

# RUABON NEWS LETTER 285

05.08.2019



## YSGOL RHIWABON



### Yr8 RS Holocaust Project

Emily Killick, Abigail Rush and Carys Lewis were congratulated for winning the Religious Studies award for their outstanding Holocaust projects last month.

As part of the Holocaust module in Religious Studies, Year 8 students were set a homework project to create a Holocaust memorial

A big thanks also to all the students who created memorials. The effort and engagement of the students during this module has been outstanding. Well done Year 8!

Winners of the Religious Studies Holocaust Project: Abigail Rush (left) and Emily Killick (right).



Unfortunately, Carys Lewis didn't make the photoshoot due to a broken leg.

## MAGIC, MAKING AND MOVIES IN WEEK 3



The third week of the summer holidays is here and there is so much to do, indoors and out, so come rain or shine there is something for you all in the list below:

### August 10, 10am-12pm; Family Art Club; Ty Pawb

Every Saturday we will have an artist-led session for children and their families to explore our galleries and develop imagination and making skills. This session is a family drop-in. Children must be accompanied by an adult. £2 per child

### August 12th, 10.30am-12pm: Messy Museum: Wrexham Museum

Paint a butterfly to take home. Suitable for ages 3 and under. £2 per baby/toddler, accompanying adult free.

### August 13th, 10.30am-12.30pm: Make & Take: Wrexham Museum

Create your own paper plate face using lots of different materials. Suitable for ages 3+. £1.50 per craft.

### August 14, 1pm onwards Summer Family Film Club Ty Pawb

Join us in our intimate cinema every Wednesday afternoon during the summer holidays for screenings of family classics! This week's film will be 'Up'. Popcorn and drinks will be available beforehand. For more information or to book please contact 01978 292093.

£3 each or £10 for a family ticket

### August 14th, 3pm onwards; Kids Club; Ruabon Library

Come and join our 3 o'clock club which will include stories, Lego, puzzles and games. Suitable for ages 5-10 years. Phone 01978 822002 or email [ruabon.library@wrexham.gov.uk](mailto:ruabon.library@wrexham.gov.uk) for more information.

### August 15<sup>th</sup>, 1.30-3.30pm: Tractor Ride & Farm Animal Quiz; Ty Mawr.

Suitable for all ages. For more information please phone 01978 763140 or email [countryparks@wrexham.gov.uk](mailto:countryparks@wrexham.gov.uk); £2.70.

# PLAS MADOC Leisure Centre

# Pool Timetable

Summer Holidays 2019 (22nd July - 1st September)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am - 10am	Aqua Aerobics 9.15am - 10am	Parent & Paddler / 50+ Lane Swim 9am-10am	Parent & Paddler / 50+ Lane Swim 9am-10am	Aqua Aerobics 9.15am - 10am	Parent & Paddler / 50+ Lane Swim 9am-10am		Parent & Paddler 9.30am - 10.45am
10am - 11am							
11am - 12noon							
12noon - 1pm							
1pm - 2pm	General Swimming 10.15am - 7pm	General Swimming 10.15am-5.15pm	General Swimming 10.15am - 9pm	General Swimming 10.15am - 7pm	General Swimming 10.15am - 5.30pm	General Swimming 9.30am - 4pm	General Swimming 11am - 4pm
2pm - 3pm							
3pm - 4pm							
4pm - 5pm						Available for Private Hire 4pm - 5pm	
5pm - 6pm						<p><b>Swim Ratio</b></p> <ul style="list-style-type: none"> <li>For children aged 4 and under, the ratio is 1 adult to 3 child.</li> <li>For children aged 5-7 the ratio is 1 adult to 2 children.</li> <li>Children aged 11 and over may swim unsupervised.</li> <li>Parent &amp; Paddler sessions are 1 adult to 2 children aged 4 and under.</li> <li>*Floats &amp; Rafts is charged at normal admission, no need to book, just turn up.</li> <li>FS1 Top Up lessons are by appointment only.</li> <li>Please check in advance as Bank Holiday Monday will have reduced opening hours.</li> </ul>	
6pm - 7pm		Floats & Rafts* 5.30pm - 7pm					
7pm - 8pm		Aqua Aerobics 7.15pm - 8pm		Aqua Aerobics 7.15pm - 8pm			
8pm - 9pm		Adults Only 8pm - 9pm		General Swim 8pm - 9pm			



## Ysgol Rhiwabon Minibus Fund Raising



In order assist our fundraising for a new School minibus, we've registered with [easyfundraising](https://www.easyfundraising.org.uk), and we need your help! [easyfundraising](https://www.easyfundraising.org.uk) is a great website where you can help us raise funds, simply by doing your everyday online shopping, with over 3,300 big name retailers like Amazon, Argos, John Lewis, ASOS, Booking.com, eBay, Boden, and M&S.

Every time you shop, we receive a small donation to say, 'thank you', and it's completely free too!

We want to raise as much as possible, so please sign up and help us at <https://www.easyfundraising.org.uk/causes/ysgolrhiwabon/>

# CANCELLATION OF BBC FREE VIEWING FOR PEOPLE OVER THE AGE OF 75 YEARS From Next Year in 2020



Age UK Campaign

Prime Minister Boris Johnson has got your message from Ruabon loud and clear after we handed in our petition at the door of 10 Downing Street yesterday.

A massive 634,334 of you signed the petition and we now await a response.

We've made sure the government can't ignore us by projecting our campaign message onto the front of Parliament and the Treasury too!

As Prime Minister, Boris Johnson has the power and authority to immediately make the decision to keep the free TV licence for all over 75's. We really hope we have done enough to make him listen to us.

