

RUABON NEWS LETTER 395

11.10.2021



"Recently, Ysgol Rhiwabon hosted Mike Gershon, the author of more than 40 books on teaching, learning and education, including numerous bestsellers.

He has written over 90 guides covering different aspects of classroom practice and his work has been translated into Dutch, Welsh, Hebrew, Arabic and Chinese.

Mike's online teaching resources are some of the most popular of all time, having been viewed and downloaded more than 4 million times by teachers in over 180 countries and territories.

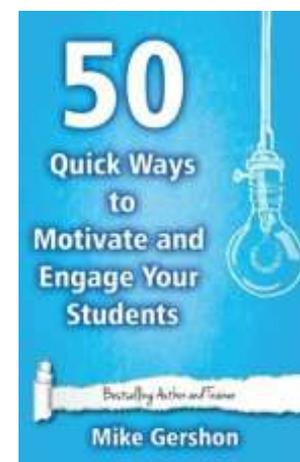
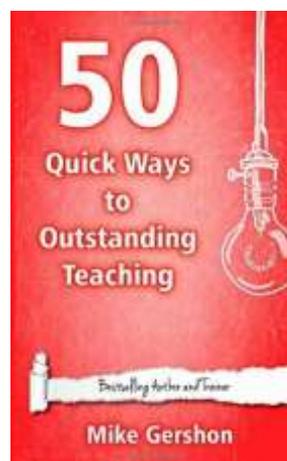
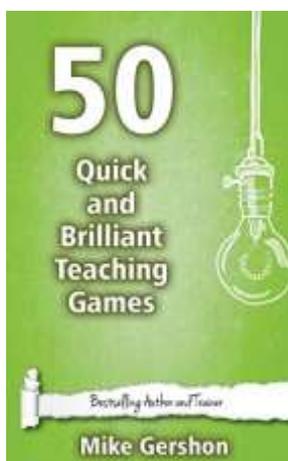
All of Mike's work is closely focused on the practicalities of pedagogy.

Teachers across the world return to his work because of its relevance to the classroom and the immediacy with which the ideas can be implemented.

For further information please follow the link below-

[**Educational Consultancy & Training by Mike Gershon**](#)

Just three of the booklets written by Mike Gershon out of the vast number of books and booklets he has produced.





Llyfrgell Rhiwabon

Gwau a Sgwrs

Dydd Gwener 2.00 - 4.00

Ruabon Library

Knit and Natter

Fridays 2:00 - 4.00



LLyfrgrell Rhiwabon / Ruabon Library
High Street,
Ruabon
LL14 6NH

☎ 01978 822002

✉ ruabon.library@wrexham.gov.uk

🌐 www.wrexham.gov.uk/libraries

📘 Wrexham Libraries

🐦 @WxmLibraries

Opening Hours

Monday 12.00pm - 5.00pm

Tuesday Closed

Wednesday 12.00pm - 5.00pm

Thursday 9.00am - 1.15pm

Friday 12.00pm - 5.00pm

TUES 14TH SEPT - KO: 19.30 (A)
RUTHIN TOWN V RUABON ROVERS
NEWFA CUP - ROUND 3 - AT PARC Y DRE

SAT 18TH SEPT - KO: 14.30 (H)
RUABON ROVERS V FC UNITED OF WXM
THE TWO COUNTIES CUP - ROUND 1 - AT THE REC

SAT 25TH SEPT - KO: 14.30 (H)
RUABON ROVERS V CPD SYCHDYN
CHAMPIONSHIP DIVISION - AT THE REC

SAT 2ND OCT - KO: 14.30 (A)
FC UNITED OF WXM V RUABON ROVERS
CHAMPIONSHIP DIVISION - AT BRONWENS GREEN

SAT 16TH OCT - KO: 14.30 (A)
BRYMBO LODGE V RUABON ROVERS
CHAMPIONSHIP DIVISION - AT BRONWENS GREEN

FIXTURES

Ruabon Community Council – Community Agent

It has been a challenging year for everyone, and although things are getting closer to normal, some restrictions remain and will stay with us for some time such as face masks, hand cleansers and of course NHS Track & Trace. People in the community still have some anxieties about getting out and about and it may be a while before their confidences are restored.

If you, a relative, friends, a neighbour or just someone you know are experiencing loneliness, isolation, anxiety - or just simply a lack of contact to help with everyday life particularly if you are over 50 then help is available.

Supported by the Ruabon Community Council the Community agent works with over 50's in Ruabon providing easy access to a wide range of information to help people make informed choices about their present and future needs.

