

RUABON NEWS LETTER 341

14.09.2020



Community Agents
Helping older people in Wrexham
achieve a better quality of life!

Community Agents are an innovative response to a recognised need that many people living in our communities are unable to connect with key services that help and maintain well-being and support their quality of life.

www.wrecsam.gov.uk | www.wrexham.gov.uk



Community Agents

Community Agents work with the over 50's in Wrexham, providing easy access to a wide range of information that will enable them to make informed choices about their present and future needs.

The aim is to help older people feel more independent, secure, and cared for, and to have a better quality of life.

Community Agents will support people living in areas of Wrexham, bridging the gap between the local community and the statutory or voluntary organisations and are able to offer help or support, enabling particularly older people to stay independent for longer.

The scheme works because Agents live close to/in the communities in which they work. Consequently, they know the villages and their people well.

Agents provide an overview of services available in the county and offer help to access them. They help in myriads of other ways too - thus winning the trust of those they help and help individuals make informed choices about their future needs.

Enabling, particularly older people, to stay independent for longer.

Help individuals make informed choices about their future needs

What does it do?

- Enable, particularly older people, to stay independent for longer.
- Are you looking for free, confidential information and advice on local services?
- Not sure who to turn to?
- Do you live in Wrexham?

*Just contact one of our Community Agents
and they can help you with the following:*

- Provide face to face information and support
- Primarily support older people but also anyone who may benefit
- Help individuals make informed choices about their future needs.
- Identify unmet need in their communities

Who it is for?

- Supporting older people (aged over 50 years) in parts of the Wrexham County who need advice about services to improve their quality of life.

What it costs:

The service is FREE of charge

How to access or apply for it:

Community Agents have mobile phone numbers if you wish to contact them directly. If the Agent is unavailable please leave a message and they will contact you as soon as possible.

**The service is currently available in
Ruabon: Tel. 07947 530140. Email:**

email: communityagentruabon@gmail.com

The following article has been taken from Ken Skates' News Letter. I have attached the original letter which has HEAPS more information

First Minister Mark Drakeford has announced

a new limit on the number of people who can meet indoors as evidence shows indoor gatherings are the main source of transmission for the virus in Wales.

People are continued to be encouraged to work from home wherever they can to limit person-to-person contact and local authorities will be given new powers to shut down premises and events on public health grounds.

The latest changes will come into effect on Monday (14 September) amid an increase in cases of coronavirus nationwide and the emergence of a number of hotspot areas, particularly in the South Wales Valleys.

First Minister Mark Drakeford said:

"Coronavirus is on the rise again in Wales, after many weeks of being in decline.

Once again we are having to focus on tightening restrictions across Wales to prevent cases from rising even higher and prevent the problem from worsening - as we have seen elsewhere in the UK.

The new measures we are announcing today are designed to prevent a new coronavirus crisis here in Wales, not respond to one.

Wales is not immune to the spread of coronavirus elsewhere in the UK, and as difficulties deepen elsewhere, we must expect that to have an impact here, too.

From Monday 14.09.2020, it will become compulsory for people over 11 to wear a face covering in public indoor spaces, such as shops. There will be exemptions for people who cannot wear face coverings for health or medical reasons, similar to those for public transport.

Face coverings will not be required in pubs or restaurants for the time being, but the Welsh Government is carrying out a rapid review

of the evidence about whether they should be extended to the hospitality sector.

The rules on face coverings are being changed because of an increase in the overall incidence rate of new cases of coronavirus in Wales, which indicates there is a serious risk of the virus spreading more widely once again.

At the moment, people are allowed to gather socially indoors with people from up to four other households, but only if they have formed an exclusive extended household (also known as a bubble).

From Monday, only a maximum of six people from the extended household will be able to meet indoors at any one time. This rule applies in pubs and restaurants as well as in people's homes.

Children under 11 will not be counted in the six.

However, this will not apply in Caerphilly County Borough Council area where stricter local restrictions have been introduced to control a sharp rise in coronavirus cases and protect public health - extended households are no longer allowed and no social meetings with anyone you don't live with are allowed. This applies in pubs and restaurants as well as in people's homes.

Ministers will also be giving local authorities new powers to close premises on public health grounds to tackle the spread of the virus.

First Minister Mark Drakeford added:

We have all been through so much together this year and we all want to see an end to coronavirus but this will only happen if we all follow the rules and take action to protect ourselves and our loved ones and keep Wales safe.

