with dates and locations.

Are you missing out on any benefits? Here are two quick and confidential ways to check your eligibility on-line: www.entitledto.co.uk

www.benefits-calculator turn2us gov.uk

If you have URGENT OUT OF HOURS HOUSING REPAIRS contact housing on 01978 298993.
You can also contact the Estate Office by email PlasMadoc.EstateOffice@wrexham.gov.uk

PLAS MADOC POST OFFICE & TOP SHOP

Shop open Mondays to Saturdays 7am to 10pm. Sundays 8am to 9pm. **Post Office** open Monday to Friday 9am to 5.30pm and Saturday 9am to 12.30pm **Tel: 01978 820729**

WREXHAM FAMILY INFORMATION SERVICE

Our supportive Outreach Team is here to help and support you with a range of family issues or concerns. Call us for a chat on **01978 292094 or** email: **fis@wrexham.gov.uk** to see how we can help you. Check our Facebook page for updates resources, events, activities and courses for you.

NORTH WALES FIRE AND RESCUE SERVICE

People are still dying as a result of fires at home. Help save a life - take a few simple steps to check on those you know. Be it a

neighbour, relative or someone you care for, please contact us for a free **Safe and Well** check, call **0800 169 1234** or visit http://ow.ly/4zS950GUlfr

COMMUNITIES FOR WORK DIGITAL SUPPORT







Do you need access to IT equipment to help with your job search, applications, online courses and completing your online journal?

Come along to the weekly Digital Drop-in sessions, and a Communities for Work Plus team member will be on hand to offer you support.

Every **Monday** from **9.30 to 11.30am** at the Opportunities Centre, Plas Madoc LL14 3US

LOCAL EVENTS

September 21st Afternoon Tea Dance with music and afternoon tea at the George Edwards Hall, Cefn LL14 3AE from 2pm to 4pm. For tickets call 01978 821298 September 23rd Voices for Peace concert at St Giles Church, Wrexham at 7.30pm with George Borowski, Igloo Hearts and Wrexham Community Choir. September 30th & October 1st Phantasmagoria

September 30th & October 1st Phantasmagoria
Horror Film Festival at the George Edwards Hall, Cefn
LL14 3AE, tickets £15 for weekend or £10 for a day.
October 5th to 26th Free Crochet Course at the
George Edwards Hall, Cefn LL14 3AE from 10am to
12 noon run by Groundwork call 01978 757524 or
email: training@groundworknorthwales.org.uk
October 7th CRNCA Autumn Market at the Activity

October 7th CRNCA Autumn Market at the Activity Centre, Bro Gwilym, Cefn LL14 3PA from10am to 12.30pm

Liangollen Rotary Table Top Sale 10am to 4pm @St Collen's Community Hall LL20 8PL

October 21st Oktoberfest at The Wynnstay Arms, Ruabon LL14 6BL from 12 noon. Oktoberfest is set to be a real crowd-pleaser. Save the date for your diary! November 9th Household Budgeting Advice

session at the George Edwards Hall Cefn LL14 3AE from 10am to 12 noon contact

info@groundworknorthwales.org.uk

November 11th Lest we Forget a choral and brass band concert in the William Aston Hall Wrexham with the Fron Male Voice Choir and the Salvation Army Band at 7.30

November 17th Maelor Boxing Tournament at the George Edwards Hall, Cefn LL14 3AE Doors open 12 noon and boxing starts at 2pm

November 25th Llangollen Town Christmas Festival parade1pm, lights switch on 5pm, with lots happening all afternoon including Stalls and more. November 25th & 26th Christmas Fayre Chapel Tearooms, Trevor 10am to 4pm with lots of festive stalls, Santa's Grotto and delicious food and drink.

December 1st Cefn Community Council Christmas Celebration lights switch on 4.45pm, Christmas Window Competition, with Carols & Christmas Fayre in George Edwards Hall 5pm to 7pm and Santa's Grotto, check our Facebook page for more information.

December 3rd Llangollen Illuminated Charity Tractor Run at the Llangollen Pavilion, public entry 4pm, tractors leave @ 5pm for more information

see www.valeofllangollenrotary.com

Friends of Ruabon Frost Fayre at the Wynnstay Arms Ruabon from 1 to 4pm. Father Christmas will be there ready to greet the children.

December 7th Victorian Christmas Market, Wrexham look out for more details.

December 12th Tea with Santa Plas Madoc Leisure Centre 5pm to 7pm to book call **01978 821600**

SANTA VISITS 2023 Santa will be visiting Cefn & District areas week commencing 4th December. Times, venues and dates will be posted nearer the time when Santa has worked out his North Wales schedule with his elves! Please like and follow the *Friends of Ruabon* Facebook page for full route details and maps.

1st TREVOR SCOUT GROUP

Unfortunately the nights are drawing in, but as a group we have made the most of the light evenings. Beavers have been canoeing on the canal for their paddle sports badge and have all taken some photos and made a photograph album, nice to keep. In the new term they will be concentrating on Spain as their chosen country, learning about their food,

traditions, dress etc. The Cub section had fun with their Athletics and Local Knowledge badge. In the new term plans, they will be back to basics in some ways, with map reading, firefighting and shelter building amongst other things. As the Cubs are going to London for a few days in February half term, we are fundraise to help the parents with the expense. The idea being we collect a mile of



pennies or 2p, this would total a minimum of £800, if there is anyone who collects these coins and would donate them to our cause, that would be great and so appreciated, we could also collect any donations, by contacting me at the number below. We are running a fundraising cafe in Froncyllte Community Centre on **Saturday 30**th **September** from 10-4pm. With fresh sandwiches, home made cakes and a cuppa.

