Ruabon News Letter 421

A white house with a black fence

Description automatically generated with medium confidence25.04.2022

# [​THE BRIDGE END INN](https://www.bridgeendruabon.co.uk/)

# RUABON

Opened April 2009

A CAMRA National Pub of the Year 2011

**Chester & South Clwyd Welsh Area**

**Pub of the Year 2022**

Congratulations **AGAIN** to Gillian, Peter and

Matthew McGivern

**LLyfrgrell Rhiwabon/Ruabon Library**

**High Street, Ruabon, LL14 6NH**

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Opening Hours

Monday 12.00pm – 5.00pm

Tuesday Closed

Wednesday 12.00pm – 5.00pm

Thursday 9.00am – 1.15pm

Friday 12.00pm – 5.00pm

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**1.Gwau a Sgwrs**

**2. Dydd Gwener 2pm–4pm**

**Knit and Natter**

**Fridays 2pm – 4pm**

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**Grwp Sgwrsio**

Dydd Llun 2pm – 3pm

**Welsh Second Language Conversational Group**

Mondays 2pm – 3pm

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**Stori a Chân: Dydd Llun** 1:15pm

**Story and Rhyme: Mondays** 1.15pm

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**The Ruabon Readers: Reading group**

**Meet on the last Wednesday of the month,**

**from 2-3pm.**

**Old and new members are warmly welcome!**

**Re-Start of the Scrabble Group**

**at Ruabon Library**

on Wednesday, 4th May at 2:15pm

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwiPgNj5p4_kAhUCQxUIHXVsAqoQjRx6BAgBEAQ&url=https://www.realworth.org/case-study/communities-first-framework-wrexham-united-kingdom/wrexham-logo/&psig=AOvVaw37riYeXUo5PnR-w8eNHNLA&ust=1566317069676993)



**Llyfrgell Rhiwabon**

**Grwp Scrabble**

Dydd Mercher, 4 Mai, 2:15

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**Ruabon Bowling Club**

Maes-y Llan Lane, Ruabon

**Oswestry League Division 2**

12th April: Ruabon 8 v. Llangynog A 2

19th April: Church B 4 v. Ruabon 6

**Wrexham and District Bowling League**

**More details to follow**

**Ruabon Candidates standing for**

**Local Election**

**on**

**05.05.2022**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| [**Ruabon**](https://en.wikipedia.org/wiki/Ruabon)**2022**[[36]](https://en.wikipedia.org/wiki/2022_Wrexham_County_Borough_Council_election#cite_note-:Wrexham_Wards-36) | | | | | |
| **Party** | | **Candidate** | **Votes** | **%** | **±%** |
|  | [**Labour**](https://en.wikipedia.org/wiki/Welsh_Labour) | **Dana Davies\*** |  |  |  |
|  | [**Independent**](https://en.wikipedia.org/wiki/Independent_politician) | **Charles Devlin** |  |  |  |
|  | [**Non-aligned politician**](https://en.wikipedia.org/wiki/Non-aligned_politician) | **Sharon Mazzarella** |  |  |  |
|  | [**Conservative**](https://en.wikipedia.org/wiki/Welsh_Conservatives) | **Peter James Molloy** |  |  |  |
|  | [**Plaid Cymru**](https://en.wikipedia.org/wiki/Plaid_Cymru) | **Rebecca Wide** |  |  |  |

Information taken from WCBC

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A doctor attending to a patient

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**There are several blood donation sessions**

**in the Wrexham area with appointments available to book.**

**Please help if you can** [**https://wbs.wales/RuabonNews**](https://wbs.wales/RuabonNews)

**Mae sawl sesiwn rhoi gwaed yn ardal Wrecsam gydag apwyntiadau**

**ar gael i archebu.**

**Helpwch os gallwch.** [**https://wbs.wales/RuabonNews**](https://wbs.wales/RuabonNews)

Kind Regards

**Debbie**

**Debbie Day**

**Cydlynydd Ymgysylltu a Rhoddwyr / Donor Engagement Coordinator**

**07795 332 720** [**debbie.day@wales.nhs.uk**](mailto:debbie.day@wales.nhs.uk)**Llun-Iau/Mon-Thurs 08:30-16:30**

**Nodwch, rwyf yn gweithio o adref ar hyn o bryd / Please note I am working remotely at the moment.**

**Gwasanaeth Gwaed Cymru / Welsh Blood Service**

**Ty Penfro, Ffordd Ellice, Parc Technoleg Wrexham, LL13 7YT**

**Pembroke House, Ellice Way, Wrexham Technology Park, LL13 7YT**

**03000 859 391** [**www.gwaedcymru.org.uk**](http://www.gwaedcymru.org.uk) **/** [**www.welshblood.org.uk**](http://www.welshblood.org.uk/)