I'll let you know as soon as we hear anything, so please keep your eye on your inbox

As ever, thank you for your support

Rosie

Age UK Campaigns Team

Website: [www.ageuk.org.uk/campaigns](http://www.ageuk.org.uk/campaigns)

Twitter: [@ageukcampaigns](https://twitter.com/ageukcampaigns)



# THE BRIDGE END INN

WILL HOLD ITS

# 10<sup>TH</sup>

# BEER FESTIVAL



During the Bank Holiday on the  
24<sup>th</sup>; 25<sup>th</sup> 26<sup>th</sup> and 27<sup>th</sup> August 2019

**EVERYONE WELCOME TO JOIN IN THE**



# CELEBRATIONS



# RUABON BOWLING CLUB

Maes-y Llan Lane, Ruabon+

## Match Results 2019

### Oswestry and District Bowling League:

Division Three - Wednesday 31<sup>st</sup> July:

NO MATCH LISTED FOR RUABON

Rearranged. Match from 10th July will now be played on Tuesday 13th August at Llanymynech B

Division Five - Thursday 1<sup>st</sup> August

Ruabon B (10) V. Llanrhaeadr B (0)

### Wrexham and District Bowling League

#### Saturday League

Division One – Saturday 3<sup>rd</sup> August

Ruabon (9) V. Coedpoeth (5)

#### Pairs League

Division two - Monday 29th July:

Pentre Broughton (2) V. Ruabon (6)



# A Tamla Disco and Thai Banquet



Is to be held in the

## Marquee

Of the

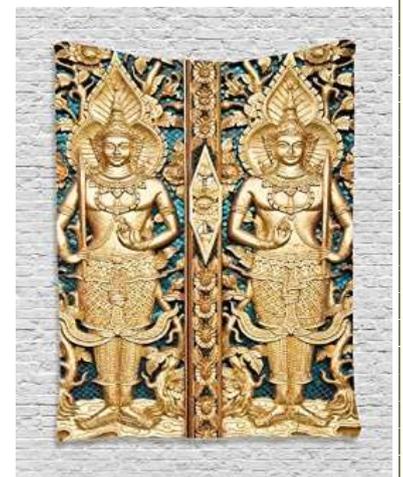
# The Bridge End Inn



On Sunday 18<sup>th</sup> August from 1pm..

Some tickets still available at

18



# TRANSFORMING CANCER SERVICES TOGETHER

**Betsi Cadwaladr University Health Board and Macmillan Cancer Support have embarked on an ambitious new programme to improve cancer services in North Wales.**



Welcome to the second edition of the *Transforming Cancer Services Together* newsletter.

It's been a jam-packed couple of months as we get the programme off the ground but there is exciting change afoot. This programme is about redesigning the way services are delivered to provide the best possible care and support to patients from the moment they come into our service. We've been to more than 60+ meetings and events since our inception to hear first-hand from patients and clinicians their ideas for improvement. Among them have been BCUHB's Cancer Steering Group and Clinical Advisory Groups as well as the Health Board's first Clinical Nurse Specialist conference. We have also visited the North Wales Cancer Patient Forum, Macmillan Health and Wellbeing events, support groups and GP surgeries to hear about people's experience. I can't tell you how valuable this engagement has been in helping to shape our work. Some clear themes have emerged and as a result, we have now identified what our priorities are across the four pathways, more about which you can read below. Co-production will be the hallmark of this programme and we will continue to work closely with our partners going forward, testing our thinking at every step of the way. If you have an experience to share, please get in touch.

**Yvonne** (Yvonne Lush) **Macmillan Programme Manager**

## **Spotlight on: Breast Cancer**

Breast cancer is the most common cancer in the UK. The redesign of breast services will centre around two priorities; improving the **communications** between GP and patient, including better treatment summaries, and the introduction of a new **follow-up model**, which challenges the traditional 'one size fits all' approach based around routine hospital follow-up and means patients receive tailored care post treatment. In April, the Programme Team went on a fact-finding mission to Northern Ireland to learn about their award-winning approach to follow-up. Click [here](#) to find out more.

## **Spotlight on: Urology**

In Urology, we will focus our attention on the following three priorities. Firstly, we will introduce a pathway of **supported self-management** for men with prostate cancer. An app will enable patients to chart their PSA results and advice and information about their symptoms. Later this month we'll have demonstrations from the businesses who can help us build a digital platform to deliver this. Secondly, we will support the rollout of **mpMRI** across the Health Board. This is the special type of scan that creates more detailed pictures of your prostate than a standard MRI scan. Finally, we will be looking at what improvements we can make within the

**bladder pathway.** Members of the Fight Club Glan Clwyd support group told us that this lies in the education of GPs around symptoms and in better support for patients. Watch this space

## Spotlight on: Lung Cancer

The outlook for lung cancer isn't as good as many other types of cancer, which is why it's important that patients get an **early diagnosis**. We want a system whereby patients are referred after a suspicious chest X-ray straight for a CT scan, eliminating the stage where the GP reviews the X-ray and requests a scan. We want to streamline the communications between **primary and secondary care**, improving the way colleagues share information with one another. We also want to ensure there is consistency in the way that patients are **referred to oncology and surgery**, especially over the border in England. Again, it's all about saving time where we can

## Spotlight on: Colorectal Cancer

For colorectal cancers, we want to support more patients to go **Straight to Test**. This is the system that allows GPs to refer a patient with symptoms directly for an investigation, bypassing an outpatient appointment and saving time. This already happens most of the time so it's all about standardising the model so it becomes business as usual. We will also undertake a review of the current **follow-up** model to ensure we are delivering the best clinical care while removing any unnecessary visits to hospital. Finally, since 20% of colorectal cancers are detected through an **emergency admission**, we will look at how we can improve the experience of those patients who enter the service via the Emergency Department.