HELP – SUPPORT – SIGNPOSTING - ADVICE – GUIDANCE - ASSISTANCE

Are you or someone you know looking for free confidential, information and advice on local services? You are not sure who to turn to and you live in Ruabon? Or if you just want to chat about your concerns or an issue that may be bothering you? As Covid 19 lockdown restrictions start to relax perhaps we can arrange to meet and talk things through and identify a way forward - the service is free!

Just contact your

Ruabon Community Agent Paul Tincello,

using the contact details below:

Telephone: 07947 530140 or Email:

communityagentruabon@gmail.com



Community Catch Up!

**Come and join us for a chat
whilst enjoying a hot drink and
some cake!**

**WHERE: Village Hall on Maes-y-Llan Lane,
Ruabon, LL14 6AD**

**WHEN: Every Wednesday
Alternating - Morning 9am-11am
Afternoon 2pm-4pm**

**Come by yourself or bring a friend, everyone is
welcome!**

**There will be no charge for these events,
refreshments are provided courtesy of local
business AE Sewing Machines.**

**Lockdown has left many people of all ages
feeling isolated, so we are setting up these
community afternoons to bring the people of
Ruabon back together! The idea is to create an
inclusive community environment where local
people can interact in a safe space. This event is
overseen by the community agent and every
effort will be made to uphold the highest
hygiene standards in line with COVID-19**

Tell us about your experience of leaving hospital

Have you visited and left hospital at any point since May 2020 and live in Wales? If so, the British Red Cross are interested in hearing about your experience as part of their research into hospital discharge in Wales.

To find out more and take part in the survey

www.opinionresearch.co.uk/BRC_Hospital_Discharge_Survey

Dywedwch wrthym am eich profiad o adael yr ysbyty

Ydych chi wedi ymweld ac ymadael â'r ysbyty ar unrhyw adeg ers mis Mai 2020 ac yn byw yng Nghymru? Os felly, mae gan y Groes Goch Brydeinig ddiddordeb mewn clywed am eich profiad fel rhan o'u hymchwil ar ymadael yr ysbyty yng Nghymru.

Cliciwch yma i ddarganfod mwy a chymryd rhan yn yr arolwg

www.opinionresearch.co.uk/BRC_Hospital_Discharge_Survey

Calling all parents and carers who use childcare in Wales!

The Childcare Parent/Carer Survey is now live!

The Welsh Government and local authorities want to hear your thoughts about childcare in your local area. Complete this short [survey](#) and have your say today.

We want to understand more about your childcare needs, be it for young children or older children needing before and after school or holiday care. We want to hear about your experience of finding suitable childcare as this will help us plan for the future.

The survey is open until midnight on 24 October 2021.

Yn galw rhieni a gofalwr sy'n defnyddio gofal plant yng Nghymru!

Mae'r Arolwg Gofal Plant ar gyfer Rhieni/Galwyr wedi mynd yn fyw! Mae Llywodraeth Cymru ac awdurdodau lleol eisiau clywed eich barn am ofal plant yn eich ardal leol. Llenwch yr [arolwg](#) byr

yma a chewch ddweud eich dweud heddiw. Rydyn ni eisiau deall mwy am y gofal plant sydd ei angen arnoch, boed ar gyfer plant ifanc neu blant hŷn sydd angen gofal cyn neu ar ôl ysgol neu yn y gwyliau. Rydyn ni eisiau gwybod beth yw eich profiad o ddod o hyd i ofal plant addas gan y bydd hyn yn ein helpu i gynllunio ar gyfer y dyfodol.

Research on use of technology to tackle Loneliness & Isolation among older adults

The Welsh Government has commissioned researchers at the University of Bath and the Wales Centre for Public Policy to investigate if and how technology is being used during the COVID-19 pandemic in Wales to build social connections and tackle loneliness and social isolation among older adults. We would like to hear from people who work for statutory or voluntary organisations that provide social/community care services to older adults in Wales or who commission these services, to understand their experiences of using (or not) technology through the pandemic. To do this we have set up an online survey that you are invited to complete.

Title of study: Use of technology to build social connections and tackle loneliness among older adults in Wales during the coronavirus pandemic

Who can take part? If you work for a statutory or voluntary organisation that provides community-based care and support services for older adults (65+) or who commission these care and support services for older adults, we would like to hear from you. In this study we are focusing on the provision of care and services for community dwelling older adults rather than for older adults in residential care or nursing homes, although you may cover both. Community-based care and support services for older adults include:

- Registered domiciliary care services (not residential or nursing care).

- Community-based support services, for example befriending schemes.

We would like to hear from people from a range of different professional roles within these organisations - so whatever your role within these organisations we would like to hear from you.

What is involved? You will be asked to complete an online survey, which should take less than 20 minutes. At the end of the survey you will be asked if you would also like to take part in an interview via telephone/video call - this is optional and would last less than an hour. The survey will be running until 31st October 2021.

