Ruabon News Letter 330

29.06.2020

RUABON COMMUNITY COUNCIL 2020

IS FORGING AHEAD WITH SEVERAL EXCITING PROJECTS DESPITE THE RESTRICTIONS OF COVID-19.

Following on from a successful grant application, Wrexham CBC is leading a £400,000 project to build a new, state of the art child care building on land between the two primary schools in Ruabon (along with seven other facilities within the borough). The supplier has been chosen: (https://www.elitesystemsgb.co.uk/), the design settled, the land surveyed and a planning application is imminent.

When completed this building will be handed over to the RCC who will own and manage it to provide much needed dedicated child care.

Potential operators of child care will soon be invited to take part in the tender process that will decide who operates from within it. Here is a link to a video of one of Elite's projects that I suggest is not a million miles from the one in Ruabon. <u>https://youtu.be/1s6WPg5Brwl</u>

RCC has grasped the nettle and are having a new bespoke website that is specifically designed for councils, this will meet all the new regulations including the ability to be viewed in different languages including Welsh <u>https://www.2commune.com/</u>

Here is an example of "one they did earlier" <u>https://www.baildontowncouncil.gov.uk/</u> The website project then leads nicely into the digitisation of the cemetery records. This is underway and when completed anyone from anywhere in the world will be able to view a cemetery map (from the website), locate a grave, and see the details of those interred.

o <u>https://www.peartechnology.co.uk/cemetery-</u> <u>services/</u>

To top it off RCC have now taken on a professional accounting package designed specifically for local councils to properly manage the financial affairs, removing the inherently unreliable and inconsistent use of spreadsheets and providing open and easy to understand reports.

One last thing, RCC banking arrangements have been transferred to the Unity Trust Bank, an ethical bank that will not only save the RCC money but will provide a proper and efficient system of control. <u>https://www.unity.co.uk/</u>.

A big 'thank you' to all our Councillors for the heaps of work put in to re-energise our village, bring it up to date <u>AND</u> for allowing these good news stories to be shared by residents.

(Times they are a-changing – AT LAST!)



St Mary's Church

St. Mary's Church will be open for private prayer from Wednesday 1st July.

There will be 2 occasions to come and pray: Wednesday mornings between 10am and 12noon and Sunday afternoons between 2pm and 4pm.

All are welcome to come and spend some time in prayer or just remembering those they love but have not seen since the lockdown started.

PPE Hwb Wrecsam

PPE Hwb Wrecsam, a local 3D printing hub was, until recently, based at Ysgol Clywedog, producing protective visors for staff in Health and Care settings and supported by AVOW

On May 8th 2020 volunteers began production at a new location in Gresford after setting up PPE Hwb Wrecsam as a Community Interest Company, entirely non-profit making. The volunteers are concerned that, as more and more people start a phased return to work, they are appropriately protected to try and prevent a further



spread of Coronavirus.

Their mission is simple:the production of protective equipment, and the equipping of front line staff, key workers and community based workers.

Volunteers in general are VERY welcome but any that have experience in fundraising, logistics, admin, marketing or social media would be especially welcome!

Currently there is a team of two and they would definitely welcome more hands on deck!

THANK YOU TO ALISON HAMLINGTON FOR FORWARDING THIS INFORMATION.



NORKING IN PARTNERSHIP WITH

Do you or somebody you know need any help at this challenging time?

Ruabon Community Council

If you are affected by the current COVID 19 crisis we are now able to help with

Emergency Food Packs - Available in different sizes Family Activity Packs

We are all learning to adapt but if you need some extra support

Call or text: 07741 596 812 or 01978 824087 email: info@friendsofruabon.co.uk Facebook: Friends of Ruabon Viral Kindness

VOLUNTEERS FROM FRIENDS OF RUABON & RUABON COMMUNITY COUNCIL

ARE HERE TO HELP FOR FREE

HERE TO HELP



Grow a Sunflower and make our Village Shine

Get your Free Sunflower Seeds tel 07985568627



Do you or somebody you know need any help at this challenging time?