## Programme Committee

Last month we held the second meeting of our Programme Committee, the group set up to provide strategic direction for the programme. We were delighted to be joined by patient representatives David Maitland-Price and Haydn Jones. David said: "I feel honoured to be a member of the TCST Programme Committee. Those in attendance were committed to improving cancer services in North Wales, and from a patient's point of view that is very reassuring." Haydn added: "I thought the discussions were very thorough and everyone contributed a vast amount of knowledge. All of that combined will no doubt improve the patient's experience." The next meeting of the Programme Committee will take place in October.

## Evaluation

A well-planned and carefully executed evaluation is critical if we want to demonstrate our success and have a deeper understanding of how best to improve services. Macmillan is investing £90,000 into an evaluation of the programme, and we're keen to get it underway as soon as possible. The first meeting of our Evaluation Advisory Group takes place later this month.

## Have Your Say

People affected by cancer are at the heart of the programme, which is why we are giving them the opportunity to inform our work. We are looking for people affected by breast, lung, colorectal and urological cancer to share their knowledge and experience in order to shape better care for patients. By sharing your story, you can help us to make a big difference. Click [here](#) to find out more.

## Find Out More

Head to our page on the Health Board's [website](#) for more information and regular updates about *Transforming Cancer Services Together*. To get in touch or make a contribution to this newsletter, email [BCU.TransformingCancerServicesTogether@wales.nhs.uk](mailto:BCU.TransformingCancerServicesTogether@wales.nhs.uk)

# Pam Pobl



## Questionnaire

Public toilet provision is an issue which requires urgent action. Please support our campaign by helping us to gather information about public toilets in Wales.

Name .....

Postcode .....

Email address .....

Age .....

1. Where are the public toilets you use most often? If they are near a particular place, business or service please describe where.

.....  
.....

2. If these public toilets were not available for use, would this have an effect on your lifestyle?

Please circle Yes or No                      **Yes**                      **No**

If yes, please describe what this effect would be

.....  
.....

3. Is there any place, business or service in particular you visit that does not have public toilet nearby that you feel needs one?

Please circle Yes or No                      **Yes**                      **No**

If yes, where is it?

.....  
.....

4. Would you be prepared to pay a small amount to use public toilets, such as 20p?

Please circle Yes or No                      **Yes**                      **No**

5. Do you think the Welsh Government should do more about public toilets?

Please circle Yes or No                      **Yes**                      **No**

If yes, please tell us what you think they should do?

For more information, or to return a completed questionnaire, please contact [kathy.lye@agecymru.org.uk](mailto:kathy.lye@agecymru.org.uk)

# P am Pobl



## Holiadur

Mae darparu toiledau cyhoeddus yn fater sydd angen sylw brys. Cefnogwch ein hymgyrch trwy ein helpu i gasglu gwybodaeth ynglŷn â thoiledau cyhoeddus yng Nghymru.

Enw .....

Cod post .....

Cyfeiriad e-bost .....

Oedran .....

1. Ble mae'r toiledau cyhoeddus rydych chi'n eu defnyddio amlaf? Os ydyn nhw yn ymyl lle, busnes neu wasanaeth penodol, disgrifiwch ble.  
.....
2. Os na fyddai'r toiledau cyhoeddus hyn ar gael i'w defnyddio, a fyddai hyn yn effeithio ar eich ffordd o fyw?  
Rhowch gylch o gwmpas Byddai neu Na fyddai      **Byddai**      **Na fyddai**  
Os byddai, disgrifiwch yr effaith  
.....
3. Oes unrhyw le, busnes neu wasanaeth penodol rydych chi'n ymweld ag ef sydd heb doiled cyhoeddus gerllaw, a'ch bod yn teimlo bod angen un yno?  
Rhowch gylch o gwmpas Oes neu Nac oes      **Oes**  
**Nac oes**  
Os oes, ble?  
.....  
.....
4. A fyddech chi'n barod i dalu swm bach i ddefnyddio toiledau cyhoeddus, fel 20c?  
  
Rhowch gylch o gwmpas Byddwn neu Na fyddwn      **Byddwn**      **Na fyddwn**
5. Ydych chi'n meddwl y dylai Llywodraeth Cymru wneud mwy ynglŷn â thoiledau cyhoeddus?  
Rhowch gylch o gwmpas Ydw neu Nac ydw      **Ydw**  
**Nac ydw**  
Os ydw, dywedwch wrthym beth rydych chi'n meddwl y dylen nhw ei wneud?



*Axia-ASD.co.uk*

THE  
Autistic Women's  
Empowerment Project



North Wales 4<sup>th</sup> Annual  
Health and Wellbeing

# Autism Conference 2019

Friday 11<sup>th</sup> October 2019 8.30am – 5pm  
Venue Cymru, Promenade, Llandudno LL30 1BB



Sarah Hendrickx  
Keynote Speaker



Jamie and Lion  
Accessibility Advisor,  
BBC



Dr Luke Beardon  
Senior Lecturer in Autism

Live music by the amazing band Sound Express from  
🎵 Emerge Community Arts 🎵  
Tickets on sale via Eventbrite.

Enquiries 01244 567656 or email [info@AAautism.org](mailto:info@AAautism.org)

Tickets £150 including refreshments, lunch and choice of two workshop options alongside a full day's educational programme. Limited number of £50 concessionary tickets available to assist those on low incomes.

Trade stands £250, with 20% discount if booked before 31<sup>st</sup> July.

Trade stand bookings to [enquiries@axia-asd.co.uk](mailto:enquiries@axia-asd.co.uk) or 01244 567656.

Limited number of FREE stands available for very small groups.

Conference programme, t's & c's can be viewed on our website.