XMAS We are taking our famous Trash and Treasure stall to the following Xmas Fairs.

November 25th & 26th Chapel Tearooms, Trevor.

December 1st George Edwards Hall, Cefn.

December 2nd Cefn Community Club. Cefn.

December 16th at Plas Telford Organised by We are Plas Madoc. At popular request we will be re visiting Llys y Graig for Carol Singing on December 14th.

December 21st We as group will be having a Cinema and Pyjama Xmas Party.

Anyone who has any pennies to donate or wishes to help within our Group, in any way please contact **Elaine Anderson** on **07939476208**

HOP ON – HOP OFF SIGHTSEEING BUS OF THE DEE VALLEY!

Bryniau Clwyd a Dyffryn Dyfrdwy Clwydian Range

The Dee Valley Picturesque Bus Service is a circular route running every

Saturday to **November 4**th **2023**, linking Llangollen and surrounding villages to popular local attractions including Pontcysyllte Aqueduct, Wenffrwd Nature Reserve, Horseshoe Falls, Valle Crucis Abbey, Plas Newydd Historic House and the Horseshoe Pass. The bus offers a hop on/ hop off facility with a 1Bws ticket price allowing unlimited travel on the service through the day, making it ideal for getting off to visit a site and then back on the bus later. It is free for Welsh Bus Pass holders! For up-to-date details head to: **www.clwydianrangeanddeevalleyAONB.org.uk** or pick up a leaflet from Llangollen Tourist Information Centre.

CHURCH NEWS



CAFÉ CHURCH

Time flies doesn't it!? It only seems like 5 minutes ago I was writing the article for the last Community News and speaking of the up-and-coming school holidays!

Now we have had the children returning to school for the Autumn Term, which means we're also leading up to Christmas!! So I'll just pop in a reminder here that we will be having our Carol Service at the CRNCA (Cefn Old Canteen) sometime in December, but to please watch out for further information regarding the date. We wouldn't want you to miss it. as we enjoyed such a wonderful evening together last year with the children's choir from our local school.

However, until then, why not come along to our Café Church, on the first Sunday of every month. This too is held in the Old Canteen at 10.15am. Seated around tables, you can enjoy an assortment of cakes with a cuppa, and 'a good old natter' with folk before we begin a short message about truths written in the bible. There is plenty of opportunity to ask questions and discuss the experiences of what life can often challenges us all with, and how God can help us through those times. Come on your own or bring a friend along with you. We're a very friendly bunch of mixed aged folk who will make you feel very welcome!

We also have our Social Evening 11 days later each month, in the Old Canteen at 7pm. We meet around tables again and always have plenty of food to offer (I should add that this is all free, as it is with the food and drinks at Café Church!) This is just an activity evening with board games and a pool table, or you can just relax and enjoy the company of others. It's a great opportunity to make new friends! If you would like to know more about any of these events, or who we are, then please telephone Colin or Rowena on 01978 824785 We would love to hear from you! If we're not at home then leave a message on our answer machine, leaving your name and number and we will get back to you!

RHOSYMEDRE METHODIST CHAPEL

Chapel Street, Rhosymedre LL14 3YF. Open for worship every **Sunday** at **11am.** We are celebrating the Harvest Festival on Sunday 24th September at 11am with Mrs Meryl Thomas. All are welcome. For more information please call 01978 821177.

LLANGOLLEN METHODIST CHURCH

Princess Street, Llangollen LL20 8RD Sunday Worship at 10:30am on ZOOM or 11am in person at Llangollen Methodist Church Tel:07927 144822 or visit our Facebook page.

CITY CHURCH LLANGOLLEN

Brook Street, Llangollen LL20 8LS We meet every Sunday at 10am for 10:30am, come and join us. You can expect a warm friendly welcome, we are a united church family, where you will experience a church full of freedom and love. Tel: 07957728473 email: church@citychurchllangollen.org.uk



Hafod Family Are a group of Church In Wales Churches that includes St. Thomas',

Penycae, St. John's Rhosymedre, and St. David's, Rhos. Our St John's Community Pantry is open every Thurs from 1.30 until 3pm, with drop-in coffee and tea available as well, for people that just want to come down and have a chat. Our normal Sunday Services are at 11am. Our celebrated Chips and Bingo has returned and runs on the 2nd Tuesday of every month, There is a small cost to attend (around £5 for the chips), please let us know if you'd like to attend, so we can make sure that we've got some chips for you.

For some pastoral care pop in on Thursdays between 1.30 and 3pm and speak to Dawn.

Follow us on Facebook @ Hafod Family of Churches on Twitter @HafodFamily, or even on Instagram! Hafod Family. For wedding, baptism or funeral enquiries please call 01978 846204 or e-mail: PhilBettinson1@churchinwales.org.uk

FRIENDS OF ST JOHN'S GRAVEYARD

We have not been able to have the fabulous CS Team helping this year so we will be looking at ways of working with you our local community to get that grass under control! It is a challenging area and we are appealing for donations to cover petrol costs for volunteers, thank you. If you are able to give an hours time strimming, raking or helping to move the cut grass it really does make a big difference. We will try again to get a team for the 16th September. See our Facebook page for updates.