If you are self-isolating due to COVID-19 we can help with:

Picking up shopping A friendly phone call Collecting Prescriptions Urgent supplies

Volunteers from Friends of Ruabon and

Ruabon Community Council are here to help

We want you to know that you are not alone Just contact us via any of the below and we will do our best to help you (for free)

Call or text: 07741 596 812 01978 824087 email: info@friendsofruabon.co.uk Facebook: Friends of Ruabon Viral Kindness

Check phw.nhs.wales for the latest advice

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. #ViralKindnessRuabon

A Message from W.C.B.Council : <u>Waste Disposal</u>

If you do have large amounts of rubbish to dispose of please ensure that you use a reputable company to do it on your behalf. The company acting on your behalf can't dispose of the items at our household recycling centres but must dispose of it at a private licensed facility. There are instances, many in fact, where you may have paid someone to take rubbish away without realising they've taken your money and then just dumped the rubbish wherever they can. Leaving you liable if it can be traced back to you.

So, if you're paying someone to take your rubbish please make sure they're legit. They should have a <u>Waste Carrier's Licence</u>, if not – don't use them as they're very likely to fly tip it and you'll be responsible and liable to prosecution if they're caught or if it can be traced back to you.

<u>Cllr David A Bithell:</u> Lead member for environment and transport, said: "There are shocking instances of flytipping on social media and it costs us to remove it. We always check if there is anything in the rubbish to identify the owner and if so we will not hesitate to prosecute. Please, either use a reputable firm or even pay a visit to one of the three household recycling centres. Please don't leave it to chance and risk prosecution because of someone else's dubious behaviour."

Our Household Recycling Centres:

- Bryn Lane 8am-8pm daily.
- Plas Madoc 9am-8pm daily
- Brymbo 9am-8pm daily (appointment only)

<u>Please follow these 10 rules:</u>

- Don't go to the sites if you or anyone in your household has symptoms of Covid-19, or is 'shielding' because of an underlying health condition.
- Only bring household waste. Don't bring commercial or business waste.
- Bring proof that you live in the county borough (e.g. a utility bill with your address on it). The sites are for Wrexham residents only. If you don't have proof, you won't be allowed to tip your rubbish.
- Please call 01978 660796 to book an appointment if you want to use the Brymbo site.
- Be patient if you have to queue. A maximum of five vehicles will be allowed on site at any one time.
- Make sure only one person steps outside your vehicle to unload it, and that they stick to social distancing.
- Don't bring items that are too big or heavy to handle yourself. Our site attendants won't be able to help you unload your car or dispose of your waste.
- Sort your waste before you arrive (so you're quicker).
- Be polite. Aggressive behaviour towards staff won't be tolerated. Site attendants will be equipped with body cameras.
- Don't touch your face on-site, and bring your own sanitiser if you can (clean your hands with sanitizer before you drive away).
- If you have items for the reuse shop (e.g. bicycles and other goods in useable condition) please keep them at home for now.

The following News Item has been sent in by PCSO Steve Bellis



Please see link to a new service, <u>**Report Harmful Content**</u>, which is now available in Welsh through Welsh Government funding.

The service provides advice to anyone who has come across harmful content online as well as support to anyone over the age of 13 who has already reported harmful content and would like the outcome reviewed.

Report Harmful Content specifically deals with the following eight types of online harm:

- 1. Online Abuse
- 2. Bullying or Harassment
- 3. Threats
- 4. Impersonation
- 5. Unwanted Sexual Advances (Not Image Based)
- 6. Violent Content
- 7. Self-Harm or Suicide Content
- 8. Pornographic Content

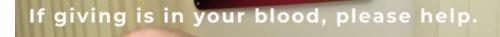


Gweler y ddolen i'r gwasanaeth newydd, <u>Report Harmful Content</u>, sydd ar gael yn y Gymraeg trwy gyllid Llywodraeth Cymru. Mae'r gwasanaeth yn darparu cyngor i unrhyw un sydd wedi dod ar draws cynnwys niweidiol ar-lein yn ogystal â chefnogaeth i unrhyw un dros 13 oed sydd wedi riportio cynnwys niweidiol yn barod i'r diwydiant ac sydd eisiau gweld y canlyniad yn cael ei adolygu. Mae Riportio Cynnwys Niweidiol yn delio yn arbennig gyda'r wyth math canlynol o niwed ar-lein:

- 1. Camdriniaeth Ar-lein
- 2. Bwlio neu Aflonyddu
- 3. Bygythiadau
- 4. Dynwared
- 5. Cynigion Rhywiol Digroeso (Dim Delweddau)
- 6. Cynnwys Treisgar
- 7. Cynnwys Hunan-niweidio neu Hunanladdiad
- 8. Cynnwys Pornograffig

Many Thanks

Steve SCCH / PCSO 3606 Steve Bellis Swyddog Cefnogi Cymuned Heddlu / Police Community Support officer Diogelwch Cymunedol / Community Safety Wrecsam / Wrexham/ Heddlu Gogledd Cymru / North Wales Police Symudol / Mobile: 07818 522367



Glyndŵr University

Catrin Finch Centre 23 - 26 Jun

Wrexham

Memorial Hall 29 and 30 Jun 1 and 2 Jul

Book a lifesaving appointment today. welshblood.org.uk 0800 252 266

A Message from Joanna Smith:

Some Information about Auto-immune Diseases.

"These are diseases where, instead of the white blood cells protecting your body from 'invaders', they turn around and attack the other cells, tissues and organs.

Chronic fatigue is one of the symptoms. It is not a cold nor 'the flu', you never get better, and even a nap will not help. Just eating a salad and hitting the gym won't slim your face or get the pounds off. Sleeping for 10 hours doesn't leave you well rested, ever.

The last minute changes in plans because of that "just got ran over" feeling never makes appointments, it just 'walks in' uninvited.

Painful joints, muscles and bones, dry skin, breaking hair, hair loss, mood swings, and depression are just the tip of the iceberg. You are also prone to having additional auto-immune diseases, which typically come in pairs. You easily catch viral and bacterial infections. You have days where no matter how hard you try, you just can't smile for anyone.

I urge you to think twice before passing judgment and thinking our nation is overreacting to the extra measures being taken to curb the spread of COVID 19.

YOU might be able to recover from the virus with no problem, However, carry it to SOMEONE WITH AN AUTO-IMMUNE DISEASE and that individual will NOT be as lucky.

<u>Please</u>, in honour of anyone who is fighting Severe Asthma, Addison's disease, Endometriosis, M.E, Rheumatoid Arthritis, POTS, sarcoidosis, MCAD, Sjogren's, Scleroderma, Hashimoto Disease, Ankylosing Spondylitis, Fibromyalgia, Lupus, Sarcoidosis, Hepatitis, Reynaud's Syndrome, Diabetes, Mold Illness, Celiac, CROHN'S, Ulcerative Colitis, Pemphigus, SPS, MS, PBC, Psoriatic Arthritis, CIDP, MMN, GPA, CRPS, Hypo Gamma am Globulin-anaemia, IC or any other auto-immune disease,

PLEASE take the EXTRA care asked of us, for the next few weeks.

The following information was sent in by Bill Smith. There is a great deal more on line about this development which is relatively near.



Highview Power Unveils CRYOBattery, World's First Giga-Scale Cryogenic Battery

Highview Power Unveils CRYOBattery, World's First Giga-Scale Cryo-genetic Battery...

26/06/2019 · Highview Power's cryogenic energy storage system is equivalent in performance to, and could potentially replace, a fossil fuel power station.

Highview Power's systems can enable renewable energy baseload power at large scale, while also supporting electricity and distribution systems and providing energy security.

News · A World Powered by 100% renewable energy

<u>A great deal more on line information</u>. <u>https://highviewpower.com/news/cryobattery-facility</u>

Welsh Government announce grant support for

Start Up businesses

First Minister Mark Drakeford has today announced a start-up grant to support new businesses dealing with the severe impact of Coronavirus.

The fund will be worth £5m initially with flexibility for the future. It will support start-up firms, which fall outside the UK Government's Self Employment Income Support Scheme (SEISS) as they only began trading in 2019.

Applications for this grant will open on 29 June, at the same time as phase two of the Economic Resilience Fund opens to applications. **First Minister Mark Drakeford said:**

"Today's announcement will help to support new businesses in Wales which are currently falling through the gaps of existing financial assistance schemes.

"A number of people who have started a business in the last year don't qualify for support from the UK Government's Self Employment Income Support Scheme and it remains unclear if it will take steps to ensure they will change the criteria to help this group of people.

"This is why we have acted and set up a start-up grant. This has come from our work with Welsh Local Government Association and local authorities to look at what more support the business community needs at this time."

