

RUABON NEWS LETTER 374

17.05.2021

A very surprising Message from Ken Skates

Ken Skates, Member of the Senedd for Clwyd South, said:
"Being re-elected as Member of the Senedd for Clwyd South is a huge honour. It has been a privilege to work with constituents over the last ten years to improve and champion our area, and I will continue to work as hard as I possibly can.

"This week I informed the First Minister of my wish to step away from Welsh Government. After eight years in government, now is the right time.

"Clwyd South has always remained my number one priority, and my decision will enable me to spend more time in the constituency, focusing on local matters, as well as further strengthening the Party's position in North Wales and further afield.

"I will continue to be a loyal supporter of First Minister Mark Drakeford and our Welsh Labour Government from the back benches.

"Above all, I will spend the next five years focusing relentlessly on helping the people and communities of Clwyd South as the local Member of the Senedd."

"DISABLED ACCESS AT RUABON STATION STILL HIGH ON THE AGENDA IN 2021

10th May 2021



The lack of step free access at Ruabon Station remains high on the agenda and this was highlighted recently when Secretary of State for Transport, Grant Shapps, visited the area.

The Minister saw first-hand how disabled users, those with prams or buggies or those users with luggage had no access to both platforms due to the lack of a lift at the station.

Ruabon Station is very well used

The station is very well used with over 102,000 visits in 2018/19 and over the past few years over £600,000 has been invested by ourselves and the Regional Transport Consortia to develop the station develop as a transport hub which has provided funding for improved car parking, bus and rail interchange, improvements to shelters, a new entrance and CCTV".

But further investment by Welsh and UK Governments is essential to bring the much needed access to both platforms.

"Cllr David A Bithell, Lead Member for Environment and Transport, said: "Government funding is essential to bring this station up to the standards its users deserve. It's the only station on the Chester to Shrewsbury line that doesn't meet passenger needs and is part of the gateway access for Llangollen and the World Heritage Site at Pontcysyllte. I hope 2021 will be the year we see substantial investment in this area."

The item in red above (in my own view) should read:

(The First Minister has already pledged the Welsh Government's agreed sum for further investment. It is now essential that the UK Government pledges its contribution to bring the much needed access to both platforms, with ACTION instead of talking and photos!)

Ruabon residents have been campaigning for step-free access at Ruabon Station for some years.

Then also, since early 2017 when Friends of Ruabon organised a petition for our Welsh MP to take to Parliament. Well over a thousand signatures were collected in a very short time.

Alas, when the time came along twice for the submissions from many people with facts and figures which supported the case; residents and passengers with their own worries and experiences, the project was dismissed each time (as I understand it) by the UK Government!



Ken Skates, Susan Elan Jones, and Jo Smith (Chair of Friends of Ruabon) with Ruabon residents; the head teacher and manager with students of Ysgol Rhiwabon; the Church; Ruabon Community Council; the police and members of railway staff also present, as the petition was handed over to be taken to parliament.

TEXT MESSAGES OR PHONE CALLS OFFERING COUNCIL TAX REFUNDS ARE SCAMS

May 14, 2021



"We've had some new reports of people receiving text messages or phone calls which offer them a refund on their Council Tax.

They're scams!

These are familiar scams and we must re-iterate that they aren't genuine.

We know anything telling you that you might have paid too much Council Tax might seem very attractive, and it can be very tempting to follow such messages up or give information over the telephone and see where they lead.

Simply put - we don't send text messages about Council Tax refunds or make phone calls to residents about their Council Tax.

So you can be assured that any text message or telephone call telling you you've paid too much in Council Tax is dodgy.

As with any scam, bear in mind some simple rules...

Don't click on any links, never give any details - such as passwords or bank account numbers - and remember that you're within your rights to ignore any suspicious messages. If you are contacted by telephone do not give or confirm any details. Instead, tell them you'll call the helpline number below to check out the details.

But what if I think I am in credit?

If you think you might be in credit on your Council Tax account, there's a very simple way to find out.

Just call up our finance helpline on 01978 298992 or email counciltax@wrexham.gov.uk. They'll be very happy to check your account and give you any help you need.

Stay safe and please stay scam aware."

"If you're an EU, EEA or Swiss citizen and you were resident in the UK on or before December 31, 2020, you and your family must apply to the EU Settlement Scheme to continue living in the UK after June 30, 2021."

You now have less than 50 days left to apply to the EU Settlement Scheme to ensure you can continue to live, work, study, access to free healthcare and benefits.

Applications are free and the deadline for applying is June 30, 2021. If your application is successful, you'll get either settled status or pre-settled status, depending on the length of time you've been permanently resident in the UK. If you have lived in the UK for 5 years and over — you can apply for settled status, and if you have lived in the UK for less than 5 years you can apply for pre-settled status. Please visit www.gov.uk/EUSettlementScheme for further information/to apply.

