

THE COMMUNITY NEWS

From Cefn Mawr, Acrefair, Plas Madoc, Dee Valley and District
Covid-19 Bulletin No 7, July 27 2020



Well done to Cefn boy **Neco Williams**, they say a picture paints a thousand words and who could argue with that. Congratulation from us all even those who know nothing about football you could convert us!

#CefnMawrScarecrows



Find us on Facebook
for more information
on our scarecrow
competition

An enterprising Mum has come up with a great staycation idea to keep the whole family entertained over the summer. A Scarecrow Competition. Dawn said 'I am from Penycae and it was lovely to see what families there had done. I have been working with Dannielle from the **Cefn Mawr Rocks** page and we decided to launch a twin page for the scarecrows. We were delighted with the response to our idea and would love you all to join both pages. We have been asking local companies for support as we will be awarding the winners with prizes'. *Continued on page 5*

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YSGOL MIN Y DDOL UPDATE

What a year! It has been a roller coaster for the pupils, parents and staff trying to juggle and manage all the changes but we managed it. The school community we have is amazing – everyone works together to succeed and provide the best for all our children. We welcomed a third of our pupils back for the last 3 weeks of term and, despite not seeing everyone, those we did see filled the school with much needed laughter, fun and hope. It has been wonderful to see how everyone has adapted to the 'new normal' and embraced the changes that allows everyone to be safe.

A particular highlight for us was the return of our year 6 pupils before they moved on. Having them back and catching up with them was a bonus. Within the 3 weeks, they did an array of activities that complimented their health and wellbeing. One such activity was a creative one which required them to create a pattern and colour a section of a larger picture. Once done, their sections were pieced together to create the fantastic art work seen in the photos – Batman and Harry Potter. Our Year 6 pupils also got a good send off. It wasn't the usual but they enjoyed their inflatable football darts, their specially made cakes by Marie Jones, their chippy lunch from Josie's, their Leaver's Service and personalised gifts. We want to wish our 10 year 6 pupils all the very best as they move to Ysgol Morgan Llwyd and Ysgol Dinas Brân. Pob hwyl pawb!



Our 'Ffrindiau' organisation did a fantastic job in replacing our school's summer fair and raffle with an online raffle instead. Many fantastic prizes were donated by businesses within our local community; thank you Tesco, Josie's Chip Shop, The Butchers (Keith), Dee Valley Produce, Dee Kebabs, Marie's Cakes to name a few. Nearly £500 was raised for the school. The money will be put towards a new wooden gazebo for the school's garden. A big thank you to everyone who supported.

We, at Ysgol Min y Ddol, want to wish you all an excellent summer. Please enjoy the break, stay safe and contact us should you need anything. We'll see you all in September.





THE LITTLE KITCHEN



We are pleased to announce that we have registered for the 'Eat Out to Help Out' scheme

50% Discount on Food and Drink (Up to a maximum of £10 per person)

Available throughout August

Monday to Wednesday's Only

COMMUNITY AGENTS UPDATE

More restrictions are lifting so hopefully you are starting to reconnect with your families. If you are struggling and need a **Foodbank Voucher** or you know someone who does Wrexham Foodbank provide emergency food parcels for individuals and families who are struggling to put food on the table. Please let me know as I can make a referral for you - just a few questions and can be done over the phone. If you are still isolating and need some support please contact me I am here to help our over 50s, so call me many thanks, Marie-Claire. Tel: **07925 048711** or email cefncommunityagent@gmail.com



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CEFN COMMUNITY COUNCIL UPDATE

We will re-open the George Edwards Hall when the government recommends that it is safe to do so. Please visit our website for up to date information in relation to Coronavirus.

www.cefncommunitycouncil.co.uk

World War11 Project: we are delighted with the response to this project and are busy gathering your memories, memorabilia and stories relating to **WW11**. We are looking for stories of those who served in the war in all three services, those who worked in factories, were Wardens, in the Land Army, the Bevan Boys (Coal Miners), Radio operators, the Home Guard, the list is endless and memories of growing up as a child or an evacuee to this area. See our poster on page 30. and please contact the Clerk on **01978 821298** if you would like a form.

Cefn Community Council Bowling Green and Football Pitch are still closed until further notice for everyone's health and safety, the good news is that the **MUGA—Multi Use Games Area** on Plas Kynaston Lane and all 12 of our **Children's Play Parks** are now open, we ask that you please follow the social distancing guidelines and please take your rubbish home with you if there is no available bin, thank you.

Street lights: any street lights out please can you report them with the number off the lamp post to the Clerk on **01978 821298** thank you.

Birthdays: If you know of members in our community who are going to be celebrating their 90th or 100th birthdays please can you let the Clerk know thank you.

Trefynant Cemetery: is still open however we respectfully ask when visiting the Cemetery you distance yourself two metres apart from other people.

As you know we have had to cancel this year's **Garden in Bloom Competition**. We would still love to see pictures of your garden in full bloom as we know you all take huge pride and spend hours tending to your plants. If you wish to send in some pictures for a future edition of the Community News please send them by email to the Clerk on

cefnmawrparish@btconnect.com

Please remember the Community Agent is able to help and offer support to the over 50's in these and can be reached on **07925 048711** or

email cefncommunityagent@gmail.com

During this period you can contact The Clerk on **01978 821298** and leaving a message or by email:

cefnmawrparish@btconnect.com

Stay safe and follow the guidelines, thank you.

ROWLANDS PHARMACY CEFN MAWR

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Medical Hall, Crane Street, Cefn Mawr LL14 3AD

ROADWORKS & ROAD CLOSURE @ RHOSYMEDRE

If you are coming to Cefn or Rhosymedre from Whitehurst, go through Newbridge then please take the first turning on the right after Pubby McPubface **Warning this is a Low Bridge**, go past the school and turn right at the junction and go up the hill you can then turn left at the Hollybush for Cefn or go past Tesco for Rhosymedre as the main road is closed before the Cefn turning. If you are going to the businesses on Park Road just keep going straight ahead. Thanks as this could last for the next 3 to 4 weeks.



MORE FUNDRAISING BY TESCO COLLEAGUES FOR SHOOTING STARS CANCER UNIT

Tesco Staff have been raising more money for Maelor Hospital Volunteer Joyce Tudor from Garth through their Social Club Easter Raffle. Joyce was delighted to be presented with £120. To date she has raised a total of £425 during this lockdown all by making masks, crochet rainbows and owls with all the money going to the Maelor Shooting Stars Unit.

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See more Balloon creations on our Facebook page



Cefn Mawr Scarecrows continued from page 1

We thought as so many people would not be going away for holidays this year it makes going for a walk with the children more interesting.

As this is our first year we have decided to just keep it to the Cefn

Mawr Village area and you will find a list of streets that are included in the competition on the page. Basically its all of Lower Cefn from this side of the railway line, up to the Top of Cefn, taking in Queen Street, the village centre to Rhosymedre and King Street to the Acrefair border and if you are not sure if your house is in the area just ask us. It is surprising how big an area this is and we are all going to be so fit checking all the scarecrows!! Why not join in, its open to all and lets see how creative you all are!

How to enter and what you need to do:

1. Build a scarecrow it can be traditional or not.
2. Send a picture and address to the admins of our Facebook page.
3. Get your entry's in by the end of August.
4. Entry's will be judged and winners will receive prizes.
5. Display them in your garden for the whole community to enjoy.
6. This is free to enter, just have fun.

We hope to have a very special person to come and be our Judge for all your wonderful creations, more on this later on our Facebook page. We would also like to thank all the businesses who have so kindly and generously donated prizes for this and ask you to support them. If you need any more information please just message us. Thank you and good luck to everyone.



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Easy-access testing for people in communities on the edge of Wrexham town centre (WCBC)



Mobile testing units are being introduced this week to make it easier for people living in communities on the edge of Wrexham town centre to get a Covid-19 test. The easy-access testing facilities will be based in Hightown and Caia Park for several days starting from Wednesday (July 29). As well as making it easier to get a test, the move will help public health experts get a better understanding of the situation in Wrexham. Residents living in these areas are being encouraged to get a test if they think they have symptoms...no matter how mild. The work is being co-ordinated by Public Health Wales, Wrexham Council and other partners, with support from local voluntary sector organisation AVOW and community groups. Just like in other parts of the country, the testing stations will be managed by the army.

Making it easier for people to get tested

Councillor Hugh Jones, Wrexham Council's Lead Member for Communities, Partnerships, Public Protection and Community Safety, says: "We're working with our partners to provide easy-access testing in edge-of-town communities in Wrexham. "As well as making it easier for people to get a test, it will also help Public Health Wales gain further insight into the local situation. "The mobile testing units will be based in Hightown and Caia Park over the next few days, and you can go to either testing station if you live in and around these areas. The process is quick and easy." However, if you feel really unwell, you should still contact your GP as normal (or call 999 if you think there's something seriously wrong). For example, don't try to walk to a testing centre if you're struggling to catch your breath.

Even if you have mild symptoms, you should get a test

Dr Chris Williams of Public Health Wales says: "Providing easy-access testing will help us further understand the situation in Wrexham. "We're encouraging anyone who thinks they may have symptoms – even very mild ones – to take advantage of the mobile testing units while they're in the area, and go and get a test. "Testing is a really important part of the strategy for managing Covid-19 in Wales, so it's important people step forward if they think they have symptoms. "Covid-19 can spread in community settings, not just in workplaces. "If you do test positive, you'll be given advice by contact tracers at Wrexham Council. "They'll advise you on how long to isolate for and what support you can get to help you through the isolation period. "They'll also ask for your help in tracing people you've been in close contact with recently."

If you're worried about work

A lot of people might be worried about getting a test in case it means they have to isolate and can't go to work. Councillor Hugh Jones says: "People need to pay bills and put food on the table, and it's understandable that many will worry about testing positive and having to miss work. "However, a lot of people may be able to get financial support <https://gov.wales/financial-support-for-individuals> and the council and its partners will help people access this information."

Let's keep Wrexham safe and well

Councillor Jones adds: "If you think you have symptoms – no matter how mild – please take advantage of the easy access testing in Hightown and Caia Park later this week. "Public Health Wales, the council and our partners are here to support you. Let's help keep Wrexham, our families and communities safe and well. "It's also important to remember that coronavirus hasn't gone away, and we all still have a vital role to play in preventing its spread by sticking to social distancing guidelines and staying two metres away from others, as well as washing our hands regularly."

Where and when you can get a test

The mobile testing centres will be at Caia Park Health Centre on Prince Charles Road, and at a location in Hightown yet to be finalised, from Wednesday, July 29. We'll confirm the location in Hightown as soon as possible. You can just turn-up between 8am and 7pm. It's safe, simple and easy.

Other ways to get a test

You can also apply for a test online or by phone. <https://gov.wales/apply-coronavirus-test>
Take a look at the Welsh Government website for more info. Remember...if you feel really unwell, you should still contact your GP as normal (or call 999 if you think there's something seriously wrong).

Test Trace Protect – TTP

The Wales response to testing is Test Trace and Protect which is regularly called TTP. The system is only going to be effective if anyone who is contacted by a Tracer follows the instructions and if appropriate isolate for 14 days- people will only be contacted if someone who has tested positive has provided details of those they have been in contact with and locations that they have visited with someone identified as being in close proximity and at risk of the transmission of Covid. You will not be told who the person is that has proved positive.

<https://gov.wales/contact-tracing-if-you-are-confirmed-contact>

Covid and Flu: Mass vaccination

As if Covid is not enough there are significant concerns about the impact this could have with the usual winter flu outbreaks that occur in varying degrees each year. Discussions are still underway between the Welsh and UK Governments in what a mass vaccination programme would consist of- the latest Welsh Government announcement on the 24th July has stated- *The potential for co-circulation of COVID-19 at the same time will make this year's flu vaccination programme even more vital. Alongside extending the programme it's important that those in the existing eligible groups including those aged over 65 years, pregnant women and people with medical conditions are vaccinated first. Increasing uptake in health and social care workers will also be a key priority this season.*

This will no doubt be a major step to try and improve the overall, safety of the population and particularly those in vulnerable groups. Details will be emerging over the next few week but currently this is the full statement on the issue. <https://gov.wales/wales-announces-largest-ever-flu-vaccine-programme>

What is changing today in Wales: <https://www.bbc.co.uk/news/uk-wales-52631835>

The latest changes in Wales as part of the lifting of the Covid lockdown restrictions are all part of the phased approach to try and bring some new normality to our lives. The opening of new facilities will come with a number of restrictions and everyone wanting to use these should make contact in advance as many will only be open for people with appointments and limited numbers. Cinemas, museums and beauty salons Face masks on public transport, including taxis, will also be made compulsory for anyone over the age of 11.

<https://www.bbc.co.uk/news/uk-wales-52631835> Campsites and accommodation with shared facilities can reopen on Saturday.

What is changing soon- 16th August <https://bit.ly/2WUW9si>

Shielding- the group of people who have been 'Shielding' because of a variety of medical conditions will be allowed out of their homes from the 16th August. For many this will be a relief but for others their anxiety levels may be so high that they feel that unable to leave their home and may need ongoing support for some of their basic needs such as shopping and prescriptions. The scheme is being 'suspended' as it may well be resumed at any time if the risk factors increase due to the number of cases or spread. The immediate impact will be those that have been in receipt of Welsh Government food parcels will not get one after the 16th August. In Wrexham there are approximately 220 people in this category. There will be a very comprehensive letter going to everyone who has previously received a Shielding letter in the next week. The letter contains details of what to do and where to receive help if needed. For Wrexham, the first contact point will be the Council tel **01978 292000**.

Playgrounds reopened last Friday in time for children during the school holidays to go out and play <https://news.wrexham.gov.uk/play-areas-due-to-open-tomorrow-24-07-20/> there have been adaptations to the access and some equipment may remain closed. The public are asked to respect the moves the Council have implemented to try and make the facilities as safe as possible. The message is enjoy the facilities but remember social distancing and stay safe.



Due to the current restrictions on large gatherings the very popular Playday which sees many 1000's of children and parents descend on the town centre won't take place this year as a face to face event instead it will be 'virtual'. The virtual event will take place on 5th August more details will be available soon- <http://www.wrexham.com/news/how-you-can-take-part-in-everyday-adventures-with-next-months-virtual-playday-189994.html>

Town Centre the town has reopened with many businesses now welcoming customers back after months of closure. The Council have put in many plans to help support social distancing which the public need to adhere to. **Remember social distancing of 2 metres still applies** Businesses have adapted the layout of their premises to create more space for customers to move around and food establishments have added more outdoor tables and chairs. The Council Car parks are remaining free to encourage more people to visit the town and support local businesses who are facing a great deal of financial pressure as they rebuild.