Text

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*Mae Ymddiriedolaeth GIG Prifysgol Felindre yn hapus i dderbyn gohebiaeth yn y Gymraeg neu’r Saesneg.  A fyddech cystal â gwneud eich anghenion Iaith yn glir i ni ar ôl derbyn yr e-bost hwn a gallwn gynllunio ein Cyfathrebu yn unol â hynny.  Os na fyddwch yn darparu eich dewis Iaith, byddwn yn cymryd yn ganiataol mai Saesneg yw eich dewis Iaith.  Diolch*

*Velindre University NHS Trust is happy to receive communication in Welsh or English.  Please make your language preference clear to us upon receipt of this email and we can plan our communication accordingly.  If you do not provide your language preference, we will assume that your language preference is English.  Thank you.*

A person in a sports jersey

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Tickets are now on sale for our next concert, conducted by double bass virtuoso [Leon Bosch](https://www.leonbosch.co.uk/index.php) and featuring a return for violinist [Fenella Humphreys](https://www.fenellahumphreys.com/). We are excited also to be giving the premiere of “Awakening”, a piece written by local film composer [Sam Redfern](https://samredfernmusic.carrd.co/).

You can purchase them from the tickets tab or [through this link](https://www.eventbrite.co.uk/e/wrecsam-2025-pictures-at-an-exhibition-tickets-320616220747). We look forward to seeing you all on Saturday 21st May!

Easter Holidays at Tŷ Pawb...

**family activities for you throughout the holidays!**

Build a mechanised Easter bunny, design a fantasy house and even weave your own tennis racket! Plus we have the ever popular Pop Art Disco! **All activities £3 or less**



A red and white sign

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[](https://news.wrexham.gov.uk/wp-content/uploads/2022/03/carnival-of-words-2022-1.jpg)Wrexham Carnival of Words is fast approaching and there are still tickets available for many events including bestselling Welsh author Bethan Gwanas, bestselling local author Carys Davies, romantic saga novelist Milly Johnson, and author of smash hit TV series “Keeping Faith” – Matthew Hall.

Barbara Erskine master of the time slip genre will be appearing live this year with historical writer Patricia Bracewell. Sarah Hilary, Richard and Judy booklist nominee will talk about her latest book “Fragile”. For something different why not listen to Rev Dr Jason Bray talk about his experiences of exorcism?

Local authors, Peter Evans (River Dee) and Chris Clode (Slate Mines of Wales) give afternoon talks. Alan Johnson makes a welcome return to talk about his first venture into the world of fiction.

For those who like to be creative why not join in our poetry night with Viva Voce or our Writers’ Carousel with panels of local authors, writers and poets?

For details of the full programme and how to buy tickets visit [**www.wrexhamcarnivalofwords.com**](http://www.wrexhamcarnivalofwords.com)

Table, calendar

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Fe fyddwn ni’n cael cyfle i gynrychioli’r sector gofal plant mewn ffair yrfaoedd sy’n cael ei chynnal yn Tŷ Pawb ddydd Gwener 29 Ebrill 2022. Os oes gan eich lleoliad chi unrhyw swyddi gwag yr hoffech i ni, eu hysbysebu yn y ffair, anfonwch nhw at [childcareteam@wrexham.gov.uk](mailto:childcareteam@wrexham.gov.uk).

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Advertise your childcare setting job vacancies with us

We have the opportunity to represent the childcare sector at a careers fair being held in Ty Pawb on Friday 29th April 2022.

If your setting currently has any job vacancies that you would like us to promote during the fair please send them through to [childcareteam@wrexham.gov.uk](mailto:childcareteam@wrexham.gov.uk)



[fis@wrexham.gov.uk](mailto:fis@wrexham.gov.uk)  
01978 292094  
[facebook.com/wrexhamfamilyinformationservice](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA0MjIuNTY3OTkyMjEiLCJ1cmwiOiJodHRwczovL3d3dy5mYWNlYm9vay5jb20vV3JleGhhbUZhbWlseUluZm9ybWF0aW9uU2VydmljZSJ9.2sCQnZNNcUTZvb93Bi4L3ew-TICViIPF9GRSci4C34Y/s/2143175438/br/130191737396-l).co.uk  
[facebook.com/wrexhamfamilyinformationservicecym](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA0MjIuNTY3OTkyMjEiLCJ1cmwiOiJodHRwczovL3d3dy5mYWNlYm9vay5jb20vV3JleGhhbUZhbWlseUluZm9ybWF0aW9uU2VydmljZUN5bSJ9.nITkCY7gNECCX30AyUM7uNRbtSCqVhPbqZiq-x8af2k/s/2143175438/br/130191737396-l)  
[twitter.com/wrexhamfis](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA0MjIuNTY3OTkyMjEiLCJ1cmwiOiJodHRwczovL3R3aXR0ZXIuY29tL1dyZXhoYW1GSVMifQ.uYMVcIW7SkJeW9MKqkFofvNNqB9Upzl3riSvKGGnA3s/s/2143175438/br/130191737396-l)  
[twitter.com/ggdwrexham](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjA0MjIuNTY3OTkyMjEiLCJ1cmwiOiJodHRwczovL3R3aXR0ZXIuY29tL0dHRFdyZWNzYW0ifQ.CS3QNhKl4LagFgj0c8_LKZYAOMl3R1Tn2D5kOvtmMb8/s/2143175438/br/130191737396-l)

