

# RUABON NEWS LETTER 446

17.10.2022



## Lisa and Laura

are the two daughters of Margaret and John Davies in (Ruabon), and also part of the team that climbed Kilimanjaro a few weeks ago.

This same fundraising group of twenty three people have completed a seven-day 66k trek, reaching the 5,895m summit of Kilimanjaro in Tanzania.

In doing so they have now topped a remarkable £100.000 for Nightingale House Hospice.

(Most of the information above was taken from Jack Harrison's account in "The Leader").



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## Friends of Ruabon

Friends of Ruabon are aiming to send out two “Ruabon Christmas Cards” this year. However we only have two photographs to choose from which show winter scenes and clear identification that it is Ruabon and not just ‘anywhere’. If anyone does have such a photo and would like to send it to be judged as suitable for this year, then that person’s signature will be displayed.

Please send your Winter Scene in jpeg format to: [email: Joanna Lynn Smith <bridgeendjo@gmail.com](mailto:Joanna.Lynn.Smith@gmail.com)

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**PRESS RELEASE**  
**Ken Skates MS | Clwyd South**  
**17/10/22**  
*for immediate publication*



## **MS launches Christmas Competition**

**Member of the Senedd Ken Skates is launching a competition to ask local artists of all ages to design his official Clwyd South Christmas card.**

The winning design will be chosen by Mr Skates and First Minister Mark Drakeford and be sent to schools, businesses, community groups and residents throughout his constituency.

Unlike in previous years, the contest is not just for local schoolchildren.

“I know there are many talented artists of all ages in Clwyd South, so for a change I thought we could open the competition up to everyone,” said Mr Skates.

“Every time I have run this competition with local schools, I have been inundated with fantastic entries and we’ve had some brilliant Clwyd South Christmas cards during my time as Member of the Senedd. But this year I wanted to do something a bit different.

“I held my most recent advice surgery at Plas Pentwyn in Coedpoeth, and there were some stunning paintings produced by local artists there.

I know there are many similar groups across Clwyd South, so this year I’m asking adults to take part too and give the youngsters a run for their money.”

Entries can be posted to Mr Skates’ office at Unit 22, The Malthouse Business Centre, Regent Street, Llangollen, LL20 8HS or scanned and emailed to [ken.skates@senedd.wales](mailto:ken.skates@senedd.wales). Please ensure you include your name and contact details or school. -Ends-

**PRESS RELEASE**  
**Ken Skates MS | Clwyd South**



## **Winter is coming – get your boosters**

**Member of the Senedd Ken Skates has urged people in his Clwyd South constituency to take up their offers of COVID-19 booster jabs as soon as possible.**

Ahead of the winter months, Betsi Cadwaladr University Health Board (BCUHB) is working its way through its list of priority patients – with 34% of people in Mr Skates' constituency already boosted.

Mr Skates raised the issue in the Senedd yesterday (Wednesday) following concerns locally that some surgeries are behind others in offering boosters, particularly for children.

Health Minister Eluned Morgan told MSs: "As of October 11, a total of 363,000 COVID-19 vaccination boosters have been administered in Wales. The programme is on track for all eligible people to receive an invitation for their booster by November 30, in line with the commitment given in our winter respiratory vaccination strategy which was published on July 15."

Mr Skates said: "Thank you, Minister. That's excellent news. The vaccine, of course, is the most effective way to defend ourselves against COVID. In order to live with the virus, it's incumbent on us all to accept the jab when it's available to us. It's also vital that the roll-out of the programme continues in the most efficient and equitable way.

"Are you confident that people are able to have the vaccine in a consistent time frame across all communities and for each age group in Wales?"

The Health Minister responded: "Well, we are talking about trying to get this booster to 1.6 million eligible people in Wales. That's being delivered through 400 vaccination sites, so I think that does give you the coverage that should allow people to take up that opportunity.

"Our target is to get to a 75% uptake of that cohort, and so far we're on track. I'm slightly concerned that we're not getting the response from health and care workers that I had hoped we'd get, so I would encourage those workers in particular to take up that opportunity, in addition, of course, to vulnerable people, and to come forward if it's offered."