LLANGOLLEN GROUP OF ANGLICAN CHURCHES ST COLLENS PARISH CHURCH

Weekly Mass and Communion in St Collen's on

Sundays 11am, When there is a 5th Sunday there will be a united service for all four churches. St Collen's Church Opening Times for Prayer and Visiting: Sunday: 9am - 12 noon. Monday: closed Tuesday: 12 noon - 2.30pm. Wednesday - Saturday: 9am - 2.30pm. St. Collen's has a fine ring of eight bells. We practice on **Wednesdays** from 7.30pm to 9pm. Sunday ringing is 10.30am to 11am but please check on a 5th Sunday in the month. New ringers are always welcome, please contact Richard Archer-Jones at ricarcher.j@macunlimited.net or Ruth Stevens at erstevens@btinternet.com or call 07970 281987

TREVOR PARISH CHURCH

Trevor Llangollen LL20 7TL Sunday Services at Trevor Church every Sunday at 9.30 am. We have Holy Communion on the 3rd Sunday of each month. Harvest Festival Service at 9.30am on Sunday 17th September.

CATHOLIC CHURCHS

Llangollen, Chirk and Ruabon Churches are open for Mass, **Llangollen** Saturday at 6pm, **Chirk** Sunday at 9am and Ruabon Sunday at 11am. For other devotions including weddings, births, confessions and funerals please contact: Fr John Bosco Bukomba by email at: PriestRuabon@rcdwxm.org.uk

CEFN & DISTRICT INVITATIONAL DARTS

LEAGUE July as usual was a busy time for the league with the end of season knockout competitions and presentation night. The Singles K/O on the 3rd, the Pairs K/O on the 17th, and the Ladies K/O and the Captain and Vice Captains K/O (featuring an exciting new format) was played on the 17th. All 3 Knockouts were played up to the semi final (in the singles competition) or final to be played on the Finals Night on the 24th July. The turnout for the events was Phenomenal, players from every team participating and non-playing members of the community coming along to support and to witness some fantastic darts in the best league in the area. Our League Sponsor the Cefn Club did a fantastic job hosting each event, even having the finals played on the stage to make the event feel even more special for those involved. The results of finals night;

Singles Winner: Jamie Kynaston of Rhos Snooker Club (65.12 3DA) Singles Runner Up: Paul 'Taz' Caveney of Rhos Snooker Club (59.30 3DA) Women's Singles Winner: Audrey Evans of New Inn Johnstown (31.31 3DA) Women's Singles Runner Up: Tracey Bride of Cons Club (30.43 3DA) Pairs Winner: Andy Williams and Mrk Jones of Vaults Ruabon (49.28 3DA) Pairs Runner Up: Phil Roberts and Simon Brewin of Cons Club Ruabon (52.12 3DA) Captains/Vice Captains Winner: Ian Bride and Rob Pugh of the Cons Club Ruabon

Captains/Vice Captains Runner Up: Andy Matthias and Chris Hughes of the Black Lion Rhos Awards were presented to all winners and to Barry Hopwood

of Pubby McPubface B who achieved the finish with least darts thrown (14), and Lewis Mates of The Delph who achieved the highest finish of the season of 150.

The league has resume following the AGM on the 4th September. There are a number of teams up and down the league who are on the look out for new players, if you are interested, it doesn't matter if you are Michael van Gerwen or not, go to your local pub or to Rob Pugh or Greg Matthews for more information, Monday Night Darts in the Cefn is a league for all.

MAELOR ABC NEWS

Cory Jones has been at training camp in Tenerife, he and Richard Evans have been entered to compete in the Welsh Boxing Cup in Cardiff this month. Big thanks to Gareth Harper of Queens Park ABC for bringing boys up to the Maelor Boxing Club for good sparing before we travel to Cardiff for the Boxing Cup. The Gym is now back open after our summer break, Monday to Thursday as usual. The Maelor Boxing Club Tournament will take place on November 17th at the George Edwards Hall, Cefn LL14 3AE. Doors open 12 noon and boxing starts at 2pm. To sponsor a boxer please get in touch with the Club or the individual boxers.

BINGO AT THE ROYSTON CLUB ACREFAIR

Thursday is Bingo night every week in the bar at the Royston Club. Doors are open at 7pm and Bingo is from 8 to 10pm. All welcome, good parking.



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News and Events at the Activity Centre TUESDAYS

The Changing Seasons Group meets from 12.30-2.30pm, open to all 50+ in the area, subs £1. Enjoy a game of bingo, quizzes, swap books, catch up with local news and events the choice is yours refreshments available.

Ladies Shed and Eco Crafts from 12.-3pm. This is a new start up group, come on in ladies and try your hand at turning landfill bits and bobs into something useful. Try making a rag rug, tin planter, use your imagination don't buy new, recycle old. Make a store cupboard pantry, you really don't need to be an expert. This can be great fun £2.50 per session including tea and a snack

WEDNESDAY

Lunch Club This is booked most Wednesdays but if you call **07532 484470** before10.30am you may be able to reserve a place Meals are £3.50p for two course plus hot drink

The Lunch Club Christmas Dinner on December 13th is FULLY booked sorry.

Woollies knitting, crochet, & crafts meet after lunch club 2-4pm subs apply. Learn from each other, video, you tube it's all out there, make for yourself or a charity your choice informal group with fun and laughs refreshments available.

NB open to Men too, did you know knitting was invented by you men folk who knitted for centuries – so don't be shy come and try. Children welcome for instruction in holidays by request

Games group Fancy playing card or board games? Maybe jigsaws or marbles pick a game with likeminded friends relax, socialise, chat and have a cuppa subs apply.