To tackle the spread of coronavirus, people in Wales must:

- always observe 2m social distancing.
 - wash your hands regularly
 - cover your face in indoor public places, such as shops.
 - If you meet another household, outside your extended household, stay outdoors. People must not socialise with people who are not in their household or extended household.
 - work from home if you can.
-

07.09.2020



St Mary's Church is now holding a service of Holy Communion every Sunday at 9.30am. We will be delighted to welcome you, please wear a face mask

and observe social distancing when you come.

We can now hold weddings, baptisms and funerals in church. Numbers are limited to 30 people at the moment. Wedding bookings are being taken for 2021 onwards.

Up to date information and online services can be found on our website: <https://stmaryschurchruabon.co.uk/>

The Vicar's phone number is: 01978 824087



News from Derek Jones about The Wrexham Symphony Orchestra

So WSO.... It is not a happy picture at the present time. The concert in November has been cancelled as we understand that access to the William Aston Hall is unlikely to be available until 2021.

We have yet to make the decision about February and as much as we would like to push ahead with that, we are uncertain. It is likely that a decision will be made in October or November about this.

One idea we have, if there is a prolonged shutdown, is to recreate the very first concert by a string ensemble..... and seek to use the Memorial Hall once that is open for public use... We are keeping this option under review. On a brighter note, we continue to run 'The Virtual Concert Hall' with a full daily schedule from 8am through to 10pm. <https://www.facebook.com/groups/1106805319668553>

BME Skills Project



Bespoke and tailored support to bring out what is beneficial for BME community groups through multi-organisational networks across Wales

BME Skills Project is one of many projects that offers bespoke, tailored, and custom support for BME community groups and organisations. BME Skills Project in partnership with Ethnic Minorities and Youth Support Team (EYST), Cardiff Third Sector Council (C3SC), Swansea Council for Voluntary Service (SCVS) and the Association of Voluntary Organisations in Wrexham (AVOW).

The project is funded by The Big Lottery Fund until December 2020.

The BME Skills Project supports smaller Black and Minority Ethnic (BME) community groups and organisations to grow and flourish by bringing the available specialised services' advice, guidance and experience of national, regional local organisations.

BME Skills Project Officer will assist your organisation in easy steps through a referral process that will signpost your area of expertise appropriately to other organisations and individuals that require your specific support.

If you want or your organisation wants to be part of this multidimensional network among public and private sector organisations to support others to build healthy local communities and would like to get involved or learn more about the BME Skills Project, please contact our BME Skills Project Officer, Anna Szymanska, on 07518 056654 or via email: anna.szymanska@avow.org



**Press Release / Datganiad i'r Wasg - Simon Baynes MP/AS
Member of Parliament for Clwyd South / Aelod Seneddol dros Dde Clwyd**

CLWYD SOUTH MP WELCOMES DAILY REOPENING OF THE TREVOR BASIN VISITOR CENTRE FROM WEDNESDAY 9TH SEPTEMBER

Following the easing of lockdown restrictions, Clwyd South MP, Simon Baynes, made a socially distanced visit, along with Canal & River Trust Wales / Glandŵr Cymru representatives, to the Trevor Basin in August where the Visitor Centre is moving from part-time to full-time daily opening (10am – 4pm) from Wednesday 9th September.

The Trevor Basin is a key destination in the UNESCO World Heritage site as the gateway to the famous Pontcysyllte Aqueduct. Glandŵr Cymru staff and volunteers have implemented a signposted one-way route to ensure suitable social distancing as well as hand sanitiser stations throughout the visit and welcomed visitors once again in August after restrictions eased in Wales.

On the visit Mr Baynes was accompanied by local County Councillor, Rondo Roberts, to meet Director of Glandŵr Cymru, Mark Evans, and Destination Supervisor, Lynda Slater. Both Mark and Lynda were pleased to welcome the extra visitors and discuss the work done to re-open the visitor centre following lockdown. Lynda, a Llangollen resident, also shared the benefit that the Llangollen Canal and nearby waterways had provided for the wellbeing of local communities during the Coronavirus restrictions.

Simon Baynes MP, who is also a Vice-Chair of the All-Party Parliamentary Group for Waterways, praised the staff for implementing social distancing guidelines and thanked them for their contribution to the local economy.

