

RUABON NEWS LETTER 486

Ruabon Medical Centre News Update

From: Dawn Hughes Lloyd *Partner a Rheolwr * Partner and Manager*

“We are going to be vaccinating for Influenza (Flu) and hopefully Covid vaccine also, as from Saturday 23rd September for all those patients who are eligible which consists of:



Over 65s, Immunosuppression, at risk with chronic diseases such as: Diabetes, COPD, Asthma, Pregnant Patients, Learning disabilities and

severe mental health, care home residents, frontline staff, carers and children aged 2 and 3 years of age, to name just a few.

These clinics shall be mostly on Saturdays to avoid any disruption to our day-to-day service delivery, but we shall possibly be offering other days as well.

We will be getting in touch with patients first to see who would like one or both of their vaccinations so we can plan and organise and then ensure our clinics are booked with those patients who wish to have their vaccinations (either one or both) and book them in to the most appropriate clinic.

We are looking to vaccinate all our eligible patients as quickly as possible and we hope to see everyone soon for their vaccinations.

We will be getting in touch this week, so if patients can wait until they receive their text message or letter and then we will send them a link to book in (if via text) directly, or they can then contact the surgery to book an appointment (if via letter). We will only be inviting those patients that are eligible. We urge all eligible patients to attend the surgery for their vaccinations rather than going elsewhere.

We are equipped to deliver this vaccination programme quickly and ask patients to kindly wait for their invitations as we are hoping to have completed the programme by the end of October to mid-November.

We have had a new feature installed on our telephone system whereby patients can request a call back and be kept in the queue which is our way of improving service delivery. Feedback so far has been great and we strive to keep improving and making positive changes.

We would like to thank all our patients for their lovely positive feedback and say it really does mean so much to us all to hear such lovely kind words thank you. The team at Ruabon Medical Centre all work extremely hard and are so happy when we receive nice feedback.

We have experienced staff sickness and cannot thank the team enough for all the help and support to ensure the service delivery is not impacted as best we can.”



Llyfrgell Rhiwabon Library

Be sy 'mlaen! What's on!

Dydd Llun/Mondays

Stori a Chaân/Story and Rhyme 1.15

Clwb Teulu Lego/ Family Lego 3.30 - 4.30

Dydd Mercher 23 Awst/Wednesday 23rd August

Cut and Paste Your Story (Free Workshop) 2-4 (Ffoniwch i archebu eich lle/ Call to book your place)

**Ar agor - Dydd Llun, Dydd Mercher, Dydd Gwener 12 - 5,
Dydd Iau 9 - 1.15**

Open – Monday, Wednesday, Friday 12 - 5, Thursday 9 – 1.15

Sialens Ddarllen yr Haf Helfa Drysor - Oriau agor y llyfrgell (gofyn i staff)

Summer Reading Challenge Treasure hunt - Library opening hours (ask staff)

Sialens Ddarllen yr Haf Pecyn Crefft i fynd i ffrwd

Summer Reading Challenge Craft Pack to take away

Ar agor - Dydd Llun, Dydd Mercher, Dydd Gwener 12 - 5, Dydd Iau 9 - 1.15

Open – Monday, Wednesday, Friday 12 - 5, Thursday 9 – 1.15



The Summer Reading Challenge takes place every year during the summer school holidays.

You can sign up at your local library, then all you have to do is read six library books of your choice over three visits to complete the Challenge.

There are exclusive rewards to collect along the way, and it's FREE to take part! You can also keep track of your reading by visiting the Summer Reading Challenge website www.summerreadingchallenge.org.uk where you can find new books to read, take part in competitions and mini challenges, and play

DIGWYDDIAD RECRIWTIO
LLETYGARWCH - HAMDDEN - TWRISTIAETH

Mae Cymunedau am Waith a Mwy Wreccsam yn gweithio mewn partneriaeth â'r Adran Gwaith a Phensiynau ac Adran Adfywio Cyngor Bwrdeistref Sirol Wreccsam i gynnal digwyddiad recriwtio sector penodol yn **Nhŷ Pawb** ar **Dydd Llun 25 Medi** rhwng **10am - 2pm**. Bydd y digwyddiad yn cynnwys cyflogwyr amrywiol o Ddinas Wreccsam sydd â chyfleoedd gyrfaoel cyffrous ar hyn o bryd yn y sectorau Lletygarwch, Hamdden a Recriwtio.