Free advice and support for EU citizens in Wales

Are you an EU citizen living in Wales? Do you want to secure your rights to stay in the UK? We can help you and your family with EUSS settled and pre settled status applications. Call the independent EU Citizens Rights service on **0300 3309 059** between 9am and 5pm, Monday to Friday or email wgproject@eu.citizensadvice.org.uk

Jste občanem EU žijícím ve Walesu? Chcete si zajistit svá práva na pobyt na území Spojeného království? Můžeme pomoci jak vám, tak vaší rodině se žádostmi o získání statusu usedlíka (settled status) a předběžného statusu usedlíka (pre-settled status) v systému EUSS. Obrat'te se na nezávislou službu EU Citizens Rights na telefonním čísle **0300 3309 059** mezi 9 a 17 hodinou, od pondělí do pátku, nebo napište na e-mailovou adresu wgproject@eu.citizensadvice.org.uk

Jesteś obywatelem UE zamieszkałym w Walii? Chcesz zadbać o swoje prawo do pozostania w Zjednoczonym Królestwie? Możemy pomóc Tobie i Twojej rodzinie w złożeniu wniosku o status osoby osiedlonej i status poprzedzający osiedlenie. Zadzwoń do EU Citizens Rights na numer **0300 3309 059** od poniedziałku do piątku w godzinach 9:00 - 17:00 albo wyślij e-mail na adres wgproject@eu.citizensadvice.org.uk

É cidadão da UE e reside no País de Gales? Pretende garantir o seu direito de permanência no Reino Unido? Podemos ajudar a si e à sua família com pedidos de autorização de residência permanente e temporária ao abrigo do Sistema de Registo de Cidadãos da UE. Telefone para o Serviço dos Direitos dos Cidadãos, um serviço independente, através do número **0300 3309 059**, entre as 9h e as 17h de segunda a sexta-feira, ou envie um e-mail para wgproject@eu.citizensadvice.org.uk

Sunteți resortisant al UE care locuiște în Țara Galilor? Doriți să vă asigurați drepturile de ședere în Regatul Unit? Vă putem ajuta pe dvs. și familia dvs. cu aplicații EUSS pentru obținerea statutului de cetățean stabilit sau pre-stabilit. Apelați serviciul independent pentru drepturile resortisanților UE [EU Citizens Rights] la **0300 3309 059** între orele 9:00 și 17:00, de luni până vineri sau trimiteți un e-mail la wgproject@eu.citizensadvice.org.uk

Es usted un ciudadano de la UE residente en Gales? Quiere ejercer su derecho de permanecer en el Reino Unido? Podemos ayudarle a usted y a su familia con las solicitudes del estatuto de asentado y preasentado del sistema de registro de ciudadanos de la UE (EU Settlement Scheme). Llame al servicio especializado en derechos de los ciudadanos de la UE (EU Citizens Rights Service) al número **0300 3309 059** de 9:00 a 17:00 horas de lunes a viernes o envíe un mensaje a la dirección de correo electrónico wgproject@eu.citizensadvice.org.uk

**"Fforwm Ymarferwyr
Ymgysylltu Gogledd
Ddwyrain Cymru**

**North East Wales
Engagement Practitioners
Forum**

**Dyddiadau ar gyfer Cyfarfodydd y
Dyfodol**

27 Mai 10am - 12pm drwy Teams
Thema - Iechyd Meddwl ac
Anableddau Dysgu

1 Medi 10am - 12pm - lleoliad i'w
gadarnhau
Plant a Phobl Ifanc

26 Tachwedd 10am - lleoliad i'w
gadarnhau
Gofal dros y Gaeaf

Rydym yn chwilio am siaradwyr ar
gyfer y themâu hyn ac os hoffai eich
sefydliad gyfrannu cysylltwch â mi cyn
gynted â phosibl -

Sandra.anderson2@wales.nhs.uk

Dates for Future Meetings

27 May 10am - 12pm via Teams Theme
- Mental Health and Learning
Disabilities

1 September 10am - 12pm - venue to
be confirmed - Children and Young
People

26 November 10am - venue to be
confirmed -
Winter Care

We are looking for speakers for
these themes and if your organisation
would like to contribute please
contact me as soon as possible -

sandra.anderson2@wales.nhs.uk

Cofion Cynnes / Kind Regards

Sandra Anderson



Swyddog Ymgysylltu / Engagement Officer

Bwrdd Iechyd Prifysgol Betsi Cadwaladr University Health Board

07732415679

Sandra.Anderson2@wales.nhs.uk



Organisations that support skills, business, communities and employment in Wrexham are being urged to look at the UK Community Renewal Fund.