Simon Baynes MP said:

“I was very impressed to learn about the measures that the staff at the Trevor Basin Visitor Centre have put in place so that they were able to re-open safely to the public on a part-time basis in August which will become full-time on a daily basis (10am – 4pm) from Wednesday 9th September. The Trevor Basin and Llangollen Canal support many tourism businesses and are key to our economy not only in Clwyd South but also more widely in North Wales. I wish the Trevor Basin Visitor Centre every continued success in the future.”

ENDS

Attached: Photo of [left to right] Mark Evans (Director of Glandŵr Cymru), Lynda Slater (Destination Supervisor), Simon Baynes MP and County Cllr Rondo Roberts at the Trevor Basin Visitor Centre on Wednesday 12 August.



Simon Baynes MP/AS

Member of Parliament for Clwyd South / Aelod Seneddol dros Dde Clwyd

House of Commons / Tŷ'r Cyffredin

London / Llundain

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Vauxhall Business Park, Ruabon, Wrexham

LL14 6HA

☎ 01978 269386

Please send an email to Wrexham County Borough Council to let them know what you think about 'free after 2pm' Town Car Parking Initiative Proposal:



A new free parking initiative has been proposed for council owned car parks in Wrexham town centre.

Currently parking is free all day in all local authority car parks as part of an initiative to boost footfall in the town as lockdown was eased.

However this is set to finish at the end of September.

Wrexham Council is now inviting members of the public to have their say to a series of new parking proposals for the town centre.

These include free parking after 2pm in council car parks after 2pm - **excluding Ty Pawb**. However it is proposed that the all-day parking fee at the arts and market facility is increased from £2.50 a day up to £3.00 a day with increases for season tickets.

A new Off Street Parking Place Order could also be introduced at Wrexham Bus Station to allow for the "safe management" of the station and the disabled bays at that location.

Parking will remain at £1.00 per day at Wrexham's country parks and at

£2.00 per day at Ruabon Station.

Previously we have reported on our questions to the Leader of Wrexham Council on car parking charges, where Cllr Pritchard stated his desire to keep the current free parking promo past September: "I think the days of local councils using car parking charges as a cash cow to generate income for the economy for councils has gone."

Cllr Pritchard said, "If this administration has a commitment to support the town, and keep on preaching that we want to support the town and bring people in, we have to give something. We can't change the business rates and the council tax, that's outside our decision making. But on the car parking, we can.

There are two issues in town centres: **1. business rates** and **2. car parking**,

let's be frank about it. We should do what we can."

As the Council Leader pointed to the political support needed to bring his vision to a reality, we asked the Deputy Council Leader, and administration partner, Cllr David Bithell about the topic - however he was non-committal on the idea.

Members of the public are invited to put forward comments about the proposals to via parking@wrexham.gov.uk or in writing by no later than 13/09/2020.

*(Top pic: Town centre car parks, which have been rammed recently.)*_____

UPSKILLING THROUGH ONLINE TRAINING

Here at '**Communities for Work Plus**' we have been utilising online training for our clients to upskill and put them in a better position to gain employment in a competitive market. Since the present working conditions nearly 50 people have accessed online training with about half of those already achieving a qualification.

These range from qualifications supporting building and factory work such as:

Asbestos Awareness, Warehouse Safety training and Manual Handling to teaching support and care jobs, with Child Mental Health Training, Safeguarding Vulnerable Adults (SOVA) Training and Managing Challenging Behaviour.

Our clients and mentors have found online training to be a quick and effective way to gain a qualification. This has helped clients to build their confidence and boost their CV. As well as helping individuals, we have used online training to support community groups. Two groups in Llay have had members enrol on a Food Hygiene course which has enabled them to assist in preparing food in their community.

For general enquiries contact us on:

07976200413/ 07976200414 . Or email; cfw@wrexham.gov.uk



Cymunedau am waith; Communities for Work

"Just do it, you can achieve so much."

It opens so many doors"

from Damian





DEFIBRILLATORS

IN
RUABON
WITH
24 HOUR
ACCESS

McColls
New High Street
Ruabon LL14 6NL

The Duke of
Wellington
Duke Street
Ruabon LL14 6DE

Ysgol Rhiwabon
Pont Adam
Ruabon LL14 6BT



FACEBOOK

COMMUNITIES FOR WORK ARE HERE AND READY TO HELP



Make sure you check out our Facebook page with daily updates on job opportunities, online training, hints and tips for you and the family for getting through this challenging time.