THURSDAYS

Men's Shed Group meets from 9.30-12.30pm. Break the cycle of boredom and come down to the Activity centre there is always things to do and make, gardening, cooking skills and use of equipment help around the Centre repair and item of yours ask for advice with others attending, talk about cars, bikes, health whatever comes to mind. Quite an informal group we have tea and snacks available, so don't be shy give it a try

NEW INITIATIVE

Down Memory Lane £5 including dinner

Starting once a month on a Sunday 17th September from 12.30 to 2-30ish reminiscing about your life, school days, the area you live/lived in, food you ate and recipes you tried. Write yourself a memory diary including photos for family to remember and pass down for future generations

Booking essential please call 07532 484470

DISCLAIMER Whilst the Cefn & Dee Valley News makes every attempt to ensure the accuracy and reliability of the information contained in these pages.

Cefn & Dee Valley News does not take responsibility for advertisements and articles which are the sole responsibility of the contributors.

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CEFN LIBRARY UPDATE

Mondays *Citizens Advice* drop in service every Monday from 1 - 4:30pm. No appointment needed. *Knit and Knatter* group meet every Monday from 1-4pm. Come and join this friendly group of people.

Wednesdays Cylch Ti a Fi 1:15 - 2pm during term time. Suitable for under 4s and Welsh or non speaking Welsh families. Learn simple songs and take part in a craft activity. The sessions are free but you need to book in advance by contacting the library Lego Club runs every Wednesday all year round from 3:15 - 4pm. Suitable for children age 4+ with some building blocks for younger children if needed.

Thursdays our *Adult Book Club* is on the last Thursday of the month from 2 - 3pm.

IT Skills for beginners Thursdays 1-3pm from 14th September to 19th October, all welcome to book see below **Smartphones for beginners**. Thursdays 1-3pm 9th & 16th November. Bring your own if you have one. Aimed at complete beginners who have little or no experience using IT or smartphones, and will build their confidence. Courses are delivered in a friendly, informal way and are learner centred. To book either course, please phone **01978 757524** and ask for the Training Team or email

training@groundworknorthwales.org.uk

What else do we do?

Come along anytime for a chat, read a book or newspaper. We provide photocopying. Free WIFI, iPads, computers and laptops are now available. Printing: 20p per page Black & White, 40p per page for colour. You can also get blue recycling sacks and green caddy bags.

We have a dedicated quiet corner and also quiet library time on Thursdays from 4.30 to 5.30pm.

Half term fun

Spooky Stories and craft Friday October 27th 3:15-4:15pm for 3-6 year olds and 4:30-5:30pm for 7-10s. **Booking is essential.**

Autumn crafts for children Friday November 3rd from 2-3pm for children aged 4-10. **Booking is Essential.**

Please return or renew your books every three weeks by phone, in person or online

www.wrexham.gov.uk/libraries and follow the online services link. No more fines! We'd still love our books back if you've finished with them. Now if you've had a book for more than 90 days anyone over age 11 will be asked to repay the cost of the book if you do not return it. Don't forget we have audio books on CD, large print books plus Quick Reads for those who haven't got a lot of time. With the Borrowbox app you can read online. Just download it to your phone or laptop. Can't find the book you want? Ask in the library and we'll try and find it for you. You can collect or return items from any local Welsh library.

Email: Cefnmawr.library@wrexham.gov.uk

Ring: **01978 820938**

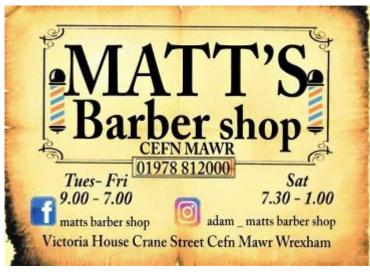
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PLAS MADOC LEISURE CENTRE Acrefair LL14 3HL Tel: 01978 821600

Pool Timetable: Our Term Time

Timetable is now available on our website

and Facebook page

https://www.facebook.com/PlasMadocLC Family Fun Swim: Every 2nd Friday of the month. Free for local residents – Next Dates are: **08/09/23**,

13/10/23 and 10/11/23 proof of address may be requested.

Free swimming:

Under 16's - Saturdays 3pm to 4pm

Over 60's – Tuesday 10am to11am and Thursday 9am to 10am. Term Time only, proof of address may be requested.

Gym: Open Monday to Friday 9am – 9pm. Saturday and Sunday 9.00am – 4pm. Induction required before first use. Our friendly Gym team offer/programmes/personal training and helpful support and advice. Pay as you go or membership options are available.

Fitness Classes: We have something for everyone from Zumba to Kettlebells, see our full class timetable here; https://www.plas-madoc.com/fitness-classes

Sports Hall & Dry activities:

Our Sports Hall is available for block bookings for Football/Roller Hockey etc. We also offer Badminton, Netball, Table Tennis and Squash.

Café and Soft Play:

NEW Opening Times: Term Time

Tues and Thurs – 10.30am – 3pm and 3.30pm – 6pm. Wednesday - 4pm – 6.30pm

Sat - 11am - 3.30pm. Sun - 10.30am - 3.30pm

PMLC 50+ Luncheon Club:

Every Monday Term Time Only 12.15pm
Two course meal with Tea & Coffee only £3.50
Booking is essential call in or Tel: 01978 821600
Tuesday Breakfast Club:

Every Tuesday Term Time Only 9.30am – 11.30am Adults Only £2.00 for 3 Breakfast items plus Tea or Coffee.

Children Only £1.50 for 2 Breakfast items with a glass of squash. FREE SOFT PLAY INCLUDED!

Birthday Parties and Private Hire: Bookings are now available for Soft Play/Swimming Pool/Bouncy Castle/ Football Parties /Roller skating (1 activity per party). Hot Food can be provided from our café. Private hire of our Pool and Sports Hall is also available. Pirate Ship inflatable or floats and rafts available for Private Hire Parties | plas-madoc Conference and Meeting rooms:

We have a number of different size areas available to hire for meetings and conferences.