Mae croeso i bawb, dewch â chopïau o'ch CV os oes gennych chi un.

Cadwch olwg ar ein cyfryngau cymdeithasol i gael rhagor o newyddion a gwybodaeth am y digwyddiad hwn

Os ydych chi'n recriwtio yn y sector ar hyn o bryd ac yn dymuno archebu standin AM DDIM cysylltwch â Chloe Farr ar - 07824 320529 chloe.farr@wrexham.gov.uk. Methu mynychu? Mae modd anfon manylion am swyddi gwag a gallwn eu hysbysebu ar ein bwrdd swyddi ar eich rhan

Cymunedau am Waith
Committees for Work

Wrexham Council
Part of the Department for Work and Pensions

Wrexham
WYLSH

games. Don't delay – join today!

RECRUITMENT EVENT

HOSPITALITY - LEISURE - TOURISM



Wrexham Communities for Work Plus in partnership with DWP & Wrexham County Borough Councils Regeneration Department are holding a sector specific recruitment event in **Ty Pawb** on **Monday 25th September** between **10am - 2pm**. This event will host various employers from across Wrexham City who currently have some exciting career opportunities within the local Hospitality, Leisure & Recruitment sectors.

All welcome, please bring along copies of your CV if you have one.

Keep a look out on our social media for more news & information about this event.



If you are currently recruiting in this sector and would like to book a FREE stand please contact Chloe Farr on - 07824 320529 or chloe.farr@wrexham.gov.uk

Not able to attend? You can send details of vacancies and we will advertise them on our job board for you





Wrexham Library

Learning at Lunchtime

Join us on Wednesday 6th September, 1.00-2.00pm at Wrexham library as author Stuart Shuttleworth talks about his book *Wrexham at Work*. Stuart will talk about the research he did and the people he met along the way. This talk will appeal to local people and those interested in the industrial heritage of North Wales. The event is free of charge.

IT Skills for Beginners at Cefn Mawr

Groundwork Training are offering a short course for anyone who wishes to learn basic IT skills at Cefn Mawr library starting on Thursday 14th September, 1.00-3.00pm for six weeks. The course is aimed at beginners who have little or no experience using IT, aiming at building their confidence using IT. Sessions include familiarisation with Chromebook, online safety, using email, searching the web and much more. To book your place please call Groundwork on 01978 757524.

WREXHAM COUNCIL **NEWS**

“Every department is making a contribution
In finding these savings”

Wrexham Council budget update

Wrexham Council has been working hard to find savings and efficiencies to bring its budget in line this year.



Content:

Wrexham Council budget update:

The financial situation for local authorities across Wales is extremely difficult at the moment, however, by acting quickly the council has avoided a potential shortfall of around £23million by the end of the current financial year, with councillors and officers working hard to identify ways to **meet the challenge**.

Councillor Mark Pritchard, Leader of Wrexham Council, said:

“Each and every department is making a contribution to finding these savings, and we’re working hard to do this with as little disruption to the public as possible. We’ve looked at a lot of ideas and options, and although we don’t have all the answers yet, we’ve made huge progress.

“So far we’ve identified around half of the savings or efficiencies needed. It’s not a painless process, but we have no choice but to meet this challenge head-on.”

Councillor David A Bithell, Deputy Leader of the Council, said:

“It is sensible to take action sooner rather than later.

“It is a difficult time for councils across Wales and we will have to make some tough decisions, but our goal is to continue to provide our local communities with the services they need.”

[Key info Green Waste](#)

Charges for green waste collection have been increased to £35 per green bin per year, as previously publicised.