Cymunedau am waith
Communities for Work



Look out for

- ONLINE TRAINING
- TIPS OF STUFF TO DO WITH THE KIDS
- ONLINE CRAFT/COOKING/GARDENING WORKSHOPS
- JOB OPPORTUNITIES
- LINKS TO USEFUL WEBSITES AND THE LATEST EMPLOYMENT INFORMATION



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07976200413/07976200414

Or email: cfw@wrexham.gov.uk



Cymunedau am waith
Communities for Work



FACEBOOK

MAE CYMUNEDAU AM WAITH YMA AC YN BAROD I HELPU



Gwnewch yn siŵr eich bod yn cael golwg ar ein tudalen Facebook gyda diweddariadau dyddiol ar gyfleoedd am swyddi, hyfforddiant ar-lein a chyngor i chi a'r teulu ymdopi drwy'r cyfnod heriol hwn.



Cymunedau am waith Communities for Work

Edrychwch allan am

- HYFFORDDIANT AR-LEIN
- CYNGOR AR BETHAU I WNEUD GYDA'R PLANT
- GWEITHDAI CREFFT AR-LEIN/COGINIO/GARDDIO
- CYFLEOEDD GWAITH
- DOLENNI I WEFANAU DEFNYDDIOL A'R WYBODAETH CYFLOGAETH DDIWEDDARAF



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Cymunedau am waith
Communities for Work



The Holroyd Community Theatre, near Oswestry, is a theatre for everyone: a community theatre for North Shropshire and the Welsh borders at Moreton Hall.

The Holroyd Community Theatre exists to advance education in the Arts and to provide facilities in the interests of social and cultural welfare to promote drama, music, dance and the arts (generally for the benefit of the North Shropshire and Welsh border communities), and for Moreton Hall.

A Bit of History over Coffee

1. In the 1400s a law was set forth in England that a man was allowed to beat his wife with a stick no thicker than his thumb.

Hence we have 'the rule of thumb.'

2. Many years ago in Scotland, a new game was invented. It was ruled 'Gentlemen Only...Ladies Forbidden'... and thus the word GOLF entered into the English language.

3. Each king in a deck of playing cards represents a great king from history: Spades - King David, Hearts - Charlemagne, Clubs - Alexander the Great, Diamonds - Julius Caesar

4. In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase.....

'goodnight, sleep tight.'

5. It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink.

Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as 'the honeymoon.'

6. In English pubs, ale is ordered by pints and quarts...

So in old England, when customers got unruly, the bartender would yell at them 'Mind your pints and quarts, and settle down.'

It's where we get the phrase 'mind your P's and Q's'

7. Many years ago in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they used the whistle to get some service.

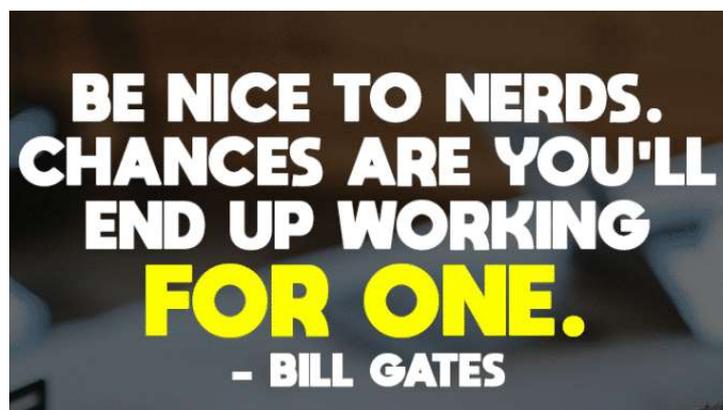
'Wet your whistle' is the phrase inspired by this practice.

8. In 1696, William III of England introduced a property tax that required those living in houses with more than six windows to pay a levy. In order to avoid the tax, house owners would brick up all windows except six. (The Window Tax lasted until 1851, and older houses with bricked-up windows are still a common sight in the U.K.) As the bricked-up windows prevented some rooms from receiving any sunlight, the tax was referred to as "daylight robbery"!

Now, there you have the origin of these phrases.

Interesting isn't it?