SHOPMOBILITY – is OPEN for customers for town use or loans to use for trips

The AVOW run service operated from the bus station will be reopening this Thursday 16th July. Initial opening will be Thursday and Fridays 10.00am – 4.00pm for access to a wide range of Mobility Scooters and wheelchairs also booty scooters for easy transport in the boot of a car.

Tel – **01978 312556** or info@avow.org



Thanks to TESCO and the Coop for grants that have enabled the purchase of a fogging machines and other items to ensure the safety of our customers and staff.

Faith Buildings St. Giles church has held its first face to face service last week and remains open between 10.00am and noon Monday to Saturday. All the work on the drive has been completed and the main gate entry is now open.



Several other faith groups have opened their buildings, and everyone should check online for details. Plans are now being made to start reintroducing weddings at many of these locations.

<https://gov.wales/guidance-members-public-marriage-and-civil-partnership-ceremonies-coronavirus>

Community Centres/Buildings: OPEN or CLOSED!!! There has been much confusion over whether a Community Centre/Facilities can open following the First Minister announcement they could from the 20th July. The full message regarding open on the 20th July is they can but only at the request of a Welsh Government Minister or Local Authority for the express purpose to provide defined Public Services. Changes to this will not be known until the full Welsh Government guidance that was due last week becomes available. AVOW held a meeting recently for several people running community buildings to come together and share practical tips on how to prepare for the day when the key can go open their doors again. If anyone wants to be added to the list to for the next event (this will occur once the guidance is out) or a free resource booklet email Rafat Arshad-Roberts on rafat.arshad-roberts@avow.org

Childcare Whilst several childcare settings have closed for the summer there are still a few operating for the children of key workers or vulnerable children. Full details of what provision may be available from the **Wrexham Family Information Service. 01978 292094**

School Opening Following the last three weeks of term when school staff and pupils were adapting to how they can manage with children from September parents will be receiving information from schools about future arrangements. Each school will be working to their own plans which will consider all the current guidance that is available when they are due to open in September. This will be a very anxious time for everyone, and it is important that parents and pupils follow the rules that will be in place to ensure everyone can remain safe. <https://gov.wales/education-minister-announces-back-school-plans-september>



Community Food banks and other provision survey



Thanks to those local food schemes that have completed the survey to identify the scale of food support available across our communities. This is an important piece of work as many of the 'pop up' schemes that have been established are likely to be short term whilst funding is available. It is important that there is a balance between making food available for those in need vs the creation of food dependency. There are many reasons why people need to access food bank type provision and the result of the survey will help to support those organisations that will continue in different forms.

The closing date for the survey is the **29th July** and any schemes that have not currently completed this are urged to do so as soon as possible so a while picture can be developed.

Please pass this link to anyone in your community or organisation who are involved with 'food bank' type of support <https://bit.ly/2W6fC99>

Funding One of the initial findings of the survey results so far is that groups are still seeking funding for what they are currently doing or plan.



Comic Relief Voluntary Sector Emergency Fund

AVOW have received a £26,000 share of the funding from the Comic Relief A Big Night In- the fund was launched on the 13th July and full application is available now from –

<https://avow.org/2020/07/08/comic-relief-grant-fund/> - the criteria are that each project must meet at least one of these themes-

Children survive and thrive – Actions to give children the best start in life and access to opportunities to achieve their potential

Gender justice – Actions to improve equality for women and girls

A safe place to be – Actions to help vulnerable people improve their circumstances and safety

Mental health matters – Actions to enable access to support and increase awareness.

We want your stories and Photo's for Wrexham Lockdown: Lockdown photos needed

If you have any photos of what has been going on in your community- whether it be individuals running errands to support people or showing how your organisation has adapted.

We would like to create a mural on our web site depicting how we have all been coping with the Covid Lockdown and the mood of people. If you have any photos or stories email info@avow.org

Please make sure if you are sending a photo of someone else you have their permission.

There is a limit of **3 photos from individuals** and **5 from organisations or businesses**. Closing date **31st July 2020**



THE SUN TREVOR, SUN BANK, LLANGOLLEN VIRTUAL QUIZ

Join our weekly Wednesday night quiz raising money for charity, we have been supporting **Nightingale House Hospice**. Since lockdown, we run an on-line quiz. Our regular teams and many from further afield are taking part at home or meeting via Skype or Zoom. Questions are posted at 8 pm on the **Sun Trevor Facebook page** and the Answers posted at 9 pm. Teams mark their own papers and submit their scores in the comments section on the Facebook page. We have set up a **Just Giving** page so players can donate the usual £2 per player. We would love more people to help raise money for this cause and hopefully come along to the Sun Trevor on a Wednesday evening when this strange time is over. come and join us for our next quiz.. *Maggie Smith - Quiz Master* on behalf of the Sun Trevor

SHOP IN THE CLOUDS & SHOP AROUND THE CORNER, OAK STREET, LLANGOLLEN



We look forward to welcoming you to both our shops we are now open daily from 10am to 5pm We trust you will love all our new displays and unusual gift ideas for all the family. All social distancing rules, as well as sanitisers, are in place Need a mask? We have both neck warmers that can also be used as masks 3 designs to choose from

and a range of face masks Call in to Shop Around The Corner for yours. Telephone :**01978 860055** or email orders@shopintheclouds.com . or www.shopintheclouds.co.uk

D&D Maintenance Services Wrexham

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Call Damien Maclaren on 07395 148817

Email: dmclaren95@hotmail.co.uk



COVID CELEBRATION WEEK VOLUNTEER RECOGNITION

During the last several weeks of the Coronavirus situation, at the Wrexham Volunteer Centre at AVOW, we have been working with many organisations who have been helping people in their communities. We have been supporting and following dozens of new initiatives which have arisen to cope with what the pandemic has thrown at them. We know that some groups and individuals have surpassed all expectations to help and support family, friends, neighbours and strangers, to get through this strange and stressful time.

We would now like to say a small "thank you" to some of those kind and selfless individuals by presenting them with a certificate and by, hopefully, telling their story. We are asking for nominations from the community – anyone can nominate – for people who you believe should have their own pat on the back. With their permission, you can share their name and their Covid 19 story, letting us know what they have been doing during lockdown and beyond.

It's really simple – follow the link to complete the nomination form, and then with their permission you can share a photo or a video or what they have been doing – how and who they have helped.

Depending upon the numbers of nominations, we may have to choose a selection of stories to share – there have been hundreds of people who have helped in some way – we are looking for those who have gone above and beyond in being generous with their time and efforts for others. Tell us who has been your superhero!

We will then attach their story to our map, for others to see, share your thanks and ours on Social Media and present them with a special certificate of thanks (hopefully personally) at one of AVOW's upcoming celebration events.

It will be just a small thank you to the people who have made a big difference.

Follow this link to the nomination form:
<https://forms.office.com/Pages/ResponsePage.aspx?id=hxcmmzRkEUCUNdj8M5R-DjJf-VA3s1BMpuKJlfJSKYBURDBHTDM0QkEwV0INN-khITjNSVEdWUkU0TCQIQCN0PWcu>

We can also be contacted at vb@avow.org for further information.

The **closing date** for nominations is: **Friday August 14th 2020**

Our Covid **Celebration Week** will be: **Monday 31st August – Saturday 5th September 2020**

TY MAWR COUNTRY PARK UPDATE

SAD NEWS At the age of 44 sadly Winston the donkey has passed away, he has lived at Ty Mawr for 26 years. He came with his 2 friends Walter and William from a farm in Oswestry. He has been a big part of the Ty Mawr family for his 26 years, he was loved by the rangers and public alike. We will miss the excited eyoring in the morning when he could see his breakfast coming, and his not so excited eyoring when he needed to be kept in, in bad weather. He was a lovely character and brought so much joy into people's lives, We would like to thank all the volunteers, junior rangers and visitors that made his time at Ty Mawr the very best it could have been. RIP Winny



The Children's play area is now open, do come along and add your painted stones to the Ty Mawr Snake or hunt for those stones hidden in the park and share your photos on them before you hide them again. The car park is open and free to park in until the end of September, but please note at this time there are no Visitor Centre or Toilet Facilities open in the Country Park. Can we remind you that whilst we encourage you to come for short visits and enjoy the flowers, wildlife and wonderful views can you please take your litter home if you can not find a bin to put it in and help keep our lovely Country Park tidy and wildlife friendly for us all, thank you .



Lindens Cupcakes @ Ty Mawr Kiosk is open daily through the summer weather permitting from 10am to 5pm, serving drinks , cakes, slush and snacks. Limited menu and safe distancing in place. It will be great to see you again.

Black Ops Tattooing

Tel 01978 823 946



OPEN

Mon to Thurs 11am to 7pm
Friday 9am to 2pm
Closed Saturday & Sunday

Every style of tattooing catered for and at an affordable price. Bring a design, use one of our collection or have one drawn up just for you.

Free WiFi for customers.

16 Crane Street, Cefn Mawr LL14 3AB

We will be opening (with the changes listed below) from the start of August. We can now take bookings so if you had an appointment that had to be cancelled due to lockdown or if you would like to make an appointment please get in touch via our Facebook inbox.

The changes are as follows:

1. We will be working on a 1 to 1 basis (you will not be able to bring a friend/family member/ other half etc).
2. *We will be operating a 1 in 1 out rule in the shop, and the door will be locked during the day as I will be working alone. This means all consultations will have to be done online.*
3. Please ensure you are wearing a face mask when you arrive for your appointment (you will need to provide your own mask)
4. *Please ensure you wash your hands before coming to the shop and sanitise your hands on arrival. (We have a hand sanitiser station).*
5. If you are showing ANY symptoms of covid-19 you are to inform us via message that you cannot attend. (PLEASE DO NOT COME TO THE SHOP IF YOU ARE ILL)

We will do our best to get back to your messages but as you can imagine we are receiving a lot of messages so please be patient, thanks, Carl



*Classic Portraits from
The Photography by Michael Studios*

APPOINTMENTS ONLY

Tel 01978 821979

FRI 10am to 4.30pm SAT 9.30am to 12.30pm
Crane Street, Cefn Mawr LL14 3AB

FU HOUSE CHINESE MEALS

3 Well Street, Cefn Mawr LL14 3AE

01978 448 545

Telephone Orders Welcome



Open Tuesday—Sunday 4.30pm to 10pm
Closed Monday

LADS N DADS

**APPOINTMENT ONLY
BARBERSHOP**

OPENING TIMES

Tuesday 9am - 5pm

Wednesday 9am - 2pm

Thursday 9am - 6pm

Friday 9am - 5pm

Saturday 9am - 2pm

LADIES any day by appointment only

Please phone to book in 01978 822400



OLD NEW AND FUNKY TOO

Hello everyone just to let you all know I'm OPEN again here at 32 Well Street, you will find me next to the Butty Box. If you need anything up cycling or anything painting let me know. Please pop down and have a look at my little shop we are open Monday to Friday 9am to 3pm.

The Little Kitchen Cefn Mawr

We are open for takeaways from 8am.
Please feel free to pre-order via telephone
and we have a very large carpark.

01978 814923.

Check our Facebook page for offers

TAKE-AWAY ORDERS ONLY!



Evans Motor Factors

Paris House, Well Street, Cefn Mawr LL14 3AE

Tel 01978 823 735

**For all your Car Parts &
Accessories, Tools & Paints**

We offer free local evening delivery to Cefn,
Rhosymedre, Newbridge, Whitehurst,
Chirk, Pontfadog, Dolywern and Glyn Ceiriog.

OPEN

Monday to Friday 8.30am to 5pm

Saturday 9am to 12 noon.



See our facebook page for special items & offers



cefn butty bar

Cefn Butty Bar, 33 Well Street
We are excited to say we have
reopened!!

We are all redecorated and
have deep cleaned everywhere,
our opening times are Monday
to Friday 10am to 2pm.

Takeaway only for now, phone
orders welcome please call us
on **01978 824977.**

Thank you for your patience
and continued support.

Chris, Yvonne & Gill



*Acrylic Nails, Hair Extensions, Hair Colouring Service, Waxing,
Eyelashes, Spray Tanning, Hair & Beauty Packages
Late nights available*



10-11 Well Street, Cefn Mawr LL14 3AE

Telephone 01978 820510



*Please note we are working appointment only, please check our Facebook
page for our guidelines. Looking forward to seeing you soon, thank you.*

gemmaparry@yahoo.co.uk



LLANGOLLEN CORONAVIRUS HELP GROUP

This group is here to help you. Volunteers are coordinated by Cat at Wingetts, any concerns please call her direct on **01978 861366** or email:

catherine@wingetts.co.uk Stay Safe.

Check our Facebook group:

Llangollen Coronavirus Help Group

Support Line: Cat @ Wingetts 01978 861366 Press "0" to be connected Mon to Fri, 10am to 4pm

Out of Hours: Mike Connolly 07375 374914 From 4pm to 8pm

Llangollen Town Council: Charlie 01978 861345

Check in and Chat Service ~ Chem on 07813 761766

or email chemshouts@gmail.com We have a select group that have offered to be a friendly voice should you need it at the end of the line, we have both Welsh and English speakers, both male and female.

Its good that we are opening up Llan but we need to protect one another in the process, or we will ALL be back to the beginning and some businesses may not survive another lockdown, businesses want to welcome locals and tourists as of course we do. So prepare, keep you and your staff safe, protect locals and hopefully together we can create our Towns new "normal" but safety first. Remember it has not gone away. [#llangollenfamily](#) [#weareinthistogether](#)

LLANGOLLEN HEALTH CENTRE

Patients requiring urgent medical attention can contact the **GP Out of Hours** service on **0300 123 55 66**. Please note that this is an emergency service.