The new start-up grant will support up to 2,000 businesses in Wales, with \pounds 2,500 each. This will provide crucial funding to people who established their businesses between 1 April 2019 and 1 March 2020, helping them to continue trading through the pandemic.

The Welsh Government is providing £1.7bn to support businesses in Wales, making it the most generous and comprehensive package of assistance in the UK.

Figures from the Office for National Statistics show this comprehensive package of support is reaching those who need it most - 34% of business in Wales have benefitted from Welsh Government or UK Government coronavirus support, compared to 14% in England and 21% in Scotland.

The support available in Wales includes more than 59,000 business rates grants worth more than \pounds 715m and the Development Bank of Wales Covid loan support, which has helped 1,000 small and medium enterprises.

To be eligible for the start-up grant, businesses must:

- Have not received funding from the Welsh Government's Economic Resilience Fund or the non-domestic rates grant.
- Have been set up between the 1 April 2019 and 1 March 2020 and have not qualified for the UK Government's Self Employment Income Support Scheme.
- Have less than £50,000 turnover.
- Have experienced a drop in turnover of more than 50% between April and June 2020.

Applicants will need to submit a two-page application form and selfdeclaration supported by evidence.

The grant will be administered by local authorities and businesses can check their eligibility by visiting the Business Wales website

- <u>https://fundchecker.businesswales.gov.wales/</u>

Applications for the start-up grant and the second phase of the Economic Resilience Fund open from 29 June.

Economy Minister Ken Skates said:

"Today's announcement will be crucial in supporting new businesses, reducing the risk of firms having to close and people becoming unemployed.

"Our Economic Resilience Fund has already supported thousands of businesses across Wales to plug the gaps left by the UK Government's package of support and the startup grant complements this work.

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"The second phase of the Economic Resilience Fund will open for applications on Monday providing more opportunities for microbusinesses, SMEs and large businesses to apply for funding. Submissions for the start-up grant can also be made from Monday and I'd like to thank local authorities, which will be administering this scheme.

"As a government, we continue to work hard to respond to the needs of business at this incredibly testing time." <u>Minister for Finance and Trefnydd Rebecca Evans</u> said: "We have prioritised protecting the Welsh economy from the impact of coronavirus by providing the most generous

business support package in the UK - support which represents 2.7% of our GDP. But our budget only goes so far and we have had to make some difficult decisions.

"That is why we are calling on the UK Treasury to lift the rigid restrictions on fiscal flexibility so that we can begin our road to recovery and plan for a prosperous, postpandemic Wales."



After much planning and organisation, Ysgol Rhiwabon has now been able to open the doors to students TODAY. Giles Evans, the School's Manager, has sent in the following comment and photos of the 'new look' inside the school. Welsh Education Minister, Kirsty Williams, has also sent her congratulations to Ysgol Rhiwabon for the site preparations and pupils returning to school in such an orderly and well-mannered fashion.



<u>Thank you to Margaret Williams for sending in the following</u> <u>two articles</u>

RUABON WI NEWS NO. 9

FOREWORD TO EAST MEETS WEST

REMEMBRANCE OF TIMES PAST

On the occasion of the Llangollen International Eisteddfod 2020, sadly not being held this year.

It is more than 50 years since we came to live in Ruabon. We had done our travelling and were now about to settle into a new life of domesticity. One of the first things we learned was that we were living near Llangollen, home to the International Eisteddfod. The Eisteddfod was set up after World War 2 and was intended to bring all nations together in healing, friendship, music and dance. Do you remember the choir of young German children singing "The Happy Wanderer"? It was a wonderful start to many years of international co-operation when, after the bleak years of war, anxiety and sadness, it seemed the whole world came together in harmony for a few days. Many people were involved in making the arrangements and many people now are still ensuring that the festival can continue. Accommodation had to be provided for the competitors, children and adults alike, and whole villages were approached to offer hospitality to the foreign guests. I remember that in Ruabon these arrangements were for many years secured by Mrs. Doreen Williams who worked

tirelessly on behalf of the Eisteddfod Committee. Doreen and her helpers will be remembered by many in Ruabon. They were good times when the village was abuzz with excitement and visitors.