What you will get in return? For completing the survey, you will be offered the chance to be entered into a prize draw for one of three prizes: £50, £30 or £20.

I'm interested, how can I take part? If you would like to take part in the survey or would like further information, please go to: https://bit.ly/tech_loneliness_survey5

The survey will be running until 31st October 2021.

This study has received ethical approval from Cardiff University's Research Ethics Committee.

Contact details

Professor Julie Barnett, jcb54@bath.ac.uk

Dr Lis Grey, ebg21@bath.ac.uk

Mae Llywodraeth Cymru wedi comisiynu ymchwilwyr ym Mhrifysgol Caerfaddon a Chanolfan Polisi Cyhoeddus Cymru i ymchwilio i weld a yw technoleg yn cael ei defnyddio, a sut mae'n cael ei defnyddio, yn ystod pandemig COVID-19 i feithrin cysylltiadau cymdeithasol a mynd i'r afael ag unigrwydd ac ynysigrwydd cymdeithasol ymhlith oedolion hŷn. Hoffem glywed gan bobl sy'n gweithio i sefydliadau statudol neu wirfoddol sy'n darparu gwasanaethau gofal cymdeithasol/yn y gymuned i

oedolion hŷn yng Nghymru, neu sy'n comisiynu'r gwasanaethau hyn, er mwyn deall eu profiadau o ddefnyddio technoleg (neu beidio) drwy'r pandemig. I wneud hyn, rydym wedi sefydlu arolwg ar-lein ac fe'ch gwahoddir i'w gwblhau.

Teitl yr astudiaeth: Defnyddio technoleg i feithrin cysylltiadau cymdeithasol a mynd i'r afael ag unigrwydd ymhlith oedolion hŷn yng Nghymru yn ystod y pandemig coronafeirws

Pwy all gymryd rhan? Os ydych chi'n gweithio i sefydliad statudol neu wirfoddol sy'n darparu gwasanaethau gofal a chymorth yn y gymuned i oedolion hŷn (65+) neu sy'n comisiynu'r gwasanaethau gofal a chymorth hyn i oedolion hŷn, hoffem glywed gennych. Yn yr astudiaeth hon rydym yn canolbwyntio ar ddarparu gofal a gwasanaethau ar gyfer oedolion hŷn sy'n byw yn y gymuned yn hytrach nag ar gyfer oedolion hŷn sydd mewn cartref gofal preswyl neu gartref nyrsio, er y gallwch gynnwys y ddau.

- Mae gwasanaethau gofal a chymorth yn y gymuned i oedolion hŷn yn cynnwys: gwasanaethau gofal cartref cofrestredig (nid gofal preswyl na gofal nyrsio).
- gwasanaethau cymorth yn y gymuned, er enghraifft cynlluniau cyfeillio.

Hoffem glywed gan bobl o amrywiaeth o rolau proffesiynol gwahanol o fewn y sefydliadau hyn - felly beth bynnag yw eich rôl yn y sefydliadau hyn, hoffem glywed gennych.

Beth mae'n ei olygu? Gofynnir i chi lenwi arolwg ar-lein, a ddylai gymryd llai nag 20 munud. Ar ddiwedd yr arolwg, gofynnir i chi a hoffech chi gymryd rhan mewn cyfweiliad dros y ffôn/trwy alwad fideo hefyd - mae hyn yn ddewisol, a byddai'n para llai nag awr. Bydd yr arolwg yn rhedeg hyd at 31 Hydref 2021.

Beth fyddwch chi'n ei gael yn gyfnewid? Am lenwi'r arolwg, cewch gynnig y cyfle i gymryd rhan mewn raffl i ennill un o dair gwobr: £50, £30 neu £20.

Mae gen i ddiddordeb, sut ydw i'n cymryd rhan? Os hoffech

gymryd rhan yn yr arolwg neu os hoffech gael rhagor o wybodaeth, ewch i: https://bit.ly/tech_loneliness_surveyS

Bydd yr arolwg yn rhedeg at 31 Hydref 2021.