Details of emergency pharmacies and dental services in the local area can be found by following this link: <https://www.llangollenhealth.com/>

Prescription requests can be phoned through on **01978 860625** or emailed to:

Llangollen.Admin@wales.nhs.co.uk

LLANGOLLEN PHARMACY 01978 860657

From the 24th July, it will be compulsory for any member of the public entering our premises to wear a face covering. The company has made the decision to implement this across all countries including Wales, in line with government guidance and for the protection of all our colleagues and patients. We are open Monday to Friday 8.30am to 6pm, closed for lunch 12-1pm. Closed Saturday

Llangollen Rotary Club are running all collections, to request a collection please contact Sheena on **07592 018533** or email: sheenaburrell@aol.com

We are trialling a SMS text message service which lets us text message you when your prescription is ready for collection. If you would like to enrol onto this service please pop in or call us on **01978 860657**.

LLANGOLLEN ZERO WASTE & FOOD SHARE PROJECT

OPEN Monday, and Thursday from 2pm - 2.30pm at **Pengwern Community Centre**. Here to help all who are struggling, we understand that the current crisis has put many more people in financial difficulty. **PLEASE DO NOT GO WITHOUT FOOD**. Contact us using the **message button on our Facebook page** or phone us on **07710 789 854**. We will respond as soon as we can.

LLANGOLLEN IS OPEN and ready to welcome you back with the Market Street toilets open and free car parking til the **end of July** in Market Street car park. Please check the Facebook pages for opening times for business and attractions and follow the social distancing guidelines and enjoy your visit to our town, thank you.

COURTYARD BOOKS LLANGOLLEN

We are open **Tues, Thurs, Fri and Sat** from 10am until 2pm Alternatively, you can reach us on

Courtyardbooksllangollen@gmail.com

If you prefer not to come in to the shop, then please ring us and we will deliver if you are not too far away, **01978 869394**. We are able to order books if they are not in stock, but these are taking a little longer at the moment. Thanks for your patience Keep safe, Sian and Lesley

ZINGIBER WHOLEFOODS

Health Food Store Llangollen. Payment via contactless, bank transfer or cash To order please call **01978 862676** Text or WhatsApp to **07542 861897** Email zingiber_orders@btinternet.com

LLANGOLLEN SPAR TEL: 01978 860275

New opening times 7am-9pm Monday to Sunday **Home delivery available for vulnerable and self isolating**. Please call the store Call before 1pm for same day delivery 7 days a week Card payments accepted

STANS LLANGOLLEN TEL 01978 862861

Open Mon to Sun 7am to 9pm Small shopping requests will be done by volunteers. Call our support line **01978 861366** **Payment** Cash or card over the phone at checkout

PLAS NEWYDD

We have reopened our tearooms to visitors, our daily opening hours are 10am – 4pm. We have moved the tearooms to our large outdoor space and are providing table service for our customers on a reduced menu. Social distancing measures are in place across the grounds and a sanitising station is available for our visitors to use near the entrance. We kindly ask for card payments only, to reduce any unnecessary contact. Unfortunately, Plas Newydd House will remain closed for the foreseeable future, but any updates will be posted on our social media pages as soon as we have them. We can't wait to welcome you back to the grounds and look forward to seeing your smiling faces again soon!



LLANGOLLEN RAILWAY

Work is underway at Llangollen Railway to prepare the station for the return of passengers from August 1. The re-opening will be within the strict guidelines for social distancing both on the platform and on the trains. Tickets for August are on sale now for return journeys from Llangollen to Carrog. We have private compartments available which can seat up to 8 and a limited number of individual tickets available. Pre-booking for all journeys is essential. Please take a look at our website for full details. We have additional Terms and Conditions and a Frequently Asked Questions page, all which can be accessed from our main home page. We can't wait to welcome you back to Llangollen Railway! www.llangollen-railway.co.uk

DEE VALLEY PRODUCE, OAK STREET

All Produce is daily market fresh, prices subject to change daily, fruit, veg, plants, dairy, eggs, jams and chutneys. Opening **Mon to Sat 9am to 5pm, Sun 9.30am to 3.30pm**. Deliveries & collections are available all week. You can place an order and pay over the phone or contactless at your car window and we can put your order straight in your car boot for you. Check our Facebook page for updates. Please call us on: **01978 861805**

WATKINS & WILLIAMS LLANGOLLEN

Llangollen's traditional DIY store, providing everyday essentials, key cutting service and speciality products for the home and garden. Also supply coal, logs and aggregate. Order and pay direct, home delivery is available. Please call: **01978 860652** to check opening times and delivery availability, thank you. Email: watkinandwilliamslltd@yahoo.co.uk

GWYN BUTCHERS TEL: 01978 860075

7.30am-3pm To Order & Pay Fresh & cold meats, Mince, Chicken, Etc **Delivery** ~ *If you have also ordered with Dee Valley fruit and veg, advise on calling and they will deliver your order all together.*

BLUEBAY LAUNDRETTE TEL: 01978 869277

Service wash Monday, Wednesday and Friday from 9am to 5pm. we will wash, dry & fold it for you' We are also offering a collect, launder and return service Please call Jayne or Sarah

Lilly Rose Interiors

Making your House a Home

Candles, cushions, lamps, throws, ceramic knobs and Chalk Paint. Hopefully, something for every one, for the home or that special present.



Open Mon, Tues, Thurs, Fri & Sat
From 10.30am to 4pm.

36 Castle Street
Llangollen LL20 8RT

01978 860123

F: lillyroseinteriorscymru

We're open
Thursdays & Fridays
from 10 - 5 and
Saturdays 10 - 4.
Telephone
01978 501129

WITZEND

— FRAMERS OF LLANGOLLEN —

We're working an
appointment only
system for jobs
coming in, please call
to book your
appointment, thanks



QUALITY &
SERVICE
GUARANTEED

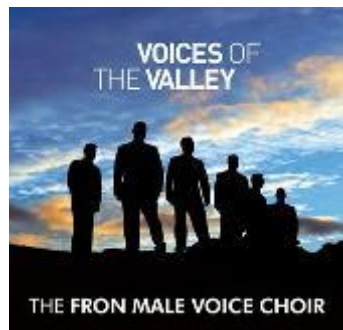
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witzendframing@talktalk.net



VOICES OF THE VALLEY - THE FRON MALE VOICE CHOIR

The Fron should have a local concert on the 25th of July at the Stiwt Theatre, Rhosllannerchrugog. It was to be a joint concert with the Lewis Merthyr Band from Porth in the

Rhondda. This pandemic has put a halt to that concert and all the Fron's other concerts up to November. Theatre, Concert Halls and cinemas have been hit hard by the lockdown and the Stiwt has been running a Virtual Audience Appeal. On July 13th they had raised £2,003, 7 days before their target date for raising £1,000. Fron choristers have been helping to publicise the Appeal. Donations can still be made to the Appeal's Just Giving page. Every £1 counts. <https://www.justgiving.com/fundraising/stiwt-theatre>

At the moment The Fron's November and December concerts are still on, although choir chairman David T Jones said, "I think it's more likely that they have not yet been cancelled. With theatre staff furloughed, getting any information about the venue's plans is difficult and, with the long layoff, the choir will need a few months to get their voices back in shape."

Choir members have been keeping in contact with each other by holding Zoom meetings every Monday and MD Leigh Mason has been holding a Facebook live video rehearsal on Thursday. Also, every Saturday for the past 10 weeks, they have been streaming mini concerts made up of video recordings made live at Competitions or Concerts. They have now exhausted their supply of videos. They may, however, be streaming some audio recording along with a montage of still photos in the coming weeks. They will be on their YouTube channel at 7pm on Saturday nights.

This month, they tried something new - a virtual Choir recording of a song. MD Leigh Mason and accompanist Jason Ellis worked together to produce a video of the accompaniment and of Leigh conducting. This was sent out to each chorister who then videoed themselves singing Gwahoddiaid whilst wearing headphones so that they could hear the accompaniment.. They ensured that they all sang at the same speed by watching Leigh conducting. Jason then had the job of stitching all the individual tracks together to create the Virtual Choir Performance.

Check it out on the Fron Male Voice Choir (Voices of the Valley) YouTube channel.

<https://youtu.be/G8xKwxAXWN8> They will be recording more Virtual Choir performances in the next few months.

Follow the Fron on [Twitter](#)

Like the Fron's [Facebook page](#)

Sign up for the Fron's Monthly [Newsletter](#)

Visit the Fron's [Web Page](#)



Run Free Fell Runners

Club Meetings were on Mondays & Thursdays at 6.30pm from the Llangollen Leisure Centre. Multiple different ability groups all led by Qualified Club Run Leaders and we're also **Welsh Athletics** affiliated. We have a Facebook page if you wish to know more about what we do
E: hello@runfreefellrunners.co.uk

VETERANS GATEWAY

We want veterans and their families to get whatever support they need, easily, wherever they are, whenever they need it. Veterans' Gateway is the first point of contact to make that happen. So when you need to be referred to the right help quickly, talk to us first **Call 0808 802 1212** or **text 81212** and find us on Facebook





SUPPORT FOR YOUR COMMUNITY

Tesco Bags of Help is responding to the current pandemic by setting up a short-term fund to support local communities. The fund will provide a single payment of £500 to organisations who are supporting vulnerable groups. Typically they would welcome applications from organisations such as; Health focused charities – such as cancer, diabetes and Heart charities, Food banks, Hospices, Homeless charities, Charities supporting the elderly or those needing to self-isolate, Women's refuges, Charities supporting children and young people

Please contact:
geraint.hughes@groundworknorthwales.org.uk
 or visit tescobagsofhelp.org.uk/grant-schemes/
 for more information, thank you.

COMMUNITIES FOR WORK



CHANGING THE WAY WE WORK

Since the start of the pandemic many things have changed in our lives, communities and in the operations of many support services. One thing that hasn't changed is the fact that **Communities for Work** are still here and offering one-to-one support to help people into employment. Whether that be improving their employability through help with CVs, interview skills and online training to confidence building and help with job searches. Over the past three months **Communities for Work Plus** have dealt with 52 referrals and are prepared for a significant increase in volume over the next few months. Our mentors support has taken the form of phone calls, texts and where possible video calls with clients to continue giving one-to-one help and guidance to achieve positive outcomes. Through this support over 20 people have gained employment and we are expecting many more over the coming months. If either you or someone you know could benefit from our services you can contact us by one of these ways.

Please email cfw@wrexham.gov.uk,
 or call 07976 200413 / 07976 200414 to sign up to the Communities For Work Plus Programme

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5 Crane Street - Cefn Mawr - Wrexham - LL14 3AB

Find Us On  



ROB PARRY 07512 416453 / 01978 810639

5A Crane Street Cefn Mawr LL14 3AB



Vanity Fur
Dog Grooming

We love making your
Furbabies look pretty.

Appointments only, we are working to Covid-19
guidelines for everyone's benefit, thank you.

Telephone **01978 256022** or **07403 781817**

6 Crane Street, Cefn Mawr LL14 3AB

e: vanityfurcefnmawr@gmail.com

Find us on Facebook @ Vanity Fur



VIRTUAL FAMILY ACTIVITIES

Your Space – An activity & social club for children, young people and young adults who are on the autistic spectrum. Because this summer you can't come to holiday club, holiday club is coming to you! We have a schedule of amazing activities that you can do from home from our pen pal page!

- Week 2 – 27th July-2nd August Sports & Recreation

- Week 3 – 3rd-9th August Music!

- Week 4 – 10th-16th August All the animals!

- Week 5 – 17th-23rd August Mad Scientist

- Week 6 – 24th-30th August Superheroes!

For more information and to join our activities, please visit our **Your Space Facebook page**.

Forest Families July Zooms, Campfire Cymru –

Come and join our Zoom sessions for fun quizzes, games. These sessions are for children in Wrexham with a disability, Autism or ADHD. The Zoom sessions will take place every Monday at 4pm until the end of July. For more information or to join please contact **Becks** on: **07989 501335**

becks@campfirecymru.org.uk

Ady Jones Tae Kwon Do Schools & Family

Martial Arts – Come and try our exciting Zoom martial arts classes. We're currently running Zoom classes until we receive updated government guidance to return to our venues at Wrexham industrial estate and Ruabon. For more information and to book please contact: livetaekwondo@gmail.com

Rhythm Time North Wales – No holiday with your little ones this year? Don't worry – you can still enjoy some summer fun with our special online summer music classes. Suitable for ages 0-6 years. Cost: £22 for 4 weeks of musical fun. From Monday 27th July- Friday 28th August. For more information or to book please contact **Ryan** on: **07805 904596** rkholland1@gmail.com

Dancing Gemz – We can't wait to be able to reopen and get back to normal but until then we are running some great workshops. We're currently offering ballet, acrobatics, musical theatre and street dance via Zoom. For more information or to book please contact: **07843 005130** or message us via our Facebook page

Delta Academy of Dance & Art – We're currently running dance sessions virtually but hope to run our annual summer holiday clubs once we receive updated government guidance. Holiday clubs will take place in the weeks commencing

- 27th July

- 3rd August

- 17th August

- 24th August

Sessions will run from 9.30am-3pm and are suitable for ages 5 years upwards. Cost: £100 for the week. Sibling discount available. Please note that spaces are limited. For more information or to book please contact: **01978 313444** or info@deltaschool.co.uk

Liam Davies Football Coaching – This Summer I was due to be heading out to Massachusetts, USA to coach at a summer camp for 8 weeks. However, this didn't go ahead due to the pandemic. I currently both play and coach at Rhos Aelwyd Football Club. I have started a YouTube channel in partnership with Progressive Sports and I upload fun and engaging football activities for kids to take part in, in the comfort of their own gardens. Suitable for ages 4-11 but can be adapted to suit all ages. To take part in these activities please visit: <https://www.youtube.com/channel/UCcXQuAgFTMWb34WKe4LckGg>

Cymraeg I Blant Wrecsam – Have you just had a baby, or trying to entertain a baby/toddler at home or maybe hoping to introduce Welsh to your little one? We will be posting lots of activities including story & rhymes, bedtime stories, craft ideas and more on our Facebook page: <https://www.facebook.com/cymraegiblantwrecsam/> For more information about Cymraeg I Blant please contact: elin.hedd@meithrin.cymru



WEDNESDAY 5TH AUGUST - PLAYDAY

Playday 2020 will run this year, however it will be very different. Due to the current Covid19 outbreak it is unsafe to hold large gatherings and over the years, Playday Wrexham has become one of the largest events held in the town centre. However this does not mean Playday has to be cancelled and instead we will be having an on-line presence so that children from across the county (and maybe further) can join in with many of the organisations who support Playday and can take part in play activities at home.