[PCSO Funding Recruitment](#)

[Carbon reduction](#)

[City of culture](#)

[Libraries](#)

[Social care](#)

[Car parking charges](#)

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Green Waste:

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PCSO Funding:

For many years we’ve helped fund PCSO (Police Community Safety Officer) provision in Wrexham City Centre, but we’ll no longer be able to do this because of the extremely difficult decisions we’re having to make.

However, we’ll continue to work extremely closely with police and other partners as always.

Recruitment

Recruitment for new or vacant jobs at the council has been paused, and is only being undertaken for key posts with approval from senior managers and lead members.

A review of the use of agency workers has also started.

Carbon reduction

Political discussions are ongoing about what we take forward in this area.

We'll continue to work hard to reduce unnecessary travel by employees and promote other behaviours to help reduce our carbon footprint in Wrexham.

City of culture

The council remains fully committed to the bid for City of Culture 2029. The available budget as agreed at Executive Board in 2022 is £500k in 2023/24.

A programme of events is currently being devised with the Interim Board who will confirm their priorities at the next meeting in September.

Some of the upcoming events currently being organised for 2023/24 under the City of Culture branding include:

- Wal Goch (football festival)
- Comedy Festival
- St David's Day

The Tour of Britain is also a significant event which contributes to the City of Culture programme, although this is funded from a different source.

Libraries

We've worked extremely hard and have found a way to save around £19k on new library books, but we'll still be spending around £130k on new books for our libraries this year, and have access to wider resources across the North Wales libraries consortium.

We'll still receive hundreds of new books each month, including copies of all of the top 10 bestsellers in English fiction and non-Fiction, children's books, audio books, large print books and Welsh language books.

We will also continue to buy and provide online e-books and e-audio books through our Borrowbox app.

Social care:

Social care charges to the public will be largely unaffected and will continue to be implemented in line with the national policy for fees and charges for social care in Wales.

Some efficiencies will be made by making sure fees continue to be fairly implemented across Wrexham.

Car parking charges:

Parking fees in our car parks are still under review and no political decision has been made yet.

Discussions are ongoing.

Student loans: How do they work, what can I borrow and when do I pay it back?

By Johny Cassidy and Hazel Shearing

August



The rules are changing for many students who will take out loans to go to university this year.

Here's what you need to know.

How do student loans work?

The details depend on where you live in the UK, but student loans are typically made up of two elements:

- a loan for **tuition fees**
- a **maintenance loan** to cover living costs

Most people are entitled to the **tuition fee** element, which is equal to the annual cost of your course up to £9,250 per year, capped until academic year 2024-25.

The **maintenance loan** is intended to cover accommodation, food, books and any equipment you need. It is means-tested, so the amount you get depends on your family's household income.

You might get extra money if you are disabled or have children.

If you are under 25 and have no contact with your parents, you might be able to apply as an "estranged student". This means your parents' financial situation is not taken into consideration.

How can I find out how much I can borrow?

The amount of maintenance help available varies across the UK.

- Students from **England** can use the loans calculator on the Student Finance England website
- Students from **Wales** can go to Student Finance Wales

- Students from **Scotland** can go to **Student Awards Agency Scotland**
- Students from **Northern Ireland** can go to **Student Finance Northern Ireland**

When and how do I apply?

It is not too late to apply for student finance if you want to start university this year, even though the official deadlines have passed.

It means you might receive some or all of your money a bit later.

You do not need a confirmed place at university to apply and, if your plans change, you can cancel or change your application before the start of your course.

The process is different depending on where you live:

- The **Student Loans Company** processes all applications for students in **England and Wales**
- Students in **Scotland** apply through the **Students Awards Agency Scotland**
- Students from **Northern Ireland** apply through **Student Finance Northern Ireland.**

How do I get the money?

The **tuition fees** part is paid directly to your university or education provider.

The **maintenance loan** is paid directly to your bank account. If you applied before the deadline, you should have the money before your course starts.



How much interest will I be charged? You are charged interest on the loan from the day you take it out, but the amount varies across the UK. It is important to understand that the terms and conditions can change after you have borrowed the money - any interest-rate rises will apply to all student loans not just new applications.