The new fund has been set up as an alternative source of funding for local communities, as EU Structural Funding will end in 2023.

The pot will provide £220 million of investment across the UK and is seen as a pilot project to prepare areas for the launch of the UK Shared Prosperity Fund next year.

Funding is allocated via a bidding process and is capped at £3 million per place.

Wrexham Council is now issuing a call for applications from both organisations and council services looking to deliver activity within the county.

Eligibility

Projects must be in line with the Renewal Fund prospectus, must end in March 2022, and must align with at least one of the following investment priorities:

- Investment in skills.
- Investment for local business.
- Investment in communities and place.
- Supporting people into employment.

The UK Government anticipates supporting a range of projects of various size and scale, but applicants are encouraged to maximise impact through larger projects (£500,000+).

The council has been designated as a Lead Authority by the UK Government and will be responsible for receiving bids, and selecting those that will be forwarded to the UK Government for consideration.

The council will also pay grants to the successful projects and manage their performance.

Key opportunity for Wrexham

Councillor Mark Pritchard, Leader of Wrexham Council, said: "The past 12 months have been incredibly tough, and this is a key opportunity to tap into UK government funding.

"If your organisation is looking to deliver activities that will benefit Wrexham, please take a close look at the UK Community Renewal Fund. And if you think your proposals meet the criteria, please make an application.

"This initiative could make a real difference to Wrexham, and we need to grab this opportunity with both hands."

Apply now

The application process will be live from Monday, May 10 until noon on Friday, May 28.

The council will then shortlist projects and carry out due diligence, before the final list of proposals is compiled to submit to the UK Government by June 18 (2021).

To apply and learn more about the project, [take a look at the council website](#).

A message from the Rev'd. Kate Tiltman:



"We will continue to hold a service each Sunday at 9.30am for a service of Holy Communion.

All are welcome, but please follow the one way system, wear a mask and observe social distancing. Thank you"

Mass is still taking place every Sunday at 11am.

WREXHAM MUSEUM, ARCHIVES AND COURTYARD CAFE TO REOPEN

11TH May, 2021



Wrexham Museum will reopen to the public from **Monday 17th May**.

This will include all the galleries, archives and the Courtyard Café, with Indoor and outdoor seating available.

The new opening hours will be 10am-5pm Monday to Friday, 11am-4pm on

Saturdays.

Last admission 30 mins before closing.

As ever, entry to the museum is free.

Lead Member for People - Communities, Partnerships Public Protection and Community Safety, Cllr Hugh Jones, said: "We are delighted to finally be able to welcome visitors back to Wrexham Museum. The museum team have worked hard to ensure visitors can safely explore the galleries, archives and shop and enjoy the fantastic choice of food available in the café.

"We hope to see regular visitors returning to the museum and this is also an ideal opportunity for newcomers to come and experience what's on offer and find out more about Wrexham's rich and eventful past."

Visiting the Museum

We've made a few changes to ensure you can enjoy your visit safely:

- There will be regular cleaning of key touch points throughout the galleries during the day.
- There will be hand sanitiser at the entrance to the building. All visitors will be asked to clean their hands on arrival.
- All visitors will be asked for their contact details to support the government's 'Test, Trace and Protect' programme.
- We ask that all visitors follow social distancing guidelines, keep a 2m distance and wear facemasks unless exempt.
- There will be a limit on numbers in the galleries so that social distancing will be possible for all our visitors.

- We have introduced a one-way system throughout the galleries. Look out for the floor signs for directions.
- For families, there will be a new children's trail to help guide younger visitors (and their accompanying adults) during their visit.
- Admission to the museum and archives is free. Donations welcome.

Courtyard Café

- There will be a new seating layout and menu in the Courtyard Café, but the same great service and location as ever!
- Let's hope for a sunny few months - you can dine outside if you wish.

What's on at the museum?

The exhibitions and displays in the museum's three galleries tell the stories of Wrexham, Wales and the wider world for adults and children...

- **Gallery 1** is the space where you can explore the museum collections and the stories they reveal of Wrexham's past.. Meet 4,000 year old Brymbo Man; See the Bronze Age Rossett Hoard and watch two specially produced films that explain how the hoard was made nearly three thousand years ago; Sit back and relax in the Hippodrome as you watch films about Wrexham Lager, Wrexham FC and Wrexham's mining past.
- **In Gallery 2** you still have a chance to see our exhibition, [Forgotten Wars: The Royal Welch Fusiliers Around The World](#)
- Meanwhile in **Gallery 3** you can see [Back To School](#): an exhibition chronicling how school locally has changed over the past two centuries through memories, mementos, archives and old photographs.