The aim of Playday is to highlight children's right to play encouraging people to recognise the value of playing to children, their families and their local communities. In doing this Wrexham's Playday event is part of the local authority's continued commitment to try ensure all children across the county borough have enough time, space and permission to play. The National theme for Playday this year is "Everyday Freedoms, Everyday Adventures" so we will be aiming to bring Playday into the everyday spaces that children are currently in. We hope that the children, parents and carers of Wrexham will continue to support us and come together (virtually) to celebrate children's right to play. So please add Wednesday 5th August to your diaries and join us for some fun. We will be joining in with organisations from across Wales as they link in with Play Wales to make a noise for play at some point during the day. You can follow the event throughout the day on [Wrexham County Borough Council Facebook page](#).



We are continuing the food bank for anybody in the village who is or may be struggling due to the current situation.

We want to help everyone including the self-employed, employed, unemployed and the

elderly. Based at **St Martins Village Centre** on Overton Road, we are open **Tuesday and Thursday from 6.30 to 7.30pm**. If you are self-isolating or are unable to leave the house please call **01691 770204** or **07598 972767** and we will arrange for a delivery.

You can contact us through our Facebook page. We know that our facebook page does not reach everyone who may need help. If you are out and about and hear about anyone who is struggling, please can you mention us.

Anyone can find themselves without enough money for food or essentials. We can help, no referral or vouchers required, just a genuine need. You can turn up, message via Facebook or send a text message.

We are supported by St Martins School, St Martins Village Centre, St Martins Youth Club, Stan's Superstore, Ridgeway Rentals and our Volunteers, thank you all for helping us help our community

BE PART OF OUR LISTENING EVENT.

Our joint national project between **Age Cymru** and **Carers Trust Wales**, funded by Welsh government is hosting listening events during **July and August**.

If you're aged 50 or over and caring for someone, including caring for someone living with dementia, or caring for someone who has since moved into a residential or nursing home, then please share your views with us.

We're asking carers to get in touch with the project to let us know about your experiences of caring and to help us shape our support.

This event will help us:

- *Gather views and feedback*
- *Help develop a national survey for unpaid carers aged 50 and over*
- *Develop discussion for future feedback*
- *Your caring experiences during COVID-19*

If you have any questions about this event or would like to be part of the conversation then please contact danielle.welsh@agecymru.org.uk or call **07989 152529**.

Reengage

Would you like a call companion?



"The calls are such a comfort"

If you're over 75, living on your own and feeling lonely, we may be able to help.

As you get older it's not unusual to spend more time on your own, particularly if you've lost loved ones or your health isn't what it used to be.

We want you to know that Re-engage is here for you.

If you'd like a bit of extra company, we can match you with one of our friendly call companions. They love a good chat and they're great listeners too.

Bringing generations together

How it works

One of our call companions will phone you at a time that suits both of you, most likely once a week or twice a month.

The calls last for half an hour or so and you can chat about anything that interests you.

What's great is that the same volunteer phones you each time, so you can get to know each other and share stories and laughter - for as long as you both want.

The service is completely free and you don't have to continue with it if you decide it's not for you.

To be eligible for a call companion, you need to be:

- aged 75 or older
- living alone or in sheltered housing with little contact with family or friends
- at a stage in your life when you struggle to leave the house.

"A good chat means the world"

To find out more, call us on 0800 716543, email us on info@reengage.org.uk or visit www.reengage.org

Re-engage (formerly Contact the Elderly) is a registered charity in England and Wales (1146149) and in Scotland (SC039377)

J FRANCIS ROBERTS & SON

FUNERAL DIRECTORS EST 1895

Need support and guidance at this difficult time? We are here to help.

- Private Chapel for Services
- Private Chapel of Rest
- Family Run Business
- Available 24 hours a day 7 days a week
- Providing Funeral Services to North Wales and Shropshire Border for 120 years
- Golden Charter Funeral Plans Available

Golden Charter
Funeral Plans



For more information or help call us on 01978 810 884
Or call in and see us at:
10 Crane Street, Cefn Mawr, Wrexham LL14 3AB



www.funeralserviceswrexham.co.uk

At J. Francis Roberts & Son Ltd. rest assured we are doing everything possible to continue providing you with the same high quality service. At this very difficult time we will be working even more closely with you and your family to make sure your individual situation is fully considered.

How could the current situation with COVID -19 virus affect the funeral of my loved one?

Currently funerals in The Chapel at the crematorium are continuing as usual. If this changes we will let you know immediately. **A maximum of 20 mourners** will be able to attend a service in The Chapel at the Crematorium. **Additional mourners will be able to listen to the service via the speakers outside the crematorium building**, standing in groups no closer than 2 meters (6') apart. Unfortunately **you will be asked not to gather round, touch or kiss the coffin** at the end of the service. Sadly **a service in a place of worship is not currently possible.** If your loved one is to be buried this will be carried out with a short service at the graveside for close family and friends only. When the time is right for you and when congregations are allowed to gather again **we can help you arrange a special memorial service or a Mass in memorandum.**

How are we tailoring our service to meet the current government advice on social distancing?

Unfortunately we are currently not able to visit you in your home. We are asking you to come to our office to make arrangements and to sign any necessary paperwork. However we ask that no more than 2 people come at any one time. This is to ensure we can adhere to the advice to remain 2 meters (6') apart.

If you are unable to come to our office we can easily discuss all necessary arrangements over the telephone. If there are forms that need to be signed we will deliver them to your home. We would be very grateful if you could sign the forms while we wait outside. To avoid transmission through physical contact **we have taken the tough decision not to shake hands.** Hand-washing facilities and hand sanitiser are available at all of our locations for you to use.

THE VINTAGE FLORIST

We are open for phone orders and doorstep delivery service also Funeral Flowers.

We are a florist based in Wrexham find us on Victoria Road by the school.

VINTAGE FLORIST had been based in Chirk. We are still doing bouquet from £20 delivered, we also make artificial Funeral Arrangements. Thanks for all your orders this week. Our number is **01978 365238** please leave a message if we are unavailable or call us on our mobile **07512 042333** thank you. Check our Facebook page for ideas.



TESCO

Keeping you safe in store, sanitiser and wipes by the trolleys. Sanitiser and wipes when you enter the store, with floor markings for spacing and customers wait to be directed to go to a specific checkout. Please help us to keep you safe and well by keeping your distance for other shoppers and staff, thank you. [#staysafeandwell](#).

PAPYRUS HopelinkUK

PAPYRUS is the national charity dedicated to preventing young suicide. **HOPELINEUK** is open 9am – 10pm Monday to Friday 2pm – 10pm at weekends and bank holidays.
Call – 0800 068 4141 Text – 07860 039967
Email – pat@papyrus-uk.org





MORRISONS WREXHAM COMMUNITY SPACE

We're holding a Trolley Raffle for our partners [CLIC Sargent](#) and we would love your support! Minimum donation for a ticket is £1 and the winner will be selected by a random number generator on Saturday 29th of August. Instead of having a collection bucket to hold your kind donations, we're instead asking people to donate to our 'virtual bucket' which can be found here <https://www.justgiving.com/campaign/Wrexham-417-Big-Virtual-Collection>

Restrictions are easing but for young people with cancer, life is only getting harder. You can make sure



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they're not left to face it alone.

Thank you for supporting our Big Virtual Collection and good luck! We are doing amazing on our Virtual Collection! £117 donated so far, a massive thank you to all of you. And while you are donating, why not taking part in one of our activities?

Trolley raffle

Big virtual raffle

Colouring competition

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COVID-19 (NOVEL CORONAVIRUS) WCBC PUBLIC BRIEFING NOTE

Key messages

The North Wales Contact Tracing Service is **recruiting people to join teams across the region**, including Wrexham.

You can keep track of the latest Covid-19 figures for Wales via the **online dashboard provided by Public Health Wales (PHW)**.

We've undertaken individual risk-assessments before **reopening council-owned play areas and sports pitches**.

People in Wales who are shielding will **no longer need to after August 16**.

The annual charge for the garden waste collection service in Wrexham will be **introduced on August 31**. Many tourism businesses have signed-up to the **'Good to Go' scheme**, which recognises safety measures put in place to reassure visitors.

News that a cross-border response is underway to **support the Airbus workforce** has been welcomed. Businesses serving food to be eaten on-premises can now **sign-up to the 'Eat Out to Help Out' initiative**.

In case you missed it this briefing note is a summary of announcements, info and changes over the last couple of weeks.

This could be the most important job you ever do

The new North Wales Contact Tracing Service is recruiting people to join teams across the region in a range of roles. By now, you've hopefully heard about 'contact tracing' and how it's being used to help combat Covid-19 in Wales.

It involves tracing people who've come into contact with an infected person, and advising them on what to do (e.g. get tested, self-isolate).

Have you got the right skills for one of these jobs? <https://news.wrexham.gov.uk/this-could-be-the-most-important-job-you-ever-do-join-the-contact-tracing-service/>

Latest figures on PHW dashboard

You can keep track of the latest Covid-19 figures for Wales via the online dashboard provided by Public Health Wales (PHW).

<https://covid19-phwstatement.nhs.wales/>

It provides a useful summary of data, including the number of confirmed Covid-19 cases in each area.

Sports, play and leisure facilities

You might be wondering when council-owned play areas and sports pitches will reopen. For all the outdoor facilities above there's **currently no re-opening date** but we'll let you know when this changes and when they will be opening.

The indoor and outdoor leisure facilities operated by

Freedom Leisure on behalf of Wrexham County Borough Council are also currently closed with **no official re-opening date**. We have open our children's play areas and outdoor gyms from 24 July with appropriate signage in place. We undertook risk-assessments for each facility and looked at what signage needed to be in place so we could reopen safely.

Shielding in Wales to pause from August 16

The Chief Medical Officer for Wales, Dr Frank Atherton, has confirmed people in Wales who are shielding will no longer need to after August 16.

The change in advice means that from August 16, people in the shielding group will be able to go to work or school or go shopping, but they should continue to take steps to protect themselves.

<https://gov.wales/shielding-wales-pause-16-august> The weekly food box deliveries, which have been coordinated by local authorities, will also end after 16 August, but priority slots for online supermarket shopping will remain in place. As of 14 July, more than 152,000 food boxes have been delivered to shielding people across Wales. The prescription delivery service will continue until the end of September.

Garden waste collection charges will apply from August 31

The annual charge for the garden waste collection service was originally due to be introduced back in April. It was suspended due to the coronavirus pandemic, but will now be introduced on Monday, August 31. As we were in lockdown it was decided that we would continue to empty all garden waste bins from April as the Household Recycling Centres had to close due to the restrictions about non-essential travel. The charge is the same as before – £25 per green garden waste bin per-year. Anyone who has not signed up by August 31 will no longer have their garden waste bin(s) emptied.

If you've already paid for the garden waste service, you don't need to do anything. If you already paid for the service earlier in the year you don't need to do anything you will receive a full 12 months service until August 31, 2021. Please continue to display the original sticker you were sent as new ones won't be sent out it doesn't matter that the contract date showing is now incorrect, your bin(s) will still get collected until August 31, 2021. <https://news.wrexham.gov.uk/garden-waste-collection-charges-from-august-31/>

Wrexham businesses are good to go

Many tourism businesses across the county borough have signed-up to the national 'Good to Go' scheme. The scheme recognises the safety measures put in place behind the scenes to reassure visitors, while still providing a great experience. Read more: <https://news.wrexham.gov.uk/wrexham-tourism-businesses-are-good-to-go-this-summer/>

Cross-border response to support Airbus workforce underway

Wrexham Council and the Mersey Dee Alliance have welcomed news that a cross-border response is underway to support the Airbus workforce and wider supply chain. **Economy and North Wales Minister Ken Skates** said:

'We are all aware of the catastrophic effect the COVID-19 outbreak is having on the aerospace sector, and the devastating impact it is having on the industry in North East Wales. Our response is based on collaboration. Building on the extremely close working relationship the Welsh Government enjoys with partners in North Wales and across the wider Mersey Dee area. We are utilising the multi-agency Regional Employment Response Group to enable us to work jointly and coordinate efforts to support the Airbus workforce and the wider supply chain. I am pleased this group has already met and I'd like to thank all partners for working constructively together. The group has a pivotal role to play in drawing intelligence across the region, working closely with partners to deploy support in terms of skills and jobs. We have strong partnerships in North Wales and across the border and these have never been more important. We are also working with the UK Government as this is a global issue which requires action on a UK-wide level, which we will continue to press for

HMRC invites businesses to register for 'Eat Out to Help Out'

Businesses serving food for on-premises consumption can now sign-up to a new government initiative called 'Eat Out to Help Out.' It's aimed at protecting jobs and encouraging people to safely return to dining out. Read more at

<https://news.wrexham.gov.uk/hmrc-invites-hospitality-industry-to-register-for-eat-out-to-help-out/>

Further information for businesses, including how to register and make a claim, is available at GOV UK <https://www.gov.uk/government/publications/get-more-information-about-the-eat-out-to-help-out-scheme>

Free town centre parking – please stick to time limits

Car parking in **council run car parks** in the town centre remains free until the end of September although we do ask visitors to observe the time limits in force to ensure popular car parks do not remain full all day.



TREVER BASIN VISITOR CENTRE NOW OPEN

Hello everyone, we're 'Good to Go' and open. We look forward to welcoming you to the Visitor Centre, it will look a little different and we have put some new measures in place for your safety and that of our team. We are open Thursday from 11am to 3pm, Friday and Saturday from 10am to 3pm. The car park and toilets are also open.

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WREXHAM FOODBANK TIMES

If you have a voucher you can collect from one of the centres listed below:

Monday: Bradley Road Baptist Church 1.30 to 3pm

Tuesday: St Mark's Church, Caia Park 12.30 to 2pm

Wednesday: Gwersyllt Congregational Church 10am to 12 noon

Wednesday: The Salvation Army, Rhosddu 3 to 4.15pm

Friday: Capel y Groes (church by Asda) 11am to 12.30pm

If you cannot get to any of these centres then you can request a home delivery by emailing us at info@wrexham.foodbank.org.uk and sending a copy of your voucher.

Please do not go hungry at this time, we will always try to help you. Pet food and toiletries are also usually available.

If you need a food bank parcel and can not get a referral please call the Foodbank on **07538 547971**. If you would like to volunteer to help then please email info@wrexham.foodbank.org.uk.