She added: "I know that in Clwyd South, 34% of the people eligible have already had their vaccinations."



BCUHB is continuing to offer boosters in priority order in line with JCVI (Joint Committee on Vaccination and Immunisation) advice, by age and clinical vulnerability.

A health board spokesperson said: “All autumn booster appointments will be arranged by invitation, so there is no need to contact us. Anyone who has received an invitation and has any concerns, queries or needs to change the date or time can do so via our COVID-19 Vaccination Contact Centre on 03000 840004. Telephone lines are open 8am-7pm Monday to Friday and 9am-2pm on weekends.” -Ends

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 <h2>Ydych chi'n cael trafferthion oherwydd costau byw?</h2>	 <h2>Struggling with the cost of living?</h2>		
<p>Mae tîm Tai Parc Caia, Cymunedau am Waith a Mwy Wrexham a Phartneriaeth Parc Caia wedi uno i drefnu digwyddiad costau byw a lles i'ch helpu trwy'r misoedd nesaf.</p>	<p>Caia Park Housing team, Wrexham Communities for Work Plus and Caia Park Partnership have teamed up to put on a cost of living &amp; wellbeing event to help you through the months ahead.</p>		
<ul style="list-style-type: none"> <li> Bydd amrywiaeth o asiantaethau a chwmnïau wrth law i'ch helpu i ganfod a oes gennych chi hawl i gael cefnogaeth ariannol.</li> <li> Mae llawer iawn o bethau am ddim a chiewch eich cynnwys mewn raffi AM DDIM gyda llawer o wobrau anhygoel ar gael.</li> <li> <b>Lluniaeth AM DDIM (Toast, Bisgedi a Diodydd Poeth)</b></li> <li> Elusennau lles anifeiliaid</li> <li> Help gyda materion tai, cyngor am Ynni, lleihau biliau dŵr a lles anifeiliaid</li> <li> Man Diogel i drafod eich pryderon heb feimidaeth</li> </ul>	<ul style="list-style-type: none"> <li> A variety of agencies &amp; companies on hand to help you find out if you are entitled to financial support.</li> <li> Lots &amp; lots of freebies to giveaway &amp; FREE entry into a raffle with lots of incredible prizes on offer.</li> <li> <b>FREE refreshments (Toast, Biscuits &amp; Hot Drinks)</b></li> <li> Animal welfare charities</li> <li> Help with housing issues, Energy advice, water bill reduction &amp; animal welfare</li> <li> A Safe Space to discuss your worries without judgement</li> </ul>		
<p>Peidiwch â delio â'ch pryderon ar eich pen eich hun, ymunwch â ni a chwrrd â gwasanaethau sy'n gallu darparu cefnogaeth a chyngor i chi a'ch teulu.</p>	<p><b>Dydd Mercher 19 Hydref</b> <b>9am - 2.30pm</b> <b>Partneriaeth Parc Caia</b></p>	<p>Don't deal with your worries alone, join us and meet with services that can provide support &amp; advice for you and your family.</p>	<p><b>Wed 19th October</b> <b>9am - 2.30pm</b> <b>Caia Park Partnership</b></p>
  	 	  	 

## Wrexham Council sets up “cost of living crisis” working group

Wrexham Council has created a new ‘Cost of Living Crisis’ working group in a bid to support residents with through what is expected to be a difficult winter.

Executive board members last week supported the creation of the joint member/office working group – which is made up of 10 elected members and is politically balanced.

The group, which aims to help residents with the significant rise in everyday costs, will be meeting within two weeks.

The creation of a cost of working group to look at and support local residents in the key areas of:

- **Benefit maximisation**
- **Reducing costs on energy**
- **Fuel poverty**
- **Winter pressures**

Leader of the Council Mark Pritchard and Lead Member for Finance said: These are very challenging times and I am pleased that we have set up this group.

**“We will be making representations to UK and Welsh Government to lobby for financial support as part of the cost of living crisis and budget preparations for next year.”**

### David A Bithell Deputy Leader and Lead Member for housing said:

“Not only are we facing a housing crisis we are facing significant challenges with the rise in energy costs.