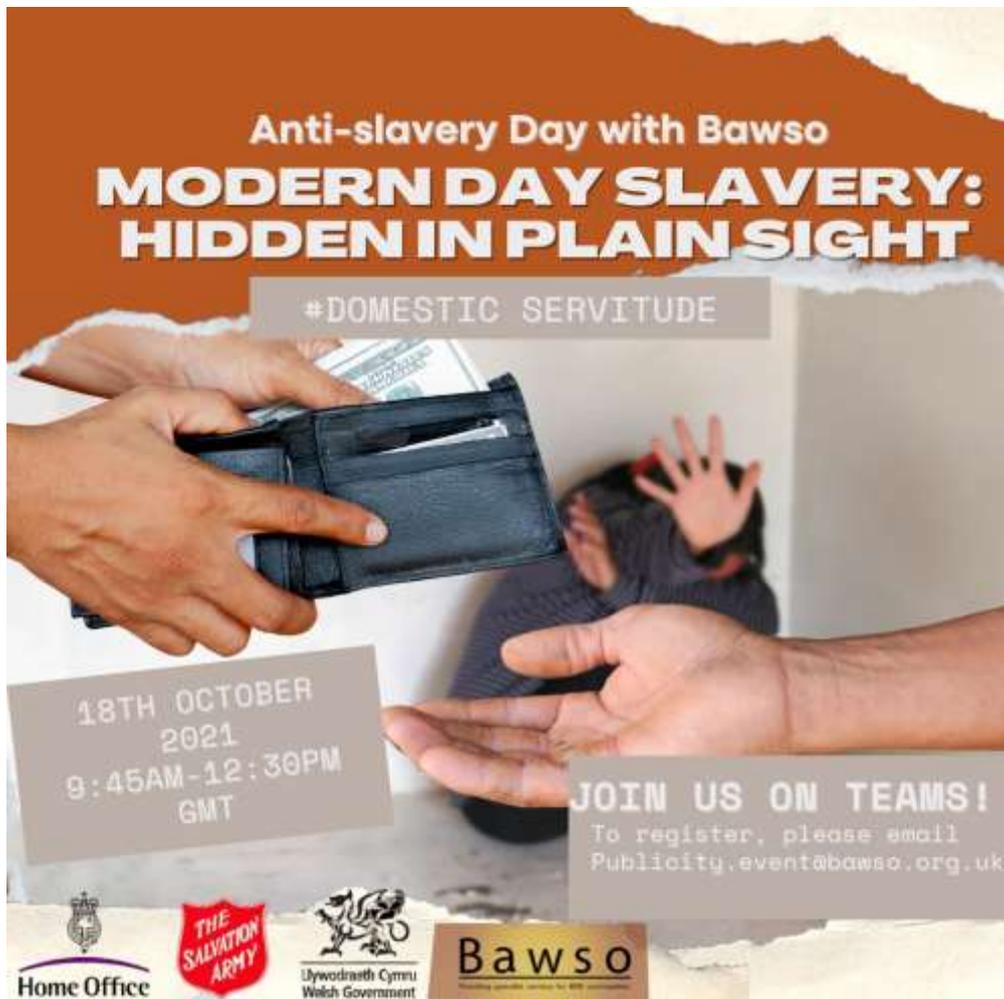
Mae'r astudiaeth hon wedi cael cymeradwyaeth foesegol gan Bwyllgor Moeseg Ymchwil Prifysgol Caerdydd.

Manylion cyswllt

Yr Athro Julie Barnett, jcb54@bath.ac.uk

Dr Lis Grey, ebg21@bath.ac.uk

Anti-slavery Day with BAWSO



Science in Health Lecture - Genetics and Human Evolution

Thursday October 14th 2021 at 7pm. Zoom webinar Genetics

**and Human Evolution Professor Matthew Cobb, Professor of
Zoology, University of Manchester**

One of the most exciting parts of 21st century science has been the use of genetics to understand patterns of human evolution.

Coupled with astonishing fossil discoveries, this has led to a complete change in our understanding of who we are, and what it means to be human.

In his talk, Professor Cobb will summarise how this change came about and describe some of the most recent work, including the amazing ability to detect ancient DNA in even the most unlikely places, and how this is opening up new areas of research.

To register for this FREE lecture, click here -

www.cardiff.ac.uk/scienceinhealth

AVOW Training Courses

2 day Manual Handling Course-16th & 17th November 2021

Just to let you know, we can offer the following courses online from 16 October in the following:

- Safeguarding
- Disability Awareness
- Risk Assessment
- Equalities
- Food Safety

All you need to do is register your interest with me shaon.stocker@avow.org and I will sort the rest.

This training is free to anyone working in an environment which alleviates poverty otherwise it is £25 per person per course.

000Together for 'Our Planet Funding Programme'

The National Lottery Community Fund is offering funding from £1,000 to £10,000 to support communities across the UK to take action on climate change. The aim of the £2.5 million Together for Our Planet funding to engage people with COP26

and inspire positive climate action. Funding is intended to support projects that focus on one or more of the following areas:

- Food.
- Transport.
- Energy.
- Waste and consumption.
- The natural environment.

Applications are invited from not-for-profit organisations, such as: community and voluntary groups, charities, social enterprises, and statutory organisations, such as: schools, and community councils.

The Application deadline is 5pm on **18 November 2021**.