FREE SANITARY PRODUCTS

There are free sanitary products available for families that work with **Flying Start** ready for collection at The **Flying Start** offices Hafod-Y-Wern (old school site) Deva Way, Wrexham LL13 9HD.

The products are available for collection in the reception area between 10am - 3pm, Monday to Friday, for families with young women and girls that require these products. Families who are in other Flying Start areas of Wrexham and require these products, please contact your **Flying Start Health Visitor** at the Hafod Y Wern office.

Please note that social distancing measures are to be adhered to when collecting.

SHELTER CYMRU ACCESS



Due to the impact of the Coronavirus measures, we have had to make some changes to our service

delivery. We have closed **all** face to face advice surgeries and sessions until further notice. Advice and assistance will continue to be available through our **Freephone Shelter Cymru Live** service on **08000 495 495** open **9.30am – 4.00pm Monday to Fridays**. (Not Bank Holidays)

Our web-chat advice facility is also available via our website: <https://sheltercymru.org.uk/get-advice/> Extensive housing advice and options information is available via our website:

<https://sheltercymru.org.uk/get-advice/housing-advice-when-you-need-it/>



SCOUTING ACTIVITIES

If you've been running out of things to do when you're at home and not at school, don't worry. The scouts have got you covered! They've put together this massive list of games, activities, and craft ideas, for you to get stuck into. Best of all they're all free. <https://www.bbc.co.uk/newsround/52227592>

CEFN LIBRARY UPDATE



ORDER AND COLLECT SERVICE – BRANCH LIBRARIES – CEFN MAWR

Wrexham Libraries are taking the next step towards the phased re-opening of the service. The new Order and Collect service is being rolled out to Coedpoeth, Llay, **CEFN MAWR**, Ruabon and Overton Libraries from **Wednesday 29 July**. You will only be able to return, order and collect stock from your local library. We will do our best to get the books you want to you as quickly as we can. The safety of our staff and customers is our priority and we are following Welsh Government guidance on how to handle library books.

Please note all books returned to the library will be quarantined for 72 hours.

When your books are ready, we will contact you to arrange an appointment for you to come and collect them. You can return books at the same appointment if you are collecting books. If you only want to return books, you will need to contact us by email and telephone to arrange an appointment. All books you currently have on loan and any you borrow via Order and Collect Service will be automatically renewed so you do not need to worry about returning them on time and you will not incur any fines.

For contact details and to access the order and collect form please visit

www.wrexham.gov.uk/libraries.

We look forward to seeing you again!

Our **Homelink Service** is now delivering as usual to its customers We look forward to seeing you again! For further details please contact **Wrexham Library** on: **01978 292090**



CEFN UNITED YFC

Cefn United are looking for new players for our under 14s for the coming season. If anyone is interested please go to our Facebook page and private message me for details, thank you
Alistair Burnett

CEFN MAWR AND DISTRICT SUPPORT GROUP

Our Facebook page brings together volunteers and those who need help in our area working with our **Community Agent** and **Cefn Community Council**.

It also has updates and information.

With shielding due to end soon hopefully more of you will be able to get out and about, however we urge you to take care and if you think you are developing Covid symptoms do follow the guidelines. You may find you are asked for your contact details if you are visiting an attraction, pub or café with seating areas, this is to protect you if someone develops Covid symptoms. It is also a good idea to carry a face mask and a spare as you may need to wear them in some places and it gives you a change of mask of one gets wet.

If you need any help or support just let me know be it a chat, a listening ear, helping to sort out paperwork, prescriptions, shopping, benefits, or some other problem that is worrying you. Please call me on **07532 780007**, email tyger@tygertactics.com or message me on Facebook. This service is completely free, we just want you to know we are here for you.

If you just want to have a wee chat and check-in then please call me between 4pm and 8pm.

Is there anyone that would like to volunteer to help within the community at this time? This can be as simple as just checking on neighbours, make a phone call or walking a dog please contact myself or **Marie Claire** our Community Agent tel: **07925 048711** email: cefncommunityagent@gmail.com



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Brynias Chryd a Dyffryn Dyfrdwy
Chrydian Range and Dee Valley

Pontcysyllte
Salt Tunnels & Fort
World Heritage Site


Hoffech gymryd rhan mewn prosiect celf cydweithredol ar gyfer pobl ar hyd Dyffryn Dyfrdwy?

Ydych chi'n byw ar hyd Dyffryn Dyfrdwy rhwng Corwen a Gledrid?

Would you like to take part in a collaborative art project for people along the Dee Valley?

Do you live along the Dee Valley between Corwen and Gledrid?

CRONFA DREFTADAETH HERITAGE FUND



Brynias Chryd a Dyffryn Dyfrdwy
Chrydian Range and Dee Valley

Pontcysyllte
Salt Tunnels & Fort
World Heritage Site

Rydym yn eich gwahodd i edrych ar eich tirwedd leol, meddwl am y tawelwch, yr heddwch a'r llonyddwch a'ch siwrneiau drwy'r dirwedd yn ystod y cyfnod clo, wrth ymchwilio beth yw ystyr y dirwedd yn yr amser a'r lle hwn i chi a'ch cymuned. Bydd y prosiect hwn yn tynnu ynghyd gyfraniadau gan bobl ar hyd y dyffryn, gan adlewyrchu sut mae cymunedau Dyffryn Dyfrdwy yn teimlo am y llefydd arbennig hyn.

We invite you to look at your local landscape, thinking about the tranquillity, peace and solitude and your personal journeys through the landscape during the lock down, exploring what the landscape means now in this time and place to you and your community. This project will bring together contributions from people along the valley, reflecting how the communities of the Dee Valley feel about these special places.

CRONFA DREFTADAETH HERITAGE FUND



Brynias Chryd a Dyffryn Dyfrdwy
Chrydian Range and Dee Valley

Pontcysyllte
Salt Tunnels & Fort
World Heritage Site


Sut allwch chi gymryd rhan?

I gymryd rhan mae'n rhaid i chi e-bostio ein.tirlun.darluniadwy@sirddinbych.gov.uk neu ffonio 01824 706163 a gadael neges gyda'ch manylion i fynegi eich diddordeb cyn y dyddiad cau 31.07.20

How can you take part?

To take part you need to email our.picturesque.landscape@denbighshire.gov.uk or telephone 01824 706163 and leave a message with your details to express your interest before the deadline of 31.07.20

CRONFA DREFTADAETH HERITAGE FUND



Brynias Chryd a Dyffryn Dyfrdwy
Chrydian Range and Dee Valley

Pontcysyllte
Salt Tunnels & Fort
World Heritage Site

Bydd pecyn yn cynnwys cyfarwyddiadau 'sut i' ar gyfer gweithgaredd artistig sydd ar gael yn cael ei anfon i chi a chewch wybod sut a phryd i ddychwelyd i'ch gwaith celf.

Bydd artistiaid lleol yn defnyddio eich cyfraniad i addurno teils ceramig wedi'u gwneud â llaw. Bydd yr amrywiaeth eang a chyfoeth o ddelweddau ar y gwaith celf gorffenedig yn adlewyrchu myrdd o leisiau pawb sydd wedi cymryd rhan.

A pack including 'how to' instructions for the artistic activity on offer will be sent to you and you will be told how and when to return your artwork.

Local artists will use your contribution to decorate handmade ceramic tiles. The wide and rich variety of imagery on the finished artwork will reflect the myriad of voices of everyone involved.

CRONFA DREFTADAETH HERITAGE FUND

CHIRK CORONAVIRUS SUPPORT

Our community group established to provide reliable information and give assistance to anyone who needs it in the Chirk area. Contact Number: **07821 297768**

Email: chirk.ca@gmail.com

ROWLANDS PHARMACY CHIRK 01691 772439

OPEN 9.30am to 6.30p, close 12 to 2pm for lunch and to catch up with the workload. Only 2 in branch at any one time, **Masks Must be worn.**

ST MARTINS PHARMACY 01691 772348

Open 9 to 5.30 Mon to Fri, 9 to 1pm Sat. Free collection and delivery may be available for prescriptions, call to check.

STANS ST MARTINS 01691 772348

Delivery service available £5 to Chirk

THE KEYS ST MARTIN'S 01691 770258

or 07762 139 413

Delivery within a 4 mile radius 12pm to 2pm and 5pm to 8pm Monday to Saturday and 12pm to 6pm on Sunday. Please give 24 hours notice.

MG HUGHES FRUIT & VEG 01691 774850 or 07973826881 or 0781155707

Daily deliveries to anyone who would like us to and if they need anything picking up from other local shops.

CAFFI WYLFA - 01691 770492

Fresh chilled meals available for collection or delivery.

ANISA INDIAN - 01691 777705

Delivery and takeaway.

SPAR CHIRK 01691 773354

Struggling to get supplies? Let us know, we can deliver or just help anyone in Chirk pick things up etc. email: chirk@retail.afblakemore.com Please include a phone number for us to contact you for payment, thanks.

STANTON HOUSE CHIRK 01691 774150

Hot meals delivered daily, no meal over £5

A C EDWARDS AND SONS DAIRY 01691 670721

Fruit, Veg and Dairy. Order online. Check our Facebook page for new items Please let us know by email if you need to amend your order, thanks. Email sales@edwardsdairies.co.uk

STAR PIZZA AND KEBAB 01691 778722

Delivery 4pm to 12am.

CASTLE TANDOORI 01691 772499

Tuesday to Sunday 5 to 10pm 3 mile radius.

JAMIE WARD'S BUTCHERS - 01691 772602

Call and collect: order between 10am and 12 noon to pick up between 2pm and 4pm same day.

Order between 2pm and 4pm to pick up next day between 10am and 12 noon. Self-isolating and unable to collect? Orders of £25+ can be delivered within a 15 kilometre radius within a maximum of 3 days.

THE HAND HOTEL CHIRK - 01691 773 472

Takeaway starters, mains, jacket potatoes, pasta and panini's & sandwiches available between 11am and 2pm and 5pm – 7.30pm



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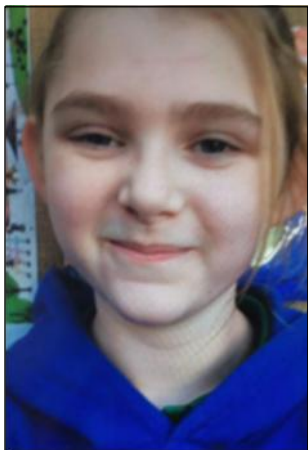
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OUR YEAR 6 LEAVERS

We were not able to get a photo of their socially distanced picnic at school before they left so here is our Gallery of our wonderful Year 6 pupils. If you check our virtual leavers service you too can share their memories of Ysgol Acrefair.



YSGOL ACREFAIR UPDATE

The summer term was a strange time for all of our school community. All of the staff in school missed seeing the children but loved sharing in the activities that they had been doing on Seesaw. It was a pleasure to welcome many of

our children back into school for their 'Check in, catch up and prepare' sessions.

The staff worked very hard to make their classrooms welcoming, and despite having lots of different rules to follow the children were absolutely brilliant and had a wonderful, positive attitude to being back in the classroom and being reunited with their friends.

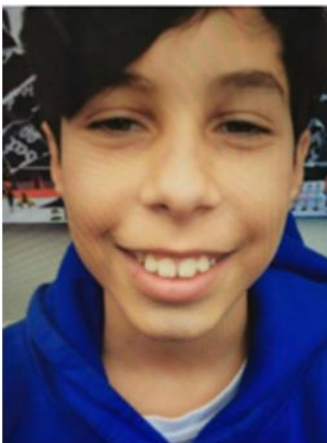
Throughout the period of school closure, we have been quite literally been blown away by the bubble of children who attended our key worker provision. For many of these children school didn't close at all over lock-down, even in the holidays. They attended most days and they came to school so their parents could go off to do their jobs 'keeping the country going'- we are so proud of how they came to school to save lives and how they did this with smiles on their faces each day. They deserve every commendation!

On the final day of term we said goodbye to our wonderful **Year 6** class. We were so pleased that they were able to all come together for a socially distanced picnic at school so that they could say a proper goodbye to their friends and teachers. During their check in, catch up and prepare sessions, all of the children worked very hard on their virtual leavers service, sharing their special memories with each other and including special messages from their teachers and buddies in Dosbarth Wiwer too. We were delighted when many of their parents lined up to give them a huge round of applause as they prepared to leave Ysgol Acrefair at the end of the picnic. It was such an unusual way for the year to end, but the children's outstanding attitude and the resilience that they have shown throughout is a credit to them all. We wish each and every one of our 2020 Leavers every success in their new schools and everything that they go on to do in the future. We hope that they will come back to see us and let us know how they are getting on.

We hope that all of the children have a wonderful summer and we look forward to seeing them back in school in September.

Our virtual leavers service can be viewed using the following link

<https://acrefair-pri.wrexham.sch.uk/wp-content/uploads/2020/07/LEAVERS-.pdf>





TEMPORARY ONLINE LIBRARY MEMBERSHIP

Did you know that you can get a temporary online membership that will give you access to all of our online ebooks free of charge?
Go to www.wrexham.gov.uk/libraries and select Online Services then select Online Catalogue and then Join the Library. Don't forget Cefn Mawr Library now offers the Click and Collect service from 29 July.





Llywodraeth Cymru
Welsh Government

SHIELDING TO END 16th AUGUST

Around 130,000 people in Wales have been taking shielding measures since the start of the pandemic because they are at high risk of developing serious illness if they contract coronavirus. This advice change means that, from 16 August, people in the shielding group can go to work and go shopping but they should continue to protect themselves from coronavirus by keeping a 2m distance from others and washing their hands frequently. The Chief Medical Officer has previously advised those shielding can take unlimited exercise outdoors and meet with members of one other household outdoors. People who are shielding can also form part of an extended household.

Dr Frank Atherton said: Shielding will have been difficult for many people – tens of thousands of people have made very significant personal sacrifices to follow the guidance and to protect their health during the pandemic. I want to thank them for that because it has not been easy. I also want to thank all who have supported those shielding. Shielding is a huge request for someone to undertake, so it's important that we don't ask people to shield for longer than is necessary. As the level of the virus in our communities is now low, shielding should pause from 16 August. This means those who have been shielding can gradually resume day-to-day life, but taking extra care around physical distancing and hand washing. We will keep this under review and if we see transmission levels increase, we may need to consider advising the shielding group to take extra precautions and measures to protect themselves in the future.