Toilets

- Toilet facilities will be available for visitors to the museum, the archives and the cafe. Please ask for the key at the reception desk.

Shop

- The shop will be open so you can still purchase the usual range of great gifts, cards and books.
- We encourage the use of contactless payment and ask all shop customers to respect social distancing guidelines.

Archives

- We recommend visitors to the Archives book ahead owing to space restrictions.
- Email archives@wrexham.gov.uk or telephone 01978 297 480.
- Last admission is at 3.30 p.m.

Collections

- The Collections Centre will be open by appointment. Please email museumcollections@wrexham.gov.uk or telephone 01978 297 460.

This is an important message to patients of Ruabon Medical Centre:

For those of you aged 18- 39 years who are awaiting an appointment for your first Pfizer Covid vaccination, **please do not** contact the practice directly as we are unable to assist with answering any enquiries.

However, if you have any genuine enquiries regarding any aspect of receiving your first Pfizer vaccination please email southwrexhamcovidvaccinationteam@wales.nhs.uk in all instances the vaccination team will endeavour to respond to your enquiries within 48 hours.

Ruabon Medical Centre shall continue to offer the Oxford Astra Zeneca first dose vaccination for those patients who have not yet received their vaccine who are aged 40-49 years of age. All those patients who are requiring their second dose vaccination of the Oxford Astra Zeneca Covid Vaccine who were given their first OAZ vaccine at Ruabon as well, we will be in touch from Ruabon Medical

Centre, either via text, phone or letter to get you booked in around the 11 week mark from first dose vaccination.

For any patients who have not received their second vaccination invitation to attend an appointment and are approaching 11-12 weeks, please contact the surgery on Tel: 01978 823717 or via our email: Enquiries.W91043@wales.nhs.uk so that we can organise this for you quickly.

Thank you!

Dawn Hughes-Lloyd, Practice Manager.

Dawn Hughes-Lloyd, Practice Manager, would like to pass on the following message to residents:

"Free membership to "Slimming World" for 12 weeks and other weight loss tools via self-referral to the website via the link below [Help with my Weight - Betsi Cadwaladr University Health Board \(nhs.wales\)](#)"

COVID-19 Briefing – 13/5/2021

Hello, please find below information, advice and updates from the Health Board about our staffing, services and the latest situation with COVID-19.

COVID-19 is an unprecedented challenge for the whole NHS system. There is a lot of information circulating in the media and on social media about COVID-19 and the NHS response. Please refer to these briefings and the information available on the [BCUHB website](#), the [Public Health Wales website](#) and [Welsh Government website](#) for the latest official information.

Although the information in this brief is correct at the time of issue, the fast-changing pace of events means that changes to advice and information can happen quickly. Therefore, the websites

above - which are updated and checked regularly - are the most reliable way to access up-to-date information.

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Updates from the Health Board

COVID-19 Vaccination Programme Update

For the latest information about the vaccination programme, activity, rollout plans and FAQs please [visit our website here](#)

As of today, **a total of 650,919 vaccinations have been administered in North Wales.** Over three quarters of adults in North Wales have now received at least one dose of the COVID-19 vaccine and we remain on course to offer vaccination to the remaining adult population before the end of July.

This is the largest vaccination programme ever undertaken in the NHS and we simply could not have protected so many people so quickly without the expertise and dedication of our primary care

colleagues in GP surgeries, Local Vaccination Centres and community pharmacies.

Last week the Joint Committee on Vaccination and Immunisation (JCVI) and Medicines and Healthcare products Regulatory Agency (MHRA) changed their guidance to state that where possible, an

alternative to the Oxford AstraZeneca vaccine should be offered to 30-39 year-olds as a precautionary measure, because of the extremely small risk of blood clots occurring in this age group.

As a result, those aged 18-39 will now receive the Pfizer vaccine, and those aged over 40 will receive the Oxford AstraZeneca vaccine.

This short notice change unavoidably led to a number of appointments being cancelled last week, which have since been rearranged. We do not expect this change in guidance to delay the overall delivery of the vaccination programme in North Wales and we apologise for any inconvenience this caused to those both due to receive and deliver those vaccines last week.

Everyone who has already had a first dose of the Oxford AstraZeneca vaccine should be reassured that it is safe to receive a second dose of the same brand, irrespective of age, in line with JCVI advice. Medical exemptions may apply to a very small minority.

It is not possible for individuals to choose which brand of first or second dose vaccine they receive. In line with the latest guidance from the JCVI and MHRA, those aged 18-39 will receive the Pfizer vaccine, and those aged over 40 will receive the Oxford AstraZeneca vaccine.