Catering available.

Community Support Hub:

Residents can access advice and practical support from Citizens Advice, Wrexham Foodbank, WCBC Tenancy Support, Cambrian Savings and Loans, Communities for Work, Advance Brighter Futures and The Wallich to name just a few! Let us know what you want from your Community Hub! Volunteers always welcome.

NEW KIM4HER Women's Wellbeing & Mental

Health Group

PLAS MADOC

Every Tuesday from 12th September 2023 10am – 11.30am

NEW Social/Craft Group COME & TRY!

Every Wednesday 9.30am - 11.30am.

Do you enjoy Arts & Crafts? Want to meet new people or learn a new skill? Come along and meet our friendly volunteers and have a go at our easy-to-follow Arts & Craft sessions. FREE Tea & Coffee with everything you need provided!

Citizens Advice

Every Thursday 9.30am – 12 Noon Wrexham Foodbank

Every Thursday 10.30am - 12 Noon

NEW - CANIAD – Substance misuse and mental health Support

Every Thursday 1pm – 3pm from October 5th Contact info@plas-madoc.com / Tel: 01978 821600 Splashport to Leisure: We offer a 'Splashport to Leisure' scheme to all Plas Madoc residents. This scheme allows anyone living on the Plas Madoc Estate to benefit from a 50% discounted price for the following activities; Swimming, Gym, Fitness Classes, Badminton and Soft Play.

How does it work? To be part of the scheme you need to live in Plas Madoc. (Proof of address required), just complete an application form and return it to the Centre. Pay £2 for a Splashport membership card and Start Saving! Contact the Centre on **01978 821600** Email: info@plas-madoc.com

Group /Private Swimming Lessons:

From age 3 months we have group courses or private 1 to 1 lessons available.

Climbing Wall: We are now offering courses following NICAS guidelines. Contact the Centre to register your interest.

Swim Teachers/ Lifeguards Wanted!

We are hiring, competitive rates of pay. Level 1 and 2 Swim teachers and qualified lifeguard positions Available.

Tea with Santa - Tuesday 12th December - 5pm - 7pm Ring to book - 01978 821600

RHOS MALE VOICE CHOIR

Would you like to sing in a good established Male Voice Choir that welcomes and encourages new members. Our numbers are diminished but our ability to perform to a high standard has not. Come to one of our practices and see what you think. No previous experience necessary, you will receive advice and guidance. WE are Cor Meibion Rhosllanerchrugog / Rhos Male Voice Choir. Ring me, Mike on **07944 386550** for a chat if you wish. Practices-- The Stiwt 7.15 Mondays/ Capel Bethel, Chapel Street Thursdays.

THE FRON MALE VOICE CHOIR meet at Ysgol Acrefair Primary on Mondays and Thursdays, 7pm until 9pm with vacancies in all four sections email fron.choir@gmail.com for further details. Choral experience and singing experience, although helpful, is not necessary. You do not need to read music; you simply need to be open to embracing a fantastic new hobby and having a lot of fun on the way!

CAMBRIAN SAVINGS & LOANS

We have supported communities for over 25 years with access to ethical, fair, and affordable financial services. We operate to promote the well-being of our members, as a credit union we are owned and controlled by a volunteer board of directors elected by you our members, to manage our credit union. All money saved with us is protected by the Financial Services Compensation Scheme the same as savings in a bank or building society. Profits made by us are returned back to our members in the form of reduced fees, higher savings rates and lower loan rates. Welsh specific research in 2023 around the cost-of-living crisis found that: 38% of respondents say they are more likely to borrow money or credit this year to cover everyday costs. 50% of those borrowing needed funds for everyday living expenses; of those, 66% for food and 53% to cover energy bills. 44% of borrowers stated they borrowed informally through family, friends, or co-workers.

Cambrian Credit are keen to promote GOOD CREDIT letting people know there is an alternative to payday lenders or even worse loan sharks. Want to know more visit our website www.cambriancu.com and join our fight #goodcreditversusbadcredit and get yourself into good financial habits.

RAISE THE ROOF COMMUNITY SINGING FOR EVERYONE

We are back after our summer break meeting on Thursdays at 7pm at our usual venue, St John's, Rhosymedre. We are always happy to welcome new members, do come along any Thursday evening to meet us, have a listen and join us in a cup of tea and a natter. It's always 'Open House'. If anyone wants to book us for any occasion, our contact member is Alan Tiltman and his number is **07753 251768.** We are looking forwards to entertaining the residents at Lys y Graig later this month. Visit our **Raise the Roof** Facebook page, or email: nova.4song@gmail.com

We welcome your News, Photos and Information on Events for inclusion in the next edition of the newsletter.

Please email: tyger@tygertactics.com

To advertise please call **Tyger** on **07532 780007**, message the **Cefn & Dee Valley News** Facebook page, or email: **tyger@tygertactics.com** Thank you.

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Wrexham County Borough Council (WCBC), Betsi Cadwaladr University Health Board (BCUHB) and Association of Voluntary Organisations in Wrexham (AVOW) are working with NECS Consultancy to look at opportunities for health and social care hubs in your community.

A hub is about teams working together to deliver services, it can mean a hub of activities in your local community and even teams working virtually. According to the Wellbeing Wales Act 2014, wellbeing doesn't only mean being physically and mentally healthy; it means being well in your emotions, feeling safe where you live and being part of a good strong community. Therefore, these hubs will have wellbeing at their heart, with health and social care teams working together to give you access to the right support at the right time when you need it.

We would like to understand your experiences of how your local services impact your wellbeing, if anything is currently preventing you from accessing local services, the priorities of your local community and where there are opportunities for improvements in your community.