<https://www.tnlcommunityfund.org.uk/funding/programmes/together-for-our-planet>

Resilient Green Spaces project launches 'COMMUNITY GREEN SPACES'

Sustainable Places Research Institute have partnered with Social Farms & Gardens on a new initiative that will create and support green spaces in local communities across Wales.

From providing allotment spaces, to creating community food hubs, teaching farming skills and more. The project will empower communities to lead the way for change for the benefit of growers, consumers, and the climate.

Clwyd South MS welcomes new JOBS PROGRAMME for 16-18 year olds in Wales

Member of the Senedd for Clwyd South, Ken Skates, has welcomed the launch of the Welsh Labour Government's new flexible

programme focused on helping young people aged 16-18 to reach their full potential and take their first steps into the world of work.

The innovative "Jobs Growth Wales + programme will aim to create life changing opportunities for those who are not in education, employment, or training. It will also become a fundamental element of the Welsh Labour Government's Young Person's Guarantee, which is designed to ensure there will be no lost generation in Wales as a result of the coronavirus pandemic.

Welcoming the announcement, Ken said:

"At the Senedd election in May I stood on a platform that promised to ensure that no young person would be left behind as a result of the pandemic, so I'm really pleased that our Welsh Labour Government is already taking steps to turn this key commitment into reality.

"The Jobs Growth Wales+ programme is a fundamental part of the Young Person's Guarantee. This programme will give young people the skills and confidence to overcome barriers and fulfil their potential, providing them with the support they need for a brighter future."

Jobs Growth Wales+ will provide an individualised package of support, and incorporate the best elements of existing legacy Jobs Growth Wales and Traineeships programmes which have proved very successful.

The programme, which will launch in 2022, will support those aged 16-18 by offering impartial and in-depth careers advice and guidance following a robust assessment of their individual needs via the Working Wales service.

Young people will have access to mentoring, advice, training, and education so that they are empowered to make informed choices to find and secure training, fair work or start a business. This includes tailored job opportunities which will be subsidised at 50% of national minimum wage. **ENDS**

Independence at Home

Are you aged **over 60**?

Do you know anyone **over 60**?

Would you/they welcome a **reassuring visit**?

Then we may be able to help you with our new:

“What does the Visiting Warden Service offer?”

Our Wardens are experienced in giving advice and support on the many circumstances and issues faced by older people, so they can:

- Call regularly to see that you are well
- To help you look after your overall health and well-being.
- Help you to contact health services, agencies or anyone else, if your health or wellbeing should change.
- Advise and support in how to get involved in things that interest you.
- Give information and advice on services that are available to you.

The Visiting Warden cannot help with routine practical tasks, such as cooking, personal care or shopping, however they can provide advice and assistance with getting help with these services.

During their first visit the Warden will ask you what help you feel you need, discuss the kind of support that is available and assess how many Warden visits you require. You can have a friend or relative with you at this discussion if you wish.

Who can apply? - The service is available to people aged over 60.

You need to be willing to have a Basic Telecare package installed in your home. The Telecare service provides a telephone link, 24 hours a day, 365 days a year between your home and the Telecare Response centre and enables you to call for help by pressing the pendant or activating a



Telecare sensor in an emergency or when you are having difficulties. This service gives you the added confidence of knowing that there will always be someone to contact if you need help.

What will it cost?

The current charge for the Visiting Warden is: £3.52 per week (Telecare is charged for separately). The charge is reviewed annually..

If you receive Housing Benefit you will not have to pay this charge yourself. If you are on a low income you may be eligible for a reduction in the charge and should apply for a financial assessment, which we can assist you with.

How to apply for the Visiting Warden Service

Contact the Supported Housing Team Tel: 01978 315460/315453

Email: housing@wrexham.gov.uk

Post: Housing and Economy Department, Ruthin Road Wrexham LL137TU.

If you would like more information or would like to receive this document in a different format, such as Braille, cassette, large print or in a different language, please contact us as above.



Senedd Cymru
Welsh Parliament

Ken Skates MS Clwyd South

Press Release

Health board's assurances over booster jab venues is welcomed

Community leaders have welcomed confirmation that residents will soon be able to have their Covid-19 booster jabs at more local venues.

Member of the Senedd, Ken Skates, raised the matter with Betsi Cadwaladr University Health Board (BCUHB) on behalf of constituents in Chirk after being approached by local councillor Frank Hemmings, who was concerned at people asked to travel more than 10 miles to Wrexham's Catrin Finch Centre at Glyndŵr University.

But BCUHB has now confirmed to Mr Skates that more local venues will be used over the coming weeks - with Plas Madoc Leisure Centre set to reopen as a vaccination clinic on October 19.

Cllr Hemmings said: "It's not an easy round trip for the older and more vulnerable people who are being prioritised for booster jabs, particularly if they're having to use public transport, so I'm glad Ken has been able to get this reassurance for local people."