Over the summer, a review will be undertaken of all children on the shielding list. Although shielding is pausing, the list will be maintained. We will use the latest guidance from the Royal College of Paediatrics and Child Health to determine whether each child needs to remain on the list. Dr David Tuthill, Wales Officer for the Royal College of Paediatrics and Child Health, said: We now know more about coronavirus than we did a few months ago and have been able to update our guidance based on the evidence developed over those months. Serious illness from the virus in children is very rare and shielding itself brings its own problems for children. The lockdown has been tough for all children who have missed out on school, play and seeing friends – but especially for those who have been shielding. Should we face further outbreaks, we can be confident that the vast majority of children, including those under the sole care of a GP, will not need to shield. We hope this announcement will be good news for many families.

The weekly food box deliveries will end after 16th August, but priority slots for online supermarket shopping will remain in place. As of mid July, more than 152,000 food boxes were delivered to shielding people across Wales. The prescription delivery service will continue until the end of September.

JOHNSTOWN YOUTH GIRLS FC

INSPIRE

IMPROVE

PERFORM

CONFIDENCE

ENJOY

NEW PLAYERS
WELCOME

#JTGIRLS



Providing opportunities for girls to play football locally at a great setup with Under 11s and Under 12s established and the possibility of a new Under 14s being promoted. Any girls at these age groups who are interested in becoming part of a football team please contact one of the coaching staff for more details. Coaches [Phillipa Jane Smith](#), [Aaron Nash](#) and [Jono Shaw](#) will be happy to answer any questions you may have.

Training is resuming on Wednesday 29th July at our ground **The Matty Jones Circle** at 5.30pm for Under 11s and 6.45pm for Under 12s/14s.

Players are asked to bring a bag with their own water bottle and hand sanitizer to wash hands before and after session. We are operating the sessions on a drop off and pick up bases so parents are being asked not to stay pitchside during session to limit contact, this will be under review and when we feel confident enough will change it.

Please call us on **01978 840917** or email: johnstownyouthfc@hotmail.com

Find us on Facebook: Johnstown Youth FC Girls Section.



BORED???

Don't forget you can join Wrexham Library online and download free e-books and audio books. Why not learn a language, new recipe, craft or read up on some local history?

<https://libraries.wales/my-digital-library/borrowbox/>



TOWERS DAY NURSERY

Open fully for all children of all parents, whether they are key workers or not and children from schools are welcome to attend just for the school holidays if they require care.

We are still accepting **Covid Child Care Assistance Scheme** (C.C.A.S.) children as the scheme has been extended until the end of **August**, offering free childcare for children who only need to have one key worker parent are **P.A.C.E** funded children.

Denbighshire children are also welcome to attend, as we are registered as a provider for them as well as for **Wrexham** children. Children in receipt of the 30 hour childcare offer can now access this funding again, following its temporary suspension.

If you have any questions at all do get in touch. Thank you for your patience and support.

Please call us on **01978 822446** or message us on Facebook, thank you.



Gwasanaeth Gwybodaeth i Deuluoedd Wrecsam
Wrexham Family Information Service

WREXHAM FAMILY INFORMATION SERVICE

We are still here! Wrexham Family Information Service (WFIS) has a supportive Outreach Team to help and support you with a range of family issues/concerns.

Please contact the team for a chat on **01978 292094** or email: helpfis@wrexham.gov.uk to see how we can help you.

Outreach Team



Steph



Sarah



Lynne



Yasmin



Megan

CALLING PARENTS/CARERS!!

Have you used childcare during the Covid19 period? We would appreciate your comments on accessing childcare during this time. We are looking to highlight the benefits of using childcare for children and the huge part that childcare plays in promoting children's positive mental health and wellbeing. We are also hoping to help to alleviate parents' anxiety surrounding using childcare at this time. We will be sharing these comments in our posts. Please send any comments you are happy to be used via direct message or email

fis@wrexham.gov.uk Thank you!



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From birth to 5 years



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The Towers, Llangollen Road, Acrefair
Wrexham LL143SG

Tel **01978 822446**



Llangollen Road,
Acrefair
LL14 3RP
(by the Eagles Inn)



01978 810 375

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Llangollen Road,
Acrefair LL14 3RU

Open

Tuesday - Thursday 9am to 6pm

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Saturday 8am to 2pm

Please call for an appointment

Tel: **01978 821033**

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THE SCARECROW BATTLE, 13 -17 AUGUST MENTER IAITH FFLINT A WRECSAM

Can you create Wales' greatest scarecrow? Create a scarecrow on the theme Wales and Welshness and put your scarecrow in a safe and suitable place. Send a photo of your scarecrow to cadi@menterfflintwreccsam.cymru . The winner from each category will go on to compete nationally for the special prize

KACEYS K9'S
 Belgravia House, Well Street,
 Cefn Mawr LL14 3AE

Professional Dog Grooming by Sarah

We are open, 1 dog at any 1 time unless they are from the same household. If you see someone in the salon please wait until they have left to enter. When dropping off and collecting please make sure this is done at said time as it will allow me to keep a tight ship and keep all contact to a minimum and disinfecting to a high standard. Thank you.

Tel: 01978 823616
 Email: kaceysk9s@yahoo.co.uk



CHURCH NEWS

ST JOHN'S RHOSYMEDRE

St John's Church is closed in line with the Church in Wales guidelines. During which time the wiring and the lighting in the church is being replaced so that when we do return the church will be a safer and a brighter building.

The churchyard is open if you wish to visit to tend a grave.

ST. MARY'S CHURCH RUABON is open for private prayer on **Wednesday** mornings between 10am and 12 noon and **Sunday** afternoons between 2pm and 4pm. All are welcome to come and spend some time in prayer.

We hope we can open for Services early in August.

Every week we put a service on WhatsApp - Offa Mission Area Prayer. There is also a short 'thought for the day' by this group with a chance to add you own thoughts or pictures. The service also appears on You Tube and on www.stmaryschurchruabon.com.

Tel: **01978 824087**,

email: katherinetiltman@gmail.com

CATHOLIC CHURCH in Ruabon, Llangollen and Chirk please contact: Rev'd Fr. Anthony Nnamah MSP email: chykenam@gmail.com

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**PLEASE LIKE OUR
 FACEBOOK PAGE**
**Community News Cefn
 Mawr, Dee Valley &
 District**

This will keep you up to date during this strange time. We will also keep updating information as Businesses and services are opening and those also offering home deliveries so we can all stay safe.

You will also find an album of photos that includes the ones we could not fit in to this edition of the newsletter.





RAISE THE ROOF COMMUNITY SINGING FOR EVERYONE

We have regular Zoom meetings at 7pm on Thursdays until we can all safely get together again. Please check the joining details on our Facebook page. We hope

you can make it as it's lovely to see you all and to get together and keep one another's spirits up!

MORRISONS WREXHAM COMMUNITY



Our *Doorstep Delivery Service* is dedicated to those in vulnerable and isolated households in our communities and we are still offering this service as people are coming out of shielding. You can do your shopping over the phone and pay by card on

delivery. Please phone us on **0345 611 6111** (select option 5) The delivery service is free and always includes a friendly smile! Please spread the word! [#ItsMoreThanOurJob](#)

WCBC BENEFITS ADVICE

Our Welfare Rights Unit provides telephone advice to Wrexham residents on all matters relating to Social Security entitlements including advice on Universal Credit, Jobseekers Allowance, disability benefits and so on. Please call **01978 298225** between **9.30am and 12pm, Monday to Friday**.

Citizens Advice Wrexham

Citizens Advice Wrexham are still open and providing a service during COVID-19

There are several ways people can continue to get advice during this time.

- General advice line **01978 364639**. Leave a message with a brief description of the issue, your name and telephone number and you will receive a call back.
- National Citizens Advice Help Line 0345 44 70 70
- A further Wrexham Helpline number is 0300 330 1178
- People can chat online to an advisor by visiting our face book page www.facebook.com/wrexham.cab.9 and send a private message
- Anyone seeking help with Universal Credit should call 01978 364639

cyngor ar
bopeth

citizens
advice

Wrexham



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Offering a wide selection of beauty and nail treatments including :-

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Please call us for appointment



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Cefn's Chippy - Crane Street - Cefn Mawr
Wrexham LL14 3AB



FRIENDS OF RUABON VIRAL KINDNESS

This group has been created with the primary aim of ensuring no-one in our community has to go through self isolation by themselves. If you are self-isolating with COVID-19 we can help with Shopping, Collecting Prescriptions, Urgent supplies or just by making a friendly phone call. We are a group of likeminded volunteers here to help. Just contact us via any of the options below, we will do our best to help you (for free) Call or text **07741 596 812 / 01978 824087**

Email: info@friendsofRuabon.co.uk

Facebook: **Friends of Ruabon Viral Kindness**

RUABON MEDICAL CENTRE

As all patient contact is now by telephone, to help us help you, please use our services carefully and adhere to the following: Please DO NOT visit the practice unless you've been asked by a clinician to attend. General enquiries cannot be dealt with if you turn up at the practice. All 'routine' appointments have been suspended until further notice.

Repeat prescriptions should be placed into the wall mounted post box beside the wooden door (at the end of the building on the left). We would like to thank you for your patience and understanding. Please look after yourself and others by following the latest government advice.

L ROWLANDS & CO RUABON

The Medical Centre, Ruabon, LL14 6NH

Please note we are only allowing 1 person in at a time and if queuing outside please keep to the social distancing guidelines. **Masks must be worn.**

Open: Monday to Friday 10am to 12pm then 2pm to 6pm Saturday 10am to 1pm

Tel: 01978 821802

Please collect repeat prescriptions after 2pm

RUABON DISCOUNT STORE

New High Street Ruabon. Tel: 01978 810982

We will continue to do our best to keep the shop safe for everyone. We do also ask customers to keep their 2m distancing whilst shopping.

With the everyday essentials, we also have bread, milk, biscuits, teabags, sugar as well as cleaning products, toiletries and key cutting service. Paypoint so you can top up your **gas** and **electric** and pay any bills. 2 customers at a time and will ask customers to wait outside until someone leaves. We offer Contactless payments. Our opening times are **Mon / Thurs / Fri / Sat 9 to 3pm**

RUABON POST OFFICE

Open Monday to Friday 9am to 4pm, Saturday 9am to 2pm. Only 2 people at once.

Telephone **01978 823333**

NEED TO CONTACT THE POLICE?

They say that for non-emergency issues, people should use <https://www.north-wales.police.uk/contact/live-chat-support> or phone 101.

If you have internet it is suggested that the live chat option might be a quicker method than holding on the phone.

FAMILY OUTDOOR SUMMER ACTIVITIES

Erddig Garden The garden at Erddig is now open to explore. There will also be a limited range of takeaway drinks and light snacks on sale from the restaurant. You'll need to book your tickets by 3pm on the day before your visit. Members can book for free, while non-members will need to pay when booking. Cost: £8 per adult - £4 per child. Please arrive within 30 minutes of your time slot. You're then welcome to stay until closing time. Opening times 10am-4pm. For more information or to book please visit: www.nationaltrust.org.uk/erddig

Chirk Castle The garden estate and home farm toilets and kiosk are now open at Chirk Castle. You'll need to book your tickets by 3pm on the day before your visit. Members can book for free, while non members will need to pay when booking. Cost: £8 per adult - £4 per child. Please arrive within 30 minutes of your time slot. Opening times Monday-Sunday 10am-2pm. For more information or to book please visit: www.nationaltrust.org.uk/chirk-castle

Wrexham Tennis Centre, Plas Coch Road –

Although awaiting further guidance on when our activity groups can continue, you can still book our outdoor courts and play together as a family. Cost: £9 per court at peak times- 4-7pm weekdays and 9.45am-2.30pm at weekends. £7 per court off peak times – 11am-4pm weekdays. In the event of bad weather courts will be cancelled by the centre and refunded. For more information or to book please contact: **01978 265260**

Pro Skills Soccer, Gresford & Rhostyllen

Pro Skills Soccer will be running 3 hour football slots from 9am-12 noon & 1pm-4pm Monday to Friday Starting on Monday 27th July and running for 5 weeks. Cost: £15. Ages: 4-12 years. Venue: Gresford football pitch. For more information please contact Mike on: **07732 648043.**

WREXHAM CORONAVIRUS SUPPORT AND ASSISTANCE

A Wrexham-wide group formed to signpost people in need of assistance and support as a result of coronavirus. The group accommodates a wide variety of needs, from providing information, locating essentials in the supermarkets and businesses or volunteers making deliveries to light-hearted posts to lift moods. Check their Facebook Page: <https://www.facebook.com/groups/2922926727729058/>

JOHNSTOWN COMMUNITY SUPPORT GROUP

Working with our community agent for Rhos, Ponciau and Johnstown and AVOW. We have a core number of people willing to support the community. This Group is about sharing concerns so we can try and address as best we can, it is not for general issues or minor issues. Join us on **Facebook**.

Our **Community Agent** for Johnstown, Ponciau and Rhos, is **Michelle Wynne** she can be contacted during office hours, telephone **07851 798630** or email rhoscommunityagent@gmail.com



DRUIDS NEWS

Cefn Druids Academy are proud to announce two new and exciting additions to our programme for the 2020/21 season. Firstly, the new **Pre-Academy** which will see both **U7** and **U8** age groups training in the hope to earn a place at the full

academy at **U9** level. This will be a weekly session where players can trial over a period in the academy environment to help develop their football skills as. All players will be allowed to continue with their grass roots clubs and will be invited into a modified games programme to learn and allow coaches to assess the players development.

This will be a bespoke programme aimed at both football ability and fundamental movement skills allowing the players to develop in a more holistic way, giving the best opportunity to succeed within our Academy.

We will also see the very first Girl's Development Centre at the Rock, after a successful girl's fun football programme, we aim to provide more advanced skill sessions and a modified games programme for girls who wish to develop their footballing ability whilst continuing to develop at their grass roots clubs. We hope this will grow into a full age groups programme for girls at Cefn Druids which will feed a senior ladies team in time as we aim to continue to develop our club.