We have been meeting with Welsh Government every two weeks which has just started and now is the time to set up a group with all members of the council via their respective groups to work together to try and support our constituents.

“We are proactively working with Welsh Government to support and influence additional monies to local authorities during the winter period.

Last week Wrexham Council announced that **over the winter months all of its libraries will be available as a warm space for people during the day.**

Alongside this people can access support and advice from organisations on select dates at the different libraries across Wrexham. These drop in sessions will take place at the following locations:

Friday, October 21, 2022 – Cefn Mawr Library, 10am – 2pm  
 Friday, November 4, 2022 – Brynteg Library, 12pm – 3pm  
 Friday, November 18, 2022 – Chirk Library, 10am – 2pm  
 Friday, December 2, 2022 – Coedpoeth Library, 2pm – 5pm  
 Friday, December 16, 2022 – Rhos Library, 11am – 3pm  
 Friday, January 6, 2023 – Gwersyllt Library, 2pm – 5pm  
 Friday, January 20, 2023 – Ruabon Library, 2pm – 5pm  
 Friday, February 3, 2023 – Llay Library, 2pm – 5pm  
 Friday, February 17, 2023 – Wrexham Library, 10am – 2pm

**Caia Park Partnership will host a cost of living event on Wednesday, October 19, 2022, between 10am – 2pm.**  
**The event takes place at The Hub, Prince Charles Road, Caia Park, Wrexham LL13 8TH.**

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**RUABON FIELD CLUB**  
**WILL BE HOLDING ITS FIRST TALK OF THE WINTER**  
**At 2pm in the CHURCH HALL**  
**on Tuesday 18<sup>th</sup> October**  
**The SPEAKER will be NORMAN JONES**  
**HIS SUBJECT WILL BE:**  
**CELEBS AND GEMS**



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Thank you to Paul Tincello for information below



North East Wales **Wellbeing Network**  
 Rhwydwaith Lles Gogledd Ddwyrain Cymru

## **Samaritans to hold Mental Health awareness event in Wrexham on Friday, 14<sup>th</sup> October**

A wellbeing event is taking place in Wrexham later this week to raise awareness of the support services available to those in the community.

**On Friday, October 14**, Samaritans are running a roadshow wellbeing event in Wrexham to raise awareness of local support services available within the community and to remind the public whatever they're facing, Samaritans volunteers are there to listen 24/7.

Samaritans will be at Queens Square, Wrexham from 10am to 3pm to talk to locals about their services and provide emotional support to anyone who may need it. They will also be joined by representatives from Wrexham Council – Well-being and Housing Support teams, Wrexham and District Citizen's Advice Bureau, Transport for Wales, and the Unique Transgender Network.

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## **Older People's Commissioner for Wales launches new guide on older people's rights in care homes**

**The Older People's Commissioner for Wales has launched a new guide for older people, which provides crucial information about their rights when moving into and living in a care home.**

The Commissioner developed the guide to help older people and their families to better understand the rights they have, what they can do if they are concerned that their rights are not being upheld, and details of organisations that can provide help and support, including the Commissioner's own advice and assistance team.

The guide includes information about rights relating to living in a care home that older people and their families are often not aware of, such as the right older people have to be involved in decisions about their care, rights relating to contact with family members, and rights to access services such as health services. In addition, the guide also provides information on rights relating to paying for care, an issue that is often of great concern for older people and their families.

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## **'Keeping Safe Online Youth Group' – a fantastic opportunity for young people to speak up about online issues that affect them**

**We are inviting applications from a diverse range of 13–16-year-olds who are:**

- Active online and passionate about making the internet a safer environment for everyone
- Willing to share their ideas and represent their community
- Comfortable discussing positive and negative online experiences of young people, in a safe space, including any issues and worries that may be experienced by them and their peers.

The Welsh Government wants to ensure that children and young people can make the most of being online, whilst being able to deal with any problems they encounter. Young people are the experts in this area, so it is important that they are involved in shaping how help and information can be offered by Welsh Government.



The group will discuss online safety topics and their relevance, as well as good and bad aspects of being online as a young person. They will also give ideas about what further advice and support could be helpful for young people to keep safe online.