For students starting courses this year in **England**, the interest rate will normally be set at **the retail price index (RPI) measure of inflation.** It will be **capped at 7.3% from September.** Previously, it was RPI plus 3%, with an interest rate cap that has varied over the years.

For courses in:

- **Wales**, the rate is **RPI plus 3% - capped at 7.3% from September**
- **Scotland**, it is **6%**
- **Northern Ireland**, it is **6%**

The amount graduates pay back will depend on how much they earn.

- **What is inflation and why is the cost of living rising?**
- **Q&A: Is there financial support for uni students in Wales?**

When do I have to start paying back my student loan?

You do not have **to start repaying your loan until you earn a certain amount of money after graduation.**



The earliest you will start repaying is the April after you leave your course. Payments are made automatically through the tax system. You generally repay 9% of the amount you earn over the threshold.

However, the amount you can earn before you have to start repaying differs across the UK.

The threshold for students starting university in **England** this year will be £25,000, down from £27,295 last year.

In **Wales** it will be £27,295, in **Scotland** £27,660 and in **Northern Ireland** £22,015.

You do not repay anything if you earn less than the threshold.

When are student loans written off?

In England, new rules mean that anyone starting university this year will pay back their loan for 40 years before it is written off, regardless of how much is owed - a decade longer than last year.

In **Wales** and **Scotland** it is 30 years, and in **Northern Ireland** it is 25 years.

You still have to repay your student loan **if you leave your course early.**

Some people may opt to make extra repayments to clear some or all of their loan early - **there is no penalty for doing so.**



Have a Go

Get Involved In Our Events.

There is absolutely loads to have a go at when you spend a day at a Living Heritage Game and Country Fair.

We know what smaller people like to do, not just watch, and we have opportunities for them to have a go at things they will be bursting to write about in their weekend book when they get back to school!

(Please note, places are restricted to first come, first served and there may be a height/age restriction on some activities)



NEW RECORD HIGH for Welsh Food and Drink exports

Welsh Food and Drink exports were worth £797 million in 2022, the highest recorded yearly value, Rural Affairs Minister Lesley Griffiths has announced.

First published: 25th July 2023; Last updated: 25th July 2

The Minister has revealed the industry's exports increased by £157m between 2021 and 2022, representing a 24.5% rise.

This is a larger percentage increase than the UK as a whole, which grew by 21.6%.

The highest value export categories for Welsh Food and Drink in 2022 were Meat and Meat Products at £265m, a 42% increase from 2021, and Cereal Preparations which rose from 16% to £160m.

The value of the sector's exports to the EU reached £594m, a £130m increase from 2021. The industry's export to non-EU countries were worth £203m in 2022, a large growth from £176m in 2021.

France is now the highest value destination for Welsh food and drink exports at £150m. Other top destinations include the Republic of Ireland (£145m), Belgium (£78m), Netherlands (£52m), and Germany (£51m).

Welsh food and drink exports continue to go from strength to strength, ensuring people in many countries abroad can enjoy high-quality products from Wales.

The sector's skills, drive for innovation and passion to provide the best possible produce is clear from today's results.

I am pleased to be able to make this announcement at the Royal Welsh Show which provides companies from across Wales with the opportunity to showcase their brilliant food and drink, and I'm sure visitors from near and far are enjoying it.

The Minister has also announced a new scheme, the Strategic Innovation Scheme, to provide a comprehensive range of business support services to food and drink businesses across Wales.

As part of this, Project Helix, which offers technical and commercial support to the Welsh food and drink industry, will continue until March 2025.

Latest figures show Helix, which launched in 2016, has provided a £355 million economic boost to the industry, helped create 683 jobs and protected a further 3,647 jobs. More than 700 businesses have been supported through the scheme and almost 2,100 new food and drink products developed.

Thanks to today's announcement, the project will now be able to support larger manufacturers in Wales alongside small and medium-sized enterprises and microbusinesses who have already benefitted.