[www.northwalesautismconference.org](http://www.northwalesautismconference.org)

FREE ENTRY TO TRADE STAND, EXHIBITION &  
INFORMATION AREA, TO ALL MEMBERS OF THE PUBLIC



#NWAutismConf19 @NWAutismConf



## North Wales 4<sup>th</sup> Annual Autism Conference 2019

Welcome, from AA Autism Education and Training, a not-for-profit CIC that supports autistic people to design and deliver their own training programmes from the lived experience and to co-produce the North Wales Autism Conference with autistic presenters. This year we have a brand new exciting venue (Conference Centre) and full programme designed to provide you with knowledge, updates and current credible information for helping people on the autism spectrum, families and professionals.

Our 2019 programme can be viewed at [www.northwalesautismconference.org/programme](http://www.northwalesautismconference.org/programme)

We have a great line-up of speakers who have been hand-picked for their expertise in autism and their ability to pass on their knowledge enthusiastically, and inspire us all!

We can ensure you a fantastic day and learning experience.

### WHY SHOULD I ATTEND?

- Refresh and update your knowledge
- Hear from and meet leading experts
- Gain practical strategies for supporting autistic people
- Learn from examples of good practice
- Invaluable networking opportunities and access to information trade stands

### WHO SHOULD ATTEND?

The conference should be of interest to: early years, school, college, university staff and leaders, social workers and others from social care settings, voluntary and charity organisations, healthcare professionals, local authority staff and leaders, autistic people, parents and others with an interest are welcome to attend.

### PREVIOUS DELEGATE COMMENTS

"Inspiring and Informative. A credit to the Autistic Community and the organisers of the event."

"Full of information, inspiring and hopeful. This event has helped me understand more about my child."

"Can't wait till next year!"

"Fantastic – thank you so much."

"Keep doing what you are doing, absolutely amazing!"

"Great variety, something for everyone."

"Exciting, thought provoking and inspiring recognition of personal situations, not just obstacles."

"A fabulous event, very well organised, with a wide range of subjects covered. Informative, useful, interesting and very enjoyable."

"For the first time I have begun to understand myself and not think about apologising for being me."

Registration Terms and Conditions can be viewed on our website:  
[www.northwalesautismconference.org](http://www.northwalesautismconference.org)

## 4edd Gynhadledd Awtistiaeth Flynyddol Gogledd Cymru 2019

Croeso, gan Addysg a Hyfforddiant Awtistiaeth AA, Cwmni Budd Cymunedol di-elw sy'n cefnogi pobl awtistig i gynllunio a chyflwyno eu rhaglenni hyffordiant eu hunain o'u profiad nhw ac i gyd-gynhyrchu Cynhadledd Awtistiaeth Gogledd Cymru gyda chyflwynwr awtistig. Eleni, mae gennym ni leoliad cyffrous newydd sbon (Y Ganolfan Gynadledda) a rhaglen lawn wedi'i chynllunio i feithrin eich dealltwriaeth a rhoi'r diweddaraf i chi ynghyd â gwybodaeth gredadwy gyfredol ar gyfer helpu pobl ar y sbectwm awtistig, eu teuluoedd a gweithwyr proffesiynol.

Mae ein rhaglen ar gyfer 2019 i'w gweld yma: [www.northwalesautismconference.org/programme](http://www.northwalesautismconference.org/programme)

Mae gennym ni siaradwr gwych ar y gweill i chi sydd wedi'u dewis yn benodol am eu harbenigedd ym maes awtistiaeth a'u gallu i gyfleu eu gwybodaeth mewn modd brwdfrydig, a'n hysbrydoli ni i gyd!

Mae'n argoeli i fod yn ddiwmod anhygoel ac yn brofiad dysgu gwerth chweil.

### PAM DDYLWN I FYND?

- Gloywi a diweddarau eich gwybodaeth
- Clywed gan arbenigwyr bleanllaw a chwedd â nhw
- Meithrin strategaethau ymarferol ar gyfer cefnogi pobl awtistig
- Dysgu o enghreifftiau o arferion da
- Cyfleoedd rhwydweithio amhrisiadwy a mynediad at stondinau masnach

### PWY DDYLAI FYND?

Dylai'r gynhadledd fod o ddiddordeb i staff ac arweinwyr yn y blynyddoedd cynnar, mewn ysgolion, colegau a phrifysgolion, gweithwyr cymdeithasol ac eraill sy'n gweithio mewn lleoliadau gofal cymdeithasol, sefydliadau gwirfoddol ac elusennol, gweithwyr gofal iechyd proffesiynol, staff ac arweinwyr o'r awdurdod lleol, pobl awtistig, rhieni ac eraill sydd â diddordeb.

### SYLWADAU GAN GYNADLEDDWYR BLAENOROL

"Ysbrydoledig ac addysgiadol. Clod i'r Gymuned Awtistig a threfnwyr y digwyddiad."

"Lawn gwybodaeth, gobaieth ac ysbrydoledig. Mae'r digwyddiad yma wedi fy helpu i ddeall mwy am fy mhientyn."

"Fedra i ddim aros tan y flwyddyn nesaf!"

"Gwych – diolch yn fawr iawn."

"Daliwch ati – rydych chi'n gwneud gwaith ardderchog!"

"Amrywiaeth ardderchog, rhywbeth at ddant pawb."

"Cyffrous, procio'r meddwl ac yn ein hysbrydoli i gydabod sefyllfaoedd personol, nid dim ond rhwystrau."

"Digwyddiad penigamp, wedi'i drefnu'n dda, yn cwmpasu ystod eang o bynciau. Addysgiadol, defnyddiol, diddorol a difyr iawn."

"Am y tro cyntaf, rydw i wedi dechrau deall fi fy hun heb feddwl am ymddiheuro am bwy ydw i."

Mae'r Telerau ac Amodau Cofrestru ar gael ar ein gwefan:  
[www.northwalesautismconference.org](http://www.northwalesautismconference.org)

# Jumping Jacks

## Holiday Club

and

## Out of School Club



ALWAYS LOTS  
OF FUN

AND

PLACES

NOW AVAILABLE!