With many thanks to Yvonne Evans, (now living in Yorkshire)



The following piece of 'local' history has of course been researched by Ennys Hughes

"Semolina Pudding is bad for your health."

A few weeks ago I told you about Thomas Henry Dixon of 'The Clappers', Gresford and of the Saturday evening in May 1900 when Charles and Kitty Rogers of Watergate Street went to 'The Clappers' for the firing of Mr Dixon's cannon.

Another of the guests at the party was Dr Mannisty of Gresford. Now, there were quite a few Mannistys in Gresford and it has been a puzzle to try to sort them out. Two of them, father and son, were doctors in Gresford and another was a judge. It is Dr Mannisty senior who is mentioned in the story I am about to relate.

He was born in 1810, and had served in the Indian Medical Service. He was the father of the Dr Mannisty at the party. The event involving Dr Mannisty senior took place in 1882, and was reported in the Wrexham and Denbighshire Advertiser in February of that year.

"The Mysterious Case of Wholesale poisoning at Gresford".

"A singular and most mysterious case of poisoning has lately been the subject of investigation at the hands of the Chief Constable Major Leadbetter, and Deputy Chief Constable, Major Wilde. It appears that about a fortnight or three weeks ago whilst the family of Mr John Burton, an independent gentleman, residing at Gresford, were at dinner, the son complained of being ill, immediately after partaking of rice flour pudding. Mr Burton told him he had simply been overloading his stomach, but shortly afterwards Mr Burton himself felt exceedingly sick, and Mrs Burton also became ill. The cook, two servant maids, and the stable boy, who likewise ate some of the pudding, were also seized with similar symptoms, and the family medical man, DR MANNISTY was sent for. On examining his patients he discovered they were suffering from the effects of mineral poison. Prompt measures were taken to relieve them, but Mr Burton and the cook were for some time despaired of, Mr Burton

especially having a very narrow escape, being still confined to his bed.

The police authorities were informed of the matter, and the Chief Constable and Mr Wilde have since been vigorously prosecuting inquiries. At first it was thought some vermin powder which had been used in the kitchen for killing beetles, had accidentally got into the canister, where the rice flour was kept, but this supposition was disposed of, on some of this flour and also the vomit, being submitted to analysis and all of them being found to contain large quantities of arsenic.

Major Leadbetter having received the analyst's reports and finding them of so serious a nature, redoubled his exertions to ascertain how the deadly poison got into the flour. Some of the rice flour sold at the two shops from which the family groceries are obtained was bought by the police and submitted to analysis, and found to be quite free from arsenic. At one of the shops the rice flour bought by the police was stated to be a portion of exactly the same kind as sold to Mr Burton's family. This would seem to prove that the arsenic was mixed with the rice flour after it entered the house of Mr Burton, or while in transit from the shop. Who purchased and placed the poison in the flour, however, are yet mysteries to be cleared up, for not a clue has been obtained. The police are of opinion, we believe the dastardly act has been done by someone outside Mr Burton's household and is not the work of anyone living in the house.

We are glad to learn that Mr Burton, though still confined to the house, is out of danger. Portions of the cooked pudding were sent to Dr Campbell Brown, analyst for Chester County, and portions of the flour from which the pudding was made were sent to Mr Lowe, analyst for Chester City and both reported the presence of arsenic in fatal quantities. The flour was purchased at the shop of a local tradesman and in order to ascertain if the source was tainted, portions were submitted for analytical tests and proved to be pure. It is therefore conclusively demonstrated that the poison must have been mixed with the meal after it left the shop. Major Leadbetter

and the Deputy Chief Constable are making every possible enquiry with a view to a solution of the mystery, but at the time of going to press, no satisfactory clue has been obtained."

I haven't come across a report of a solution to this mystery. It looks like Major Leadbetter was no Inspector Poirot.

Dr Francis Mannisty "an esteemed and skilful physician... had resided at The Retreat, Gresford " and died "at the advanced age of seventy nine" in 1890.

There were many Mannistys at the funeral.

In 1897 and 1898 "Dr Mannisty junior was called to two nasty cycling accidents in Gresford" .

Ennys.

If you know of anyone who would like to receive the Ruabon News Letter each week by email (free of charge) please contact: bremner.millhouse@btinternet.com.

This News Letter is only as good as the items received for publication.

Please do keep sending in your articles and '**thank you.**' Sybil Bremner.