Clwyd South MS Mr Skates added: "I'm extremely grateful to BCUHB chief executive Jo Whitehead for responding so quickly to the concerns we raised on behalf of people in Chirk, and it's really pleasing to hear that the health board will soon be rolling out booster jabs to more local venues.

"Offering and administering a third round of vaccinations is going to be another big challenge for the health board, but given the way they have already delivered the first two doses I think we can all have full confidence that we're in good hands."

In her response to Mr Skates, Jo Whitehead said: "We are putting in place and activating plans to offer vaccinations at multiple locations to provide ease of access to local residents. However, we did not want to delay offering booster vaccinations for the highest priority groups. As we are able to start offering boosters immediately in our main vaccination centres, including Catrin Finch for Wrexham county borough, we have begun issuing invitations as soon as possible, while we continue to finalise the wider arrangements.

"With GPs gradually returning to more of business as usual, we recognise that primary care will not have capacity to offer the same level of support as with the initial vaccination roll out. In addition, the boosters will be predominantly using the Pfizer vaccine, which has more complex handling arrangements, making very localised small-scale vaccination impractical.

"We have therefore been exploring use of our community hospital estate and a network of around 30 identified sites across north Wales to run ad hoc clinics at a local level.

"For Chirk and surrounding areas, Plas Madoc Leisure Centre will restart vaccination activity 19th October. Sessions will take place on Tuesdays and Saturdays on alternate weeks through to December for residents registered with the four practices in South Wrexham that haven't signed up to offer boosters in practice (Llangollen, Chirk, Gardden Rd and Hanmer). Appointment letters for these sessions started to be sent out over the last weekend.

"Anyone receiving a letter who already has an appointment at Catrin Finch can call to rebook into Plas Madoc if they prefer.

"The other GP practices in the area will be inviting the over 75 cohort to attend their surgeries for their boosters. Those aged under 75 in the initial priority groups will be offered an appointment at Catrin Finch or Plas Madoc, and will have the option to rebook at the location if more convenient.

"As the booster programme progresses, once the vaccination work in care homes and for housebound individuals has been completed, we will use local case rate and vaccination uptake data to guide deployment of mobile vaccination units to areas in North Wales.

Betsi Cadwaladr University Health Board Living Healthier and Staying Well Refresh

We believe the time is right to review our existing plans and priorities, to ensure we are focusing on what is important as we begin to tackle all the challenges facing us. We want to check with our staff, patients, partner organisations and the public how Covid-19 has affected health and well-being and what we can learn from this experience.

We also want to check whether our long term strategy for health and well-being is still relevant, or whether we need to amend this

now. We want to hear your views on both of these matters. Between the **15 September to 27 October 2021**, please help us to shape our plan by sharing your experiences and comments on our goals and priorities by following the link below.

PUBLIC HEALTH WALES URGES ELIGIBLE PEOPLE IN WALES TO HAVE THEIR FLU AND COVID-19 BOOSTER VACCINATIONS



GUEST ARTICLE PUBLIC HEALTH WALES

Public Health Wales is urging all eligible people in Wales to have their free NHS flu and COVID-19 booster vaccines when the NHS in Wales

begins its biggest ever national winter vaccinations programme. As the global pandemic continues, the impact of COVID-19 on the nation has been significant, but flu (also known as influenza) can be serious too. The chances of becoming seriously ill with COVID-19 or flu are greatly reduced by vaccination, as are the risks of spreading these viruses.

Vaccination is particularly important for those who are older, pregnant, or have a health condition and are more vulnerable to complications as a result of the infections.

It is also very important that frontline healthcare workers and those who work in care homes or providing care in peoples own homes get their vaccines to help reduce spread.

Dr Christopher Johnson, Consultant Epidemiologist and Interim Head of Public Health Wales' Vaccine Preventable Disease Programme explains: "It is well known that having a flu vaccine every year is one of the most effective ways to protect against flu.

Likewise the COVID-19 booster vaccination extends the protection against infection in individuals in those eligible groups that completed their primary course of the COVID-19 vaccinations earlier this year.

"The process is simple and effective. For most eligible groups the flu vaccines are available from either General Practice or Community Pharmacy. Separate arrangements are in place for infants, school-age children and NHS and social care staff. Most COVID-19 booster vaccinations will be offered at the existing mass vaccination centres, with invitations issued by local Health Boards."

Those eligible for free NHS flu and COVID-19 vaccines are set out in advice from:

THE JOINT COMMITTEE ON VACCINATION AND IMMUNISATION (JCVI).

The groups for each are similar but are not exact matches.

The full JCVI recommendations are available online for flu and the COVID-19 booster programme.