The group will be asked to give feedback on the information currently provided on the '[Online issues and worries](#)' area of Hwb, suggest additional topics which could be added, and provide creative input into how the pages could be made more appealing / appropriate for young people.

If you are a young person who is interested in taking part, or you know a young person who is, please follow this link to apply: <https://forms.office.com/r/4AvfMLPKq1>

**Closing date: 21st October 2022.**

If you have any questions, or need support in your application, you can contact Elaine on: [elaine.speyer@childreninwales.org.uk](mailto:elaine.speyer@childreninwales.org.uk) or you can phone, text, or WhatsApp: 07494 208572.

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### **Cyrsiau dysgu awyr agored am ddim ar gyfer pobl sy'n gweithio gyda phlant 0-6 oed yn Sir y Fflint**

**Mae Campfire Cymru** yn cynnig cyfres o sesiynau DPP diwrnod a hanner diwrnod yng Nghoed Castell Helygain yn Sir y Fflint, gan ddechrau gyda 'Hwb Lles' **Dydd Sadwrn 29 Hydref 10yb - 4yp**

Ariennir gan Gronfa Datblygu Blynyddoedd Cynnar Sir y Fflint. Agored i unrhyw un sy'n gweithio gyda phlant dan 6 yn Sir y Fflint. Gweler y [daflen](#) am fwy o wybodaeth. Archebwch yma [bookwhen.com/campfirecymrutraining](http://bookwhen.com/campfirecymrutraining).

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### **Fully funded outdoor learning courses for people working with 0–6-year-olds in Flintshire**

**Campfire Cymru is offering a series of one day and half day CPD sessions at Halkyn Castle Woods in Flintshire, starting with a Wellbeing boost day on Saturday 29th October 10am - 4pm.**

These are funded by Flintshire Child Development Fund and are open to anyone working with children under 6 years old in Flintshire. Please see the [flyer](#) for more information about the first 3 courses. You can book here: [bookwhen.com/campfirecymrutraining](http://bookwhen.com/campfirecymrutraining)

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### **Workforce Development Training: Introduction to the Social Services and Well-being (Wales) Act 2014**

**15<sup>th</sup> November 2022 | 6:00pm – 7:00pm Trainer: Claire Edwards, WDT staff** the essential features of the Act,

The responsibilities it created, and how it should be shaping the way we think about our work. This workshop will offer participants a broad overview of the Act as an introduction only.

#### **Learning Outcomes:**

By the end of the training participants will have a greater awareness of: -

- Basic principles and values of SSWB Act
- How the principles underpin care and support practice
- The codes of conduct and professional practice and how they underpin the way we work.

**Who should attend:** Staff from across the social care workforce.

To book onto this training, please complete the [attached form](#) and return to [WDT@flintshire.gov.uk](mailto:WDT@flintshire.gov.uk).

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### **Storytelling for involvement: A masterclass**

**25<sup>th</sup> October 2022 | 10:30am – 3:15pm | Tŷ Pawb, Wrexham**

We all have a duty to reduce inequalities across everything we do, including climate change. This starts with the need to think long-term and involve the people and communities that will be affected, with a focus on less heard from groups.

Join us at Tŷ Pawb, Wrexham for a Masterclass on using innovative methods to involve people and communities in long-term thinking.

You'll hear how Public Health Wales and the Office of the Future Generations Commissioner worked with FLINT to pilot a story-telling approach that can help you involve individuals and communities in meaningful discussions on inequality and climate change in a future Wales.

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### **Author Event – Double Murder in the Library this week!**

We would like to invite you to our next Murder in the Library event at Mold Library in partnership with The Bookshop Mold. And this time it is a DOUBLE Murder....

Our author events are proving to be very popular, and many bestselling authors are now wanting to come and visit us in Mold and other libraries across Flintshire.

Please share the invitations far and wide with friends and family and across your networks. Posters are attached to display and share.

On **Wednesday 19<sup>th</sup> October at 7pm** we are very pleased to welcome not one but two bestselling crime authors to Mold Library. [Simon McCleave](#) and [David Jackson](#) will be joining us to talk about their latest novels. All murders purely fictional. Enjoy coffee and cake whilst hearing all about it.