**Thank you to Paul Tincello for the following information**

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**Changes to vaccine reporting**

**on PHW surveillance dashboard**

**From the 25th of April 2022, Public Health Wales will move from daily to weekly reporting of vaccine uptake in Wales on the PHW surveillance dashboard.  Data will be updated on Mondays, with uptake figures reported up to the previous Thursday.  
 On that date, PHW will also begin reporting data relating to the Spring booster programme, and on uptake in the universal programme for 5-to 11year olds. Also, in addition to publishing the existing cumulative totals for individuals vaccinated since the beginning of the vaccination programme, totals will be produced which are adjusted to reflect the living and Wales-resident population as at the most recent data refresh date.**

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**Regional funding change provides opportunity  
for improved health and well-being in Wales**

 A new report from Public Health Wales examines how a future replacement scheme for EU Structural Funds could be key to improving health and well-being of people in Wales.  The study details how a successor regional funding programme to EU Structural Funds programmes presents both opportunities and risks for the health and well-being of disadvantaged areas of Wales.   
   
Overall participants in the study agreed that existing EU Structural Funds have helped to address social and economic priorities in local areas, and have had a positive effect on economic, social, and community influences on health, including reducing domestic violence, improving family relationships, and addressing adverse childhood experiences. 

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**PrEP Awareness Campaign in Wales**

[**The Terrence Higgins Trust (THT)**](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=e2cdae629b&e=006862eff8) and **Public Health Wales** have launched a new campaign to raise awareness of HIV PrEP in Wales.  
 PrEP (pre-exposure prophylaxis) is a drug that is safe and effective and when taken by HIV-negative people before and after sex, reduces the risk of getting HIV.   
The [campaign](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=1d31f7ff64&e=006862eff8) is particularly aimed at the groups of people most impacted by HIV in Wales, including men who have sex with men, Black African people, and trans people.  The campaign is using advertising in Cardiff, Newport, Swansea, and Mold as well as social media channels.

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**Children’s Commissioner for Wales:  
Our plan for all children and young people 2019-2022: Evaluation**

 In 2019 Children Commissioner for Wales published their [Plan for Children and Young People 2019-2022](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=4bbcd1b246&e=006862eff8).   
 They have now published an evaluation of that three-year plan.  In 2019 they set out [five aspirations for children and young people](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=1ee4e90c4c&e=006862eff8), to help them guide their work.

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**Complex Trauma:  
Evidence-based principles for the Reform of**

**Children’s Social Care**

[**The UK Trauma Council**](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=cb7a0af8e8&e=006862eff8) has developed nine principles informed by an understanding of complex trauma, its effect on child development, and evidence-based responses that care givers, professionals, and services can engage in to address the impact of complex trauma.   
**Principles**:

1. Establishing a common definition of complex trauma.
2. Promoting and stabilising trusted relationships.
3. Cultivating supportive interactions.
4. Actively enabling young people’s agency.
5. Recognising adaptations and building social connections.
6. Holistically responding to multiple needs.
7. Providing evidence-based interventions.
8. Tackling contextuality and systemic factors.
9. Supporting the workforce.

For more information on these evidence-based principles, please read: [**Complex trauma: evidence-based principles for the reform of children’s social care**](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=3795a3ae8e&e=006862eff8)**.**

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**Localgiving Ukraine Emergency Campaign**

[Localgiving](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=0128c76e6d&e=006862eff8), the UK’s leading non-profit fundraising platform for grassroots organisations, has an exclusive offer of [six months free membership](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=026c591800&e=006862eff8) for organisations supporting Ukraine and refugees.  
 Following the [£2.75m we helped foodbanks to raise](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=1421dd9134&e=006862eff8) in response to the COVID-19 pandemic, we are looking to deliver a campaign to support organisations working to welcome refugees and displaced persons. Our [Local Welcome](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=436f0e7bf1&e=006862eff8) campaign will provide training and mentoring for any grassroots organisations aiming to deliver a fundraising campaign to support this work.  
 Organisations will be able to access:

* A six-month free membership with Localgiving with no obligation to continue.
* Training and mentoring from our team of qualified fundraisers to deliver their campaign.
* Opportunities to apply for extra funding through our regular grant programmes, with grants from People’s Postcode Lottery and Western Power Distribution currently available.