Mike Woods, Chief Executive of "Just Love Food Company" said: "Since the affiliate joined the business through Project Helix our turnover has grown by over 65% and it wouldn't have been possible without those more robust technical structures in place. Project Helix has helped the business grow and it's helped put a foundation down that will help continue growth."

The Minister added:

"The Strategic Innovation Scheme will underpin the Welsh Government's Vision for the Food and Drink Industry.

As part of this, Project HELIX, which has had a hugely positive effect on Wales' food and drink industry, helping companies to adopt a more efficient and strategic approach, will continue until March 2005.

The project's positive impact is clear to see through the £355 million economic boost it has provided as well as the number of new jobs it has helped to create and the thousands it has protected. It has also been key in upskilling the Welsh workforce, and supported businesses to develop new products.”

Pen-y-Lan & Rhosymadoc
28th Annual
Produce Show

Schedules Available



Contacts

**Helen
Eardley**
01978 810712

**Jill
Bottomley**
01978 810299

Ken Davies
01978 812803

Saturday
9th September
In
All Saints' Church, Penylan.

TEST IT TUESDAY

Make sure you test your smoke alarm every week.

If you don't have an alarm, or your alarm doesn't work - contact us



Call

0800 169 1234

Text

07507303678

Appointments still available in your area

Give blood | Save lives

Lowri's Story

"As an A&E nurse at the Maelor Hospital I see blood transfusions being given each day. The difference a unit of blood makes to my patients' lives is amazing.

Spending an hour three times a year is so easy but make such a big difference to someone else's life, why wouldn't I do it?"




TRAINING TUESDAYS

LIVE IN WREXHAM AGED 16+ AND LOOKING TO UPSKILL? WHY NOT BOOK ONTO ONE (OR MORE) OF OUR FREE SUMMER SESSIONS AT WREXHAM LIBRARY?

18 July	9.30 - 12pm	Budgeting course
01 August	9am - 12pm	Manual Handling
08 August	9am - 12pm	Food Hygiene Part 1
15 August	9am - 12pm	Food Hygiene Part 2
22 August	9am - 12pm	Interview Techniques
29 August	9am - 12pm	CV Workshop
19 September	9am - 12pm	Health & Safety Part 1
26 September	9am - 12pm	Health & Safety Part 2

Sessions carried out upstairs in Wrexham Library.

BOOKING IS ESSENTIAL

Call 01978 318853 / 820520




3 - 14 YEARS
(18
ADDITIONAL
NEEDS)

Jumping Jack's

OUT OF SCHOOL CLUBS

After School Club:
Mon-Fri 3 till 6

Holiday Club: Mon-Fri
8 till 6 (closed
Christmas holidays)

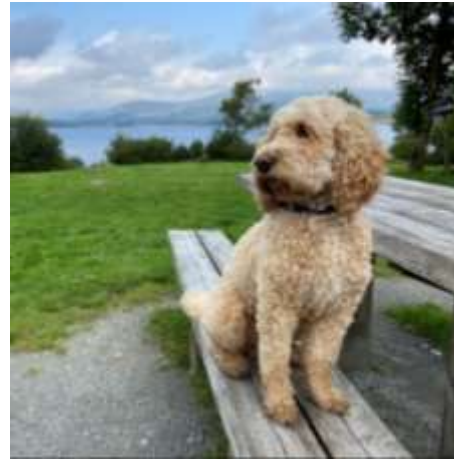
CIW Registered,
Qualified Staff

Based in Ruabon High
School

Always lots of fun!

Contact us → 07543455965

Thanks to Dianne Williams for this



[John Short](#)
August 17 at 10:58 AM ·
The adventures of Mr Brodie .
Dad and I are enjoying the view.
Mams in the cafe and I'm hoping
they do bacon sandwiches.



[John Short](#)
18th August at 12:19 am ·
Vaonis Vespera: M16 The Eagle Nebula.
A visit to a Gold Tier Dark Sky sight and an
extra hour of data of M16 The Eagle Nebula.
The Pillars of Creation one of my favourites,
nestled within the centre of the nebula.

I do hope that you are all managing to enjoy yourselves inspite
of this unusual Summer.

Sybil (Bremner).