Your voice is crucial and will help to inform the development of wellbeing hubs in Wrexham. The survey is live up to 1st **October 2023** and takes 10 minutes to complete.

https://www.yourvoicewrexham.com/survey/1940



For more information or to ask any questions about the programme and/or survey please contact: necsu.wrexhamintegratedhubs@nhs.net





YSGOL RHIWABON NEWS

GCSE Examination results Following a successful academic year, August 24th 2023 marked a very special day of

celebration for Year 11 students, staff, and families in Ysgol Rhiwabon. This year's examination series establishes the return to formal examinations, in close alignment to pre pandemic standards. This Year 11 was a cohort affected during Key Stage 3, by the disruption caused by the pandemic. Despite these challenges, Year 11 students have achieved an excellent set of results and we are delighted for them. Mirroring last year, an increased number of students have secured the highest grades A*/A across all their subjects.

Ysgol Rhiwabon Staff and Governors are proud of the achievements of every single learner this year. The Class of 2023 has displayed some outstanding individual achievements and a collective success which the school and local community can be proud of, Mrs Ferron-Evans, Headteacher, commented: "This cohort has worked very hard to secure success and we are very proud of them. Staff deserve a special mention for working tirelessly to support and secure this success, supported by the school governors. On behalf of the school and the Governing Body, I would like to take this opportunity to thank the staff, students and parents for their contribution to the incredible amount of hard work and dedication shown across a wide range of studies. The grades achieved provide certainty and opportunity for the future. As Ysgol Rhiwabon students move forward, supported by the school, the results will enable our young people to further their studies, or to enter the world of work, as confident and successful individuals. We wish them continued success and happiness in the future.



TY MAWR COUNTRY PARK

23rd September Celebrate Autumn with Campfire Cooking, Apple Pressing, Wildlife Discovery, Seed Collection and Nature Crafts from 12 to 4pm contact Jacinta Challinor on 07867 138169 or email jacinta.challinor@wrexham.gov.uk for information. We welcome fruit and vegetables to feed some of our animals, these can be peeling from preparing vegetables & salads, they don't eat potatoes, onion family or lemons. Please leave them by the rangers office and we will pick up from there thank you. Lindens Coffee Barn is open for snacks, toasties, sandwiches, home made cakes, hot and cold drinks and more. Check our opening times on Facebook For park information email: countryparks@wrexham.gov.uk



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Hello, I'm Emma,



a Psychotherapist accredited with the BABCP.

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I work with individuals (18 years and over) who are experiencing psychological distress as a result of PTSD, trauma and adversity, I also treat anxiety, overthinking and worry, low mood and depression.

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Email: emma@mindkeytherapy.co.uk www.mindkeytherapy.co.uk

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Mondays Toddlers Story & Rhyme: 1.15pm (during term time)

Croeso i Siarad Cymraeg/Welcome to Speak Welsh: 2pm Giving Welsh learners and speakers the opportunity to socialise, use and practice their Welsh language skills with each other in a fun and informal wav.

Family Lego Club: 3.30-4.30pm suitable for ages 4+. Come and get creative on Mondays (not bank

2nd Wednesday of the month Adults Creative Crafts: 2.15pm an informal and varied craft taster session. Bring your project or share and do something new or different with others.

3rd Wednesday of the month *Time to Remember:* 2-3pm sharing memories and reminiscence. Individuals, families and carers welcome.

Last Wednesday of the month Ruabon Readers Reading Group: 2-3pm Friendly and informal book club. Thursdays Quiet Time: 9.15-10.15 Autism/dementia friendly. We have a designated Quiet Area available at all times for anyone who may need it, and we are a designated Safe Place.

Fridays Knit & Natter: 2- 4pm whether you knit, sew, crochet or just natter, all welcome.

We have free WI-FI available, as well as access to computers and iPads, with printing facilities including photocopying. We have lots of place to study if you want to bring your own laptop or tablet. You can pick up blue recycling bags and green caddy bags from us. We have varied monthly exhibitions in our exhibition area, ranging from art from local artists and art groups, to historic artefacts and crafts. Potential new exhibitors are welcome, just ask staff for availability and details. Open Mon 12pm-5pm, Tues Closed, Wed 12pm-5pm, Thurs 9am-1.15pm, Fri 12pm-5pm.

RUABON COMMUNITY AGENT Working Tues 9-2, Wed 9-3 and Thurs 9-2, call **01948 830730** an answer machine is available if no one is in the office and is checked regularly. Or email Angie on angie.cunningham@therainbowfoundation.org.uk

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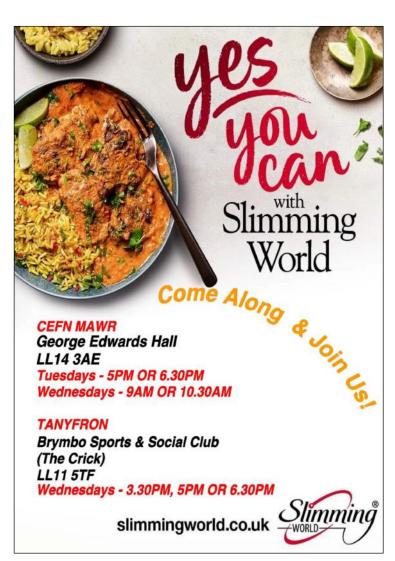


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YSGOL CEFN MAWR NEWS



At the end of term, we had a really busy and fun week, experiencing many different activities, such as yoga, den building, boccia – (indoor bowls), team building

games, multi sports, lacrosse, mini golf, tennis, clay modelling, archery and others. The main focus for this year's Healthy Week was on mental health based on the book 'Incredible You' for Foundation Phase and



'Happy Confident Me Life Skills Journal' for Key Stage 2. Thank you to all our providers who helped out



older

during the week to give our pupils new experiences. We have also enjoyed our Sports days. Well done to all of our children for taking part, making a brilliant effort and being good

sports. It was lovely to see lots of families coming up to the MUGA to watch and encourage the children.