\*\*

TO BOOK YOUR  
CHILD'S PLACE,  
PLEASE CONTACT GILL  
ON 07543455965.

CHILDREN CAN NOW  
ATTEND THE HOLIDAY  
CLUB FROM 3 YEARS



CSW Registered childcare  
Qualified Play work Staff

### Opening times

#### Term Time

Mon – Fri

3.00pm to 6.00pm

#### Holiday Club

Full Day 8.00 am — 6.00pm

Half Day 8.00 am — 1.00pm

Half Day 1.00pm — 6.00pm

Closed Christmas Holidays

Age 4 years to 14 years

Special Needs Children up  
to 18yrs

Contact:

Gill for more information

Mobile 07543455965

# CHESTER SHREWSBURY RAIL



## PARTNERSHIP NEWS

FOR RUABON NEWSLETTER

### PARTNERSHIP NEWS

The first Partnership meeting of 2019 took place at the Guildhall in Wrexham on 19<sup>th</sup> February when funding partners and stakeholders came together.

We are currently working on updating our Terms of Reference and Constitution to reflect the new working partnership with Transport for Wales Rail Services and Network Rail both joining the Partnership Steering Group.

We are guided by the new Community Rail Strategy from the Department for Transport which was revised in late 2018 and the Partnerships 2019/2021 Line Activity Plan reflects the outputs we aim to work as a Partnership to achieve.

Some of the activities planned include:

- Tourism -Stations as Gateways to the wider area or corridor. Capitalising on tourism assets to encourage visitors to stay longer and spend more
- Working with diverse groups; supporting diversity and inclusion through social spaces at stations and promoting healthy and accessible travel
- Refurbishment and renovation of station buildings to promote local employment and economic development
- Cross border collaborative work on joint promotional material

### FARES NEWS

The myriad of fares available on different routes to one destination can be overwhelming.

Listed below are some of the most popular fares available from Ruabon.

Adult Return Fares to:

Liverpool: £12.50 Anytime Day Return

Chester: £7.30 Anytime Day Return

Shrewsbury: £10.80 Anytime Day Return

Or perhaps a short break in London travelling into London Marylebone Station? :

Adult Super Off Peak return (via High Wycombe) £41.80.

Example: Monday to Friday Ruabon depart 07.58. Arrive London Marylebone 11.40.

(Not valid on trains timed to arrive at London Marylebone before 11:30am and return not valid on trains timed to depart London Marylebone after 16:00 and before 19:00.)

**REMEMBER RAILCARDS CAN GIVE UP TO A THIRD OFF THESE FARES.**

Your local booking office can give you more details of all these fares and more.

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### **GREAT DAYS OUT**

**NEC Birmingham easily accessed from Birmingham International Station:**

**Aug 24<sup>th</sup> - 25<sup>th</sup> UCAS Higher Education Exhibition**

**28<sup>th</sup> - 30<sup>th</sup> The Creative Craft Show**

### **CLOSER TO HOME:**

**Shrewsbury Flower Show: August 9<sup>th</sup> & 10<sup>th</sup>**

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**Sheila Dee; Community Rail Officer, Chester Shrewsbury Rail Partnership, has sent in this information which relates particularly to those using Ruabon Station.**

# ADDITIONAL FARE SAVINGS

INFORMATION PROVIDED by Sheila Dee:

In response to a query from a Ruabon Resident

## FARES NEWS

Small Group Day Returns from Ruabon Station

SAVINGS CAN BE MADE if 3 or more adults, without any railcards, are travelling from Ruabon to either Chester or Liverpool.

Available only after 09.30 Monday to Friday and with no return travel between 16.00 and 18.29.

On Saturday and Sunday there are no time restrictions.

3 ADULTS ALL TRAVELLING TOGETHER RUABON TO

CHESTER £16.20 Saving £5.70

3 ADULTS ALL TRAVELLING TOGETHER RUABON TO

LIVERPOOL £27.90 Saving £9.60

THESE TICKETS ARE NOT AVAILABLE ON EVENTS DAYS  
WHEN THE NETWORK IS BUSY.

BUY IN ADVANCE OR ASK THE CONDUCTOR ON THE  
TRAIN FOR A SMALL GROUP DAY.

\*\*

Train times: [www.nationalrail.co.uk](http://www.nationalrail.co.uk) Tel 03457 48 49 50

**New Rail Service to Liverpool Lime Street and Liverpool South Parkway for Liverpool Airport**

In May this year Transport for Wales Rail Services introduced a new rail service following the reopening of the Halton Curve. It's over 40 years since a direct service ran from Wrexham to Liverpool but over the past 15 years Liverpool has been consistently in the top two destinations passengers visit from this area. This new service also stops at Liverpool South Parkway - the airport station.

Whilst initially only two direct services operate from Wrexham General **more will follow.**

From Chester there is an hourly service with the Transport for Wales trains stopping at Liverpool South Parkway, the railway station for Liverpool John Lennon Airport before continuing on to Liverpool Lime Street. Passengers wishing to go on to the airport can find bus services running every few minutes from the station forecourt. The bus journey into the airport takes around 10-15 minutes.