Community Projects

- Girls and boys turn up and play FAW fun football programme
- U7 and U8 Pre-Academy
- Girls development centre
- U9 - U12 development centre
- Modified games programme

Academy

- U9-U11 academy foundation phase with qualified
- B licence coaches
- 3 training sessions a week
- Comprehensive Academy games programme
- FAW games programme
- U12-16 academy development phase with A&B licence coaches
- Player development plan
- Skill acquisition programme
- Performance Analysis
- Injury prevention/sports rehabilitation programme
- Strength and conditioning/sports science programme
- Full technical programme

Elite Programme

- U19 FAW games programme
- U23/Reserve games programme
- Full education/scholarship programme BTEC and A level
- Train 3 times a week
- Full technical programme
- Performance analysis
- Sports rehabilitation programme
- Strength and conditioning/sports science programme

All enquiries should be sent to:

lee.pope@cefn-druidsfc.com

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We buy MOT failures & Non Runners.

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**Vehicle Recovery Services
and Transportation.**

**Waterloo Tower, Newbridge,
Wrexham**

Tel: 07967 407608

Community Support Officer

Jessica Lloyd PCSO 3969

email: Jessica.Lloyd@nthwales.pnn.police.uk

COVID 19—SUPPORT FOR THE ISOLATED AND VULNERABLE IN LLANGOLLEN RURAL

Our Community Agent is contactable by email or telephone, supporting those in need in our Community as we know our older population is at risk due to self isolating. The Community Agent will be providing practical support by directly helping people with for example:

- * Collecting and delivering prescriptions
- * Essential food shopping
- * Providing support and guidance via telephone or email

This free service is done whilst following the social distancing rules. If you require support or know of someone in need from Fron, Garth or Trevor call **David Jarvis - Community Agent Llangollen Rural Community Council Telephone 07956 292546**

Email: trevorcommunityagent@gmail.com

The Community Council have a Facebook group:

Llangollen Rural Community Council Coronavirus Support Group

In **FRONCYSYLLTE** we have our own 'unofficial' very effective support group **Froncysyllte Community Support**. Our Newsletter is providing a link between people in Fron who need support and those in the fortunate position of being able to offer it. Areas of help include: Collecting prescriptions. Collecting shopping. Walking dogs. Simply being a person to talk to. We have volunteers in Fron ready and able to help. Please contact us, we will try to help whenever possible. For regular updates please ask John or check our facebook group

Froncysyllte Community Noticeboard.

Our Contacts are:

Keith Sinclair 01691 773634

email: keithsinclairlrrc@gmail.com

Sian Williams (Fron Community Centre)

Claire Parry (Volunteer) **07432 494002**

Fron Post Office will also pass on details.

EDWARDS DAIRY CHIRK 01691 778266

Delivering milk and other produce to your door
Email sales@edwardsdairies.co.uk Please let us know by email if you need to amend your order, thanks. Check our Facebook page for new items you can add to your order.

Due to high volumes of calls, please **only** call our landline **01691 778266** if you no internet access and press option **1** when you are connected .



FARM AND PET PLACE GLEDRID

We are once again welcoming your pets into the store, so feel free to bring them with you on your shopping trips, however, we will still not be offering any personal services like harness fittings. Along with allowing pets back into store, we have also reopened the self-service dog wash. Card payments are still preferred but you may now also use cash. Thank you to all our customers for your continued support and understanding as we navigate these unprecedented times. Stay safe.
www.farmandpetplace.co.uk or phone **01691 770084**
Open weekdays from 9 to 6pm

WCBC HOUSING

If you have **URGENT HOUSING REPAIRS**, please contact housing on **01978 298993**. For **URGENT HOUSING QUERIES** please call **01978 315305**.

Thank you for your continued support in this difficult situation.

We have had queries on how you can pay your rent with the estate offices being closed. Here are the alternative methods of paying:

0300 333 6500 (24hr payment line).

Online at: <https://www.wrexham.gov.uk/english/online/index.htm>

You can pay with a monthly direct debit - payable on 1st or 16th of every month (this is the easiest way for you and us) or by weekly direct debit. You can contact **01978 315305** for details and forms, Use your Rent swipe card at any open Paypoint (in post office, co-op) etc.

Please note that all of our estate offices are still closed, however our phone lines are now open **01978 813000**.

DRAGON DINNERS



Delivering Hot, Home Cooked Meals to over 55's, Carers and anyone unable to make a meal. Hot Dinner + Hot Pudding £5.65. No delivery charge & no minimum order,

5* FSA rating. Fully Insured and Registered with WCBC. Please call us for availability **07904 045216**.

CAFFI CWTCH Tel: 01978 317 800

Meals Matter is a 'free' delivery service for those ordering meals within the WCBC area. Orders, collections & deliveries only between **10am and 4pm Monday to Saturday**. £5 min order, card payments only. We also offer a collection service for customers outside of this area. Phone to check deliveries.

CHAPEL BEDROOMS & KITCHENS

Want a stylish make-over for your kitchen? New worktops, doors and innovative fittings will make the most of your space or have a complete re-fit to make the kitchen the heart of your home.

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Mobile 07762 354955

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If no reply, please leave your name and telephone number and we will return your call
Email chapelbedrooms@btinternet.com
Llangollen Road, Acrefair LL14 3RP

PLAS MADOC AREA SUPPORT AND LINKS

WE ARE PLAS MADOC ~ WAPM

Aims to ensure all residents are aware of the support available and can make contact if they need it also keeping our community connected. We have established a **WAPM WhatsApp** support group for members of our Community may need some support - whether that be help to pick up a prescription or just a friendly chat! If you know someone who needs help please let us know as we are trying to reach everyone at this difficult time. If anyone is interested in volunteering they can email **WAPM** through donna.jordan@avow.org

We Are Plas Madoc mobile number: 07394 465113

WAPM Support Group link: <https://chat.whatsapp.com/BF3emsMzUqJ8zxBcxl23hr>

Hi All our wonderful Street Champions are delivering a newsletter and letter for you to have an input on the vision of Plas Madoc over the next 5 years. Your ideas and input are very valuable and important so please take a minute to fill it in, there is a post box at The Land and also a phone number you can call or text to collect. Thank you

THE LAND - claire.pugh@avow.org

Hope you're all well, we're still here working away and will continue to be here to support you in any way we can. Massive thank you to all the staff and volunteers who are working tirelessly - whether it's delivering resources, friendly phone calls, picking up shopping/prescriptions and quizzes (to name just a few!), the effort from everyone is incredible! Stay safe and please get in touch if you need anything. Facebook - <https://www.facebook.com/playon.plasmadoc>

The Land is continuing to provide support to Parents/Families within '**Kettle Club**' running regular quizzes and a weekly chat group. - <https://www.facebook.com/groups/1100684493315531/>

Little Sunflowers are sharing resource and activity ideas on their Facebook page for more information please email sharon.evans@avow.org

Please note if you live in Plas Madoc and the following adjoining streets: Ash Grove, Oak Road, Maple Drive, Maes Madoc and also Chatham Close, Off Rock Road we are here to help and support you and your families. Please contact us on 07394 465113 or email:

donna.jordan@avow.org

claire.pugh@avow.org

sharon.evans@avow.org



KETTLE CLUB

Kettle Club is a support group run by The Land - we're an informal, friendly group. People can access support, advice and have opportunities to attend/access training. The group normally runs every

Thursday between 12.30 - 2.30pm at the Opportunities Centre, everyone is welcome and it's free to attend. We're having to adapt the way we work so our catch ups now are online via zoom (for Brunch and Munch) and messenger (please get in touch if you'd like to attend and we'll send links to join) OR if

you have other suggestions for keeping in touch please let us know....This page will enable us to let you all you know about things that are happening in and around Plas Madoc and support that is available and/or needed. We also want you to use this page as a platform for chatting to each other - please feel free to use it for information sharing, tips, requests for support, ideas for entertaining the children or just a general natter... If there is anything you'd like to see on here or anything you need support with, please get in touch <https://www.facebook.com/groups/1100684493315531/>

CHINWAGS

FEELING LONELY? FANCY A FRIENDLY CHAT?

Please call or text 0739 446 5113 or message 'We are Plas Madoc' on Facebook and we will arrange a suitable time to call and have a chat.



WINGS

Are an agency that provide free sanitary products across Wrexham. Follow their Facebook page WINGS

Wrexham, for a list of agencies that can provide free sanitary products to those who need it, and the contact details to check their opening times during the coronavirus outbreak.

Email: wingswrexham@gmail.com

LITTLE SUNFLOWERS AVOW is proud to support WINGS a project providing girls and women with free sanitary products. Please contact **Sharon** on **01978 813914** or look for us on **Avow Little Sunflowers** if and when you need items.

PLAS MADOC POST OFFICE & TOP SHOP

Mondays to Saturdays 8.30am to 7pm. and Sundays 9am to 7pm. Please help us by following the Guidelines when shopping or waiting to come in, thank you. **Tel: 01978 8207294**

DISCLAIMER

Whilst **The Community News** makes every attempt to ensure the accuracy and reliability of the information contained in these pages.

The Community News does not take responsibility for advertisements and articles which are the sole responsibility of the contributors.



AUTUMN CLEAN CYMRU

Be part of the pick. 11-27 September

After taking the difficult decision to postpone Spring Clean Cymru in March, we're excited to announce Autumn Clean Cymru will be taking place from 11-27 September!

Autumn Clean Cymru will be a bit different from our usual clean-up campaigns. To make sure everyone stays safe and well, we're encouraging individuals and households to clean-up the streets, parks or

beaches on their doorstep. It's part of the Great British September Clean which will be happening across the UK at the same time.

We've been overwhelmed by the support for our work over the past few months. It seems that, more than ever, people are recognising just how important a clean and safe environment is to their health and well-being. There's also been a real sense of frustration at the increase in litter since restrictions have eased. Autumn Spring Clean is a chance for us all to take a stand and declare that litter is not acceptable.

How to get involved

1. Organise a private clean-up for your household in your local area

2. Pledge to do your own individual clean-up.

Whether you do five minutes while walking the dog or five hours – every individual action can make a difference.

Sign up for Autumn Clean Cymru

<https://www.keepwalestidy.cymru/forms/sign-up-for-autumn-clean-cymru>

Fill out a short form to pledge your support for Autumn Clean Cymru.

Please remember, we're only asking individuals and households to clean-up the streets, parks or beaches on their doorstep.

All clean-ups are private, so we won't be making any details public. The information you provide is just for our records.

Planning your clean-up

Whether you're a regular Litter Champion or this is your first time, this is where you'll find all the advice and information you need to get out there, be safe and start making a difference in your local area.

Government guidance may change over time, so please contact us at events@keepwalestidy.cymru

if you have any questions. And make sure you follow us on social media for all the latest updates

[#AutumnCleanCymru](#)

Tell us what you collect



Although Autumn Clean Cymru is a little different to our usual clean-up campaigns, we still want to see your pictures and hear what you find.

In 2019, our Marine Clean Cymru litter heroes collected nearly 1,500 bags of litter and recycling. The 'interesting' items found in 2019, included a TV set and food wrappers dating back to the 1990s! Can we beat this during Autumn Clean Cymru?

You can share your pictures on social media using [#AutumnCleanCymru](#)

You can report how much litter you collect and what you find in one of two

ways:

1. Fill out our online survey. This will be made available just before the campaign starts on 11 September.

2. Use Epicollect5 if you are one of our Litter Champions or community groups. Just select 'This is an Autumn Clean Cymru clean-up' at the start of your survey..

In our area we will be working with **Shane Hughes, Keep Wales Tidy Officer** who can be contacted on

shane.hughes@keepwalestidy.org

WASH & GLOW - ACREFAIR GARAGE

To all my customers who have messaged the page and used the garage over the last few years I just want to say thank you for all the support and to let you all know that although the garage has now closed I will be carrying on as a mobile valet service. If you need your car valeting please book in through my Facebook page as normal and I will arrange the best day and time to visit your home. Thank you for your continued support. I am currently taking booking for week commencing 3rd August, Bronze valet - £20, Silver Valet - £30, Gold valet - £50 so please do get in touch, thank you Wayne.



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- TIPS OF STUFF TO DO WITH THE KIDS
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- JOB OPPORTUNITIES
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For general enquiries

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07976200413/07976200414

Or email; cfw@wrexham.gov.uk



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FAMILY ACTIVITIES TO DO @ HOME

Make some Ooblek – A very popular activity with pre-school children but fun for all ages. You only need to mix cornstarch and water together and it acts like both a solid and a liquid. <https://busytoddler.com/2019/07/oobleck-baking-station/>

Ice cube paints – For painting fun in the garden you will need food colouring, some lolly sticks, an ice cube tray and some water. Popular with ages 5 years and under but suitable for all ages. <https://www.easypeasyandfun.com/painting-with-ice/>

Stone tic-tac-toe – Paint some small pebbles and use them to play tic-tac-toe in the garden. You will need 8-10 stones, some sticks, paint and varnish (optional). Suitable for all ages

<https://www.redtedart.com/tic-tac-toe-stone-bees-ladies-birds/>

Make a lava lamp – A fun science experiment for children of all ages. Watch what happens when the ingredients are mixed together. You will need a water bottle or plastic cup, food colouring, cooking oil, alka seltzer <https://littlebinsforlittlehands.com/homemade-lava-lamp-density-science-experiment/>

Make An Erupting Volcano – Another popular science experiment that is fun for all ages. You do need quite a few items to construct the volcano but it can be reused. You will need cardboard, glue, paint, cling film, red food colouring, vinegar, baking soda, art roc or mod roc, water, newspaper, small plastic bottle. <https://www.science-sparks.com/how-to-make-a-reusable-volcano/>

Make a Paper Helicopter – A simple but fun activity that is suitable for all ages and keeps children entertained for quite some time. You will need strips of paper, pens and glue (if decorating), paper clip, scissors. <https://www.redtedart.com/paper-helicopter-diy-stem-kids/>

Have a Boat Race – Have a look through your recycling box for small containers that will float on water. Decorate, add a sail and race your boat in a container in the garden or in the bath if the weather isn't nice. Suitable for children 6 years and under. <https://www.activityvillage.co.uk/hold-a-boat-race>

Make a Suncatcher – Re-use foil and sweet wrappers to create a shiny suncatcher. You will need foil, sweet wrappers, glue, needle & thread. Suitable with all ages but be careful with little hands as the edges of the sun can be sharp <https://www.activityvillage.co.uk/sun-suncatcher>

Make a Paper Spinner – Another simple craft that is a favourite with all ages. You will need some twine, cardboard circles, markers, scissors, glue stick. <https://www.makeandtakes.com/diy-paper-spinner>

Make a Sunflower Handprint Painting Height Chart A fun activity to track how much you've grown over the summer. You will need construction paper, poster paints in green, brown and yellow, black pen and a ruler. <https://www.activityvillage.co.uk/sunflower-handprint-painting-height-chart>

Make a Rainbow Necklace – A great activity for small children to use their fine motor skills. You will need some yarn or string, hole punch, scissors and a pencil. Suitable for children 5 years and under.