Nodyn Briffio COVID-19 – 13/5/2021

Helo, gweler isod wybodaeth, cyngor a diweddariadau gan y Bwrdd Iechyd am ein staff, gwasanaethau a'r sefyllfa ddiweddaraf gyda COVID-19.

Mae COVID-19 yn her ddigynsail i system gyfan y GIG. Mae llawer o wybodaeth yn cylchreddeg yn y wasg ac ar y cyfryngau cymdeithasol am COVID-19 ac ymateb y GIG. Cyfeiriwch at y nodiadau briffio hyn a'r wybodaeth sydd ar gael ar [wefan BIPBC](#), [gwefan Iechyd Cyhoeddus Cymru](#) a [gwefan Llywodraeth Cymru](#) am y wybodaeth swyddogol ddiweddaraf.

Er bod y wybodaeth yn y nodyn briffio hwn yn gywir ar adeg ei chyhoeddi, mae cyflymder digwyddiadau sy'n newid yn gyflym yn golygu y gall newidiadau i gyngor a gwybodaeth ddigwydd yn gyflym. Felly, y gwefannau uchod - sy'n cael eu diweddarau a'u gwirio'n rheolaidd - yw'r ffordd fwyaf dibynadwy i gael gafael ar wybodaeth gyfoes.

[Diweddariadau gan y Bwrdd Iechyd](#)

Y Diweddaraaf ar y Rhaglen Frechu COVID-19

Am fwy o wybodaeth am y rhaglen brechu, y gweithgarwch diweddaraaf, y cynlluniau cyflwyno a'r cwestiynau cyffredin [ewch ar ein gwefan yma](#).

Diweddariad ar y Rhaglen Frechu COVID-19

I fyny at heddiw, mae cyfanswm o 650,919 o frechiadau wedi'u rhoi yng Ngogledd Cymru. Mae dros dri chwarter oedolion Gogledd Cymru wedi cael o leiaf un dos o'r brechlyn rhag COVID-19 erbyn hyn ac rydym yn parhau i fod ar y trywydd cywir i gynnig brechiadau i weddill y boblogaeth sy'n oedolion cyn diwedd mis Gorffennaf.

Hon yw'r rhaglen frechu fwyaf erioed i gael ei chynnig gan y GIG a'r gwir amdani yw, na allem fod wedi amddiffyn cynifer o bobl mor gyflym heb arbenigedd ac ymroddiad ein

cydweithwyr gofal cychwynnol mewn meddygfeydd,
Canolfannau Brechu Lleol a fferyllfeydd cymunedol.
Yr wythnos ddiwethaf, gwnaeth y Cyd-bwyllgor ar
Imiweiddio a Brechu (JCVI) a'r Asiantaeth Rheoleiddio
Meddyginiaethau a Chynhyrchion Gofal Iechyd (MHRA) newid
eu harweiniad i ddatgan, lle bo'n bosibl, y dylid cynnig dewis
amgen yn hytrach na brechlyn AstraZeneca Rhydychen i bobl
rhwng 30 a 39 oed fel mesur rhagofalus, oherwydd y risg
hynod fach y gallai'r grŵp oedran hwn ddioddef clotiau
gwaed.

O ganlyniad, bydd y rhai rhwng 18 a 39 oed bellach yn derbyn
brechlyn Pfizer, a bydd y rhai dros 40 oed yn derbyn
brechlyn AstraZeneca Rhydychen.

Arweiniodd y newid byr rybudd hwn, yn anochel, at ganslo
nifer o apwyntiadau'r wythnos ddiwethaf, ac ers hynny,
mae'r rheiny wedi cael eu haildrefnu. Nid ydym yn disgwyl i'r
newid hwn yn yr arweiniad beri oedi o ran cyflwyno'r rhaglen
frechu yn gyffredinol yng Ngogledd Cymru ac rydym yn
ymddiheuro am unrhyw anghyfleustra a achoswyd i'r rhai
oedd yn barod i gael eu brechu a'r rhai oedd yn rhoi'r
brechiadau.

Dylai pawb sydd eisoes wedi cael dos cyntaf o frechlyn
AstraZeneca Rhydychen fod yn sicr ei bod yn ddiogel cael ail
ddos o'r un brand, waeth beth fo'u hoedran, yn unol â
chynghor JCVI. Efallai y bydd eithriadau meddygol yn
berthnasol i leiafrif bach iawn.

Nid yw'n bosibl i bobl ddewis pa fath o frechlyn maen nhw'n ei
gael. Yn unol â'r arweiniad diweddaraf gan y JCVI ar MHRA,
bydd y rhai rhwng 18-39 oed yn cael y brechlyn Pfizer a'r rhai
dros 40 oed yn cael y brechlyn Rhydychen AstraZeneca.
Rhaid i'r ail ddos fod yr un brand â'r cyntaf, os nad oes angen
clinigol clir am un arall.