Organisations can sign up to the campaign [here](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=93da4e53e2&e=006862eff8).

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**Appeal for storytellers to support the Macmillan Deaf Cancer Support Project Media Launch**

**We are looking for deaf people affected by cancer across the UK to share their experience to help us raise awareness of a new project to support Deaf people living with cancer.**  
 The Macmillan Deaf Cancer Support Project is a 2-year pilot which will be delivered in partnership with Self Help UK to improve access to cancer information and support for Deaf people across the UK.  
 Trained Deaf volunteers will provide remote support in BSL including virtual peer support groups, one-on-one remote emotional and practical support, and medium level advocacy support in complex cases.  **It will launch across the UK in June 2022.**  
 [READ MORE>](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=1afd189dd5&e=006862eff8)

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**Estuary Voluntary Car Scheme**

**is seeking volunteer drivers**

“**Estuary Voluntary Car Scheme”** is a local charity based in Greenfield.  We have a fleet of 8 vehicles, some with wheelchair access, and provide transport to medical appointments for older people, disabled people, and those with mobility issues.  We charge for this service but because all our drivers are unpaid volunteers, we keep the charge down to a minimum.  
 Due to the increasing demand of our service, we are now in urgent need of unpaid volunteer drivers to assist us.  We are looking for **people aged over 21**, who enjoy driving and meeting people and are available for a few hours a week or more.  We cover the cost of the DBS required.   
To find out more about this role, please call **01352 710 149** or email [admin@estuaryvoluntarycar.co.uk](mailto:admin@estuaryvoluntarycar.co.uk).

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**Beginners IT Course**

 Just wanted to let you know about a beginner’s IT course that Coleg Cambria will be running after Easter on a **Wednesday afternoon**, **1pm** to **3pm** at **St Peter's Church, Holywell starting 27th April 2022**.  
 I have attached a poster in [English](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=23d0fa85f0&e=006862eff8) and [Welsh](https://flvc.us14.list-manage.com/track/click?u=8a46a8b28bb94092e3b49979b&id=1eb5b16ea2&e=006862eff8).  
 For further information, you can email [heather.williams@cambria.ac.uk](mailto:heather.williams@cambria.ac.uk).

**Support for expectant and new parents**

**in Wrexham and Flintshire**

PRAMS (Parental Resilience And Mutual Support) is available for mothers and fathers living in Wrexham and Flintshire who would like some additional support through the challenges of early parenthood. As many as 10% of all new parent’s experience periods of feeling low following the birth of their baby and the service is particularly suited to help people find their feet in these times.  
We currently offer various forms of support that provide the opportunity to talk and learn about emotional wellbeing and resilience.

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Friends of Ruabon

will be clearing rubbish from our streets

THIS COMING WEEKEND (weather permitting)

Please be at the Sports Pavillion (adjacent to the Village Hall) by 10am, where you can collect orange bags for the rubbish, if needed.

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**Watery Lane Produce is a new small business run by me, Sarah Evans,**

**on our farm in Eyton, near Wrexham, where my husband’s family**

**have farmed for over 70 years.**

**I offer a personal service delivering fresh, organically-grown vegetable**

**boxes straight to your home. I use local and UK suppliers, and**

**increasingly I’ll be offering my own vegetables, salads, and herbs that**

**I’ll be growing right here on the farm!**

**Like all of us, I’m thinking more and more about the environment and**

**what I can do to reduce my own impact on climate change.**

**Eating more locally produced and seasonal food, reducing plastic use,**

**recycling, supporting my community, and not giving supermarkets**

**any more power and influence is how I think that I can make a difference.**

**I can make your weekly vegetable shopping easy for you by delivering to**

**you a local, organic, seasonal veg box and can guarantee that your**

**produce will be fresh and picked to order, reducing food waste.**

**I’m starting a journey; it’s exciting and nerve-racking at the same time,**

**but why don’t you join me and perhaps we can affect change together! –**

**To place an order please visit** [**www.waterylaneproduce.co.uk**](http://www.waterylaneproduce.co.uk)



Diagram

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This **gentleman** comes highly recommended

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If you know of anyone who would like to receive the Ruabon News Letter each week by email (free of charge). Please contact: [bremner.millhouse@btinternet.com](mailto:bremner.millhouse@btinternet.com)

This News Letter is only as good as the items received for publication.

Please keep sending in your pieces of news.

**Thank you,** Sybil (Bremner)