Train times: [www.nationalrail.co.uk](http://www.nationalrail.co.uk) Tel 03457 48 49 50

## Days Out by Rail: Suggestions:

### Liverpool:

Liverpool Comedy Festival 13<sup>th</sup> -19<sup>th</sup> September

### Birmingham NEC:

Cycle Show	12 <sup>th</sup> - 15 <sup>th</sup> September
Toy Collectors Fair	15 <sup>th</sup> September
A Place in the Sun Live	20 <sup>th</sup> - 22 <sup>nd</sup> September
The National Wedding Show	27 <sup>th</sup> - 29 <sup>th</sup> September
Horse of the Year Show	2 <sup>nd</sup> - 6 <sup>th</sup> October
Grand Designs Live	9 <sup>th</sup> -13 <sup>th</sup> October
Motorhome & Caravan Show	15 <sup>th</sup> - 20 <sup>th</sup> October
GCCF Supreme Cat Show	26 <sup>th</sup> October
BRICKLIVE	31 <sup>st</sup> October to 3 <sup>rd</sup> November
The Crafty Christmas Show	31 <sup>st</sup> October to 3 <sup>rd</sup> November
The Creative Craft Show	31 <sup>st</sup> October to 3 <sup>rd</sup> <u>November</u>
Cake International	1 <sup>st</sup> - 3 <sup>rd</sup> November
National Pet Show	2 <sup>nd</sup> - 3 <sup>rd</sup> November
Festive Gift Fair	14 <sup>th</sup> -17 <sup>th</sup> November
Motorcycle Live	16 <sup>th</sup> - 24 <sup>th</sup> November
BBC Good Food Show	28 <sup>th</sup> November - 1 <sup>st</sup> December.

# Dysgu yn y Llyfrgell

Llyfrgell Rhiwabon | Ruabon Library

## Learning at the Library

**Dydd Mercher**

**31 Gorffennaf**

**4-5pm**

**Ymwybyddiaeth Dementia**

Mae 850,000 o bobl yn y DU yn byw gyda dementia a bydd y nifer yn codi i filiwn erbyn 2021. Bydd y sesiwn yma yn helpu chi deall sut y gallwch fod yn fwy cefnogol i bobl sy'n byw gyda dementia.

Gall hyd yn oed y camau lleiaf wneud gwahaniaeth mawr.

**Wednesday**

**31 July**

**4-5pm**

**Dementia Awareness**

There are 850,000 people living with dementia in the UK and this number is expected to rise by 1 million by 2021. This session will help you understand how you can be more supportive to people living with dementia.

Even the smallest action can make a difference.

email: [ruabon.library@wrexham.gov.uk](mailto:ruabon.library@wrexham.gov.uk)



frgelloedd Wrecsam & Wrexham Libraries @LlyfrgellWcm & @WxmLibraries

[www.wrexham.gov.uk](http://www.wrexham.gov.uk) / [www.wrecsam.gov.uk](http://www.wrecsam.gov.uk)



# Communities for work

At Ruabon Library

every Friday from 10am until 12pm

and can offer:



- Help with CVs and job searches
- Advice and support on accessing training.
- Basic support to use I.T. if needed.
- Assistance with Universal Credit claims.
- No appointments needed.

For help with the numerous courses offered by

Communities for Work:

Please contact Karen Long for a copy of the Quarterly Brochure or to book a course  
phone: 01978 318853/820520

## RUABON LIBRARY

3 High St, Ruabon, Wrexham LL14 6NH



**Books AND Far, Far More**

August 13th, 2pm onwards: Magic Tournament: Ruabon Library:  
Suitable for age 8+ For more information or to book please contact  
01978 822002

\*\*

THE EXHIBITION AREA AT RUABON LIBRARY IS FREE TO BOOK. IF YOU ARE AN ARTIST OR WISH TO PROMOTE A GROUP; AN INTEREST; OR JUST AN IDEA. PLEASE CONTACT A MEMBER OF STAFF FOR MORE DETAILS

DURING OPENING TIMES TO FIND OUT WHICH MONTHS ARE STILL AVAILABLE DURING 2019.

\*\*

Normal opening times are: Monday-10am-6pm; Tuesday- 2-5pm; Wednesday-2-5pm; Thursday-2-5pm; Friday-10am –6pm.

\*\*

For information on all sessions, please telephone to speak to a member of staff, when the library is open, on 01978 822002, or email: [ruabonlibrary@wrexham.gov.uk](mailto:ruabonlibrary@wrexham.gov.uk).

\*\*

Ongoing book and DVD sales of discontinued material at RUABON library: - BIG PRICE REDUCTIONS: Hardbacks £1; Paperbacks 50p and DVDs 50p

\*\*

RUABON LIBRARY now has a 'POETRY WALL'. CUSTOMERS/VISITORS ARE ENCOURAGED TO ADD THEIR FAVOURITE POET OR POEM, WHETHER IT BE THE WHOLE THING OR JUST THE TITLE; OR A POEM OF THEIR OWN CREATION. WE HOPE THIS WILL BE AN ONGOING PROJECT.

\*\*

### Natter & Chatter at Ruabon Library



Come and join us at our Natter & Chatter table between **4 and 5 pm** on a **Monday**

**For more information call: 01978 822002**

\*\*

### Clwb3 o'r Gloch/ 3 o'clock Club

Yn Llyfrgell Rhiwabon / in Ruabon Library

Dydd Mercher 29 Mai/Wednesday 29 May

Dewch draw am hwyl, gemau, ego, lliwio a llawer mwy!

**Come along for fun, games, lego, colouring and much more!**

**5-10 oed/5-10 yrs**

(Dim angen archebu/rhaid i bob plentyn fod gydag oedolyn) (No booking needed/all children must be accompanied by an adult)

\*\*

[Do you enjoy playing Scrabble?](#) The Scrabble Club takes place on the 3<sup>rd</sup> Wednesday of each month



\*\*



For those who enjoy doing **Jig-Saw Puzzles**, there is usually one 'on the go' for you to either put in a couple of pieces or finish it off altogether!

\*\*

The Reading Group (Ruabon Readers) meet on the first Wednesday of the month.

There is no meeting in August but the book chosen is:

"In Their Mother's Footsteps" by Mary Wood



New members are always welcome but need to contact a member of staff to ensure that copies of the appropriate book are available.

\*\*

The Knit and Natter Group meets regularly once a week on Fridays between 2-4pm. New members are always welcome.