Caroline Johnson, from The Mold Bookshop, said: "We are thrilled that Simon and David are joining us for this event. We are looking forward to an evening of crime with a double twist."

Tickets are £5 and are available from Mold Library or The Bookshop, Mold.

01352 703780 [mold.library@aura.wales](mailto:mold.library@aura.wales)

01352 759879 [info@moldbookshop.co.uk](mailto:info@moldbookshop.co.uk)

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### **Grants to Support Young Deaf People**

The National Deaf Children's Society is offering grants of up to £1,000 to support young deaf people that wish to deliver projects and activities that benefit their lives.

<https://www.ndcs.org.uk/our-services/services-for-families/apply-for-a-grant/make-a-change-fund/>

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### **NLCF – Bringing People Together**

The National Lottery Community Fund are interested in hearing from projects which support and explore what is needed to connect communities, foster a positive sense of belonging by reducing 'them and us' attitudes, build collective action and strengthen communities, and focus on creating conditions for long term change.

Grants between £200,000 and £500,000 are available through the Bringing People Together programme for groups, networks and partnerships that are using and experimenting with new approaches to bring people together. Projects must deliver across at least two UK countries (England, Northern Ireland, Scotland, and Wales). Applications can be made at any time; it's a rolling programme until the funds are

fully allocated.

<https://www.tnlcommunityfund.org.uk/funding/programmes/bringing-people-together>

## Rosa's "Voices from the Frontline" fund Deadline 4pm Thursday 3<sup>rd</sup> November

Grant-making charity @RosaForWomen launches its Voices from the Frontline fund to support campaigning and influencing work that enables women and girls to use their voice to achieve change. One-year grants of up to £7,000 are available. With the rising cost of living and global pandemic worsening inequalities and threatening to push back women's and girl's rights, we need collective action now more than ever.

There is a critical need for funding for women's and girls' organisations to deliver activism and campaigning, particularly at the grassroots, and to raise awareness of the issues women and girls face. To find out more about the fund, and for eligibility criteria please click.

## New for 2022, the Bionet Awards!

This year the North East Wales Local Nature Partnership will be hosting the Bionet Awards to celebrate the work being undertaken by local people, communities, organisations and businesses in North East Wales to conserve, protect and enhance biodiversity.

Bionet believes it is important to celebrate successes achieved for biodiversity. In the face of the ecological emergency, a lot of the news we hear has a negative narrative but there are lots of people making a positive impact through local actions. The awards are split into 8 categories to demonstrate how various actions can achieve a positive biodiversity impact within multiple different sectors:

- Young Person's Award
- Community Group Award
- Primary School Award
- High School Award
- Business Award
- Biodiversity Friendly Development Award
- Town or Community Council Award
- Volunteer Award

All application forms and guidance documents can be found here:

<https://www.bionetwales.co.uk/.../bionet-awards-2022.../>

**So go ahead and get nominating!**

**Deadline for all applications is 12pm on the 28th of October!**

**Awards will be handed out at our conference in Venue Cymru, Llandudno on the 24th of November 2022.**

## Newydd ar gyfer 2022, Gwobrau Bionet!

Eleni bydd y Partneriaeth Natur Leol ar gyfer Gogledd Ddwyrain Cymru yn cynnal y Gwobrau Bionet i ddathlu gwaith pobl leol, cymunedau, sefydliadau a busnesau yng Ngogledd Ddwyrain Cymru i gadw, gwarchod a gwella bioamrywiaeth.

Mae Bionet yn credu ei bod yn bwysig dathlu'r llwyddiannau a gyflawnwyd dros fioamrywiaeth.

Yng ngoleuni'r argyfwng ecolegol, mae llawer o'r newyddion rydym yn ei glywed yn negyddol, ond mae llawer o bobl yn cael effaith positif drwy gamau gweithredu lleol.