To encourage uptake of these vaccines, Public Health Wales has launched a campaign based on the theme of 'help keep your life open' as a result of having the vaccines when offered. It features a new TV and radio advert as well as social media and digital content and runs from 28th September, with the TV advert first airing from 4th October.

Minister for Health and Social Services, Eluned Morgan, said:

"Health and social care services continue to work hard to protect us and our loved ones from the challenges of the pandemic. We are concerned about a perfect storm of both flu and COVID-19 this winter, and are doing everything to prepare.

"This year we are extending our flu vaccination programme to include all those over 50 years old and between years 7 to 11 in the schools programme. Our Covid 19 booster programme has already begun to be rolled out and I strongly urge those who are eligible to have their vaccines as soon as possible to help protect themselves, their families and their community."

Flu and COVID-19 viruses spread easily, and can be very serious for older people, young children, pregnant women and those with health conditions.

"Thankfully last year the flu season was mild," continues Dr Johnson, "but most years it results in outbreaks in care homes and hospitals,

and we generally see hundreds of people being admitted to hospital or intensive care units with flu. We also know from our experiences with COVID-19 just how devastating its effects can be.

"I would therefore reassure those who are eligible but miss their appointments for any reason not to panic. Appointments can be rearranged by contacting the organisation that issued your original invitation and requesting a new date," he concludes.

For more information how vaccines protect you, and about the symptoms of flu and COVID-19, visit:

phw.nhs.wales/vaccines

MAKE SURE YOU ARE AWARE OF THE DANGERS OF MAGNETS

October 4, 2021



We're

supporting

The Office for Product Safety and Standards (OPSS)

to promote the dangers that magnets can pose to children and teenagers and importantly - how to keep them safe.

Magnets are very common in our homes in such items as toys, electronic devices and even on our fridges. Please put these out of small children's reach. Don't let them play with faulty toys as the magnet could become loose and could easily be swallowed. Either get it fixed or dispose of it safely.

If you think any item you have purchased is unsafe please report it to your local Trading Standards Team.

- Talk to children about the dangers of magnets

Using magnetic products as fake piercings, on the tongue, mouth or nose, increases the risk of inhalation or ingestion. You should talk to your children and teenagers as to why small high-powered magnets are dangerous, and why they shouldn't use them as fake piercings on their body, or as decorative items on glassware.

- If you suspect your child has swallowed magnets

Take them straight to the nearest A&E or call 999 for an ambulance.

Symptoms may not be obvious. Your child might:

- have stomach pain
- be vomiting
- have a fever
- be pointing to their throat or stomach
- Unclear or fluctuating symptoms mean it's important to be vigilant.

Cllr Hugh Jones, Lead Member for Communities, Partnerships, Public Protection and Community Safety, said,

"There's been quite a few incidences in the past few months where children have swallowed magnets and have had quite severe consequences. Please keep them away from small children and make older children aware of the dangers magnets can pose to them and their health."



***£1M BUSINESS MILESTONE MARKED WITH VISIT**

'Reclaim Tax Wales' was visited last week by Wrexham Mayor, Cllr Ronnie Prince; Leader of Wrexham Council, Cllr Mark Pritchard

and Lead Member for Economic Development and Regeneration, Cllr Terry Evans.

The visit was in recognition of the Chirk based tax relief company exceeding £1m in client tax benefit in their first year of trading - including twenty one businesses in the Wrexham area.

Wrexham Mayor, Cllr Ronnie Prince said: "It was nice to meet Joshua, Chris and Darren at Reclaim Tax Wales and hear about how their business works, and how it can help other businesses. "

Leader of Wrexham Council, Cllr Mark Pritchard said: "I'd like to congratulate the business on this milestone and wish Joshua, Chris and Darren the best of luck in growing Reclaim Tax Wales over the coming years."

Lead Member for Economic Development and Regeneration Cllr Terry Evans said: "It's great to hear of a financial business choosing Wrexham and indeed Chirk as its home base."

Managing director of Reclaim Tax Wales, Joshua Davies said: "It



was a pleasure to welcome The Mayor of Wrexham, Wrexham Council Leader Mark Pritchard and Lead Councillor for Economic Development Terry Evans to our Wrexham

office, to celebrate the business exceeding £1 Million in client tax benefit in our first year of trading. The support shown by the local authorities, communities, and businesses within North Wales since opening our office in January has been incredible, and long may it continue. Our main objective is to ensure Welsh businesses are aware of the specialist tax legislations available to them. We look forward to welcoming back the Mayor and Council Leaders when we hit £5 Million in client benefit!

Help us to refresh our vision for the future



This year has undoubtedly been one of the most challenging for us all. The global Covid-19 pandemic has affected the lives of everyone and many have suffered the loss of family and friends. Our staff have worked tirelessly to respond to the pandemic. Other organisations and individuals have worked equally hard to protect our community from the impact of the virus.