\*\*

On Mondays: The Welsh Group meets between 2-3pm.  
Family board games between 3-4pm

\*\*

## Summer Reading Challenge



Prepare for lift off as we travel across the galaxy on a very special reading mission – it's time for the Summer Reading Challenge! The Summer Reading Challenge takes place every year during the summer holidays and this year the theme is *Space Chase*. You can sign up at your local library, then all you have to do is read six library books of your choice over three visits to complete the Challenge. There are exclusive rewards to collect along the way, and it's FREE to take part! You can also keep track of your reading by visiting the Summer Reading Challenge website [www.summerreadingchallenge.org.uk](http://www.summerreadingchallenge.org.uk) where you can find new books to

read, take part in competitions and mini challenges, and play games. Don't delay – join today.

\*\*

**Paws to Read with Elliot the Tiger. Each Wednesday at 3.30. Children are welcome to come along and share a story, a poem and perhaps a rhyme or two, with staff (and Elliot)**

\*\*

## **RUABON CHURCHES' NEWS**

### **St Mary's Shared Church - General Information:**



For children and young adults:

Messy Church and Holiday Club please check website for details.

Youth Group is on Sunday evenings 5pm-6.30pm.

All Age Worship: The 1<sup>st</sup> Sunday in the month is a Family Communion Service at 9.30am.

On the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month there is the JIGSAW service: informal worship for all ages.

\*\*

The Church Hall is open to all on the 1<sup>st</sup> Saturday of the month for coffee from 10am to 12noon.

\*\*

The Choir practices on Tuesday evenings in the Church Hall at 7.15pm and sings at the 9.30am service every Sunday.

\*\*

The Bell Ringers practice weekly and ring for weddings when requested. Details from Gordon Richardson: [g.j.richardson@hotmail.co.uk](mailto:g.j.richardson@hotmail.co.uk) phone: 07970 140004.

\*\*

To hire the Church Hall please contact: Janet Roberts 01978 810039/email [neilandjanet1@hotmail.co.uk](mailto:neilandjanet1@hotmail.co.uk)

\*\*

For wedding or baptism enquiries please contact: The Rev'd Kate Tiltman, The Vicarage, Church Street, Rhosymedre, LL14 3EA. Phone: 01978 824087, [katherinetiltman@gmail.com](mailto:katherinetiltman@gmail.com) / [www.stmarysruabon.org.uk](http://www.stmarysruabon.org.uk).

St Mary's Church; St John's Church and St Mary's Youth Group also have a facebook page.

\*\*

St John's has a website [www.stjohnsrhosymedre.org.uk](http://www.stjohnsrhosymedre.org.uk)

\*\*

For Catholic weddings, baptisms and confessions in Ruabon, Chirk and Llangollen:  
Rev'd Fr. Anthony Nnamah MSP email: [chykenam@gmail.com](mailto:chykenam@gmail.com)

\*\*

## RUABON AND DISTRICT CHURCH SERVICES

At St Mary's Church, Ruabon Sunday 11th August at 8am: Holy Communion and at 9.30am: Holy Communion.

\*\*

At the Catholic Church's celebration of the Eucharist at St Mary's shared Church in Ruabon, will take place on Sunday at 11am.

\*\*



At Ruabon Methodist Church on Sunday 11<sup>th</sup> August at 10.30am, the Rev'd Marian J Jones will lead the service.

\*\*



At Ruabon Congregational Church (The Chapel on the Hill) on Sunday 11<sup>th</sup> August at 11am (No information)

\*\*

At All Saints' Church, Penylan on Sunday 11th August at 11.00am, a Family Service.

\*\*

At St John's Church, Rhosymedre on Monday 5th August 12noon, a Funeral (Greta Willson)

On Wednesday 7th August at 10am: a service of Morning Prayer

On Sunday 11th August at 11am: Holy Communion

\*\*

NEWS FOR THE ANGLICAN CHURCHES

- PLEASE WELCOME JO MACKRIELL, OUR NEW PLACEMENT STUDENT, WHO JOINS US TODAY. SHE WILL BE WITH US UNTIL SHE IS ORDAINED DEACON NEXT YEAR.
- THERE WILL BE A **SPUD AND SALAD LUNCH** ON SATURDAY 10TH AUGUST AT ST MARY'S, 12NOON, IN AID OF PROJECT MALA. MONEY RAISED SUPPORTS THE EDUCATION OF A CHILD IN INDIA. TICKETS £5 FROM PAULINE.
- THE NEXT MEETING OF '**TIME WELL SPENT**' IS ON FRIDAY 16TH AUGUST IN ST MARY'S CHURCH HALL. COFFEE AND CHAT FROM 11AM, A COOKED LUNCH AND RELAX WITH FRIENDS.
- THE **FELLOWSHIP GROUP** MEETS IN ST MARY'S HALL ON WEDNESDAYS, 12.30-1.30PM. ALL ARE WELCOME TO EXPLORE A DIFFERENT PASSAGE FROM THE BIBLE EACH WEEK. PLEASE NOTE, THE FELLOWSHIP GROUP WILL NOT BE MEETING IN AUGUST.
- THE NEXT **FISH AND CHIPS AND BINGO** AT ST JOHN'S CHURCH WILL BE ON TUESDAY 13TH AUGUST. PLEASE LET BEULAH KNOW IF YOU PLAN TO COME.
- **THE HOLIDAY HUNGER PROJECT WILL BE STARTING ON THE 22ND JULY AND FINISHING ON THE 30TH AUGUST, HELP WILL BE NEEDED AT 11AM EACH DAY (EXCEPT 2ND, 7TH AND 26TH AUGUST) IN ST JOHN'S CHURCH RHOSYMEDRE. THANK YOU.**
- THE NEXT FILM NIGHT AT ST JOHN'S CHURCH WILL BE ON SATURDAY 31ST AUGUST AT 6PM.
- THE **PENYLAN PRODUCE SHOW** WILL BE ON SATURDAY 14TH SEPTEMBER 2.30-5PM. EXHIBITS 20P AN ENTRY, REFRESHMENTS AVAILABLE ALL AFTERNOON.
- THERE ARE LEAFLETS AT THE BACK ADVERTISING **ST MARY'S HISTORY EXHIBITION** IN SEPTEMBER. PLEASE ADVERTISE THIS AMONG THOSE IN THE COMMUNITY WHO MIGHT HAVE ITEMS TO EXHIBIT.
- THERE WILL BE A DAY VISIT TO PENNANT MELANGELL ON AUGUST 14TH. PLEASE CONTACT YVONNE PRYCE (07789 105396) FOR DETAILS.
- TRISH AND I WILL BE AWAY FROM 19TH AUGUST UNTIL 10TH SEPTEMBER VISITING THE DIOCESE OF SW TANGANYIKA IN TANZANIA. THE OFFA MA IS TWINNED WITH THE VILLAGE OF AMANI AND WE ARE VISITING TO SEE HOW WE CAN HELP THE COMMUNITY THERE. IF YOU WOULD LIKE TO MAKE ANY CONTRIBUTIONS THAT WOULD BE GREAT, WE HAVE BEEN TOLD THAT GOOD QUALITY PENCILS OR CRAYONS WOULD ALL BE ACCEPTABLE GIFTS, AND WE WILL TAKE SOME MONEY WITH US TO GIVE TO THE CHURCH AS WELL.