Rhennir y gwobrau yn 8 categori i ddangos sut y gall camau gweithredu gwahanol gael effaith bositif ar fioamrywiaeth mewn llawer o wahanol sectorau:

- Gwobr Unigolyn Ifanc
- Gwobr Grwp Cymunedol
- Gwobr Ysgol Gynradd
- Gwobr Ysgol Uwchradd
- Gwobr Busnes
- Gwobr Datblygiad sy'n gyfeillgar i fioamrywiaeth
- Gwobr Cyngor Tref neu Gymuned
- Gwobr Gwirfoddolwr

Mae'r holl ffurflenni cais a chanllawiau ar gael yma:

<https://www.bionetwales.co.uk/.../gwobrau-bionet-2022.../>

**Felly cerwch amdani ac enwebu!**

**Y dyddiad cau ar gyfer yr holl geisiadau yw 12pm ar 28 Hydref!**

**Caiff gwobrau eu cyflwyno yn ein cynhadledd yn Venue Cymru, Llandudno ar 24 Tachwedd 2022.**

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### **The Rainbow Foundation Trustee Vacancies**

As a charity we are governed by a Board of Trustees, and we have a vacancy for two Trustees to join our team.

If you have a background in **finance** or have worked as a **senior healthcare professional** with strategic and operational delivery experience in the NHS / health care sector, then we would love to hear from you. This is an exciting time for our charity as we continue to grow. Our Trustees Board meets 4 times a year. We also have small sub-committees that meet to focus on specific projects or areas of work.

If you would like to find out more about becoming a Trustee, please contact Caroline Tudor-James on 01948 830730 or via email at

[caroline.tudorjames@therainbowfoundation.org.uk](mailto:caroline.tudorjames@therainbowfoundation.org.uk)

Alternatively, please apply via letter direct to Caroline expressing your interest and detailing relevant skills by **Monday 17th October**. A meeting will then be arranged with the Chair and Vice-Chair w/c 17th October to take the selection forward.

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## **RAF World Wednesday 19<sup>th</sup> October 2022**

**For all Year 10 and above students.**

The RAF have organised an immersive, virtual event with an opportunity to discover information on key roles, as well as chat live with a specialist RAF recruiter. All from the comfort of your own home.



For more information, and to book a free ticket to become part of this fabulous opportunity, please download the posters below:-

[RAF World 19.10.22\(Eng-Cym\)](#)

A promotional poster for the RAF World event. The background is a dark blue space with white stars. At the top left is the Royal Air Force logo with the text 'ROYAL AIR FORCE REGULAR & RESERVE'. To its right is the slogan 'NO ORDINARY JOB'. The main title 'RAF WORLD' is in large white letters, with a globe icon inside the 'O'. Below it, 'ACCESS ALL AREAS' is written in white. The date and time 'WEDNESDAY 19TH OCTOBER 2022 18:00-20:30' are in white and blue. A paragraph of text describes the event, and a bullet point starts with 'Explore interactive, 360° global operations...'.

**ROYAL AIR FORCE**  
REGULAR & RESERVE

**NO ORDINARY JOB**

**RAF WORLD**  
ACCESS ALL AREAS

**WEDNESDAY 19<sup>TH</sup>**  
**OCTOBER 2022**  
**18:00-20:30**

Join us for our virtual event RAF World, to explore where we could take your future with an exciting career with the RAF. From the comfort of your own home, you can immerse yourself in the following:

- Explore interactive, 360° global operations and see how we offer support all over the world. These areas will be packed with tonnes



**Cymunedau am Waith  
Communities for Work**



UNDAIR EIRYDDIADAU  
DROGELLUNGAN



Llywodraeth Cymru  
Welsh Government

**Cronfa Gymdeithasol Ewrop  
European Social Fund**

# We can help

## Out of work?

A dedicated team is available in your area providing one-to-one mentoring and advice to help you into employment, education and training.

### Want to find out more?

Contact your local Communities For Work Team on **01978 802418** or **01978 820520**  
**CFW@wrexham.gov.uk**



Communities for Work - Working in Partnership with Jobcentre Plus



Remembrance Sunday is a national opportunity to remember the service and sacrifice of all those that have defended our freedoms and protected our way of life. We remember the Armed Forces, and their families, from Britain and the Commonwealth, the vital role played by the emergency services and those that have lost their lives as a result of conflict or terrorism. This year, Remembrance Sunday will be held on the 13<sup>th</sup> November.