Nid oes tystiolaeth glinigol gyfredol bod clotiau gwaed yn
digwydd ar ôl yr ail ddos o unrhyw frechlyn COVID-19. Felly,

dim ond y rhai â ffactorau risg clinigol penodol fydd yn cael cynnig ail ddos gwahanol.

Byddem yn annog pobl i barhau i fynychu eu hapwyntiad os bydd ganddynt unrhyw bryderon ynghylch y brechlyn, fel y gallwn gymryd yr amser i drafod y rhain gyda nhw cyn penderfynu p'un i barhau gyda'r brechiad ai peidio.

Er mwyn osgoi gwastraffu unrhyw frechlynnau gan nad yw pobl wedi dod i apwyntiadau, o dro i dro, mae'n bosibl y byddwn yn cynnig apwyntiadau byr dymor i bobl mewn grwpiau oedran penodol ar sail y cyntaf i'r felin.

Yn ogystal, efallai y bydd achlysuron pan fyddwn yn gwahodd pobl mewn grwpiau oedran penodol i drefnu apwyntiad gyda ni'n uniongyrchol.

Pan fydd yr apwyntiadau hyn ar gael, byddwn yn cyhoeddi hyn trwy ein cyfrifon ar y cyfryngau cymdeithasol ac yn rhannu manylion gyda'r cyfryngau lleol, lle bo'n bosibl..

Mae'r cyhoeddiad ar gael ar [wefan Llywodraeth Cymru yma](#).

Mae rhagor o wybodaeth ar gael hefyd ar [wefan Iechyd Cyhoeddus Cymru yma](#).

Canolfan Cefnogi COVID yn agor yng Nghaerdydd

Mae Canolfan Cefnogi COVID yn awr ar gael yng Nghaerdydd a fydd yn darparu pecynnau profi a chefnogaeth i'r rheiny sy'n byw yn y gymuned.

Mae preswylwyr yn gallu trefnu apwyntiad gyda'r gwasanaeth Cyngor ar Bopeth yn y dref ar Ynys Môn i gael Profion Llif Unffordd (LFT).

Defnyddir Profion Llif Unffordd i ddynodi pobl sydd â COVID-19 nad ydynt yn dangos unrhyw symptomau. Nid yw oddeutu 1 o bob 3 unigolyn sydd â'r firws yn dangos unrhyw symptomau, ac os na fydd yn cael ei ganfod byddant yn parhau i ledaenu'r firws.

Mae profi'r rheiny nad oes ganddynt unrhyw symptomau yn bwysig yn y frwydr yn erbyn COVID-19. Gall pob achos positif a ddynodwyd helpu i atal mwy o heintiau.

Yr oriau agor fydd 10am - 2pm dydd Llun i ddydd Gwener drwy apwyntiad. Gellir trefnu apwyntiad drwy ffonio'r tîm yn y gwasanaeth Cyngor ar Bopeth ar 01407 762278 (unrhyw adeg rhwng 9am a 4pm bob dydd).

Y Ganolfan Cefnogi COVID yw'r fenter gyntaf o'i fath yng Ngogledd Cymru, a bydd Canolfannau Cefnogi tebyg yn cael eu datblygu mewn siroedd eraill dros yr wythnosau nesaf.

Mynediad at Brofion Llif Unffordd

Anogir pobl nad ydynt yn gallu gweithio o gartref hefyd i ddefnyddio pecynnau profion llif unffordd.

Gellir casglu'r rhain o safleoedd ledled Gogledd Cymru yn cynnwys Bangor, Cei Connah, Glannau Dyfrdwy, Llandudno, Y Rhyl, Wrecsam a Llangefni.

Mae mwy o fanylion [ar wefan BIPBC yma](#).

I gael rhagor o newyddion a diweddariadau gan y Bwrdd Iechyd, gweler ein [gwefan](#) a'n sianeli ar y cyfryngau cymdeithasol ([Facebook](#) a [Twitter](#)).

Thank you to Dawn Hughes-Lloyd for passing on the information above

Ruabon Age Concern Charity Shop

We are still unable to take huge amounts into the shop because we have to store all donations for three days before sorting, and we have very limited space.

Opening hours are;

Wednesday: 10am to 3pm

Thursday: 10am to 3pm

Friday: 10 to 12.30pm



FRIENDS OF RUABON

LITTER PICKING

Equipment is still available for those who wish to join in with friends and families who are continuing to help to keep Ruabon looking tidy, clean and an inviting place to be.

The equipment consists of gloves and litter pickers for children. For adults there are gloves, litter pickers, trollies and hoops to keep the bags open.