## **What's On' in and around Wrexham**

This information has recently been updated, and is now available. Where there are no contact details or for more information on the following items: please contact: 01978 292000.

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### **Craft Session (06/08/2019)**

Coedpoeth Library Craft Session Age 3+ Younger children must be accompanied by an adult

### **Messy Museum (05/08/2019)**

Monday 5th August Messy Museum Monday 10.30am – 12noon (drop in) We'll be decorating ice lollies, buckets & spades in our beach themed session Suitable for ages 3 and under £2 per baby / toddler, accompanying adult free

#### [Tŷ Mawr– Bug Hotels \(08/08/2019\)](#)

Make a 5 star bug hotel to encourage wildlife into your garden.

#### [Bersham Family Open Days \(09/08/2019\)](#)

Bersham Ironworks Family Open Days August 9th & 10th 11am – 3pm Free Activities include: Wizard storyteller Wand making; Face painting; Guided tours of the Ironworks Trail; Albion Historical Falconry Blaiddfield Archers ( Saturday only) Please note there may be a small charge for some activities. Drinks and small snacks available to buy only, so please bring a picnic. Parking available.

#### [Make & Take \(13/08/2019\)](#)

Tuesday 13th August Make & Take 10.30am – 12.30pm (drop in) Create your own paper plate face using lots of different materials Suitable for ages 3+ £1.50 per craft

#### [Acton Park – Community Garden Tidy and Clean Up \(13/08/2019\)](#)

Help to tidy up the park. Meet at the bowls pavilion. Free. Refreshments

#### [Sarah Horne at Wrexham Library \(12/08/2019\)](#)

Wrexham Library are proud to welcome award-winning writer and illustrator Sarah Horne for an afternoon of reading, drawing and a Q&A session, followed by a book signing (books will be available to purchase). Sarah has written and illustrated many children's books, including the 'Long Lost Secret Diary' series by Tim Collins. Booking essential and spaces are limited! Call Wrexham Library to reserve your place.

#### [Messy Museum \(12/08/2019\)](#)

Monday 12th August Messy Museum Monday 10.30am – 12noon (drop in) Paint a butterfly to take home Suitable for ages 3 and under £2 per baby / toddler, accompanying adult free

#### [Boogie Beat Music & Movement Sessions \(06/08/2019\)](#)

Boogie Beat Music & Movement Sessions

#### [FREE 1 day Summer Football College \(12/08/2019\)](#)

Free full day football coaching workshop based at Glyndwr Uni and Colliers Park (transport provided). Aged 16+ Delivered by our Football Coaching and the Performance Specialist academics, no entry requirements. If you love football and want to help others develop their interest, skills and talent in any sport, then this is a great opportunity for you whether you are already coaching/playing or have been thinking about starting

#### [Wrexham Food Festival \(7<sup>th</sup> + 8<sup>th</sup> September\)](#)

Hard on the heels of the news that there will be free parking after 10am for Play Day we're pleased to announce free parking will also be available to thousands of food lovers and their families when they descend on the town centre in September for the Wrexham Food Festival which takes centre stage on Llwyn Isaf. Free parking will be available at town centre council owned car parks but will **not** include Tŷ Pawb multi storey car park. The charges apply **after 10am**. Anyone who wishes to park before 10am will be expected to pay to park as per the car park's usual charges and this will be strictly enforced.



This year's event is set to be bigger and better, with over 75 local and regional food producers expected, Chef demos from local restaurants, cookery classes, live music and even a fireworks display.

**Summer Reading Challenge: Space Chase with the Dogs Trust**  
**(16/08/2019)**

Summer Reading Challenge Space Chase with the Dogs Trust. Listen to a story all about dogs in space. Create and make the perfect dog friendly planet and enter our fabulous design competition. To book your free place speak to the librarian at Brynteg Library. Friday 16th August 2pm-3.30pm at Brynteg Library.

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If you know of anyone who would like to receive the Ruabon News Letter each week by email (free of charge). Please contact: [bremner.millhouse@btinternet.com](mailto:bremner.millhouse@btinternet.com).

This News Letter is only as good as the items received for publication.

Please keep sending in your news and thank you. Sybil Bremner.