THE TOWERS DAY NURSERY

Firstly, we would like to send best wishes to the children who have left to start school. We also loved having our

children coming back to see us over the school holidays. The children have been busy in the nursery garden lately; harvesting and eating the produce that we have grown. We also entered the local garden competition.



In October, we are looking forward to use the new play shed/outdoor classroom that will give children and staff the chance to enjoy more outdoor activities. For Halloween, children can come to nursery in fancy dress for our celebrations. There will be pumpkin carving, spooky biscuit baking and painting alongside

lots of art and craft.



For Children in Need week in November Children can wear a fancy dress costume of their choice or their favourite pyjamas in return for a donation to the charity.

The children will then be looking forward to Christmas and will be busy making cards and decorations. We hope to have a visit from Father Christmas on the day of our Christmas party. All children are welcome to attend. If you are interested in a nursery place, please get in touch on **01978 822446** or contact us via our Facebook page to arrange a viewing.

YSGOL ACREFAIR NEWS

The summer term was indeed a fun and action-packed one. The children thoroughly enjoyed a range of exciting trips and visits.

including the Llangollen International Eisteddfod, the fascinating Chester 'Dewa' Experience, and the exhilarating Greenwood Forest Park. These outings provided our students with invaluable opportunities to explore new places, learn about diverse cultures, and engage in enriching experiences beyond the classroom. Among the highlights of the summer term were the Year 6 Leaver's celebrations. We were incredibly proud of the Year 6 children and their outstanding contribution to their leaver's service. Their performance during the service was remarkable, showcasing their talent, dedication, and growth throughout their time at Ysgol Acrefair. The leaver's party was also a great success, filled with laughter, fun and memories that will be cherished for years to

Now, as we embark upon the Autumn term, it is with great pleasure that we welcome everyone back to school. We look forward to getting to know the Nursery pupils and their families, and we couldn't be more excited to have the Reception pupils in school for their first full days.

With a busy and exciting term ahead of us, we would like to extend an invitation to our local community. We would be delighted if you could join us for our Christmas Fair on Friday 1st December. It promises to be a wonderful event, filled with festivities, entertainment, and plenty of opportunities to support local businesses. If you are interested in having a stall at the fair, please do not hesitate to contact the school for further details.

We would like to extend our warmest wishes to all the children as they embark on their new adventures in high school. We wish them every success on their new adventure!

Unit 13.

Ruabon.



POPPY APPEAL 2023

Remembrance Sunday is a national opportunity to remember the service and sacrifice of all those that have defended our freedoms

and protected our way of life. We remember the Armed Forces, and their families, from Britain and the Commonwealth, the vital role played by the emergency services and those that have lost their lives as a result of conflict or terrorism. This year, Remembrance Sunday will be held on the 12^t November.

It is my privilege to volunteer with the Royal British Legion for a third year in Cefn Mawr and a second year in Ruabon and help raise funding for this excellent charity. If you would like to order a wreath, volunteer or find out more. Please feel free to send me an e-mail at Josephwojcik jones @ outlook.com

Many thanks. Joe Wojcik-Jones

Poppy Appeal Organiser Cefn Mawr & Ruabon



CEFN MAWR & DISTRICT HISTORICAL SOCIETY LOGO COMPETITION

Following a donation by our Vice President, Mr Peter O'Byrne, four local Primary Schools were invited to take part in a competition to design a logo for the Society. There were approximately 160 entries and an award ceremony was held at Cefn Mawr Library in



June for the winners. First (£20) Bella, Year 3 Ysgol Cefn Mawr. Second (£10) Maddie, Year 6 Ysgol Rhosymedre. Three were Highly Prized receiving £5 each. They were Lola, Codi and Izzv from Ysgol Cefn Mawr. Four were Commended, Sienna, Ysgol Rhosymedre, Fayth, Ysgol Acrefair, and Calli and Kailan from Ysgol Cefn Mawr they received books. The prizes were given out by Mr Phil Vaughan, Chair Cefn Community Council. Thanks also to the judges for their time and expertise Miss Laura Davies, and Mr Malcolm Hughes (Historical Society members) and Mrs Anna Smith (Cefn Mawr Library).

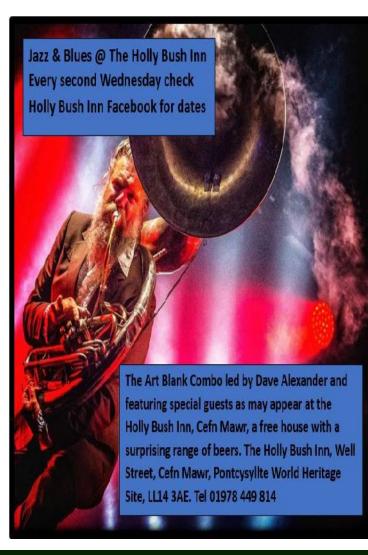


ERDDIG NORDIC WALKERS

Erddig Nordic Walkers was established in 2015 and reconstituted in 2016 to its present form. Its purpose was to provide opportunities to engage in Nordic Walking and accrue the benefits from that exercise form including health and wellbeing, mindfulness and battling loneliness. Make and develop new friendships /relationships with likeminded people whilst having fun in a safe secure, non-threatening environment. We have a long-lasting association with the national Trust at Erddig and especially with the Volunteering Team led by Sue Jones. We have links with Nordic Walking UK and British Nordic Walking particularly in terms of training. We use Wrexham Council for First Aid training and latterly we have developed a working relationship with AVOW and this has proved most successful in the acquisition of grant funding. As our programme of walks has evolved, we have introduced longer 'Away Days' and Special Events e.g. Mawddach Trail, Canal Boat Trip, Powys Castle and Montgomery Canal which have since become Annual features of our Calendar of Events.