Friends of Ruabon have to account for the special bags used, because they are from Keep Wales Tidy, and can be left on the side of the road for collection by WCBC, so a photo of the result of a litter pick is useful (if it is possible).

Please use The Friends of Ruabon phone number if you have any questions or wish to borrow the litter picking equipment: 07957628551.

GroWrexham.

An idea from St Asaph diocese for those who would like to grow their own vegetables but don't know how to start Rev'd Kate Tiltman has received the first of the garden starter kits for Ruabon residents which include a bag of compost, vegetable seeds, fork and trowel, gloves and a watering can.

There are 50 kits, for Ruabon and 100 for Plas Madoc which are FREE to anyone who wants to start growing their own vegetables.



Please contact: Friends of Ruabon mobile: on 07957628551 or 01978 824087 to leave your name and address and a member of Friends of Ruabon will deliver a kit to you.

If you would like to see more about this scheme please go to: [GroWrexham+in+Rhos+y+medre](#) to see the u.tube video.



One family seems to be pleased with the kit.

If anyone would like to send in a photo of their collection, planting and/or

growing of the vegetables ; please email your photos

to: bremner.millhouse@btinternet.com

Ruabon Community Council Community Agent

It has been a challenging year for everyone, and this is set to continue into the rest of 2020 and 2021. If you or a relative or friends are experiencing loneliness, isolation, anxiety - or just simply a lack of contact to help with everyday life particularly if you are over 50 then help is available.

Supported by the Ruabon Community Council the Community agent works with over 50's in Ruabon providing easy access to a wide range of information to help people make informed choices about their present and future needs.

**HELP - SUPPORT - SIGNPOSTING - ADVICE -
GUIDANCE - ASSISTANCE**

Are you or someone you know looking for free confidential, information and advice on local services? You are not sure who to turn to and you live in Ruabon? Or if you just want to chat about your concerns or an issue that may be bothering you? As Covid 19 lockdown restrictions start to relax perhaps we can arrange to meet and talk things through and identify a way forward - the service is free!

Just contact your Ruabon Community Agent Paul Tincello using the contact details below:



Telephone: 07947 530140

Email: communityagentruabon@gmail.com

Dementia Action Week 2021 (17-23 May)

Please share with your networks



This year, Dementia Action Week 2021's campaign focuses on social care reform, at a crucial point in Government development of social care planning. This follows a disastrous year for people with dementia, worst hit by the pandemic, which has exposed the broken state of the social care system like never before.

Feelings of confusion, desperation and isolation don't just affect people with dementia, they're symptoms the people closest to them experience too.

Right now, the broken social care system means that in the UK, nearly 1 million people with dementia and their families are struggling to get the support and care that they need and deserve.

Decades of underfunding and neglect have led to a care system that's difficult to access, costly, inadequate and deeply unfair.

The coronavirus pandemic has exposed these problems like never before and until things change, a dementia diagnosis will continue to claim more than one life, as families facing dementia feel its destructive effects.

It doesn't have to be this way.

This is Dementia Action Week

Alzheimer's Society is calling on governments to cure the care system now. To provide quality social care, that is free and easy to access, no matter where you live. Because while dementia isn't curable yet, the care system is.

How can you get involved?

- There are [DAW slides](#) available on the website which can be used by external organisations or individuals

- Sign the petition to reform social care. Visit alzheimers.org.uk/curethecaresystem Or search: Cure the Care System
#CureTheCareSystem
- Share our film in your networks
<https://www.youtube.com/watch?v=g6rk88V-TvM>
Please share your activities on social media and tag Alzheimer's Society in your posts @alzheimerssoc and include #CureTheCareSystem

If you haven't already watched our film, please take some time out to watch it.

Please get in touch if you would like to know more information about our campaign or have any questions. I look forward to hearing about everyone's activities during this period.

Kind regards

Michele

Michele Richardson


Rheolwr Gwasanaethau Lleol Dementia Connect, Gogledd a De Orllewin Cymru
Dementia Connect Local Services Manager, North & South West Wales T:
07704020859

E: Michele.Richardson@alzheimers.org.uk

www.alzheimers.org.uk

facebook.com/alzheimerssocietyuk

twitter.com/alzheimerssoc

<p>Rydyn ni yma i'ch helpu chi 03300 947 400</p> <p>We're here for you 0333 150 3456</p>	 <p>DEMENTIA CONNECT</p> <p><small>Unedig yn Erbyn Dementia United Against Dementia</small></p>
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Be aware of any suspicious links or messages. If it looks unusual, it probably is! If you are not sure if an email is legitimate, please contact the recipient and check it is safe before taking any action.

Alzheimer's Society is the UK's leading dementia charity. We provide information and support, improve care, fund research, and create lasting change for people affected by dementia.

