Recipes List Year 7

Fruit Salad

- 3-5 fruits of your choice
- 300ml of Juice (Orange, pineapple, apple, etc.)
- A container with a lid

Fruit Crumble

- 50g of sugar
- 200g flour
- 100g butter
- 5 or 6 apples
- Oven Proof Dish
- If possible, container with a lid.

Pizza Ingredients

- 150g self raising flour
- 50g margarine
- 1 egg
- 2tble spoons milk
- 350g cheese
- tomato puree
- 4 topping of your choice
- Container with a lid to carry the product home in.

Short Bread Biscuits

- 300g Plain Flour
- 200g Margarine
- 100g Sugar
- Container with a lid to carry the product home in.

Fairy Cakes

- 100g SR Flour
- 100g Margarine
- 100g Sugar
- 2 Eggs
- 12 paper cases
- Decorations of your choice: Buttercream or Glace Icing
  Smarties, liquorice, Cherries,
  100's and 1000's, etc.
- Container with a lid to carry the product home in.

Assessment

Pupils have the choice to make one of the products they have tried during the rotation as part of their assessment. They must choose one of the recipes from above.