It is my privilege to volunteer with the Royal British Legion for a second year in Cefn Mawr and my first year in Ruabon and help raise funding for this excellent charity. If you would like to order a wreath, volunteer or find out more. Please feel free to send me an e-mail at [Josephwojcikjones@outlook.com](mailto:Josephwojcikjones@outlook.com)

Many thanks.

Joe Wojcik-Jones

Poppy Appeal Organiser Cefn Mawr and Ruabon



## Llygfrell/Rhiwabon/Ruabon Library

High Street, Ruabon, LL14 6NH

☎01978 822002

✉ruabon.library@wrexham.gov.uk

### Opening Hours

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
12.00-5pm	Closed	12.00-5pm	9am-1.15pm	2pm-5pm

**Be sy! What's on!**

### **Pob wythnos/Weekly...**

Dydd Llun/Monday

- **Stori a Chaîn/Story & Rhyme 1.15**
- **Grŵp Sgwrsio/Welsh 2<sup>nd</sup> Language**
- **Conversation 2.00-3.00**

Dydd Gwener/Friday

- **Gwau a Sgwrs/Knit & Natter-2.00-4.00**

Dydd Mercher cyntaf y mis - 1<sup>st</sup> Wednesday of the month

**Gemau/Games/Scrabble Group 2.15**

**Clwb Plant/Children's Club (5-10) 3.30**

Ail ddydd Mercher y mis - 2<sup>nd</sup> Wednesday of the month –

**Grŵp Darllen Cymraeg: 2.00**

Trydydd dydd Mercher y mis - 3<sup>rd</sup> Wednesday of the month

**Amser i Gofio/Time to Remember: 2.00**

Dydd Mercher olaf y mis - Last Wednesday of the month –

**Ruabon Readers: 2.00 - 3.00**

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## St Mary's Church Hall

is for hire at £20 for each four-hour period.

For further information please contact Kate  
Tiltman email:katherinetiltman@gmail.com

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## Saving Others' Lives

We have a variety of sessions throughout Wrexham (see below), a total of **1070 of appointment slots**.

So far across the **14 session** dates we have generated **372 appointments** with a **further 698 appointments** left to fill.

As you can see, we still have a lot of promotion left to do, which is why I am reaching out to you and hoping you will be able to help us by sharing content with your followers on social media.

Date	eProgesa	Sessions	Healthboard	Location	Bld	Appt	Bld (%)	OCC	EST
Thu 06 Oct 22	RGLYNUNI	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	45	69	65%	65	67
Thu 13 Oct 22	RCHIRKHH	The Hand Hotel, Chirk	Betsi Cadwaladr	Wrexham	80	102	78%	99	67
Fri 14 Oct 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	59	103	57%	99	67
Mon 17 Oct 22	RROSCHGOG	Rhosllanerchrugog	Betsi Cadwaladr	Wrexham	35	103	34%	99	67
Fri 21 Oct 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	60	81	74%	78	55
Thu 27 Oct 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	20	68	29%	66	45
Fri 28 Oct 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	14	68	21%	66	45
Tue 01 Nov 22	RACREFAIR	Acrefair	Betsi Cadwaladr	Wrexham	11	68	16%	66	45
Thu 03 Nov 22	RCHIRKHH	The Hand Hotel, Chirk	Betsi Cadwaladr	Wrexham	20	68	29%	66	45
Fri 04 Nov 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	10	68	15%	66	45
Fri 11 Nov 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	4	68	6%	66	45
Wed 16 Nov 22	RROSCHGOG	Rhosllanerchrugog	Betsi Cadwaladr	Wrexham	6	68	9%	66	45
Thu 17 Nov 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	2	68	3%	66	45
Thu 24 Nov 22	RSTMARG	Wrexham (St Margarets Church)	Betsi Cadwaladr	Wrexham	6	68	9%	66	45

If you live in the Wrexham region, the Welsh Blood Service is looking for new and existing donors to support us in the coming weeks.