Among the many people who opened their homes to the visitors were Sheila and John Thompson of Gardden Hall. They were dear friends, sadly no longer with us. Every year that they lived here they took in sometimes as many as 8 people, all in the spirit of friendship. I remember John's weekly visits to me bringing eggs, and I remember Sheila's gargantuan contribution to Nightingale House Hospice, making jam and marmalade. "How many jars now, Sheila?" She always declined to answer but it must have been thousands. I miss them.

The following article is an account of an evening we spent at Gardden Hall. I thought it might be appropriate at this time for the Ruabon Newsletter. You might like to read it..

EAST MEETS WEST -

It is funny how chance sometimes leaps out at us.

I should like to tell you of a memorable evening I experienced a few years ago. Eisteddfod week was drawing to a close and our friends who were hosting the Japanese competitors invited my husband and me to meet their foreign guests. Sheila and John Thompson, of fond memory, had been hosting Eisteddfod competitors for many years and so, with other friends, we gathered in their drawing room. I think we all anticipated an evening with a difference and we were not disappointed.

For a start, we met the Japanese guitarist and flautist and the Japanese soprano who had won her competition earlier that day. We smiled at each other, then nodded, then smiled again. It soon became evident that communication was going to be difficult. They couldn't speak English. Could we speak Japanese? Not at all, but no matter, we could smile and nod...... Refreshments were served, hospitality was showered upon us and we settled down amicably to a musical evening provided by the foreign visitors. The lady soprano sang for us, the guitarist played songs which we knew and we understood that he had been inspired to play by the Beatles when he was young and then, this is where chance played its part - one of our company called out 'let's sing Calon Lan'. Now you might suppose that everyone knows this popular Welsh hymn, but remember -Welsh hymn tunes have not yet found their way to Japan, as far as I'm aware and the language difficulty now became very apparent. Our guitar playing friend was totally unfamiliar with the tune and was unable to pick it up. We were trying to sing it but were floundering. An impasse. And then, a brainwave struck me. Could I not write it down for him in Tonic Sol-fa? He had not encountered Tonic Solfa before but after a few quick scratchings with pen and paper he began to get the idea. After one or two false starts we all were able to embark on an enthusiastic

rendering of this favourite hymn, followed soon by confident performances of popular Welsh airs.

And so, this is where the chance remark 'let's sing Calon Lan' had led us, to the bridging of the gap between two cultures nodding and smiling, now a closer and warmer relationship had been built up. I hope that our Japanese friends will remember the occasion fondly. I was told once "that the language of music takes over when words become inadequate." How true.

Many thanks once again, to Mike Snodgrass for his 'In Touch' Letter

In Touch

Edition 9 28th June 2020

As I sit here on the computer writing this..... (Sorry that does not make sense, let me start again.)

As I sit at the computer in the office on a chair writing this, wondering what to write about and wondering how you all are and how long it will be until we are able to have our meetings as we used to? Thinking, that the biscuits in the tea box will be going stale. What a waste. You see I have this war mentality and do not like waste; we only use our council food waste caddy to take the vegetable peelings to the compost bin. The most that the council get is the odd bone and chicken carcase, certainly no food!!!

And so this week has been particularly difficult for me to get my head around.

Mrs Snodgrass (Kathy) declared that I should have a clear out of all the clothes that don`t fit me any longer. For those who do not know Kathy and I have been on Dr Michael Mosley`s diet, "Life without Diabetes". With the aim of losing weight and if possible reversing our type 2 diabetes.

I no longer take any tablets for my diabetes; I used to take 9 a day of different types.

Well the result is that since January 13th my weight has gone down from 14stone 11 pounds to today 11 stone 7 pounds a loss of 3stone 4 pounds. And my waist measurement from a 40 inch to 34 inches today a loss of 6 inches. As a consequence I have been wearing a belt and braces to keep my trousers up. Very important you understand.

Kathy equally has also lost weight. I am not at liberty to say (in fact I do not know exactly, you do not ask a lady how heavy she is, but she has gone down four dress sizes .



One of the benefits being that there is now more room in bed.

So this week under instruction I tried on all my trousers, tee shirts and casual and formal shirts, with Kathy directing operations. Saying keep or mostly no, throw. It's hard work trying on hundreds of

garments, like being in the gym doing a work out.