These outings are self-funded and are subsidised from our voluntary contributions. We hold a summer Event, Secret Santa and Annual Christmas/New Year event and prize giving. This social dimension of the group is a vital element of the group's being. Currently we now have trained 6 Instructors (British Nordic Walking) and 20 Walk Leaders. All Leaders are National Trust Volunteers (Completing national Trust Training- which includes Safeguarding, GDPR, etc) and all Leaders have a First Aid Qualification (paid for from Club funds or grants received) We maintain our £1 voluntary contribution as it is one of our unique selling points - we believe we deliver a 'big bang for bucks' but we are ever dependent on external grants to maintain our Calendar of Events. To find out more, why not come along to one of our sessions at Erddig, we meet on Saturdays at 10.30 and Wednesdays at 2.30. Please visit our website

www.erddignordicwalkers.co.uk Or email us at erddignordicwalkers@outlook.com 07760 812341





YSGOL MIN Y DDOL NEWS

What a year that was! It is lovely to be back and reflecting on last year in school. It brings a huge smile to our faces, especially when we consider our pupils, the experiences they had, the efforts and progress they made and the wonderful contributions they made to our school. We are very proud of each and every one and wish them well in their new ventures this year; whether it's starting their respective secondary schools, moving up a year or gaining a new teacher.

Last term saw us welcome Lili Jones from Wrexham Women's Football Club into school. Lili played various Football



games, answered many questions and was keen to get the message across to the children to feel proud of their Welsh language skills and their heritage, as does she, every day. They had great fun, diolch Lili! Ty Mawr were very generous in lending us their indoor space when the heavens opened whilst one of our classes were there, thank you. Also, a big thanks to Sarah Edwards for entertaining the children with inspiring them to create clay pots and wooden door signs whilst in rained our community and parents are what makes Cefn Mawr special. A special mention to all our pupils, from year 2 up to year 6, who competed



in Wrexham Library's poetry competition. Four of our pupils were successful and were awarded certificates and prizes for their efforts, well done you. It was warming to see so many entries from our

pupils and to see so many people attending the event. Our school holds varying clubs every Wednesday after school, for all our full-time pupils: cookery, sports, digital, Eco and expressive arts, all are very well attended. The children learn life skills and work both collaboratively and independently to achieve the desired result. Here is an example of what the art club created over a 6-week period, a clay montage representing our school. A big thanks from us, once it is complete, it shall be proudly displayed in the school for all to see. This new term is proving to be just as busy with various events taking place: A **Coffee Morning & School Uniform** stand on 22/9/23 @9:15am, a **Harvest Service** on 4/10/23 @2pm, an

Autumn Disco on 25/10/23 for all pupils and our Christmas Fayre on 18/12/23 @3pm to name a few. We look forward to seeing you there.





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PKC GROUP UPDATE SEPTEMBER 2023



"The Levelling Up Fund. A £13.3 million investment from the Levelling Up Fund will protect the Pontcysyllte Aqueduct Heritage Site as an area for locals to enjoy, while encouraging visitors to stay for longer and spend more in our local shops, cafes and campsites. There'll be a new arrival area to help make this happen, moving traffic away from residential areas. The money will also go towards rewilding former industrial land and making it easier to access Cefn Mawr village. There will also be a new woodland activity and education centre, and a new walking route around the World Heritage Site."

Text above from the UK Government Website and part of the advert in the Wrexham Leader dated the 27th of February 2023. In the Daily Post on the 25th March 2023 was an article regarding poverty in Wrexham. This was about a study completed by the ONS, Office for National Statistics where Cefn Mawr was rated as the second poorest community in Wrexham County. Therefore, the government and our local authority need to keep their word and work with local business to revive our economy. All information gained so far is on display in the Ebenezer and we are continually asking WCBC and all parties to work with us for the benefit of our community, i.e. all the villages in the central section of the Pontcysyllte WHS. Again, this is on open display in the Ebenezer. We ask that WCBC, the WHS Steering Group and Eastmans please get in touch with us about this. You have all now been asked publicly.

We reopened the Ebenezer Chapel on the 15th of May this year to try and ensure that our community was not left out and forgotten as has been the case for far to long. Had connections been made between the aqueduct and Cefn Mawr Village Centre following UNESCO Inscription, it is most likely that the Ebenezer would never have had to close, alas it closed over 10 years ago, because that link was never made.

Therefore, we are asking for that link to be made now in a practical way that will foster the migration of visitors into our community so that we can revive our economy through Sustainable Tourism Development. This is what the above government text and advert is referring to and we hope to see this put into practice over the next 18 months where the £3.4M allocated for our area will be spent. Our existing local businesses should be helped and not have to face new and external competition in the form of franchises and retail chains clustered around the Trevor Basin at unfair advantage to all our existing local businesses.

Regards, David Metcalfe, Cefn & Llangollen Rural Community Councillor & Dee Valley AONB Champion.

www.pkcgroup.wales

Holly Bush Inn, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham, LL14 3AE Tel 01978 449 814