<https://www.alzheimers.org.uk>; 0333 150 3456; 03300 947

400. Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128). A company limited by guarantee, registered in England and Wales company number 2115499. Isle of Man company number 5730F. Registered office: 43-44 Crutched Friars, London EC3N 2AE.



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Commander Henry Kenneth Rees,

born 2nd February 1921, died 30th August 2014.

m. Mary Sinfield in October 1942 predeceasing him and is survived by a son and daughter.

Obituary and Recognition

Henry Kenneth Rees was born on 2nd February 1921 in Wrexham and was educated at **Ruabon Grammar School**. He worked for two years in a draper's shop before joining the RAF to train as a pilot.

After completing his training in March 1941 he joined No 40 Squadron to fly Wellington bombers. Over the next few months he attacked targets in Germany and the French Biscay ports. After completing 20 operations, the squadron was sent to Malta at the height of the siege. From the battered airfields on the island he flew 26 bombing missions, attacking ports in Italy and Greece. He also flew raids on targets near Tripoli and Benghazi.

Rees had a great determination to attack the enemy. After completing his bombing duties he often descended to low level to shoot up installations, searchlights and transports.

Wing Commander Ken Rees on his wedding day in 1942 (photo credit: Christopher Jones)

After returning to England to be a bombing instructor he volunteered for another tour of operations and joined No 150



Squadron at the end of September 1942. On the night of 23rd October he was directed to drop mines off the coast of Norway near Stavanger. Intelligence sources were not aware that the Germans had built a new line of air defence guns along that stretch of the coast. As Rees prepared to drop his mines, his Wellington was hit and set on fire. It was his 56th bombing operation. Finally, Rees was liberated by the advancing British Army on 2nd May 1945 and flown back to England where he was reunited with

his wife — they had been married a few days before he was shot down.

After his release from captivity, Rees had great difficulty settling down. He left the RAF but rejoined after a few months. He became a flying instructor and later commanded a Valiant V-bomber squadron.

In 1967 he commanded the RAF's island staging post at Gan in the Indian Ocean before retiring a year later.

Rees and his wife ran a post office in Bangor-on-Dee for five years before moving to Anglesey where he bought a private members club. He was an honorary member of the Officer's Mess at nearby RAF Valley.

Rees was an outstanding rugby player. Rugged and defiant, he was an excellent wing forward. He played for Birkenhead Park and represented Cheshire for three years when they won the county championship. He was a regular in the RAF team and was selected for the Combined Services. Later he played for London Welsh and was made captain for the 1953 season. A trial for Wales "did not go well" he was reported as saying - he had earlier dislocated his thumb. He brought to his play the same aggressive, ebullient spirit that made him such a thorn in the side of his German captors.

- **NOW** "Mr Rees's name will feature on, the Great Western Railway, Intercity 800310; which will form the 11:22 BST service from Swansea to London Paddington after the ceremony.

Thank you to Margaret Williams for entrusting me with the pieces of information, she gathered, to be able to delve into this Welshman's extra-ordinary life.

Back in the days of tanners and bobs,
When Mothers had patience and Fathers had jobs.
When football team families wore hand me down shoes, And
T.V gave only two channels to choose.

Back in the days of three penny bits,
when schools employed nurses to search for your nits.
When snowballs were harmless; ice slides were permitted
and all of your jumpers were warm and hand knitted.
Back in the days of hot ginger beers,
when children remained so for more than six years.
When children respected what older folks said, and pot was
a thing you kept under your bed.

Back in the days of Listen with Mother, when neighbours
were friendly and talked to each other.
When cars were so rare you could play in the street.
When Doctors made house calls; Police walked the beat.
Back in the days of Milligan's Goons,
when butter was butter and songs all had tunes.
It was dumplings for dinner and trifle for tea, and your
annual break was a day by the sea.

Back in the days of Dixon's Dock Green, Crackerjack pens
and Lyons ice cream.
When children could freely wear National Health glasses,
and teachers all stood at the FRONT of their classes
Back in the days of rocking and reeling, when mobiles were
things that you hung from the ceiling.
When woodwork and pottery got taught in schools, and
everyone dreamed of a win on the pools.

Back in the days when I was a lad,
I can't help but smile for the fun that I had.
Hopscotch and roller skates; snowballs to lob.
Back in the days of tanners and bobs. 🧑🧑

With Many thanks to Kathy and Mike Snodgrass
(I remember the days well!)

If you know of anyone who would like to receive the Ruabon News
Letter each week by email (free of charge). Please contact:

bremner.millhouse@btinternet.com

This News Letter is only as good as the items received for
publication. Please keep sending in your wonderful news pieces and

Thank you,
Sybil.