All my trousers were too big and rejected and most of my tee shirts and similarly my other casual and formal shirts. There was over 20 large bin bags full. I used to have a very extensive wardrobe!

They have gone to a charity which sends them to Africa, I only hope that there are some big Africans out there. Otherwise I should have sent some belts with the trousers.

Now coming to the belts.

Yesterday I altered the belts by punching more holes and cutting off some of the end. 26 belts! Why so many when two would do, a black and a brown. After all I only have one waist! Just don`t ask.

Whilst the wardrobe was empty I decided to paint the back wall which had the wall paper left by the previous owner, probably about 30+ years ago, being on the walls before the wardrobes had been fitted. It is now painted in Magnolia, some paint I had in, to match the rest of the room and coincidental the majority of the rest of the house.

Makes decorating easy, but always use the same make of paint as the colours can vary.

As regards to the lack of clothes I have since purchased a couple of casual shirts and several pairs of trousers on line and yesterday I got two pairs of very nice smart trousers at the catalogue shop in Oswestry for £1.99p a pair, a real bargain. You see I`m not a big spender. I just used to have a large wardrobe.

Keep safe, keep your distance, (whatever that is it's become rather confusing lately). Not like the idiots at these protest rallies, football celebrations, on the beaches and street gatherings and parties. Leaving tons of litter for others to clear up, as well as the Covid risk. Most people are being responsible and careful and thinking of others. Goodness knows what it will be like when the pubs open!

Sorry about the rant but I had to get that in, to show how disgusted I and I expect you are. We regularly walk our Rhos-y-Madoc lane to the main road picking up cans, bottles crisp bags and takeaway cartons etc.

It has been noticeable how much less litter there has been from the likes of Mc Donald's and other takeaway outlets during lockdown.

We are a nation of some people who have no respect for others, the environment, or for themselves. When did it happen?

Once again sorry but Kathy and I feel very strongly about peoples actions after the efforts and sacrifice we have had to go through these last months and probably far into the future. I normally try not to express my opinion to others.

I have found that some people's email server is rejecting my In Touch with so much content and so now I have to send it in separate parts, sorry about the inconvenience this causes you.

The Ruabon News letter contains an interesting article about the start of Ruabon WI.

Now where did I start with this newsletter?

In the words of Dame Vera Lynn who sadly died this week and will I am sure be very sadly missed by us all "we`ll meet again, don`t know where, don`t know when."

Jill Burton has sent some useful information...

ERDDIG & CHIRK CASTLE

With the guidance being updated in Wales we are delighted to announce that the time has come for us to re-open, or at least partly re-open.

Erddig car parks have been open from June 22nd (Main Car Park, Felin Puleston and Sontley Road) Access for people to park and walk on the estate (no pre booking required)

Erddig and Chirk Castle gardens open in week commencing Monday 6th July exact date tbc - PRE-BOOKED VISITS ONLY

We will initially be opening at 50% of our regular daily number and building up from this week to week enabling us to ensure we have everything working smoothly to keep everyone safe.

How to book your visit and what to expect go

to <u>https://www.nationaltrust.org.uk/features/how-to-book-</u> your-visit-and-what-to-expect

All visitors must book a ticket in advance, including members. Entry

and parking is free for members, but please bring your membership card with you. Non-members will need to pay in advance.

- Please **book one ticket per person**, except for children under five as they don't need a ticket.
- You'll need to choose a **30-minute arrival time** for the day you want to visit.
- The timeslot is for your arrival time only and the length of time you can stay will depend on the opening times of the place you're visiting.
- Tickets are for your use only and are not available for resale
- We'll send your booking confirmation by email. Please make sure you fill in your correct email address when you book to ensure you receive your confirmation email.

You can check the web page of the place you wish to visit to see opening times and booking availability.

Every FRIDAY new bookings ARE RELEASED for visits the following week. You can book up to 18 hours before a timeslot.

<u>Chuckle of the day</u> Finally a message about AAADD (Age Activated Attention Deficit Disorder) Sent by Derrick and Bridget.



If you know of anyone who would like to receive the Ruabon News Letter each week by email (free of charge) please contact:

bremner.millhouse@btinternet.com

This News Letter is only as good as the items received for publication. Please do keep sending in your news and 'thank you.' Sybil Bremner.