Many of our planned care services were disrupted and we have had to change the way we deliver other services. The vaccination programme offers hope that we can begin to return to living our lives with fewer restrictions.

We therefore believe the time is right to review our existing plans and priorities, to ensure we are focusing on what is important as we begin to tackle all the challenges facing us. We want to check with our staff, patients, partner organisations and the public how Covid-19 has affected health and well-being and what we can learn from this experience.

We also want to check whether our long term strategy for health and well-being is still relevant, or whether we need to amend this now. We want to hear your views on both of these matters. Between the **15th September to 27th October 2021**. Please help us to shape our plan by sharing your experiences and comments on our goals and priorities.

Living Healthier, Staying Well

Our long term plan for health wellbeing and healthcare.
 'Have your say' The survey and easy read information.

Equalities

It is more important than ever that we address inequalities.

<https://bcuhb.nhs.wales/lhsw/>





Students launch retro and vintage clothing store in Swansea

With prices for Welsh wool reaching an all-time low this

season, an initiative has been launched by an Anglesey-based social enterprise to bring added value to this natural resource.

A Menter Môn-lead project, 'Made with Wool' will bring partners together from across the country to realise the potential of wool as a sustainable and renewable resource. The aim is to promote opportunities and trial innovative new products.

Dafydd Gruffydd is Managing Director of Menter Môn, he welcomed the launch of the initiative. He said: "We look forward to working with partners to build on our research which shows that there is real potential to this sector which has a distinct Welsh identity. Our

aim is to add value right across the supply chain from farm to end product."

He added: "With its unique properties and as a naturally biodegradable resource, wool offers itself to a wide range of uses and products. At Menter Môn we've already started experimenting with it, in some of our other projects, including our vertical farming scheme, 'Tech Tyfu' as it holds water so well. In the future amongst other things, we hope to use it as a natural insulator in food packs for the self-catering tourism sector."

Minister for Rural Affairs and North Wales Lesley Griffiths MS, said: "I am very pleased to see funding from the Rural Development Plan is supporting this important project by Menter Môn.

"Wool is a natural resource which we are very fortunate to have in Wales, and it is important that we look at ways to maximise its potential so farmers and the wider community can benefit.

"There are many ways natural wool can be used, and I hope this project will result in Welsh wool being used in a number of innovative and productive ways."

Gareth Jones, Head of Producer Marketing at British Wool said: "British Wool looks forward to working with Menter Môn and the wool sector in Wales on the "Made with Wool" project. Being a project partner, enables us to use our knowledge and expertise within the sector and to make a positive contribution in identifying opportunities to support the wool sector and wool producers in Wales."

The launch of "Made with Wool" follows research carried-out by Menter Môn under the *Arloesi Gwynedd Wledig* banner which focussed on the current state and potential of the wool industry in Wales. As the project develops Menter Môn also aims to draw on expertise, from several of its other projects, including providing business support from the Enterprise Hub and various LEADER programmes.

This project has received funding through the Welsh Government Rural Communities - Rural Development Programme 2014-2020,

which is funded by the European Agricultural Fund for Rural Development and the Welsh Government.

Monday 11 October 2021

SIMON BAYNES MP SUPPORTS ALZHEIMER'S SOCIETY'S CURE THE CARE SYSTEM CAMPAIGN AT THE CONSERVATIVE PARTY CONFERENCE



At the recent Conservative Party Conference, Simon Baynes MP was delighted to meet with representatives from Alzheimer's Society to lend their support to their Cure the Care System campaign.

The campaign envisions a future where people affected by dementia are able to live the life they want, with greater independence, choice and control.

As there are only a limited range of medicines available to treat dementias, such as Alzheimer's disease, many people with the condition get the support through social care, such as home care or residential care. While dementia isn't curable yet, we can cure the care system.

Figures from Alzheimer's Society show that there are over 46,000 people with dementia in Wales.

Simon Baynes MP said:

"It was great to meet with Alzheimer's Society at Conservative Party Conference this year. I will continue working with them on their campaign to ensure that social care is reformed to meet the needs of the 961 people living with dementia in Clwyd South."

Fiona Carragher, Director of Research and Influencing at Alzheimer's Society, added:

"We really welcome Simon Baynes MP's support for our Cure the Care System campaign. Social care reform has been ignored for too long, but that's changing.

"While there's still a long way to go, Alzheimer's Society have a pragmatic, long-term plan for social care that delivers for people living with dementia in Clwyd South. We look forward to working with Simon to bring about a social care system to be proud of." ENDS

A great deal of information this week and **Many** thanks to those of you who have supplied it.

Best wishes all.

Sybil (Bremner)