<https://handsonaswegrow.com/size-sorting-circles-rainbow-necklace/>



SIMON BAYNES MP VISITS CEFN MAWR COMMUNITY SOCIAL CLUB

Member of Parliament for Clwyd South, Simon Baynes MP, made a socially distanced visit to Cefn Mawr Community Social Club on Thursday 9 July to learn more about the work of volunteers to upgrade the Club which is at the heart of the Cefn Mawr community. Officers and members of the Club, including Matthew Roberts: Chair, Mark Owen: Vice-Chair, Angela Jones: Club Secretary and Alan Davies: Senior Committee Member, have worked night-and-day to improve the facilities and deal with wages, bills, and keep the cellar stocked and updated. The Club has also successfully applied for grant funding to help ensure its long-term future.

Matthew Roberts, said: "The team at the Club and local firms have been invaluable towards all the essential works for the up-keep and the ongoing new look to the future of our great community Club. We would like to thank all our volunteers and everyone involved in the Club for all their hard work. During this period we have been working hard to make sure the club is made safe for when we welcome back our members and visitors new and old.

Simon Baynes MP said: "Everyone at the Club has worked so incredibly hard both to improve the facilities and ensure the Club is ready to re-open. I was very impressed to see the upgrades being implemented and I think the refurbished facilities will serve the community in Cefn Mawr extremely well. I look forward to visiting the Club again soon."



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Dee Valley (Leak Line) 0800 298 7112

MANWEB / Scottish Power 0845 2722424

Welsh Water 0800 0520130

Cefn Community Council 01978 821298

ACAS 0300 123 1100

Adult Social Care 01978 292066

Age UK: 0800 169 6565

Alzheimer's Society 0300 222 11 22

CALL Community Advice & Listening Line

0800 132 737

Cambrian Credit Union 01978 266843

Caritas Surgery Cefn Mawr 01978 720450

Childline: 0800 1111

Citizens Advice 0300 330 1178

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Crime Stoppers 0800 555 111

Dementia Help Line Wales 0808 808 2235

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DAN 24/7 Drug & Alcohol Help Line 0808 808 2234

Domestic Abuse Safety Unit (DASU) 01978 310203

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Dog Warden Out of Hours 01978 292055.

Acorn Kennels 01948 662931

Wrexham Communities for Work

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Wrexham Family Information Services

01978 292094

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Cefn Community Council WW11 Project



*Cefn Community Council
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Cefn and the surrounding
areas during the Second
World War.*

*We have devised a form
available from any of the
names listed below.*

*Any information, no
matter how small will be
of interest.*

*Information received will
be used to complete a
booklet similar to the one
we produced for the
WW1 Project.*

*Please supply any information you can on the following:
Those who served in the armed services
and those at home working to support the military and community*



*Help and forms are available from:
Trina Nicholls-Smith 01978-821298
cefnmawrparish@btconnect.com*

*Derek or Gaynor Wright 01978-822497
Derek.Wright@wrexham.gov.uk*

*Rev. Kate Tiltman 01978-824097
katherinetiltman@gmail.com*

*Joan Jones 01978 821562
Joan.Jones@talktalk.net*

*Phil Vaughan 01978 823185
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SLEEP MATTERS

Sleep is the balm that soothes and restores after a long day, but with 35% of Wrexham secondary pupils reporting that they usually go to bed at 11.30pm or later when they have school the next day. This doesn't make good bedtime reading. Lets see if we can break this habit before its too late.

THE SLEEP COUNCIL

Healthy Sleep Starts Here. Wake Up to Sleep With The Sleep Council. We're here to help you get a better night's sleep. For 25 years we've been sharing the secrets of restorative rest. What to do, what not to do, and where to get more help. For adults and children. For every job and every age. For a healthier life to find out more visit our webpage. <https://sleepcouncil.org.uk/>

THE SLEEP FOUNDATION

Full of articles relating to the importance of sleep, information on the affects that lack of sleep has on your body, lucid dreams, screen time and how to get the right amount of sleep find our more here <https://www.sleepfoundation.org/>

BHF TOP 10 TIPS FOR A GOOD NIGHTS SLEEP

Most of us have suffered a bad night's sleep at some stage or another. A one-off restless night isn't too much of a problem, apart from feeling irritable or below par the next day. But the effect of long-term sleep deprivation can be far more serious, increasing the risk of coronary heart disease, stroke, diabetes, obesity and Alzheimer's disease. For sleeping tips go to <https://www.bhf.org.uk/information-support/heart-matters-magazine/wellbeing/sleeping-tips>

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PLAYING WITH JUNK THIS SUMMER

By now most children have played with and rediscovered every toy in their homes, some of them may still be providing entertainment, whereas others will be put back into toy boxes, with children looking for something new to play with.

In our playwork setting you will find very little, if any toys instead you will find junk items which we call loose parts. In the theory of loose parts, objects that don't have an obvious play function require the children to use their imaginations in order to play with them, the things children can do increases with the number of objects and the opportunity for the child to change and adapt them. Playworkers look for an objects play value rather than its financial



value when giving it to children. The advantage of loose parts is that they are cheap (mostly free), can be replaced once they no longer have play value and can be adapted to fit the child's play needs.

The next time you go to throw something away

first ask yourself if the children can safely play with it? On playschemes unlikely things such as old walking frames, suitcases and furniture have proved popular as well as the more obvious cardboard boxes and tubes.

Play & Youth Support Team
e: play@wrexham.gov.uk
Tel: 01978 298361

Useful links for play ideas
www.maketimetoplay.co.uk
www.nationaltust.org.uk
www.youngwrexham.co.uk



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Gwasanaeth Gwybodaeth i Deuluoedd Wrecsam
Wrexham Family Information Service

Are you looking for childcare that is open during the summer holidays in your area? This is now on our website and is in postcode areas to help you find childcare near you if available. We are updating this information on a weekly basis so new settings are regularly being updated. <https://www.wrexham.gov.uk/service/search-childcare-providers-wrexham/childcare-during-covid-19>

We welcome your Community News, Information and photos for inclusion in the next printed edition
due out 1st week of September .

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To advertise in the **Community News**
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YSGOL RHIWABON UPDATE

Former Student Lifts Premier League

Trophy Former Ysgol Rhiwabon student, Neco Williams from Cefn Mawr, lifted the Premier League trophy with Liverpool FC. Congratulations to Neco from all at the school, and wishing you a wonderful career.



We will be in school during the holidays addressing the operational details of planning for our September reopening. This means there will be information we need to share with you so please keep checking the Parent App and the website especially in the week leading up to September 3rd. Please be aware we will be having a staggered start to give us important time to work with each year group allowing them to settle back in school and the new ways of working, thank you

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CRNCA (CEFN, RHOSYMEDRE & NEWBRIDGE COMMUNITY ASSOCIATION) UPDATE
Registered Charity Number 1122422
Tel: 07531 310335.

Bro Gwilym, Cefn Mawr LL14

After obtaining a grant from the Steve Morgan Foundation we are able to continue with our mental health initiative and food parcel supplies. Anyone who needs help please contact a member of our committee or phone **07531 310335** discretion will be given to all enquiries.

A grant from Tesco bags of help through Ground Works Wrexham will also be a big benefit to our ongoing community support.

We would also like to thank Morrisons Wrexham for their fantastic support throughout this period and their helpful Community Champion Adriana.

If anyone in the community now feels they are able to give the CRNCA outside garden help to make the building more presentable and litter free could you call Kris **07531 310335** to arrange time thank you Please remember the Canteen car park is actually a private car park and needs to be locked PLEASE do not park by the gate area as the gate swings inwards and cars may be damaged.

We are continuing with our community support where we can and are trying to prepare the building for reopening late August when allowed.

*But meanwhile we are going to have weekly hour long tea and cake sessions outside under the gazebos for those who feel able to come and meet each other on a **Thursday mornings from 11am to mid day**, no charge just those who are 50 plus years at this time. All Covid rules will apply Spacing, sanitizing, hand washing, face masks and signing in*

Please remember if you need help to also contact Marie Claire our local community agent.



STAY CARBON MONOXIDE SAFE ON HOLIDAY

- ✓ Remember that portable BBQs, stoves, heaters and generators can all produce carbon monoxide
- ✗ Never take a portable BBQ indoors or into a tent or caravan
- ✗ Never use a generator indoors
- ✗ Don't cook inside your tent or awning
- ✓ If possible, take a portable carbon monoxide alarm with you



ARRIVA BUS SERVICE UPDATE

We are running a further revised timetables across North Wales and Chester for Timetable information
North Wales/Chester Service (inc Llangollen)
<https://www.arrivabus.co.uk/coronavirus/important-service-information---wales/>
For Oswestry/Wrexham Service
<https://www.arrivabus.co.uk/coronavirus/important-service-information---midlands/>



ARRIVA BUSES WALES

Face Coverings must now be worn by all customers on board our buses. Some customers may be exempt from wearing a face covering. This includes children #under the age of 11, people with breathing difficulties and those with

health conditions or a disability that might make it difficult to wear a face covering. For more information about face coverings and exclusions, please visit:

www.arrivabus.co.uk/coronavirus/covid-19-faqs/.

A face covering can be very simple, like a scarf or bandana that ties behind the head to give a snug fit. It just needs to cover your mouth and nose. You can find out how to make one here: www.gov.uk/.../how.../how-to-wear-and-make-a-cloth-face-covering

Please put your face covering on before boarding the bus and wash your hands or use hand sanitiser before putting it on.

Please wear your face covering throughout the duration of your journey, including when leaving the bus.

Journey assistance cards are available for all our customers that are exempt. If you feel you would benefit by carrying one with you on board, you can download them here: www.arrivabus.co.uk/travel-.../how-to-obtain-assistance-cards/



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YSGOL CEFN MAWR UPDATE Thank you

I would like to start by thanking all of you for your support during this difficult and challenging time. We have really missed seeing the children at school and hope you are all keeping well and safe. I would like to thank all of the staff who have worked continually since 20th March due to the lockdown, providing weekly home learning, support for all pupils and providing 'Keep in Touch' messages, cards and photographs. Staff have also worked on a rota basis to provide childcare for pupils of key workers every day, provide school meals and cleaned the school. I would like to thank Mrs Evans, who has been with me every day to support the running of the school. I would like to wish pupils, parents, staff and governors a safe and happy summer holidays.

Year 6 Leavers

We would like to wish our Year 6 pupils see photo above, the very best of luck for the future and hope they enjoy their new schools. I would like to thank them for being part of our school family and we will miss them all very much. Unfortunately, we were not able to hold our school prom and leavers' service due to Covid restrictions, however, we will be holding a leavers service and a prom when restrictions are lifted.

Key Workers' Children Social Distance Party

We enjoyed a disco and target football afternoon to thank our key workers' children for being so well behaved and a pleasure to work with since 20th March.

Return to School September

We are looking forward to welcoming our families back to school in September. We are having a staggered start to the term, please see our school website for details. Once again enjoy the summer and stay safe.





Have you signed up for this year's **Summer Reading Challenge**? Join the Silly Squad, an adventurous team of animals who love to have a laugh and

get stuck into all sorts of funny books! The Challenge will run from **5 June to mid September**. The Summer Reading Challenge website is free to access and features games, quizzes and downloadable activities that incentivise and encourage children to take part in reading related activities. For more details go to www.summerreadingchallenge.org.uk



WELSH GOVERNMENT

From **Monday 27 July**, you must wear a face covering on public transport. We're making this mandatory as lockdown eases and more people return to work on public transport, making it harder to keep 2 metres apart. It's your responsibility to carry your own face covering and wear it at the appropriate time. Please only use public transport if you have no alternative and continue to work from home if you can.

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A railway station at Cefn Mawr adjacent to Tesco remains a long-term goal of the PKC Group. Linking into the railway line will be a final key in setting up our community as a tourist destination and transport hub for the Dee Valley AONB, Pontcysyllte WHS and South Wrexham. We have estimated costs in the region of £8 to £12M. This may sound expensive and like a pipe dream however when considered in relation to other works this is a very reasonable price.

HS2 (what we call the Welsh Bypass) has recently been given the go ahead by the government and this will cost our community far more. From the last estimates not calculated by us, it will cost every man, woman and child in the UK £1,500 each. So, for the mere 10,000 of us in the villages surrounding the aqueduct, viaduct and Tesco this equals a combined bill of £15M, £3M more than a railway station for Cefn Mawr. How many of us will use HS2 if it ever gets built, as opposed to, how many of us would use a local railway station next to Tesco.

The next big bill will be from road transport. The A483 is a bottle neck between Mile End Roundabout at Oswestry and Ruabon as it is single lane each way and carries two main roads, the A483 and the A5 Traffic. The current road traffic count for this section of road is 10.5 million vehicles per year and is at capacity. To turn this seven-mile section of roadway including 2 viaducts into a dual carriage way will make £12M seem like a trifling sum.

Coming changes in technology. The price of fossil fuels is going to rise as reserves are depleted world-wide, and this is the big driver for the move from them to renewables, much more so than climate change. We have already heard that the government expects us to cash in our current cars and buy electric vehicles over the next 20 years, but there will be yet again another significant cost. Assuming we bought one new car per household as the government advocates and the cost of this new vehicle was very reasonable at a mere £10,000 each (currently nowhere near this), $5000 \times 10,000 = £50M$

So again, a railway station at Cefn Mawr next to Tesco served by electric minibuses routed around our community to provide an efficient, effective and environmentally friendly public transport service is a very reasonable and cost-effective solution. Furthermore, a railway station next to Tesco would also serve a new Medical Centre at the old

Co-Op supermarket site which 2000 of us signed a petition for. This would work very well for our community and how many other Medical Centres in Wales are served by railway stations?

Any ways we are holding monthly meetings in the Holly Bush Inn on the second Tuesday of each month at 1900 and if you want to tell me I am nuts, please come along.

Regards, David Metcalfe, Cefn Community Councillor & Dee Valley AONB Champion.

www.pkcgroup.wales

Holly Bush Inn, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham, LL14 3AE,