It only takes 45 minutes to give blood, for someone in need, that blood can last a lifetime. Book today <https://wbs.wales/Wrexhamsessions>

Os ydych yn byw yn rhanbarth Wrecsam, mae Gwasanaeth Gwaed Cymru yn chwilio am roddwyr newydd a rhai sy'n bodoli eisoes i'n cefnogi yn ystod yr wythnosau nesaf.

Mae ond yn cymryd 45 munud i roi gwaed, i rywun mewn angen, y gall y gwaed hwnnw yn gallu bara oes. Trefnwch apwyntiad heddiw.

<https://wbs.wales/Wrexhamsessions>



Julia Harries

Swyddog Ymgysylltu â Rhoddwyr

**Mental Health  
First Aider**  
MHFA Wales



**Donor Engagement  
Officer**

Gwasanaeth Gwaed Cymru | Welsh Blood Service  
Heol Cwm Elai | Ely Valley Road  
Tonysguboriau | Talbot Green  
Llantrisant  
CF72 9WB

**Mobile/Symudol: 07814 193455 / 01443 622061**

**Email/Ebost: [julia.harries@wales.nhs.uk](mailto:julia.harries@wales.nhs.uk)**

**If giving is in your blood, please help  
Os yw rhoi yn eich gwaed, helpwch ni**

[www.gwaedcymru.org.uk](http://www.gwaedcymru.org.uk) / [www.welshblood.org.uk](http://www.welshblood.org.uk)



*Mae Ymddiriedolaeth GIG Prifysgol Felindre yn hapus i dderbyn gohebiaeth yn Gymraeg neu'r Saesneg. Ni fydd derbyn gohebiaeth yn Gymraeg yn achosi unrhyw oedi.*

*A fydddech cystal â gwneud eich anghenion iaith yn glir i ni ar ôl derbyn yr e-bost hwn a gallwn gynllunio ein Cyfathrebu yn unol â hynny.*



NEIGHBOURHOOD WATCH 2022 CRIME AND COMMUNITY SURVEY LAUNCHED

### **NEIGHBOURHOOD WATCH 2022 CRIME AND COMMUNITY SURVEY LAUNCHED**

We are delighted to invite you to take part in our annual [Crime and Community survey](#). The survey is in its third year running, and we want to hear your views on crime, community, and your experience of Neighbourhood Watch. The survey is open to everyone across England and Wales, regardless of whether you are a Neighbourhood Watch member or not.

All responses will be anonymised and aggregated, and

**everyone who completes the 5 – 10 minute survey can choose to opt-in to the prize**

**draw to win one of four £25 Amazon vouchers**

<https://www.surveymonkey.co.uk/r/NWCCS2022>

The results will enable us as a charity to better understand crime and fear of crime, benchmark whether membership in a Neighbourhood Watch scheme or living in a Neighbourhood Watch area impacts crime levels, neighbourliness, and the willingness of communities to work together. This information is vitally important to ensure we can better target our work to meet your crime and community needs and concerns.



Last year our survey received 16,000 responses from across England and Wales, providing us with rich and useful data. This year we will be able to compare our data to the last two year's results and share our findings with you.

**Please complete our survey and share it via email and social with all the various communities you belong to, whether they be a Neighbourhood Watch community or other such as sport, religious or work community.** This will help us receive a good balance of responses from members and non-members, enabling us to compare experiences between these two groups. To help you reach others, we have attached a poster which you can print and display locally or share digitally. Alternatively, reshare our social posts ([Facebook](#) / [Twitter](#) / [Instagram](#) / [LinkedIn](#)) to your channels.

<https://www.surveymonkey.co.uk/r/NWCCS2022>

**The survey closes on 26th October 2022.**

Thank you for your support.

Best wishes,

**NEIGHBOURHOOD WATCH NETWORK, Central Support Team**  
*Neighbourhood Watch Network is a charity registered in England & Wales, CIO no: 1173349*

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#### Attachments

[40th anniversary logo \(4\).png](#)

To reply or forward please use the below or these links: [Reply](#), [Rate](#), [Forward / Share](#).



Reply



Rate



Share



Settings





Best wishes everyone, I hope the weather  
stays well for you all,

Sybil (Bremner)